INGERSOLL GENDER CENTER - SEATTLE, WASHINGTON AUGUST. 1997 Q VOL. THREE Q NOS Q PRICE: \$1.00VEA. Q SIS.00VTR SUBSCRIPTION

VGERSOLL

MESSAGE

BARBIE'S FIRST OUTING! PART I

BY Rebecca Buchanan

Reprinted from the Femme Forum, Houston Texas

"Ken! What are you doing wearing my clothes?!"

"Huh? Oh! B-Barbie, Hi! 1-I was going to go outside for a walk!"

That was me providing the voices for my sister's dolls. I had long ago retrieved them from the back of her closet where she had retired them and when I was alone in the house, I would pull them out and play with them. It was while playing with them that I first got the inspiration to go out in the real world dressed as a girl.

I pulled my long blond hair back and attached a mane comb, put on a little make-up and dug one of my sister Margie's outfits out of her hamper. After a pair of her panties, a bra stuffed with socks an a pair of pantyhose were in place, I pulled on a light green Tee-shirt. Over this came a short, short green plaid skirt and a dark green jacket with the sleeves pushed up above my elbows. I slipped my feet into the dark green flat shoes that Margie wore with this ensemble. Her gold circle bracelet, a gold necklace and gold clip-on earrings completed the transformation. Except for my blond hair, I was a carbon copy of Margie, who was a brunette.

I was ready to face the world! I hurried downstairs before I could talk myself out of it and opened the front door. Seeing the neighborhood was deserted, I closed the door behind me and slipped around the side of the house. Our yard was surrounded by a high privacy fence that would shield me from nosy neighbors. The back of the yard led down to a creek that if

followed for about two miles would bring you to a shopping center. intended to head there, walk around a bit then head back home before Margie or my parents got home.

I had reached the gate at the rear of the yard which I suddenly remembered I didn't have a key! It was in my pants' pocket on the floor of Margie's bedroom! I scampered back across the yard, back around the house and up onto the porch. I tried the door - locked!

Just then I heard a car coming down the street. I ran to the edge of the porch and saw Margie's battered old Nova rumbling toward the house. Panic!! I shot off the porch and flew around the house again. I had nowhere else to go. I stopped behind the large oak tree that dominated our back yard, and peaked out toward the house. I could hear girlish voices and car doors being shut. Then the voices stopped as everyone went into the

I slumped down behind the tree and, pulling my legs together, sunk my head on my knees, trying to decide what to do. I figured they couldn't stay in the house too long, and they certainly had no reason to come out into the back yard, so my decision was to just sit and wait them out. But how would I get back into the house without a key? And Margie was sure to find my clothes in her room

At that moment, I heard the back door of the house open and feminine voices coming toward me. My heart began punping blood through my veins at a furious rate, my eyes bulged, and my moth went arid.

"Hi! Whatcha doing?" I looked up at the face peering around the side of the tree. I didn't recognize her. Then, one by one, girls I had never seen before came around the tree and stood facing me - including Margie.

"Do you know her?" the girl said to my sister. I looked at Margie in wide-





THE HERO'S JOURNEY: DESTINATION BOSTON AUGUST 8-9-10, 1997

Members of the FTM Community are busily planning the upcoming 3rd Annual All-FTM Conference of the Americas: THE HERO'S JOURNEY, August 8, 9, 10, 1997 in Boston, Massachuscets.

Join the Boston FTM community for 2 1/2 days of workshops, panels, seminars, presentations, networking, socializing, and partying for all FTM's and their partners and

Provisional panel and workshop topics include: Corning Out, Sexuality, Tricks of the Trade, Parents of FTM's Panel, FTM's as parents panel, Children of FTM's, Partners of FTM's, Queer Sexuality Issues, Young Men's Issues, Finding a Partner, and many others

Provisional speakers, panelists, and events include: James Green, FTM International, Diane Ellaborn, LICSW: Stuart Chipkin, MD: Paul Costas, MD, Ellic

Altman, PFLAG: Henry Rubin PhD, an FTM art exhibit, and the award-winning new FTM documentary film "You Don't Know Dick".

Registration fees, per person (non-refundable after July 15). Registration fee includes all sessions from Friday, August 8 at 6 p.m. to Sunday, August 10 at 2:30 p.m.

*\$50 if postmarked on or before June 30. *\$60 if postmarked on or between July 1 and July 31. *\$75 if postmarked on or after August 1. or at the door

Snacks and beverages will be provided, but you will need to provide for your own transportation, lodging, and meals

Some work/exchange discounts on registration fees are available for those who wish to volunteer to work before during, or after the conference. A limited number of partialregistration fee scholarships are available to those who would otherwise not be able to attend We will also try to assist those who can't find or afford lodging, please let us know if you will require this assistance.

When we receive your paid registration, we will send you a confirmation postcard. Additional information and materials will follow later. For more information, call Mike at (617) 639-7968 or send e-mail to Mykael at IFGEra worldnet att net.

Make check or money order (do not send cash) payable to BFTMC and use the registration form on the page below. There will be a \$20 charge for returned checks. Mail to: BFTMC P.O. Box 193, Bellingham, MA 02019, or bring it with you and pay at the door

	REGISTRATION FORM
Today's Date	Arriving: 8//97 Departing: 8//97
Mailing name(s).	Name(s) for Badge(s):
Address	City/State/Zip
Phone (optional)	E-Mail (if applicable)
	with lodging? Yes No Number of beds required
Do you have any specia	I needs?
Enclose your registrati Bellingham, MA 02019	on payment and mail form to BFTMC, P.O. BOX 193

TS TO TROD THE BOARDS

Marian Beddill, TS, former Ingersoll Board member and Bellingham activist will be performing in a production of Larry Gelbart's political satire, "MASTERGATE: A Play On Words" at the Bellingham Theater Guild, 1600 H Street, Bellingham, Washington The play is a spoof of the Watergate scandal Marian, ever the ground breaker, took the part in which she plays a woman senator. The play runs August 3, 5, 9, 13, 15, and 17. The performances on August 3, and 17, are matinee performances at 3 00 pm

Anyone interested in putting together a theater party for one of the performances, give your name and phone number to your facilitator and she will give it to the office In any event, "Break a leg, Marian!"





PARDON OUR DUST!!

Sorry for the mess, but big things are happening at Ingersoll! Hopefully by the time you read this, the dust will have literally settled, the painting will be done and the furniture will be back in place.

Because of the increased attendance at Ingersoll Support Groups, Ingersoll has moved the administrative offices down the hall (remember the 'mystery door' in the hall as you come into Ingersoll?) into room 105. We then plan to remove the wall between the old office and the meeting room and make the room half again as big as it was. With the additional space we will be able to provide plenty of group for the enlarged support groups (remember having to step over your neighbor to get to the coffeepot?)

A huge thank you goes out to all the facilitators for their hard work, and to all of you who attend meetings and are so generous with your support. This a big step on the road to becoming our own community center. The new space will enable us to present trainings, educational events, and even entertainment. It is only through you that we are able to grow and offer more services to the gender community. You are the reason Ingersoll is unique in all the world.



*FTM Therapy Group-Jude Patt on FTM SO group-Carole Miranda-Patton. **LEAVE MESSAGE ANY TIME (ESPECIALLY WEDNESDAYS) AND CALLS WILL BE RETURNED ASAP 6





IMPORTANT INGERSOLL DOINGS IN

All Wednesdays in August: TS Group (Referral Only) 7:30-9:30 PM All Thursdays in August: Drop In Group (Open) 7-9 PM All Fridays in August: TV/TS Support Group (Open) 8-10 PM Phones answered Mondays & Fridays 6-8 pm and Saturdays 10-12 noon No Ingersoll Board meeting in August. AUGUST FTM SUPPORT GROUP CANCELED FOR THIS MONTH

AUGUST 16": SECOND ANNUAL EMERALD CITY/INGERSOLL CENTER SUMMER PICNIC AT MADRONA SHELTER (SEE ARTICLE IN THIS MONTH'S NEWSLETTER FOR SPECIFICS)

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46 Spanish preposition, means the same as #24 across

64 The pitch _____ doesn't make you a woman

53 How to address an FTM and a knight in the U K

48 If Morn has SRS, she would then

57 Prefix meaning the same as 'un'

75 What Hamlet said 'To or /

76 Answering Emily in the affirmative

77. A small, uply dog with a 'smashed' in nose

61 What MTF's often have augmented

59 the name of the 12th letter.

50 Stulling

55 Canines

68 Nol before

56 Ambak is a __ (inil)

63 Albeit's nickname

71 Indicates a large vessel 73 Guru's taught this (init)

74. To say one more thing

78 Lots of water in the eir

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Across

1 If you want a good explanation of what Ingersoli does, 47 Small pitot boal

to tell you

12 How you would say here' in France

15 Possibility

17. Brazilian city ____ Paulo

- 18 Doing the same thing over and over
- 19 Where the serpent was
- path for T folk to take 20 20 _____ path for 1 -ROIK to 2 23 Columbia is the capitol of this State
- 24 Small preposition 25 Liza's sister, Judy's daughter
- 28 P _, F _, R _, B __

29 East Chicago and gazy are cibes in this State

30 Another name for a transgendered person is

32 A unique Gender Center

- 34 Labn for 'bone'
- 35. Slang term for 'brother' 36 QD = Over
- 37 Belgian city famous for SRS
- 40 Yogi'stnend BooBoowas a
- 42 One of two ways an elevator travels (abbr)
- 43 Five essent als, mixed up
- 45 Pronounced 'Say' it means 'I know in Spainish

THE DOG DAYS OF SUMMER

and 42 I can dig if today. I dug it vesterday, and I may dig it ID/O/DISA ame for a crossdresser s of Summer ab Ab guins tried to sol a h m their d activity. the of #51 across address Dus sprite I his together and you have a ballet eostume e initials which mean 'reply, please ' hat a direst says stille Springer and 'Cecker' are types of this furniture in the dinipa room Bneck at baseball games _____dog tht #73 across slam's helper iself, and I Majace Initials is a type of Chrysanthemum les the eolor of a gaiment when it is do you want more? s four leaded companion you once, I've told you a million times te a TS. TV. or TG tospital where patients are walched carafully ere at least 101 in this Draney picture) takes advantago te coloro stopping device A Bemälds search in sh, this means 'yes ' s title in religion name for 'blue' th long ears and short logs Used for fox ker Griffith's initials Dre__, Eg___ Sesunuses bea. who dees SRS CO, there M_____C___ Hean County Is a famous TV TV wn compass points bbr) ard for sex ippies __ A 9oddess hall pteposition need to hear if you are afraid to express (7words) odefraud a transgendered whether you have the I other gender _____ not is abracted to women to logether with another to plow land Sales, ganetic or not e middle of our faces

nickname

in the world have this color m them Jook when you wore earning to skate & to put ___ mens clothes and become

wonomot 44 An elevator's other direction (see 42 across) 47 You could use a s____ to ___ your muscles, but it might hurt 49 'To is human - and not loo unusual 51 Latin word for 'goddess' 52 Prefix meaning 'earth ' 54 name to your party 58 Bay bady to gill body. 60 is attracted to men and/or women. 61 Tho was ____ when his mother said, No more crossdressing ' 62 'Feed a cold. lever 65 Girl body to boybody 66 Your Mexican friend is this 67 Stephanie h_ed that nothing would st_her from getting her SRS __eration 69 Rin-Tin-Tim was a German Sh _herd 70 Russell's nickname 72 Stephanie learned to give haiself a hormone 79 Rapper. Snoop ____ Dog 80 MTF is this 81 Christina's nickname 85 Did you attend the Lesbian, Gay, Bisexual Festival? 86 Gonder is an ____ may Christians find it difficult to talk about 87 To suck noisily 88 Thermometersmeasure this 93 Slang word for 'Mother' 95 Don't be supprised if you find out that the traffic cop wears under his uniform 97 Helena's address 98 Lacks a pedigree 99 Man who wrote the rules governing meetings 100 Thule's country 101 __a s__ed the money to h__e SRS by selling colorful birds for __iailes 102. The people who come through the front of Ingersoi are very brave 105 Spanish wayofsaying MyGod Dios___s 110 __ck, __b, __ne. __m 111 What many MTF's and FTM's hope and save for 112 R_se T_lor, S_d, L_d 114 Before noon 115 Keep all your Inarow 117 Alphabetical sequence _____, T, 119 Panting can ne 122 Initials for two adjacent states & 124 Call for silence. 126 Italian river 127 Sound made by #26 down 129 Initials which sound like another way of saying what your bill is 130 Except for Van Gogh, we all have two of these 131 Even's other half 137 Mild exclamation 138 Washington and Wisconsin schools have these in common 139 R___de B___de, R___dence 141 Before the year 1 142 12 step organization 143 __ow __ew __ob 145. Pul a series of these together to respond to a vory funny joke. 147 S__. T_ 9



SECOND ANNUAL INGER SOLL/EMERALD CITY PICNIC SET FOR AUGUST 16, 1997

lark your calendars! The second annual Ingersoll/Emerald City immer get together will be held on August 16th at Madrona Park. ist year's picnic was so successful, that it was decided to do it gain.

his year we were able to reserve a Picnic Shelter at Madrona Park ght on Lake Washington.

e have the shelter for the entire day, but actual festivities will gin at 11:00 am. A map of the area is reproduced below. Also, a have included written instructions on how to get to the park and elter. Hope to see you all there!!



HO, HO, HO, -- IN AUGUST !?

That's right! It's time to start planning for Ingersoll's annual Holiday Happening! We have some incredible surprises being planned for this year's party.

The major change from last year is the fact that this year's Holiday Happening will be held on SUNDAY, DECEMBER 7, 1997. 7:00-10:00 pm. The rest of the information is the same: Best Western Executive Inn, 200 Taylor Ave. No. The reason for the change of days from Saturday to Sunday is because the large ballroom, which we normally use is booked for the December 6, 1997, date.

So, mark your calendars with a big red and green circle and save the date. Here's a teaser for you: You'll never guess who we have coming to entertain us....he, he, he.







'HEY, GOOD COOKIN!'

Barberus Beef Ribs for Two

(Last year, we published a series of recipes on cooking for two people. We have had several requests for additional recipes for "one and some leftovers, or for two".]

Ingredientes



2 pounds beef back tibs 1/2 cup ketchup 2 tablespoons finely chopped onion 2 tablespoons vinegar 1 tablespoon brown sugar 1/2 teaspoon chili powder 1/2 teaspoon Worcestershire sauce 1/8 teaspoon galic powder Dash hot pepper stuce (optional **Dreparation:**

Cut ribs into serving-size picces, place in a large kettle and cover with water. Simmer, uncovered for 50.60 minutes or until tender. Meanwhile, combine remaining ingredients in a small saucepan. Simmer, uncovered, for 10 minutes. Drain ribs, place in a greased shallow 2-quart baking dish. Cover with sauce. Bake, uncovered, at 350° for 50-60 minutes. Yield: 2 servings (or one with leftovers).

Presentation:

Serve with brown rice and a salad with a light dressing for a wonderful Summer dinner. Don't forget the iced latte or loed test

Enjoy and be Proud!!



12

THE BUTLER DID IT! BY PAT BUTLER, EXECUTIVE DIRECTOR

About this time of the year, the leaves on the trees seemed to be at their fullest, plumpest point. Alter the month of July, it's as though they begin to shrink – to begin their slowing dying process as they head towards fall. The big, ivy-covered maple trees outside the window of our new office all but obscure the view of the building in the lot below us. They also cover up my view of Lake Washington.

When Fall comes and the leaves begin to change color, 1 will see the reds, oranges, yellows and brown of these two venerable giants. For a short time, they will warm up the view.

After the last leaf drops, 1 will be able to see the lake. Unfortunately, 1 will also be able to see the ugly, gravel-covered roof of the parole and probation services offices down below us.

Changes. That's what I see outside my window. I remember a ghastly little song made up by Louise Hay, psychotherapist and author. It contained a simple repeated melody, and the words were "Change, it's only change; it's only change..." *ad infinitum* or *ad nauseum*, depending upon your tolerance level.

The song did, however, remind the listener and singer of the paradox that the only constant in the universe is the fact that there is no constant.

This, in a very real sense is the good news and the bad news. It's good news when time and circumstance seem to be crawling by. We can then remind ourselves that all icky stuff will pass. Nothing lasts for ever.

If nothing lasts for ever, then what about those times when it feels like everything is going exactly the way we want it to? A great man once said, "Happiness makes up in height what it often lacks in length." That is to say, sometimes feelings of happiness don't last nearly long enough for us.

So, we need to savor everything: Happiness, Sadness, Fear, and Anger. If happiness doesn't last for ever, then neither do sadness and the other "less acceptable" emotions. And besides, "Change, it's only change; it's only change; 1. it's only change....."

FROM THE FOUNDER

By Marsha C. Botzer, MA

(This is a reprint from last year. It is so good, we decided to update it and to print it again.)

Ingersoll has always placed self-understanding before action. This is not the same as waiting or postponing, and in our many efforts we look to support the business of discovery as it goes on in each of us.

Ideas must come from our emotions, needs and learning. Don't you think this is so? Our participants look around and ask: "How can we offier more help to our friends and more help to ourselves?" From this questioning comes our services. Our groups and the ways they are structured are born of 20 years of trial, 20 years of suggestions for improvement.

The suggestions continue, and we grow like a diverse and beautiful garden. Our therapists are trained and encouraged, and their work improves and excels.

We look to build a service that encourages individuals while it grows from generation to generation of volunteers.

Haven't we learned something about change in all these experiences and years? We have! And there is much more to learn. Our friends and participants bring us new learning all the time, and as long as we listen, we grow.

In the future we will offer special trainings -- a chance to learn more about computers, for example -- and life skills that will help in day to day living. These services come because our individuals offer their abilities and their hearts to this work, this work which is not the possession of one only, but of us all.

Go about your business in your own way. If we can help, let us try to do so.

Robert Green Ingersoll's CREED OF SCIENCE

"To love justice, to long for the right, to love mercy, to pity the suffiering, to assist the weak, to forget wrongs and remember benefits -- to love the truth; to be sincere; to utter honest words; to love liberty; to wage relentless war against slavery in all its forms; to love wife, child and friend; to make a happy home; to love the beautiful in art, in nature; to cultivate the mind to

be familiar with mighty thoughts that genius has expressed, the noble deeds of all the world; to cultivate courage and cheerfulness, to make others happy; to fill life with the splendour of generous acts, the warmth of loving words; to discard error, to destroy prejudice; to receive now truths with gladness, to cultivate hope; to see the calm beyond the storm, the dawn beyond the night; to do the best that can be done and then to be resigned -this is the religion of reason, the creed of science. This satisfies the heart and brain."



AA GROUP FOR TRANSSEXUAL, TRANSGENDER, TRANSVESTITE PEOPLE TO BEGIN AT INGERSOLL

Amazing Changes, a new AA meeting for transsexual, transgender and transvestite (FTM or MTF) people will begin using the Ingersoll meeting room on Mondays from 6:00-7:00 pm. Meetings will start July 28, 1997.

As stated above, the meetings will be open to any TS/TG/TV person, MTF or FTM, at any stage in their process, who may also be at any stage in their recognition of, or recovery from alcoholism or drug addiction. In order to maintain our principles of anonymity, and our primary purpose of recovery, we request the following:

- The meetings will be closed to the general public, including partners.
- This is not a support group or a rap session. We will strictly follow a traditional AA format.
- No fee will charged to members. All funds will be collected by voluntary donation only. Of the funds collected, a percentage will be allocated to support Ingersoll coffee fund and use of space.

Amazing Changes will provide its own treasurer accountable to its own members, the AA Intergroup as a whole, and Ingersoll Board of Directors, and to the concept of rigorous honesty. Amazing Changes will provide its own secretary to conduct the meetings and coffee break, clean, close and lock the facility after each meeting.

For more information, call Billy Lane, at (206)328-4903; or Miles Conrad at (206-671-1083. There is also an emergency pager number you may call for a rapid call back. (206) 860-1083.

