

# I.F.G.E.

**International Foundation for Gender Education**  
a 501(c)(3) service organization

**Purpose:**

- Service Partner with Health Care Community
- Academic Partner for Gender Education
- Promote Understanding, Awareness and Acceptance of Gender Diversity
- Advocate Freedom of Gender Expression

**Resources:**

IFGE distributes printed, audio and video materials from a wide variety of publishing sources. Titles cover the spectrum of gender issues. Ask for a catalog of available materials.

IFGE's primary publication is a magazine, *The TV-TS Tapestry Journal*. It provides a forum for reasoned discourse about gender and related social issues. For many people, it provides first-contact with the transgender community. Subscription: \$40 (4 issues).

IFGE also produces the annual "Coming Together — Working Together" convention. Held in a different city each year, the convention is dedicated to the development of community leadership and education about gender/social issues. The 1995 convention will be held in Atlanta, Ga., March 12 to 19. Inquire about fees and rates.

**Hours:**

Office hours are Noon to 8:00 PM  
(Eastern Time) Monday to Friday.

PO Box 367 • Wayland, MA 01778  
Ph: 617.899.2212 • Fax: 617.899.5703

**It  
ain't  
about  
Sex.  
It's  
about  
Gender.**

## **Get Unconfused.**

Many people, including licensed professional counselors and therapists, think that gender role/identity issues (transvestism, transsexualism, and transgenderism) fall into the same category as sex role/identity issues. They do not. While sex and gender are intimately related, the issues of gender role/identity are quite unique. In order to deal effectively with these issues you need good information and good resources.

## **Get Informed.**

Much of what you may have read in textbooks and journals about transgendered behavior is just plain wrong. Even the new DSM-IV misses the mark. Transgendered behavior is not a recent phenomenon. It can be found in every culture and in every period of history. It is simply a natural variation of the human being.

Masculinity and Femininity are arbitrarily defined norms of society. These definitions change with culture and with time. Transgendered behavior is an outward expression of an inner feeling that conflicts with currently defined societal gender norms. Transgendered behavior is not a paraphilia, nor is it a sexual perversion. And, contrary to popular belief, transgendered behavior is exhibited by males and females alike.

If you have clients in your practice struggling with gender role/identity issues, you have an ethical obligation to provide them with the most current, up to date information about support and resources available to them.

## **Get Connected.**

The organizations sponsoring this brochure are educational resources for both the counseling professional and the transgendered person. We publish and distribute books, magazines, newsletters, monographs, audio tapes and video tapes on every aspect of transgendered behavior. We also provide referral services.

Until recently, we have dealt almost exclusively with transgendered people directly. However, in the past several years, we've been contacted by many professionals seeking our help and/or information. In almost every case, the client made the counselor aware of the resources available.

Now you have the opportunity to learn, firsthand, what we have to offer in the way of information, education, and support. Please take the time to look over this brochure and feel free to contact us if you have any questions.

# AEGIS

**American Educational Gender Information Service**  
a 501(c)(3) service organization

**Purpose:**

- Disseminate Information about Gender Issues
- Archive & Distribute Reference Literature
- Educate & Train Health Care Professionals
- Promote Non-judgemental, Non-discriminatory Treatment of Persons with Gender Issues

**Resources:**

AEGIS is the successor to the Erikson Educational Foundation providing a variety of educational resources for the professional and transgendered person. Foremost is *Chrysalis*, a magazine for professionals and consumers that takes a theme oriented approach to gender issues. Single copy: \$11; 4 Issue Subscription: \$36.

AEGIS publishes and distributes the *Transition Series* of monographs which can help transgendered people to make important life decisions. AEGIS also distributes the milestone publication *Gender Dysphoria: A Guide to Research*.

AEGIS consults an interdisciplinary advisory board on important issues, and regularly issues public service advertisements and advisory bulletins for helping professionals and transgendered persons.

AEGIS maintains the *National Transgender Library and Archive* and provides reprints of important gender research materials.

AEGIS also maintains a Database of Professional Services in order to make free referrals. If you'd like to be included, please contact the AEGIS office.

**Hours:**

AEGIS can be reached 24 hrs. a day. The helpline at 404-939-0244 is answered after 6:00 PM.

PO Box 33724 • Decatur, GA 30033  
Ph: 404.939.2128 • Fax: 404.939.1770

# Outreach Institute

**Outreach Institute of Gender Studies**  
a service organization for health care professionals

**Purpose:**

- Promote Understanding of Gender Role/Identity
- Offer Resources to Health Care Professionals
- Further the Personal Growth of Individuals Facing Gender Related Issues
- Inform the Public about the Full Diversity of Gender

**Resources:**

The Outreach Institute offers Seminars and Workshops for Health Care professionals on a wide variety of gender related topics, including a Gender Attitudes Reassessment Program (GARP). The Institute maintains a Gender Awareness and Information Network (GAIN) for professionals to stay up to date on the latest thinking and research on gender issues. The Institute also refers clients to GAIN members within a 200 mile radius of the client's home.

The Institute publishes the *Journal of Gender Studies* twice a year. JGS has a professional orientation and delves into the humanistic challenges facing crossgendered individuals.

The Institute distributes information packets about special interests, such as: Crossdressers; Male to Female Transsexuals; Female to Male Transsexuals; Androgyny; and Spouses, Partners & Significant Others. The Institute also has available video tapes on a wide range of gender related topics about crossdressing/crossgender behaviors.

The Institute sponsors the annual Fantasia Fair, the oldest continuous crossdressing/crossgender event (20yrs.) in the country. Held each October in Provincetown, Mass., the Fair gives adult males a chance to learn about their femininity and explore alternative gender roles.

**Hours:**

The Outreach Institute of Gender Studies can be reached 24 hours a day.

126 Western Ave. #246 • Augusta, ME 04330  
Ph/Fax: 207.621.0858

# Renaissance

**Renaissance Education Association, Inc.**  
a 501(c)(3) membership organization

**Purpose:**

- Safe Space for All Transgendered People
- Gender Education for Transgendered People
- Gender Education for Helping Professionals
- Gender Education for the General Public
- Develop Local Support Organizations

**Resources:**

Renaissance sponsors local support groups where individuals can find safe space to learn about transgender behavior. At present, there are 4 Chapters and 5 Affiliates in 6 states. The Renaissance philosophy is open, non-discriminatory membership for everyone.

Renaissance publishes a monthly 20+ page newsletter, *Renaissance News & Views*, that provides an open forum for discussion of gender-related social, political and legal issues, as well as basic information about events within the transgender community. An annual subscription is \$16. Renaissance also publishes a series of monographs on a variety of transgender topics. Most chapters and affiliates also publish monthly newsletters.

Renaissance operates a Speakers Bureau through its Outreach Program Office. Trained speakers are available for college, university and media venues. Renaissance is also a co-sponsor of S.P.I.C.E. (see the Tri-Ess panel).

**Hours:**

Renaissance National can be reached 24 hours a day. Chapters and Affiliates maintain their own phones.

PO Box 60552 • King of Prussia, PA 19406  
Ph: 610.630.1437

# Tri-Ess

**Society for the Second Self**  
a 501(c)(10) membership organization

**Purpose:**

- Full Personality Expression, both Masculine & Feminine
- Multilevel Support for Crossdressers and Their Families
- Relationship Building in the Context of Crossdressing
- Outreach to Helping Professionals
- Public Education about Crossdressing

**Resources:**

Tri-Ess provides support focused on crossdressers, their spouses, partners, and families. Nationwide, 26 chapters offer a relaxed atmosphere for crossgender expression. Support resources include a Big Sister Program, a Pen Pal Program, and a Mail-Forwarding Service.

Annual Tri-Ess sponsored events include the Holiday En Femme, which features fun outings and educational seminars, and the Spouses' and Partners' International Conference for Education (S.P.I.C.E.), which focuses on relationship-building issues.

In addition to educational pamphlets on crossdressing, Tri-Ess publishes a quarterly magazine, the *Femme Mirror*, with articles on a myriad of crossdressing related subjects. For spouses and partners, Tri-Ess provides a quarterly newsletter, the *Sweetheart Connection*. Most chapters maintain helplines and publish monthly newsletters.

Speakers are available on request.

**Hours:**

Tri-Ess National can be reached 24 hours a day. Chapters and Affiliates maintain their own phones.

8880 Bellaire B2 #104 • Houston, TX 77036  
Ph: 713.988.8064 • Fax: 713.520.9243