



INGERSOLL MESSAGE

INGERSOLL GENDER CENTER -- SEATTLE, WASHINGTON
AUGUST, 1997 □ VOL. THREE □ NOS □ PRICE: \$1.00/EA. □ \$13.00/YR. SUBSCRIPTION

BARBIE'S FIRST OUTING! PART I

BY Rebecca [REDACTED]

Reprinted from the [REDACTED]

"Ken! What are you doing wearing my clothes?!"

"Huh? Oh! B-Barbie, Hi! I-I was going to go outside for a walk!"

That was me providing the voices for my sister's dolls. I had long ago retrieved them from the back of her closet where she had retired them and when I was alone in the house, I would pull them out and play with them. It was while playing with them that I first got the inspiration to go out in the real world dressed as a girl.

I pulled my long blond hair back and attached a mane comb, put on a little make-up and dug one of my sister Margie's outfits out of her hamper. After a pair of her panties, a bra stuffed with socks and a pair of pantyhose were in place, I pulled on a light green Tee-shirt. Over this came a short, short green plaid skirt and a dark green jacket with the sleeves pushed up above my elbows. I slipped my feet into the dark green flat shoes that Margie wore with this ensemble. Her gold circle bracelet, a gold necklace and gold clip-on earrings completed the transformation. Except for my blond hair, I was a carbon copy of Margie, who was a brunette.

I was ready to face the world! I hurried downstairs before I could talk myself out of it and opened the front door. Seeing the neighborhood was deserted, I closed the door behind me and slipped around the side of the house. Our yard was surrounded by a high privacy fence that would shield me from nosy neighbors. The back of the yard led down to a creek that if

followed for about two miles would bring you to a shopping center. I intended to head there, walk around a bit then head back home before Margie or my parents got home.

I had reached the gate at the rear of the yard which I suddenly remembered I didn't have a key! It was in my pants' pocket on the floor of Margie's bedroom! I scampered back across the yard, back around the house and up onto the porch. I tried the door - locked!

Just then I heard a car coming down the street. I ran to the edge of the porch and saw Margie's battered old Nova rumbling toward the house. Panic!! I shot off the porch and flew around the house again. I had nowhere else to go. I stopped behind the large oak tree that dominated our back yard, and peaked out toward the house. I could hear girlish voices and car doors being shut. Then the voices stopped as everyone went into the house.

I slumped down behind the tree and, pulling my legs together, sunk my head on my knees, trying to decide what to do. I figured they couldn't stay in the house too long, and they certainly had no reason to come out into the back yard, so my decision was to just sit and wait them out. But how would I get back into the house without a key? And Margie was sure to find my clothes in her room...

At that moment, I heard the back door of the house open and feminine voices coming toward me. My heart began pumping blood through my veins at a furious rate, my eyes bulged, and my moth went arid.

"Hi! Whatcha doing?" I looked up at the face peering around the side of the tree. I didn't recognize her. Then, one by one, girls I had never seen before came around the tree and stood facing me - including Margie.

"Do you know her?" the girl said to my sister. I looked at Margie in wide-eyed frenzy.

Tune in next month for the exciting conclusion



THE HERO'S JOURNEY: DESTINATION BOSTON AUGUST 8-9-10, 1997

Members of the FTM Community are busily planning the upcoming 3rd Annual All-FTM Conference of the Americas: THE HERO'S JOURNEY, August 8, 9, 10, 1997 in Boston, Massachusetts.

Join the Boston FTM community for 2 1/2 days of workshops, panels, seminars, presentations, networking, socializing, and partying for all FTM's and their partners and friends.

Provisional panel and workshop topics include: Coming Out, Sexuality, Tricks of the Trade, Parents of FTM's Panel, FTM's as parents panel, Children of FTM's, Partners of FTM's, Queer Sexuality Issues, Young Men's Issues, Finding a Partner, and many others

Provisional speakers, panelists, and events include: James Green, FTM International; Diane Ellaborn, LICSW; Stuart Chipkin, MD; Paul Costas, MD; Ellie Altman, PFLAG; Henry Rubin PhD, an FTM art exhibit, and the award-winning new FTM documentary film "You Don't Know Dick".

Registration fees, per person (non-refundable after July 15) Registration fee includes all sessions from Friday, August 8 at 6 p.m. to Sunday, August 10 at 2:30 p.m.

*\$50 if postmarked on or before June 30.

*\$60 if postmarked on or between July 1 and July 31.

*\$75 if postmarked on or after August 1, or at the door.

Snacks and beverages will be provided, but you will need to provide for your own transportation, lodging, and meals.

Some work/exchange discounts on registration fees are available for those who wish to volunteer to work before during, or after the conference. A limited number of partial-registration fee scholarships are available to those who would otherwise not be able to attend. We will also try to assist those who can't find or afford lodging, please let us know if you will require this assistance.

When we receive your paid registration, we will send you a confirmation postcard. Additional information and materials will follow later. For more information, call Mike at [redacted] or send e-mail to Mykael at IFGE@worldnet.att.net.

or money order (do not send cash) payable to BFTMC and use the registration form on the page below. There will be a \$20 charge for returned checks. Mail to: BFTMC, P.O. Box 193, Bellingham, MA 02019, or bring it with you and pay at the door.

REGISTRATION FORM

Today's Date: _____ Arriving 8/___/97 Departing 8/___/97

Mailing name(s): _____ Name(s) for Badge(s): _____

Address: _____ City/State/Zip: _____

Phone (optional): _____ E-Mail (if applicable): _____

Do you need assistance with lodging? Yes No Number of beds required _____

Smoking or non? _____ Any allergies? _____

Do you have any special needs? _____

Enclose your registration payment and mail form to BFTMC, P.O. BOX 193, Bellingham, MA 02019

TS TO TROD THE BOARDS

Marian Beddill, TS, former Ingersoll Board member and Bellingham activist will be performing in a production of Larry Gelbart's political satire, "MASTERGATE: A Play On Words" at the Bellingham Theater Guild, 1600 H Street, Bellingham, Washington. The play is a spoof of the Watergate scandal. Marian, ever the ground breaker, took the part in which she plays a woman senator. The play runs August 3, 5, 9, 13, 15, and 17. The performances on August 3, and 17, are matinee performances at 3:00 pm.

Anyone interested in putting together a theater party for one of the performances, give your name and phone number to your facilitator and she will give it to the office. In any event, "Break a leg, Marian!"

**LAMBERT
HOUSE**

LAMBERT HOUSE

(address)

Can you give some time to help Gay, Lesbian, Bisexual, Transgender youth as a Board member or Volunteer? If so, call Lynne at 322-0415 for further information and application materials.



VANITY PLATES CAN TELL THE STORY:

HIAYGRRL, HEYBO!

2B ATV ORATS, UHAFTA BEE ITFCUKY.

PPLASK LLME:

RUADV8?

RUAHOZR?

RUILLIN DAHED?

AESAY 2DEM:

IJSLVIT

IMIDFUL

URMRVLS

UREXINT

4ME, DRSSN IZZ 3LSNXTC.

FDE2BLK

Idea from California PL8SPK
Vanity Plates Retell the Classics

By Daniel Nussbaum, pub. HarperCollins West, 1994

You'll find the solution to the Vanity Plate puzzle on page 11



PARDON OUR DUST!!


Sorry for the mess, but big things are happening at Ingersoll! Hopefully by the time you read this, the dust will have literally settled, the painting will be done and the furniture will be back in place.

Because of the increased attendance at Ingersoll Support Groups, Ingersoll has moved the administrative offices down the hall (remember the 'mystery door' in the hall as you come into Ingersoll?) into room 105. We then plan to remove the wall between the old office and the meeting room and make the room half again as big as it was. With the additional space we will be able to provide plenty of group for the enlarged support groups (remember having to step over your neighbor to get to the coffeepot?)

A huge thank you goes out to all the facilitators for their hard work, and to all of you who attend meetings and are so generous with your support. This a big step on the road to becoming our own community center. The new space will enable us to present trainings, educational events, and even entertainment. It is only through you that we are able to grow and offer more services to the gender community. You are the reason Ingersoll is unique in all the world.

FTM CALENDAR

AUGUST, 1997

SUN	MON	TUE	WED	THU	FRI	SAT
					1	2
			6 FTM**	7	8	9
			PHONE LINES MSG SVC 329- 6651		FTM CONFERENCE OF AMERICAS "THE HERO'S JOURNEY" BOSTON, MASS.	
10 FTM	11	12	13FTM**	14	15	16
CONF.			PHONE			
CONT.			LINES			
BOSTON			MSG SVC			
MASS.			329- 6651			
17	18	19	20FTM**	21	22	23
			PHONE			
			LINES			
			MSG SVC			
			329- 6651			
24	25	26 FTM	27FTM**	28	29	30
		THERAPY	PHONE			
		GROUP *	LINES			
		& FTM	MSG SVC			
		SO SUPT	329- 6651			
		GROUP *				
31						

*FTM Therapy Group-Jude Patt on

FTM SO group-Carole

**LEAVE MESSAGE ANY TIME (ESPECIALLY WEDNESDAYS)
AND CALLS WILL BE RETURNED ASAP



IMPORTANT INGERSOLL DOINGS IN

AUGUST

All Wednesdays in August: TS Group (Referral Only) 7:30-9:30 PM

All Thursdays in August: Drop In Group (Open) 7-9 PM

All Fridays in August: TV/TS Support Group (Open) 8-10 PM

Phones answered Mondays & Fridays 6-8 pm and Saturdays 10-12 noon

No Ingersoll Board meeting in August.

AUGUST FTM SUPPORT GROUP CANCELED FOR THIS MONTH

AUGUST 16th: SECOND ANNUAL

EMERALD CITY/INGERSOLL CENTER

SUMMER PICNIC AT MADRONA SHELTER


(SEE ARTICLE IN THIS MONTH'S NEWSLETTER FOR SPECIFICS)

1. If you want a good explanation of what Ingersoll does, _____ to tell you.
12. How would you say here' in France.
15. Possibility
17. Brazilian city/ _____ Paulo.
18. Doing the same thing over and over
19. Where the serpent was.
20. _____ path for T-folk to take.
23. Columbia is the capitol of this State.
24. Small preposition
25. Liza's sister, Judy's daughter
28. P. _____ F. _____ R. _____ B. _____
28. East Chicago and Gary are cities in this State.
30. Another name for a transgendered person is _____
32. A unique Gender Center
34. Latin for 'bone'
35. Slang term for 'brother'
36. QD= Over _____
37. Belgian city famous for SRS
40. Yogi's friend, BooBoo was a _____
42. One of two ways an elevator travels (abbr).
43. Five essentials, mixed up
45. Pronounced 'Say', it means, 'I know in Spanish

46 Spanish preposition, means the same as #24 across
47 Small pilot boat
48 If Mom has SRS, she would then _____
50 Stuffing
53 How to address an FTM and a knight in the UK
55 Canines
56 Antrek is a ____ (inif)
57 Prefix meaning the same as 'un'
59 the name of the 12th letter
61 What MTF's often have augmented
63 Albert's nickname
64 The pitch _____ doesn't make you a woman
68 Not before
71 Indicates a large vessel
73 Guru's taught this (inif)
74 To say one more thing
75 What Hamlet said: 'To _____ or not'
76 Answering Emily in the affirmative
77 A small, ugly dog with a 'smashed' in nose
78 Lots of water in the air

and _____
t _____
promise _____
ame for a crossdresser _____
s of Summer _____
le _____
ab _____ Ab _____
guins tried to sel a h _____ m their d _____
activity _____
line of \$61 across _____
address _____
ous sponte _____
if this together and you have a ballet costume
e initials which mean 'reply, please'
hat a ghost says _____
title _____
Springer' and 'Cocker' are types of this _____
furniture in the dining room _____
bnack at baseball games _____ dog _____
ght #73 across _____
slam's helper _____
itself, and I _____
the grace _____
initials _____
_____ is a type of Chrysanthemum.
ies the color of a garment _____ when it is _____
_____ do you want more?
s fourlegged companion _____
_____ you once, I've told you a million times
as a TS, TV, or TG? _____
hospital where patients are watched carefully _____
are at least 101 _____ in this Disney picture.
takes advantage _____
color stopping device A _____
ber _____
Bernald's search in _____
th, this means 'yes.'
s title in religion _____
name for 'blue' _____
th long ears and short legs Used for fox _____
her Griffin's initials _____
ill _____

_____ Dre _____ Eg _____
winners _____
lul _____ bee _____
CO, there _____ who does SRS _____
no _____ usually has a healthy heart.
(M _____ C _____
ican County _____
is a famous TV TV _____
tern compass points _____
ber) _____
ard for 'sex' _____
types: ____ A _____
godless _____
hall preposition _____
need to hear if you are afraid to express _____ (7 words)
Jodefraud _____
is transgendered whether you have the
either gender _____ not _____
is attracted to women _____
to together wih another to plow land _____
sales, genetic or not _____
to middle of our faces _____
nickname _____
in the world have this color in them _____
look when you were learning to skate _____
to put _____ men's clothes and become _____



42. I can dig it today, I dug it yesterday, and I may dig it tomorrow.
44. An elevator's other direction (see 42 across)
47. You could use a s_____ to _____ your muscles, but it might hurt!
49. 'To _____ is human - and not too unusual.'
51. Latin word for 'goddess.'
52. Prefix meaning 'earth.'
54. _____ nam to your party
58. Boy body to girl body
60. is attracted to men and/or women
61. The _____ was _____ when his mother said, 'No more crossdressing!'
62. 'Feed a cold, _____ lever.'
65. Girl body to boy-body
66. Your Mexican friend is this
67. Stephanie h_____ed that nothing would st_____ her from getting her SRS _____ation
69. Rin-Tin-Tin was a German Sh_____herd
70. Russell's nickname
72. Stephanie learned to give herself a hormone _____
79. Rapper. Snoop _____ Dog
80. MTF is this
81. Christa's nickname
85. Did you attend the Lesbian, Gay, Bisexual, _____ Festival?
86. Gender is an _____, may Christians find it difficult to talk about
87. To suck noisily
88. The thermometer _____ measure this.
93. Slang word for 'Mother'
95. Don't be surprised if you find out that the traffic cop wears _____ under his uniform.
97. Helena's address
98. Lacks a pedigree
99. Man who wrote the rules governing meetings.
100. Thule's country
101. _____ a _____d the money to h_____e SRS by selling colorful birds for _____jailes
102. The people who come through the front _____ of Ingersoll are very brave
105. Spanish way of saying 'My God': Dios _____s
110. _____ck, _____b, _____ne, _____m
111. What many MTF's and FTM's hope and save for
112. R_____se, T_____lor, S_____d, L_____d
114. Before noon
115. 'Keep all you _____ in a row.'
117. Alphabetical sequence: _____, _____, T, _____
119. Panting canine
122. Initials for two adjacent states _____ & _____
124. Call for silence.
126. Italian river.
127. Sound made by #26 down
129. Initials which sound like another way of saying what your bill is
130. Except for Van Gogh, we all have two of these
131. Even's other half
137. Mild exclamation
138. Washington and Wisconsin schools have these in common.
139. R_____da, B_____de, R_____dence
141. Before the year 1
142. 12-step organization
143. _____ow, _____ew, _____ob
145. Put a series of these together to respond to a very funny joke.
147. S_____, T_____, B_____, C_____, Sh_____



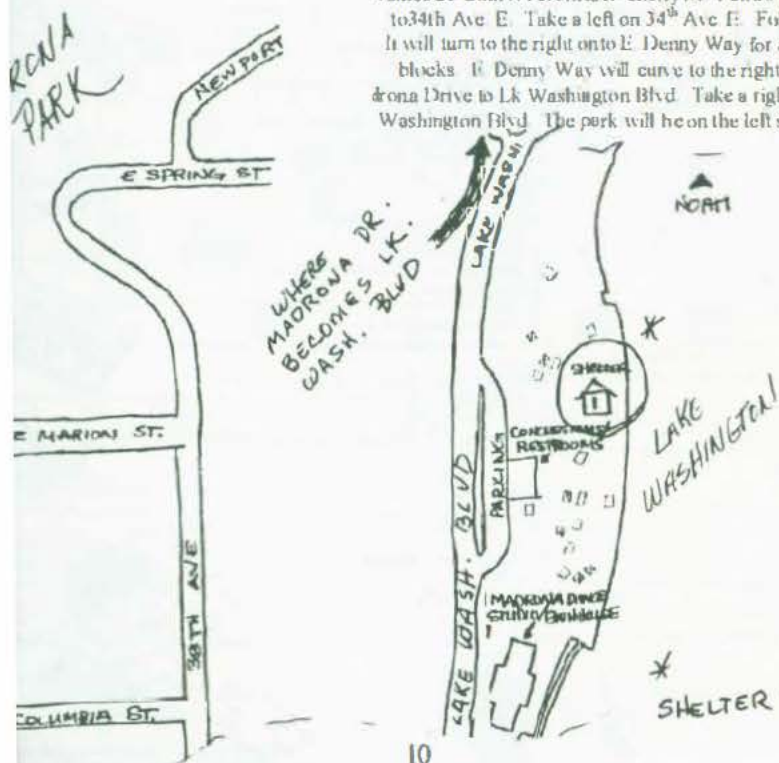
SECOND ANNUAL INGERSOLL/EMERALD CITY PICNIC SET FOR AUGUST 16, 1997

Mark your calendars! The second annual Ingersoll/Emerald City Summer get together will be held on August 16th at Madrona Park. Last year's picnic was so successful, that it was decided to do it again.

This year we were able to reserve a Picnic Shelter at Madrona Park right on Lake Washington.

We have the shelter for the entire day, but actual festivities will begin at 11:00 am. A map of the area is reproduced below. Also, we have included written instructions on how to get to the park and shelter. Hope to see you all there!!

1-5 North and South bound: Take the James Street exit. Turn right if exiting 1-5 North, left if South bound. Follow James St. until it becomes E. Cherry St. Follow E. Cherry to 34th Ave. E. Take a left on 34th Ave. E. Follow 34th. It will turn to the right onto E. Denny Way for about four blocks. E. Denny Way will curve to the right onto Madrona Drive to Lake Washington Blvd. Take a right onto Lake Washington Blvd. The park will be on the left side of the street.



HO, HO, HO, -- IN AUGUST!?

That's right! It's time to start planning for Ingersoll's annual Holiday Happening! We have some incredible surprises being planned for this year's party.

The major change from last year is the fact that this year's Holiday Happening will be held on *SUNDAY, DECEMBER 7, 1997, 7:00-10:00 pm*. The rest of the information is the same: Best Western Executive Inn, 200 Taylor Ave. No. The reason for the change of days from Saturday to Sunday is because the large ballroom, which we normally use is booked for the December 6, 1997, date.

So, mark your calendars with a big red and green circle and save the date. Here's a teaser for you: You'll never guess who we have coming to entertain us.....he, he, he.



SOLUTION TO VANITY PLATE STORY

Hey girl, hey boy!
To be a TV or a TS you half to be one tough cookie.
People ask little me:
Are you a deviate?
Are you a hozer?
Are you ill in the head?
I say to them:
I just love it;
I'm wonderful,
You are marvelous,
You are excellent.
For me, dressing is thrills and ecstasy.
Fade to Black

'HEY, GOOD COOKIN!'

Barbecue Beef Ribs for Two

(Last year, we published a series of recipes on cooking for two people. We have had several requests for additional recipes for "one and some leftovers, or for two".)

Ingredients:

- 2 pounds beef back ribs
1/2 cup ketchup
2 tablespoons finely chopped onion
2 tablespoons vinegar
1 tablespoon brown sugar
1/2 teaspoon chili powder
1/2 teaspoon Worcestershire sauce
1/8 teaspoon garlic powder
Dash hot pepper sauce (optional)

Preparation:

Cut ribs into serving-size pieces; place in a large kettle and cover with water. Simmer, uncovered, for 50-60 minutes or until tender. Meanwhile, combine remaining ingredients in a small saucepan. Simmer, uncovered, for 10 minutes. Drain ribs; place in a greased shallow 2-quart baking dish. Cover with sauce. Bake, uncovered, at 350° for 50-60 minutes. Yield: 2 servings (or one with leftovers).

Presentation:

Serve with brown rice and a salad with a light dressing for a wonderful Summer dinner. Don't forget the iced latte or iced tea!

Enjoy and be Proud!!

EMERALD CITY

206-827-9494

PHONES ANSWERED TUESDAYS

7:00 PM 10:00 PM

For Crossdressers. Meetings and social gatherings. Safe, discreet, and confidential. A place to be who you want to be.



THE BUTLER DID IT!

BY PAT BUTLER, EXECUTIVE DIRECTOR

About this time of the year, the leaves on the trees seemed to be at their fullest, plumpest point. After the month of July, it's as though they begin to shrink – to begin their slowing dying process as they head towards fall. The big, ivy-covered maple trees outside the window of our new office all but obscure the view of the building in the lot below us. They also cover up my view of Lake Washington.

When Fall comes and the leaves begin to change color, I will see the reds, oranges, yellows and brown of these two venerable giants. For a short time, they will warm up the view.

After the last leaf drops, I will be able to see the lake. Unfortunately, I will also be able to see the ugly, gravel-covered roof of the parole and probation services offices down below us.

Changes. That's what I see outside my window. I remember a ghastly little song made up by Louise Hay, psychotherapist and author. It contained a simple repeated melody, and the words were "Change, it's only change; it's only change, it's only change..." *ad infinitum* or *ad nauseum*, depending upon your tolerance level.

The song did, however, remind the listener and singer of the paradox that the only constant in the universe is the fact that there is no constant.

This, in a very real sense is the good news and the bad news. It's good news when time and circumstance seem to be crawling by. We can then remind ourselves that all icky stuff will pass. Nothing lasts for ever.

If nothing lasts for ever, then what about those times when it feels like everything is going exactly the way we want it to? A great man once said, "Happiness makes up in height what it often lacks in length." That is to say, sometimes feelings of happiness don't last nearly long enough for us.

So, we need to savor everything: Happiness, Sadness, Fear, and Anger. If happiness doesn't last for ever, then neither do sadness and the other "less acceptable" emotions. And besides, "Change, it's only change; it's only change; it's only change...."

FROM THE FOUNDER

By Marsha C. Botzer, MA

(This is a reprint from last year. It is so good, we decided to update it and to print it again.)

Ingersoll has always placed self-understanding before action. This is not the same as waiting or postponing, and in our many efforts we look to support the business of discovery as it goes on in each of us.

Ideas must come from our emotions, needs and learning. Don't you think this is so? Our participants look around and ask: "How can we offer more help to our friends and more help to ourselves?" From this questioning comes our services. Our groups and the ways they are structured are born of 20 years of trial, 20 years of suggestions for improvement.

The suggestions continue, and we grow like a diverse and beautiful garden. Our therapists are trained and encouraged, and their work improves and excels.

We look to build a service that encourages individuals while it grows from generation to generation of volunteers.

Haven't we learned something about change in all these experiences and years? We have! And there is much more to learn. Our friends and participants bring us new learning all the time, and as long as we listen, we grow.

In the future we will offer special trainings -- a chance to learn more about computers, for example -- and life skills that will help in day to day living. These services come because our individuals offer their abilities and their hearts to this work, this work which is not the possession of one only, but of us all.

Go about your business in your own way. If we can help, let us try to do so.

Robert Green Ingersoll's CREED OF SCIENCE

"To love justice, to long for the right, to love mercy, to pity the suffering, to assist the weak, to forget wrongs and remember benefits -- to love the truth; to be sincere; to utter honest words; to love liberty; to wage relentless war against slavery in all its forms; to love wife, child and friend; to make a happy home; to love the beautiful in art, in nature; to cultivate the mind to

be familiar with mighty thoughts that genius has expressed, the noble deeds of all the world; to cultivate courage and cheerfulness, to make others happy; to fill life with the splendour of generous acts, the warmth of loving words; to discard error, to destroy prejudice; to receive now truths with gladness, to cultivate hope; to see the calm beyond the storm, the dawn beyond the night; to do the best that can be done and then to be resigned -- this is the religion of reason, the creed of science. This satisfies the heart and brain."



AA GROUP FOR TRANSEXUAL, TRANSGENDER, TRANSVESTITE PEOPLE TO BEGIN AT INGERSOLL

Amazing Changes, a new AA meeting for transsexual, transgender and transvestite (FTM or MTF) people will begin using the Ingersoll meeting room on Mondays from 6:00-7:00 pm. Meetings will start July 28, 1997.

As stated above, the meetings will be open to any TS/TG/TV person, MTF or FTM, at any stage in their process, who may also be at any stage in their recognition of, or recovery from alcoholism or drug addiction. In order to maintain our principles of anonymity, and our primary purpose of recovery, we request the following:

- The meetings will be closed to the general public, including partners.
- This is not a support group or a rap session. We will strictly follow a traditional AA format.
- No fee will be charged to members. All funds will be collected by voluntary donation only. Of the funds collected, a percentage will be allocated to support Ingersoll coffee fund and use of space.

Amazing Changes will provide its own treasurer accountable to its own members, the AA Intergrupp as a whole, and Ingersoll Board of Directors, and to the concept of rigorous honesty. **Amazing Changes** will provide its own secretary to conduct the meetings and coffee break, clean, close and lock the facility after each meeting.

For more information, call Billy Lane, at [REDACTED] or Miles Conrad at [REDACTED]. There is also an emergency pager number you may call for a rapid call back. [REDACTED]

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Opinions expressed in the Ingersoll Message are strictly those of the writer. They do not necessarily reflect those of Ingersoll Gender Center or the Board of Directors

-----DETACH HERE-----

PLEASE ENTER MY SUBSCRIPTION FOR *THE INGERSOLL MESSAGE*. I HAVE ENCLOSED \$15.00 (check or money order) FOR A ONE YEAR SUBSCRIPTION.

NAME _____

ADDRESS _____

CITY _____

STATE _____

ZIP _____

☐ I WOULD LIKE TO KEEP UP WITH INGERSOLL EVENTS, PLEASE ADD ME TO YOUR MAILING LIST.

☐ PLEASE SEND ME AN INFORMATION PACKET.
(ENCLOSE \$1.00 p/h AND S.A.S.E. [#10 BUSINESS SIZE])