

. ******* COVER GIRL OF THE MONTH ***** PAULA

Paula shouldn't be hard to know because she is very friendly- HOWEVER- she is hard to know because she is hard to meet. She zips in & out of our apartment- like a mosquito- before you can catch her she's already gone. She evidently believes in the motto that idle time can cause evil. If that be true then Paula is an angel !! She has TWO shortcomings- however- she is never never on time for our meetings and she takes 3 hours to get beautiful. Who, then knows the real Paula?? I have had the honor to travel with her on occassion- my only complaint-FATIGUE ****.She is so active you might think she was 18-- but since she is now a grandmothershe has to be at least (let's see now $20 \div 6 \times 4\frac{11}{42} \cos 4 \pm \frac{5}{42} + \frac{5}{4} + \frac$

****Nov. 10- Monthly meeting. *****

If you can ever restrain her long enough- have a chat. Your eyes and ears will tingle to the excitement and energy. $\int .B.W.$

DATES TO JOT DOWN

a political spinster

MEETING NOTES :::

Hi girls ,

We are still "in motion" with new ideas !! Of course we are hoping that you girls will continue to show up for our meetings (thanks for the large turnouts!!) and support us, and "live" with us. November 3 we will have our wig & cosmetic show put on by "professionals". We have rented a motel room where you all can get pretty and then after the show-enjoy a buffet there, also.All signs indicate a sell-out! The show is limited to ten girls- only those who have been notified-show up please !! There is one vacancy left and the first girl to get their \$5.00 to me-- gets it !!

On November 10th we be honored by having Dr. Ethel Persons of New York City as our guest. Her visit promises to be a real treat for us. I urge you all to attend, Dr. Persons is a "head shrinker" of considerable note. I am sure you feel after meeting with her, that she is a person (get the pun??) who you will feel priviledged to know.

Lastly ---- Don't forget the Providence girls are having a "Haloween Weekend" at Provincetown, Oct. 27-28. See Betsy for details.

Happy Haloween !!

san

JAID SIVCO ******

Newsnotes... by Denise

Thank you Bobby Riggs

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Faula shouldn't be hare

Though many male chauvanists, were disappointed in Bobbys loss to Billie Jean King, in the recent tennis fiasco in Houston; his pre game antics were worthy of note. In a game between himself and male amateur Terry Ragen, Ragen showed up for the match wearing womens tennis attire and wig.

If you are ever stopped and questioned as to why the femme clothing... why could'nip you quickly answer... "I'm on my way to play Bobby Riggs."

De you think they would believe us???

Tennis a la femme... anyone?

Mens Liberation Movement

Warren F. a political science teacher believes that the womens liberation movement cant work until men are freed from the 'male mystique' of violence and aggressiveness. Warren says, "What I'd like to see is a whole sex role movement"."We should not be trying to make women into men, but instead to get men to adopt some of the healthier female characteristics." (might-on

female characteristics." (right-on, right-on, right-on)

"The problems with masculinity start in many of the same areas where discrimination against women occurs. Quotas for men in womens jobs will help liberate both men and women. Men must hold these positions before women can get out of them, that way making jobs such as nursing, secretary, or telephone

operating no longer inferior. Our approach is to change books into depivting males cooking, crying, and being dependent. Toys should be geared for both sexes so that Tom and Tillie can play with Susie Homemaker. Warren estimates that there are already 30 or 40 male consciousness raising groups in the country. From that we will evolve a whole new role of model males." (Or is that male models... whichever, Just to let you know Warren, we at Hartford are trying our level best in support of your movement.)

HOW DO YOU SIT ?????

By Susanne

Girls- I don't mean how do things sit with you. What I mean is when you "sit" yourselves down-just how do you do it?? I am sure you realize that you just cannot plunk yourself down and be very graceful or ladylike about it. For starters why not watch some of the professionals. That is, girls who have had much experience in placing themselves on a chair. Even if you do not comprehend how they do it, their grace and smoothness should impress you. Here are some basic guidelines which I received as a student of Miss Gloria La Vonnes Beauty School. First- try to feel yourself into the part, act natural , except that you should follow some basics. First of all where are your feet ? Assume you are backing yourself up to sit on a chair. The opposite leg to which hand you write by (if you are right handed use your left leg) should be allowed to go back and "gently" touch the chair. Your other foot should be a little in front of the chair. Slowly bend your knees such that your rear will seat itself on the chair- but not in total. In other words part of your rear should be off the chair. You then, gracefully, slide back to the rear of the chair. Very important is what you do after sitting. Never- never allow your knees to be apart. If you cross your legs your two feet should slightly point in either a left or right direction - but never straight on. There is a grace to sitting. And believe it or not, you can look graceful and pretty. You'll never look that way unless you do follow these basics !!

Now, how do you get up? Jump ? I hope not!! You should do almost the opposite from the above. You slowly push your rear from the back of the chair so that you are partially hanging off the front end of the chair (only partially- darling). Then position your feet such that one is slightly in front of the other (so you won't fall on your pretty face!!). Then if there is an arm rest use it to guide you up as you rise. If there isn't a arm rest you may use the front portion of the chair or your escort's arm, for guidance. Practice and Practice ,but try to do it feeling natural. Relax but do not be too relaxed.

Poise and posture are two importants for girls!!

I will continue on in this series. I intend to tell you the proper way to walk on stairs, or walk on the street, or walk in a modeling show. I had to do all these things and be critiqued on my ability. I have also had much practical experience. I hope to be able to help you all to be the beautiful girls- which YOU can be.