



Wendi and Diane with professor Whitam

The Editor's Corner: A New Experience
By: Wendi Danielle

Things have started to get back to normal in my life with the convention almost a month back now. However, there was an event during the last month that I enjoyed very much and would like to share with you here.

I have always enjoyed public speaking but lacked the confidence to make a public appearance in my feminine roll. Well this changed toward the latter part of March when I was asked to speak at a class at Arizona State University about transvestism and my feelings on the subject. To be more specific, Diane was asked and I volunteered to join her. The "GO FOR IT!" streak in me was peaking again and it took me all of about 30 seconds to let her know I would accompany her to the class. She had spoken at this class several times before with varying results, but for me, this was a totally new and exciting opportunity. I guess the high that I was on after the Chicago convention was still there over two weeks after I had returned to Phoenix.

The evening of the class was a weeknight and this did not allow me a great amount of time to dress, put on my makeup, eat a little dinner and make the 45 minute trip to the university but somehow I made it with

some time to spare. As a matter of fact I was at the building where the class was to take place about 1/2 hour early. The campus is a great place to stroll around on a mild evening and I enjoyed the walk from my car across campus very much. I even got a few smiles as I made eye contact with one or two students on the mall. Wendi seemed to be passing very well with her tan skirt, black blouse, black pumps and carrying a coat should it be chilly on the return trip to the car. I was a little over dressed compared to most of the coeds I saw on campus but I wanted to present a feminine image to the class and, clothes do play an important part in making the woman, at least in the public eye.

Since I was a little early for the class I wandered around in the atrium of the building where there were benches that the students used during breaks or while waiting for class to start. I parked myself on a bench right next to some vending machines where I knew I would be noticed. I was, but Wendi passed all tests with flying colors. I was looking for indications that I was read but instead received only smiles from passers by when eye contact was made. Anyway, here I sat and waited for Diane. Well, time passed and soon it was only 5 minutes to class time. No Diane in sight! Was I to go it alone? Would I be able to do this? Should I just return to the car or should I at least find the class and let the professor know that Diane had not been able to make it and I was not sure I could face a class of over 65 people without some peer support (Diane's a real motivational force for me, or is it the reverse?). Well, as all these thoughts were running through my head I had neglected to notice that Diane had entered the atrium and was smiling at me as she approached. After a short time we were in professor Whitam's office where all insecurity and doubt as to whether I could go through with it was put behind me. Diane and the professor assured me that I was doing great and before I knew it we were following him through the classroom door and up to a pair of seats at the front of the class.

The students had been primed for our presentation and had expected to see some men dressed up in women's clothes, but by

their expressions and the comments I overheard, were somewhat confused and very curious. They were looking at a couple of women in their early to middle thirties with no indication that there were two genetic males somewhere beneath the convincing feminine exteriors. After a brief introduction by the professor we each gave a 5 minute presentation and then opened the floor up to questions. The class was very receptive and we answered questions on subjects ranging from: "How do our families handle our dressing?", to: "Where do we shop and in what role?". In retrospect I would say that speaking to the class was a very successful endeavor and I am looking forward to next semester to do it all over again .

After class we were invited, by the professor, to continue the discussion at suitable off campus location. We did, and ended the evening by sipping some wine and talking with several students and the professor until almost midnight at a small pub near campus. This was a relaxing and satisfying end to an evening that I had no idea would be so enjoyable. If any of you get the chance to make a presentation such as this, and you enjoy meeting openminded people then "GO FOR IT!". We did, and I think we were able to show a few people that crossdressers are just people with a strong drive to experience the feminine side of their nature.

The First Lady's Notebook

By: Diane

This month's notebook is a commentary from Peggy, co-founder of Alpha Zeta. As the group has evolved, and membership has changed over the past three years, new directions and policies have taken place. The organization is dynamic and it is difficult to meet everyone's needs and expectations as time goes on. Peggy's article summarizes her point of view concerning her goals and feelings on how she felt that the group should be. It is entitled:

"Alpha Zeta, My Dream..."

When I put that first ad in the paper for crossdressers I believed in the idea of a group of people who seriously wanted and would seriously welcome the opportunity to

meet socially with other crossdressers in a pleasant atmosphere. The meetings were envisioned to allow members to dress socially without embarrassment or fear of criticism. These were to be meetings one could bring one's spouse without fear of her being embarrassed or insulted by uncouth behavior. While I have no quarrel with the existence of other lifestyles I intended that this group be limited to heterosexual crossdressers and their spouses only. I rejected inquiries from gays, transsexuals, masochists and those who are only fetishists. I was not implying any kind of "Eliteness", but only that the group be select, that is people with the same interests. When I coined the name "Alpha Zeta" for the chapter I thought it would suffice and an be indicative of our Arizona zip code. I then set out to write a set of "by-laws" that would structure a chapter. My belief was and is that crossdressing in itself is not perverted in any way. It is only perverted by those who would make a mockery of it. Practicing in an honest and mannerly way it can be a true thing of personal growth and enjoyment. I see crossdressing as a blending rather than a "flaunting of oneself". It was my hope that our goal would be to help gain the understanding and acceptance of the public rather than any juvenile attempt to abuse or taunt the public. This does not mean that crossdressers should stay in the closet but that our acceptance will never be attained to any degree by disorderly or anti-social conduct. In short we should have pride in our own good manners. My concept of our meetings was along the following lines:

(A) Provisions would be made for those who could only dress after arriving at the meeting and that the meeting time would start at an hour that would allow members to exit their homes and neighborhoods without embarrassment.

(B) A short period of introductions followed by a short business meeting. A report of the last meeting and a short discussion of the financial position of the chapter. Dues would be collected from those who have decided to join the chapter or who are

attending their third meeting. This would be followed by new business.

(C) Those meetings for the purpose of holding elections should include goals for the following year. It should be clearly understood that this chapter is not a formal part of Tri-Ess, but that all chapter members are encouraged to join Tri-Ess. It shall never be a "requirement that Alpha Zeta members be Tri-Ess members or that Alpha Zeta members who are chapter officers be required to join Tri-Ess.

(D) Demonstrations or speakers of subjects of interest to the general membership would be presented and discussed.

(E) A general discussion by the entire group on one of facets of crossdressing would be next. We could express our feelings and opinions on various subjects pertaining to crossdressing. This would be led by a discussion leader. The following could be examples of discussion topics:

(note: the following is representative of a longer list that she made, ED)

- (a) Why do you think you became a cross-dresser?
- (b) When did you become a crossdresser?
- (c) How often do you dress and why?
- (d) How are you a different person when dressed?
- (e) Have you ever been "read", and how did you handle it?

(F) The final portion of the meeting would be devoted to a social hour for the enjoyment of the members.

Alpha Zeta has been fortunate in having some very gracious people hosting some of our meetings and they deserve our thanks. We should be grateful to Diane for her leadership in getting Alpha Zeta through this past year. I am personally grateful for my experience with Alpha Zeta, I shall miss it...

Peggy.

(Note: Alpha Zeta is a recognized Tri-Ess chapter and is represented at the national level. It is therefore required that all officers be members of Tri-Ess, ED)



Terri At the Meeting

Chapter Update

by: Terri & Wendi Danielle

The March meeting of Alpha Zeta was held at Jackie and Chris's beautiful home. We were treated to a lovely buffet and the evening was a big success. In addition to our regular members, which included Diane, Terri, Angela, Jackie & Chris, Mae, Wendi & Judee, Rosalind & Phyllis, and Erika, we had three new girls that have responded to our "New Times" ad in attendance. Also present were two invited guests, Shelly and Larry. Shelly, soon to be in her 10th year of her new life as a woman, is a very warm and caring person.

We started the evening's meeting with an update on our trip to the I.F.G.E. convention and also a brief discussion of the ASU talk that Diane and Wendi gave a few days before. It was announced that our "New Times" ad will be running again for the next 4 weeks and will continue to run on a part time basis if available funding and interest continues.

The topic of placing advertising in our newsletter was also brought up. We don't have a large circulation but our members are good customers. We can subsidize part of the publication costs of the newsletter thru advertising the products and services of

merchants and professionals that cater to our special needs. The offer that we are making to potential advertisers is a free month's business card size ad. If the merchant desires to continue the ad we will run it for 11 more issues at a total charge of \$20.00 for the year. Other organizations have similar policies and have been successful in using this approach. Our first advertiser to try this is Gail Walker, lets patronize her if we can girls.

Treasury Report

Balance as of 2/28/87.....	177.98
Paid out	10.65
Income	0.00
Interest	0.63
Balance as of 3/31/87	167.96

National Events

"Provincetown Spring Outing"

Each spring the Tiffany Club sponsors this event. This is the seventh annual edition and is one of the high points of this organization's year. It promises to be an enjoyable outing for the crossdressing and transexual community. The dates are Tuesday, May 26th, thru Monday June 1st. and the registration fee is \$100.00 per person or \$150.00 per couple plus lodging. If you are interested in finding out more about it, call or write Merrissa Sherril Lynn or Laura Granger at the Tiffany Club. The address is:

Tiffany Club
Po Box 19
Wayland, Ma. 01778
Ph: (617) 358-2305

"Be All You Want To Be Weekend"

This Event is probably the largest gathering of crossdressers of the year. It is billed as both an educational and entertaining weekend. Last year there were over 200 participants. There are nightclub shows, picnics, shopping trips, educational seminars and a talent show planned for this year. The location this year will be Cleveland, Ohio and the dates are June 11th through the 14th. The event is sponsored by the Chi Chapter of Chicago, Crossroads of Detroit, The Para-

dise Club of Cleveland and Transpitt of Pittsburgh. The mailing address is:

C. Young
c/o Paradise Club
PO Box 29564
Parma, Ohio 44129

"Fantasia Fair"

Your probably getting tired of hearing about the next event but trust me, it's a good one, anyway here it goes again... This fall, actually in October, the 13th annual "Fantasia Fair" will be a high point in our paraculture. This gathering promises to be a repeat of years past and from personal experience this writer would say is well worth the trip. The dates are October 16th through the 25th and the mailing address is:

Fantasia Fair
Lincolnia Station, POB 11254
Alexandria, Va 22312
Atten: Eve Goodwin

"Why"

by: Roni

(This article is being reprinted from the March issue of the Northwest Gender Alliance Newsletter. The opinions, are those of the author and are presented here as a catalyst for us all to make our own judgments on this perplexing question. ED)

How often have you asked yourself; "Why do I wear female clothes? What is the attraction? Why? Why? Why?". I'm sure we have all asked these questions many many times, and how often has your wife, girl friend, or other friends asked the same questions of you? We all come up with the same nonsensical reasons. And none of them satisfy that burning curiosity of really why!

I do it because; it makes me feel good, it makes me feel comfortable, I like the styles and colors, there are so many selections, I like the attention, I meet a lot of nice people, I go out more often and do more things, I like it when women are amazed and impressed by what I do, I am a happier person, I was born that way, It's a gift from god, and on and on. These are not really the reasons we crossdress, these are some of the benefits of crossdressing.

Yes, we can make up many excuses to (we think) satisfy ourselves, knowing that no one has really come up with a clear cut answer. If it is so wonderful, as we have decided after many years of frustration, then why doesn't every male do this? And, why doesn't every female want to dress up like a man?

It must feel good or we would not dress up at all. I'm sure that if it felt bad, or uncomfortable, we would not do it. Why would we risk humiliation and ridicule, risk marriages, risk jobs, risk losing family and friends, if it felt bad? So, it must feel good!

But why does it feel so good? Why do you get a "rush", a feeling of euphoria, so much so that you would risk everything to be able to maintain this hobby. Why, at every opportunity do you wear something feminine, either dressing to the nines, or some lingerie under your (ugh!) male clothes? What is the reason?

Could it be because of the "Sexual excitement" of dressing up and obtaining a sexual high? Maybe--- but if it is, it is something we do not want to publicly admit, or even admit to ourselves. We are so paranoid that family and the public will label us as perverted or some kind of a sexual weirdo, that we never admit to anything "sexual"! But-- - maybe it is!

Have you ever skied down a mountain in two feet of powder snow in the bright sunshine and not fallen? Have you ever run in a marathon and finished? Have you ever flown a plane high up in the blue looking down at the beautiful countryside? Have you ever driven a race car through a grueling race and won? Have you ever bowled a 250+ game? Have you ever gone hunting and bagged a ten point buck? These are all highs! Didn't they make you feel good, feel comfortable? Of course they did! That is why you did them. These experiences presented a challenge, a high risk, and a sense of accomplishment when successfully completed. A REAL HIGH. As much satisfaction, happiness, and euphoria, as your best experiences in making love to your beautiful partner. Does not this high feel the same? When you think

of it, can you say one is a sexual high and one is not? Do not both feel the same.

There is an old saying among the expert skiing crowd; "Sex is great, but powder snow lasts eight hours!". I am sure that there are such sayings in the other sports.

So-- could this be the answer. Have we unconsciously found the answer to why we crossdress, and have practiced this hobby and not consciously known why? There it is, we have discovered how to maintain a high for a long period of time without the effort, time, energy, and money involved in other sports and hobbies. We are able to prolong this feeling of euphoria for long periods of time, with all the previously mentioned side benefits. So, "Sex it great, but crossdressing lasts eight hours!"

Because we are a male, we are always looking for that ultimate high in most everything we do. We have in us the drive to succeed, to be able to take risks to attain a goal, and to hope for satisfaction in the end. This is how we are built, without this high feeling all of life would be a bore and not too much would be accomplished. Without this (sex) drive, procreation would be a bore, and this race would die out, (or maybe not even have started).

We are special people in that we have learned, consciously and unconsciously, how to really enjoy that inborn drive we have to succeed in everything we do, and to be able to enjoy the moment of excitement for as long as we can. How many of us have said, "I hate to see the evening end and have to take off all these lovely clothes and loose this high!"

Skiing in powder snow and bright sunshine gives me this same high, but it is very exhausting, and you have to get up very early in the morning to beat the crowd. Without this drive, which is rewarded by these beautiful feelings, not much would get done, let alone repopulate the earth! So, call it what you may, sexual satisfaction, or, it makes me feel good, etc, it all stems from our male drive to attain self satisfaction through a (sexual) drive!

Writer's Corner

This column is included from time to time as room permits. Any authors out there who would like to be published are welcome to submit their works and see the results of their labors in print. This month we are again continuing a short story written by Terri.

"The Joke" (continued)

by: Terri

"You look divine", Marcia cooed, as she buttoned all the buttons and tied the turquoise sash at my middle, checking that the high necked collar was perfect for concealing my prominent Adam's Apple. But just to be sure she tied a turquoise scarf around my neck for insurance. "Now", she said, "Let's get you some shoes". Looking at the rather elegant dress I was wearing, she immediately ruled out anything low-heeled. What she produced was a pair of white high heeled evening sandals and I mean High! They were four inches and the heels were very narrow. I sat down to try them on and they were a tight fit. When I stood, I felt as though I were on stilts. I wobbled as I walked, finding that my steps were shorter out of necessity, and that my hips were being involved in the movement, swinging from side to side with each step. It took ten trips back and forth across the room before I felt like I wasn't doing a high wire act. I was complimented on my new found acrobatic skill. "Hurry", Marcia said, leading me to the bathroom again. "It's makeup time". I sat with eyes looking down as she did her thing. My face was smoothed in texture and appearance by a beige foundation cream, covering up the ruggedness of the skin. Then my eyes were made up with pearly blue shadow, eyeliner, mascara and demi-lashes. My cheeks were tinted soft red with rouge and a similar colored lipstick was applied. Golden dangle earrings were fastened to my earlobes. My fingernails were painted light red, a ladies wristwatch strapped to my forearm and Marcia finally placed her own turquoise ring on my finger. I was about to look at the fool I had become when she warned me, "Don't, not yet, you need your hair, of course a wig." I closed my eyes as I felt the wig fitted and felt something brushing between my shoulder blades. "OK, you can look now", Marcia said triumphantly and I raised my eyes to see the results of her

handiwork. I couldn't believe it. Staring back at me from the mirror was not a man in garish drag, but a rather beautiful, no, stunning blonde with a classic figure to boot! (to be continued)

Local Events

The next meeting of Alpha Zeta will be held at Wendi & Judee's home on the 18th of April. Our theme this month will be a "Significant Others", so lets try to get some of our lovely wives and girlfriends to attend. The hope is that if we can get some people interested, a support group for our wives and friends will be possible. Many other such support groups around the country have been very successful so lets try to get the ball rolling girls.

The social hour will begin at 7:30pm and a brief meeting will start at 8:30pm. We will be discussing several topics including the establishment of a "Hot Line" and ways that our group might raise funds to cover expenses. Also we will be holding another discussion session like the one we had at the February meeting.

Some of you have not been to Wendi & Judee's before so this would be a good time to COME ON OVER!". We'll be having a small buffet and if your so inclined, you are welcome to bring your own libations (wine etc.). Getting out in your finery is such a high, so let's "GO FOR IT" girls.

Mirror Mirror

By: Angela

Hi, girls, here's some advice on lip care, since, well defined beautiful lips are the crowning touch to a total makeup look. However, we sometimes find that our lip color tends to bleed or fade. A sure fire method to prevent lip color from bleeding or fading is to always start with clean lips. Then apply a lip liner on the upper lip first. Line from the center bow outward to each corner of mouth. Next line the lower lip inward from each corner, meeting at the center of the lip. Soften the color line with a makeup sponge. Now apply lip color to your lip brush, and fill in the outline of lips with color. For upper lips, work from the center bow outward to each corner of the mouth. For your lower lip, apply inward from each

corner, meeting at the center of your mouth. Blot the excess lip color with a makeup sponge or tissue. For lips with a radiant sheen use a lip polish and apply like you would lip color. Remember girls, this application is for girls with perfect lips. We girls with lip problems should heed the following advice:

THIN LIPS: First apply a foundation over the entire lip area. Then outline lips with a pencil so that the outline extends slightly beyond the natural line. Then fill in with a lip color inside the liner.

FULL LIPS: Apply a foundation over the lips. Pencil the lips just inside the natural lip line and then apply the lip color within this line only.

FLAT LIPS: Give flat lips a plumper look by applying color over the entire lip area except at the very center. Then fill in the center space with a lighter, shimmery color aimed for a subtle look. Don't make the line between the two colors too obvious.

CRINKLY LIPS: To give these lips shine, apply the color, then apply lots of gloss on top. Some petroleum jelly applied at bedtime will help correct the crinkly problem caused by dryness.

DROOPY LIPS: Lift them at the corners by first covering lip corners with a concealer stick, then blend. Using a lip pencil, extend the lip corners up. Finally fill in with color.

UNEVEN LIPS: Balance uneven lips or soften too sharp a bow at the corners by outlining the desired shape with a pencil. then fill in with color in a shade close to the pencil.

Food For Thought

Since your palates have been tempted, in past issues, with a few main courses, here is a cool dessert for the warm weather ahead.

"Summer Delight"

Crust:

- 1 stick butter (softened)
- 1 cup flour

Mix together and pat into 9X13 baking dish. bake at 350 deg. for 20 mins. till light brown.

Filing:

- 1 8 oz.pkg. cream cheese (softened)
- 1 cup powdered sugar
- 1 large "Cool Whip"
- 2 3 oz. pkgs instant chocolate pudding
- 3 cups milk

Beat cheese and sugar together till fluffy. Blend Cool Whip into the cream cheese mixture. Add pudding to milk and mix till slightly thickened. Combine all ingredients and beat with mixer till thick. pour into the crust and refrigerate.

Classified

This section Is being made available as a courtesy to anyone that would like to buy or sell items. If you would like to place or answer a classified ad please contact an Alpha Zeta officer or the editor.

Wanted - Old issues of "Transvestia", any condition.



*Gail Walker's
Electrolysis*

Scottsdale Rd. at Shea
10639 N. 71st Way
948-4704

Board Certified Professional Electrologist

The Photo Page

