The IFGE is a 501 (c) 3 nonprofit organization providing outreach to and for the transgender community. Among its many other activities, IFGE publishes & distributes gender-related books, magazines and tapes.



Profits from all sales go toward promoting self-acceptance, public understanding, and inclusion of greater gender diversity in society at large.Our office is located at 123 Moody Street, Waltham, MA 02314

**International Foundation for Gender Education** 

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*by Leslie Feinberg* Comprehensive survey of CD and TS throughout history. Absolutely a must-read by author of

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Crossdressing, Sex &Gender

by Vern L. Bullough & Bonnie Bullough

30 years of research in the field of gender dysphoria offers new groundbreaking theory as the Bulloughs search for explanations of crossdressing and female impersonation. Destined to become a classic in its field.



Brain Sex

by Anne Moir & David Jessel

A radical reappraisal of the relationship between the sexes claims that men & women are different because their brains are different starting from the sexual differentiation of the prenatal brain to the gender differences of the sexes in society.



## Gender Dysphoria

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by Walter Bockting & Eli Coleman, PhD.

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by Dr. Richard F. Docter

10 years of original research. Dr. Richard Docter has produced one of the finest scholarly works on the subjects of TV & TS ever written. Every community member should read this.





The three lenses of the gender matrix: androcentrism, gender polarization, and biologic essentialism. How society views itself through these lenses contructs our contemporary perception of gender and gender roles.



by Sandra Bem



Gender

Shock:

**Exploding the Myths** 

of Male and Female

read: Miss Vera's Finishing School

for Boys who Want to be Girls; the

Drag King Workshop; more than

two kinds of bodies (male and fe-

male); the five sexes; and more.

A book everyone should

by Phyllis Burke

# Transgender



Third Sex, Third Gender

#### Beyond Sexual Dimorphism in Culture and History

edited by Gilbert Herdt

This publication addresses alternative constructions of gender, showing how societies in other times and places have included space for sexual identities diverging from our notion of what is 'normal'.





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by Walter L. Williams

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by Martine Aliana Rothblatt The division of humanity into two sexes is the most ridgidly enforced of all stereotypes. However scientific and legal awareness are mounting that our sexual identities are as unique as our personalities.





## Transgender Nation

by Gordene Olga Mackenzie Everyday we use gender. It is one of the most common rituals. Examining the trans-gendered in contemporary culture forces us to question our ideas of gender and where these ideas originated. Puts transsexual ideology in a social historical context.



## Crossdresser



Bliss of Becoming One: Integrating "Feminine" Feelings into the Male Psyche

by Rachel Miller

A heterosexual CD pens positive, supportive advice for CDs, partners, friends, family and society.



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Remember, all profits help support the TG community.



#### Crossdressers & Those Who Share Their Lives

Peggy Rudd, EdD.



Indispensable insights and advice for CDs and their partners.





Coping With Crossdressing by JoAnn Roberts

(#111)

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Cross & the Crossdresser by Vanessa S. (#144)

> \$10.00 plus \$3.00 S&H



edited by Jan and Diane Dixon A collection of editorials, articles, and letters of special interest to wives and significant others of crossdressers and the transgendered. Edited from the pages of TV-TS Tapestry Journal.



The Man in

the Red Velvet Dress

The Man in the

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Inside the World of

Crossdressing

A CD and community member pre-

sents insights into crossdressing,

crossdressers and the gender com-

munity. Highly personal and con-

J. J. Allen

troversial.

64 Lesley Gordon

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Men

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TRANSFORMATIONS

Book Guide



## **Transvestites**

by Magnus Hirschfield, M.D.

This famous 1910 study on the erotic drive to crossdress, translated by Michael A. Lombardi-Nash, Ph.D., is considered one of the best in the field and is a 'must have' for any library.









## **Transformations:**

**Crossdressers & Those Who** Love Them

by Mariette Pathy Allen

The first book to focus on daily life, relationships, children and friends. Particularly helpful as an introduction to the subject of crossdressing to family members.





Gender Outlaw

On Men, Women & the Rest of Us.

by Kate Bornstein

Ms. Bornstein's lucid gift of humor and confrontation redefines gender in our society. Her observations on gender in gay and straight culture provide a fresh perspective on the fluidity of gender definition.



Transgender Transgender



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## The Other Side

#### by Nan Goldin

"This book is about beauty. And about my love for my friends." Thus begins Ms. Goldin's photographic study of two decades in the lives of her TV/TS acquaintances. Stark, sensual, and honest, this tabletop style book captures those living on the edge of gender definition.







From Masculine To Feminine & All Points In Between

by Jennifer Anne Stevens

Guide for any TV, CD, TS, SO, helping professional. Terms, wardrobe, make-up, body language, voice, hormones, cueing, significant others, living full time, the operation, growth, and more.



A Question of Gender

Kim Elizabeth Stuart

The Uninvited Dilemma: A Question of

Gender

by Kim E. Stuart

Stuart presents with compassion the condition and feelings of transsexuals with current and accurate information. A humanistic approach to this complex issue. Valuable to transsexuals and their significant others.





## Feelings

by Stephanie Castle

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One transsexual's explanation of a baffling condition. The Canadian author, twice married when male, details her transition and research for the benefit of others whose lives are touched by this phenomenon.



## Transition to Completion:

#### The TS Journey

Lynn and Jerry Montgomery

A comprehensive handbook for all TS individuals and from coming out to life post-op.





#### Transsexualism

A collection of editorials, articles, and letters dealing with the subject of M2F and F2M transsexualism. Edited from the TV TS Tapestry Journal Issues 33 through 52.



#### Legal Aspects of Transsexualism

#### by Sr. Mary Elizabeth, SSE

Primary reference concerning legal issues and precedents. Limited supply of this reprint available.



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The latest, legal, medical & surgical procedures for the M2F & F2M beginning, engaged in or completing the transitioning process. Recommended for health care professionals, legal advisors & employers.

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The Employer's Guide To Gender Transition For all business leaders and upper-level management personnel dealing with a transsexual in transition in the workplace. The author lends her expertise as an educator to explain this pertinent information.





Transsexuals Candid Answers to Private Questions

Gerald Ramsey, Ph. D

"A very important source of information for TS and those with whom they live, work and socialize.



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Kim Harlow & Bettina Rheims

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A CD and TS struggle with selfacceptance, coming out and family issues



## Counseling in Genderland:

Working with the **Transgendered** Client

Niela Miller, MS, LCSW, LMHC

A definitive introduction to counseling the transgendered person, whether CD, TS or anywhere between.









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Biography of the spy, ambassador, Christian mystic, crossdresser and transgenderist whose anatomical gender was revealed only by death.

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Information For The Female To Male Crossdresser & Transsexual

by Louis Sullivan

Addresses the unique issues and needs of the F2M. Includes passing tips, information on hormones, sex reassignment, more.





Stone Butch Blues

#### a novel by Leslie Feinberg

Woman or Man?That's the question that rages around Jess, clouding her life and her identity. This tale of Jess learning to accept the complexities of being a transgendered person in a world demanding simple explanations is insightful.



**Gender** Blending

Confronting the Limits of Duality

by Holly Devor, Ph.D.

72

A major contribution to the understanding of gender. Working with a small group of females who were frequently mistaken for men the social construction of gender and its implications are examined.





Sacred Country

by Rose Tremain

F2M Novel. "Skilled, intelligent, a sheer delight, storytelling at its best." The *Washington Post*.





by Minnie Bruce Pratt

What do gestures of masculinity and feminity have to do with being a man or a woman? This intimate search by a *partner* of a transgender is powerful in its awe of human potential.



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**IFGE Audio** 



Transsexual Life (audio)

Read by Nancy Nangeroni

What causes TS, how to get therapy, hormones, living full-time as a woman, SRS and beyond (from the pages of *Transgender/Tapestry*)!





### Masculinity, Femininity and Crossdressing

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Everything the CD needs to know: the blessings of CD, coming out to spouses, passing tips & much much more (from the pages of *Transgender/Tapestry*).





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A compendium of tips, tricks and practical instruction for every M2F TG individual.



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#### Hormonal Treatment For The Transsexual

by Dr. Sheila Kirk

An overview for the professional. In-depth information about appropriate evaluation and monitoring of both the male-to-female and female-to-male patients. Medications and regimens, Bibliography. audiocasette, 70 min.



The Operation

The Operation (video)

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Bridges to Beauty (video)

Jim Bridges

Considered one of the best makeup videos for M2Fs ever made. Includes accessories as well. By the man who makes CDs, TSs, and DQs look so fabulous!





## Gender 101

An Introduction to the Nature of the Transgendered; a video produced by IFGE. TV/TS/TG/SO? Through the shared experiences of some of the leaders in the gender community, the viewer gains understanding of the spirit of the transgendered.

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by Melanie Ann Phillips

This program provides you with all the steps needed to find your female voice. A valuable tool for improving and conditioning your newfound voice. 1 VHS videocassette 40 minutes.



#### Identity Variations of Expression

Thorough explanation of transgenderism, filmed in a college classroom. Noted sexologist, Dr. Jayne Thomas, herself a transsexual, and Professor Toby Green are joined by 5 "living experts" who have and are dealing with this real life adjustment problem.



#### Husbands & Wives, Best Friends & Lovers

Face-to-face discussions with crossdressers and their wives & partners as they explain how they deal with crossdressing in their relationships. 1 VHS videocassete, 83 minutes, produced by Donna Mobley.





Dignity
The Case for Transcending
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#### Crossdressing with Dignity:

The Case for Transcending Gender Lines

by Peggy J. Rudd, Ed.D

"Can a man transcend gender lines and maintain selfworth and dignity?" 800 CDs surveyed by the author of *My Husband Wears My Clothes*. Addresses conflicts and provides solutions.





#### Life with Vanessa: Straight Talk On Integrating TG

into a Loving, Positive Relationship.

#### Vanessa and Linda Kay

The title says it all. The community's newest bestseller. A must for all TG people and their partners.



#### My Husband Wears My Clothes

#### by Peggy Rudd

"Clothes don't make the man," has never had greater meaning. Dr. Rudd, wife of a CD, writes with emotion. Her credibility comes from her educational background.





#### How to be a Woman Through Male

by Virginia Prince

A guide to aid the novice male in dealing with the basics of crossdressing.



## The Transvestite and His Wife

#### by Virginia Prince

All the problems and pleasures of transvestism discussed in detail - as they affect the marital relationship.



### Understanding Crossdressing

#### by Virginia Prince

Dr. Prince explains crossdressing. Her years of experience and her vast knowledge is important to us all. She is a pioneer still contributing and participat-



# **CDS** Publications

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