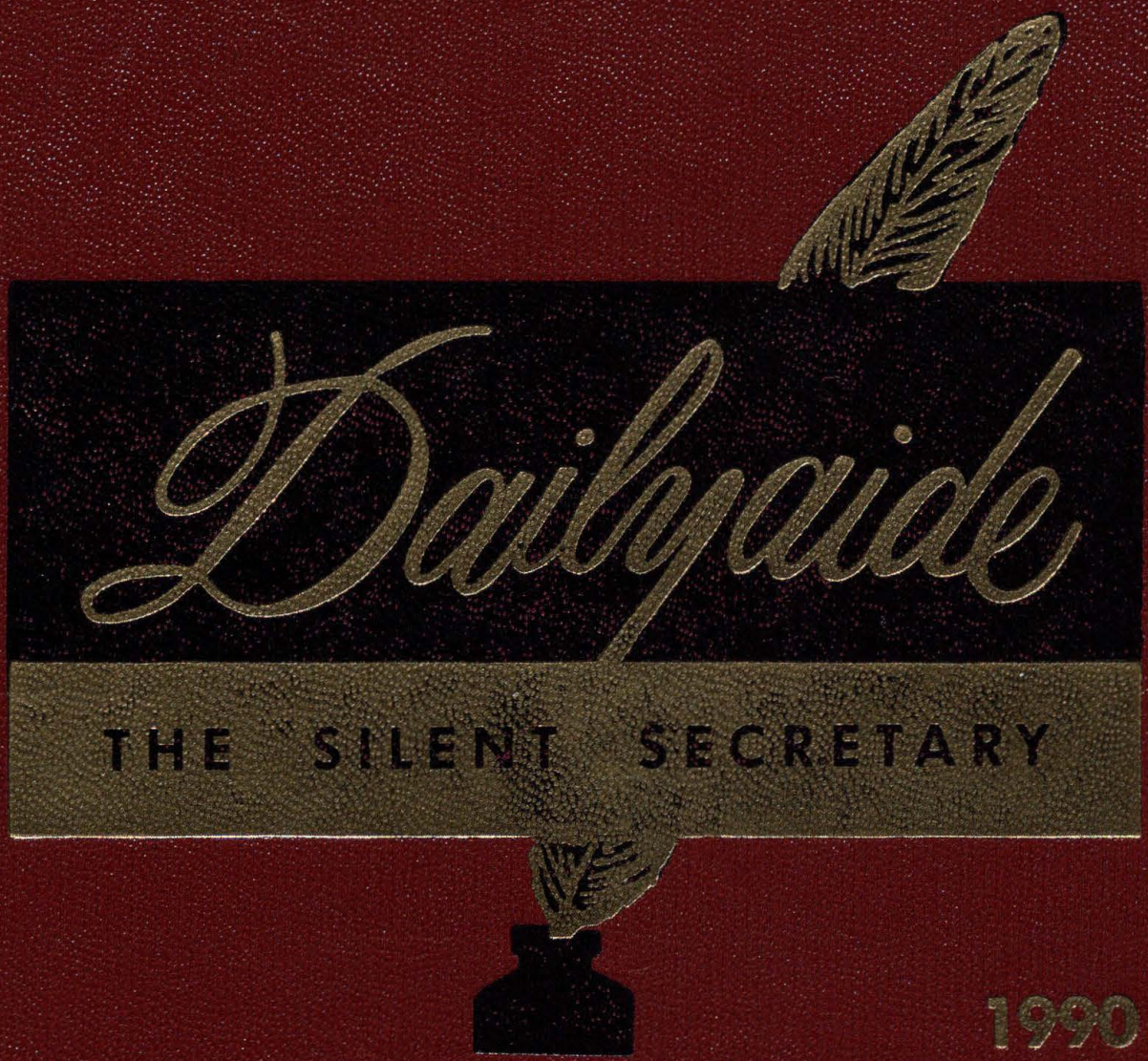

1990

1989

HOLIDAYS IN HEAVY TYPE

JANUARY

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	**16**	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

FEBRUARY

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12	13	14	15	16	17	18
19	**20**	21	22	23	24	25
26	27	28				

MARCH

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26	27	28	29	30	31	

APRIL

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23	24	25	26	27	28	29
30						

MAY

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14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	**29**	30	31			

JUNE

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18	19	20	21	22	23	24
25	26	27	28	29	30	

JULY

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23	24	25	26	27	28	29
30	31					

AUGUST

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SEPTEMBER

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OCTOBER

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22	23	24	25	26	27	28
29	30	31				

NOVEMBER

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26	27	28	29	30		

DECEMBER

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10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	**25**	26	27	28	29	30
31						



1990

HOLIDAYS IN HEAVY TYPE

JANUARY

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	**15**	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

FEBRUARY

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4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	**19**	20	21	22	23	24
25	26	27	28			

MARCH

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18	19	20	21	22	23	24
25	26	27	28	29	30	31

APRIL

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22	23	24	25	26	27	28
29	30					

MAY

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13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	**28**	29	30	31		

JUNE

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JULY

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8	9	10	11	12	13	14
15	16	17	18	19	20	21
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29	30	31				

AUGUST

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SEPTEMBER

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23	24	25	26	27	28	29
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OCTOBER

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7	**8**	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

NOVEMBER

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				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	**22**	23	24
25	26	27	28	29	30	

DECEMBER

S	M	T	W	T	F	S
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2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	**25**	26	27	28	29
30	31					


cancer

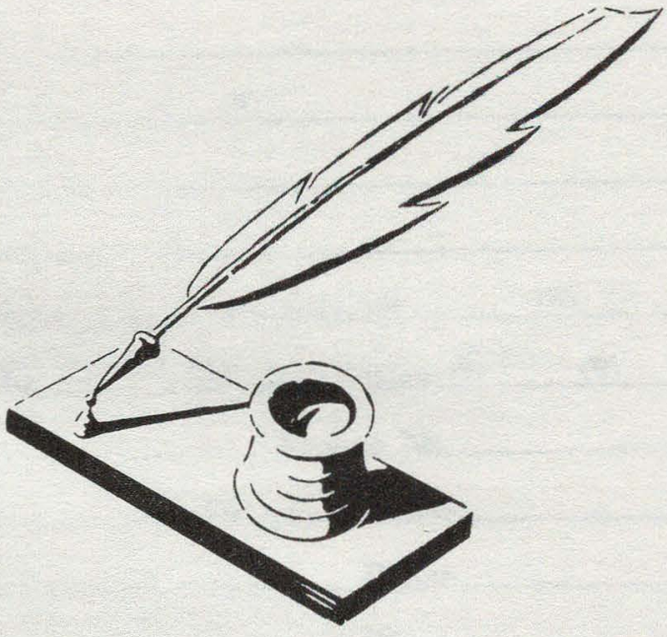

leo


virgo


libra


scorpio


sagittarius



1990

Dailyaide

REG U. S. PAT. OFF.

THE SILENT SECRETARY

Including helpful information
on the calendar
and the days of the year

ACKNOWLEDGMENTS: *Information Please Almanac* for items of useful information. H. L. Mencken's *A New Dictionary of Quotations* (Alfred A. Knopf, Inc.) for various quotations. *Astronomical Phenomena,* issued by the Nautical Almanac Office, prepared by the United States Naval Observatory, for moon phases and data on seasons and eclipses.

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I Must Not Forget

Wedding Anniversary _____

Husband's / Wife's } Birthday (H) _____ (W) _____

Other Birthdays _____ _____

_____ _____

Husband's / Wife's } Shirt Size _____ Dress Size _____ Hosiery (H) _____ (W) _____

Gloves (H) _____ (W) _____ Hat (H) _____ (W) _____ Shoes (H) _____ (W) _____

Auto License No. _____ Car No. _____ Engine No. _____

Certificate of Title No. _____ Driver's License _____

Auto Insurance with _____ Phone _____

Accident Insurance with _____ Phone _____

Fire Insurance with _____ Phone _____

Mortgage with _____ Must Renew _____

Safety Deposit Box at _____

Golf Club Telephone Number _____

Women's Club meets _____ Phone _____

Fuel from _____ Phone _____

Heating plant service _____ Phone _____

Refrigerator service _____ Phone _____

Radio and television service _____ Phone _____

Physician _____ Phone _____

Dentist _____ Phone _____

Addresses and Telephone Numbers

Your New Dailyaide for 1990

The purpose of this book is to make life easier and happier for thousands of folks like you who use the *Dailyaide* each year as a diary, an appointment book or an engagement book. It is not an almanac or a reference work, but is intended to serve as your personal year-book for 1990. The primary consideration has been to provide adequate memo space and to note the legal holidays as they occur.

To help you schedule the dispatch of birthday cards, anniversary cards, or gifts—or to plan special observances—a half-page of "Memos and Birthday Reminders" is provided for every month of the year. This space can be filled in at the beginning of the year, or the first of each month. If a double-check is desired, each special event can also be noted in one of the blank memo lines at the bottom of the specific daily page.

Also provided is a table of moveable holidays, data on standard time differences, and a condensed multiplication table for handy reference.

The 52 Sundays in the year are numbered consecutively by means of small numerals following the word "Sunday". On each diary page is a familiar motto—a thought to start your day. Many of the adages seem to have new meaning each time they are read.

Throughout the *Dailyaide*, on all dates that are not legal holidays, small numerals below each date indicate the day of the year and the number of days remaining. January 2nd is labeled "2—363," for instance, and July 1st, at the middle of the year shows "182—183." The example at the right on this page indicates that Friday, February 23rd, is the 54th day of the year, with 311 days remaining before the end of 1990. The number printed at the left is always the actual day of the year, and the number at right indicates the days remaining. It's simple arithmetic, to be sure, but handy and helpful. To make the *Dailyaide* useful as an appointment book, the pages are ruled for each half hour for 12 hours, beginning at 8 o'clock. As someone has said, "It is more important to know where you are going than to get there quickly." If the *Dailyaide* helps you to plan your course, it will serve its purpose well.



A 365 day year beginning on Monday and ending on Monday, 1990 has the same calendar as 1934, 1945, 1951, 1962, 1973, 1979, 2001, 2007, 2018.

Moveable Holidays, 1989 to 1995

Religious and secular holidays for last year, this year and the next five years are as follows:

	1989	1990	1991	1992	1993	1994	1995
Ash Wednesday.....	Feb. 8	Feb. 28	Feb. 13	Mar. 4	Feb. 24	Feb. 16	Mar. 1
Easter Sunday.....	Mar. 26	Apr. 15	Mar. 31	Apr. 19	Apr. 11	Apr. 3	Apr. 16
Passover*.....	Apr. 20	Apr. 10	Mar. 30	Apr. 18	Apr. 6	Mar. 27	Apr. 15
Pentecost.....	May 14	June 3	May 19	June 7	May 30	May 22	June 4
Labor Day.....	Sept. 4	Sept. 3	Sept. 2	Sept. 7	Sept. 6	Sept. 5	Sept. 4
Jewish New Year*.....	Sept. 30	Sept. 20	Sept. 9	Sept. 28	Sept. 16	Sept. 6	Sept. 25
Election Day.....	Nov. 7	Nov. 6	Nov. 5	Nov. 3†	Nov. 2	Nov. 8	Nov. 7
Thanksgiving.....	Nov. 23	Nov. 22	Nov. 28	Nov. 26	Nov. 25	Nov. 24	Nov. 23
1st Sunday of Advent...	Dec. 3	Dec. 2	Dec. 1	Nov. 29	Nov. 28	Nov. 27	Dec. 3

*First Day †Presidential election.

Other days: Shrove Tuesday or Mardi Gras is the day before Ash Wednesday. Palm Sunday, seven days before Easter, begins Holy Week, which includes Maundy Thursday, Good Friday and Holy Saturday. Ascension Day is ten days before Pentecost. Trinity Sunday is seven days after Pentecost, and Corpus Chirsti eleven days after Pentecost. Yom Kippur (Jewish Day of Atnonement) marks the end of the Ten Days of Penitence beginning with Rosh Hashanah (Jewish New Year, above).

MULTIPLICATION TABLE

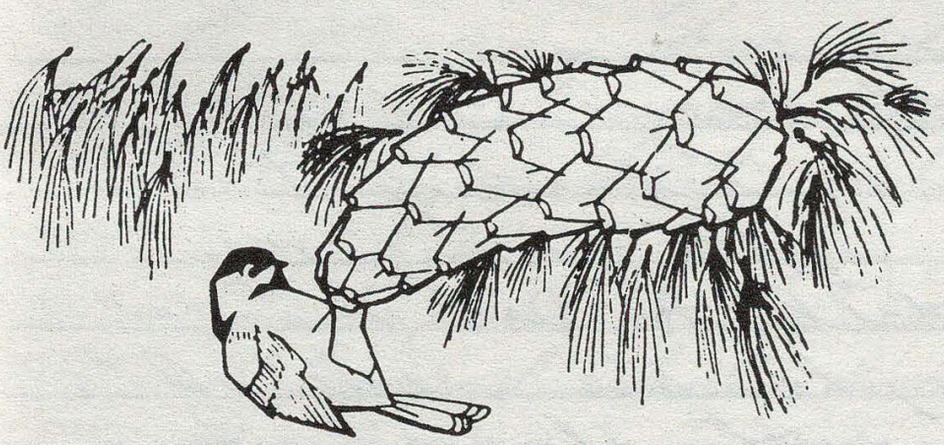
1	2	3	4	5	6	7	8	9	10	11	12	13	14	15
2	4	6	8	10	12	14	16	18	20	22	24	26	28	30
3	6	9	12	15	18	21	24	27	30	33	36	39	42	45
4	8	12	16	20	24	28	32	36	40	44	48	52	56	60
5	10	15	20	25	30	35	40	45	50	55	60	65	70	75
6	12	18	24	30	36	42	48	54	60	66	72	78	84	90
7	14	21	28	35	42	49	56	63	70	77	84	91	98	105
8	16	24	32	40	48	56	64	72	80	88	96	104	112	120
9	18	27	36	45	54	63	72	81	90	99	108	117	126	135
10	20	30	40	50	60	70	80	90	100	110	120	130	140	150
11	22	33	44	55	66	77	88	99	110	121	132	143	154	165
12	24	36	48	60	72	84	96	108	120	132	144	156	168	180
13	26	39	52	65	78	91	104	117	130	143	156	169	182	195
14	28	42	56	70	84	98	112	126	140	154	168	182	196	210
15	30	45	60	75	90	105	120	135	150	165	180	195	210	225

STANDARD TIME DIFFERENCES

Standard time for the world is counted from Greenwich, England, with a change of one hour for every 15° of longitude. In a few places where a half hour time difference is advantageous, standard time varies by 30 minutes from adjoining zones. When it is 5 p. m. in Greewich, times across North America are as follows: Newfoundland, 1:30 p.m.; Nova Scotia, 1 p.m.; Eastern Standard Time, 12 noon; Central Standard Time, 11 a.m.; Mountain Standard Time, 10 a.m.; Pacific Standard Time, 9 a.m. Daylight saving time is the same as standard time of the next zone to the east.

JANUARY 1990

MONDAY, JAN. 1–*New Year's Day*
SATURDAY, JAN. 6–*Epiphany*
MONDAY, JAN. 15–*Martin Luther King's birthday observed*
WEDNESDAY, JAN. 17–*Benjamin Franklin's birthday*
FRIDAY, JAN. 19–*Robert E. Lee's birthday*



FIRST QUARTER
4th
5:40 a.m.

FULL MOON
11th
11:57 p.m.

LAST QUARTER
18th
4:17 p.m.

NEW MOON
26th
2:20 p.m.

EASTERN
STANDARD TIME

January Memos and Birthday Reminders

1
2
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JANUARY

1

MONDAY

New Year's Day

DECEMBER 1989						
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JANUARY 1990						
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FEBRUARY 1990						
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18	19	20	21	22	23	24
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Best wishes for 365 happy days in 1990

8:00 JANUARY 10, 1990

8:30

9:00 I'm on the Greyhound Bus
9:30 from Reno, returning to San
10:00 Francisco, after giving my
10:30 annual talk to Dr. [redacted]'s
11:00 Pauly's sophomore medical
11:30 students at the University
12:00 of Nevada. This was my
12:30 third year of doing so.
1:00 As usual it went very well.
1:30 Like last year, I was pretty
2:00 exhausted after the 6-hour
2:30 bus ride from San Francisco
3:00 to Reno, but Pauly and I
3:30 managed to sit for a half-
4:00 hour videotaping session as
4:30 a one-year follow-up to the
5:00 previous tapes we've made.
5:30 It was about 55° there in
6:00 the first time I've gone up
6:30 there at this time of year
7:00 when it wasn't freezing
7:30 with ice on the sidewalks.
Went by the El Cortez Hotel
where Tom and I stayed during
my first-ever trip to Reno,

DECEMBER 1989						
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JANUARY 1990						
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FEBRUARY 1990						
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25	26	27	28			

JANUARY 2 TUESDAY

2 « » 363

The Devil has three children: Pride, Falsehood, and Envy—Welsh

8:00 plus made my annual visit
8:30 to the gay bar we had
9:00 stumbled upon, the ~~Five~~ Five Star
9:30 Saloon on West and 2nd Sts.
10:00 I must say, when Pauly
10:30 and I parted in January 1989,
11:00 we agreed that I'd return to
11:30 "do it again" in January 1990,
12:00 but I was fairly certain deep
12:30 in my heart that I wouldn't
1:00 be around any more. But here
1:30 I am! So there I was!
2:00 New Years Eve was quiet
2:30 for me. I went to Kathy's for
3:00 her intravenous therapy and
3:30 later met Dave [redacted] at
4:00 a bar for a half-hour to
4:30 exchange paperwork on the
5:00 new "Small Guys" club in New
5:30 York. (That's how I met Dave
6:00 originally — through the Small
6:30 Endowed Guys club when it
7:00 was operating here.) Anyway,
7:30 I like this Dave and will
make more of an effort to get
together with him. Then, at
midnight, I went out in front

JANUARY

3

WEDNESDAY

3 « » 362

DECEMBER 1989						
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JANUARY 1990						
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FEBRUARY 1990						
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One of these days is none of these days—Bohn

8:00

8:30

9:00

9:30

10:00

10:30

11:00

11:30

12:00

12:30

1:00

1:30

2:00

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4:00

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6:30

7:00

7:30

DECEMBER 1989						
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JANUARY 1990						
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FEBRUARY 1990						
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25	26	27	28			

JANUARY 4 THURSDAY

4 « » 361

The greatest obstacle to progress is prejudice—Bovee

8:00 of our apartment building and
8:30 whistled my head off, got
9:00 another guy down the block
9:30 to whistle in response, and
10:00 after we'd woken up the whole
10:30 neighborhood, I went to bed.
11:00 Thursday, the 4th, I went
11:30 to Tom's print shop and copied
12:00 225 issues of my latest FTM
12:30 Newsletter and on Sunday,
1:00 the 7th held our 12th Female-
1:30 to-Male Get-Together. Had 16
2:00 FTM's and 5 guests attending
2:30 to hear Steven [redacted], a psycho-
3:00 therapist who specializes in
3:30 men's liberation workshops in
4:00 Berkeley, talk about the
4:30 rites of manhood and the
5:00 myths of masculinity. It
5:30 was another successful
6:00 meeting.
6:30 I still haven't heard the
7:00 results of that "fine needle
7:30 aspiration." The only "new"
symptom I have is spontaneous
bloody noses, it seems just about
once a day.

JANUARY

5

FRIDAY

5 « » 360

DECEMBER 1989						
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JANUARY 1990						
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FEBRUARY 1990						
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The greatest remedy for anger is delay—Seneca

8:00

8:30

9:00

9:30

10:00

10:30

11:00

11:30

12:00

12:30

1:00

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2:00

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7:00

7:30

DECEMBER 1989						
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JANUARY 1990						
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FEBRUARY 1990						
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25	26	27	28			

JANUARY 6 SATURDAY

6 « » 359

Important principles may and must be flexible—Lincoln

8:00 1/17/90

8:30 What a joke! Went to my
9:00 doc today to hear that the
9:30 "fine needle aspiration" they
10:00 did on the lymph nodes in my
10:30 abdomen was "undiagnosable,"
11:00 i.e., they found no lymphoma,
11:30 no MAI, no nothin'. Apparently
12:00 the test wasn't done correctly.
12:30 Doc said we could do it
1:00 again, but use ultrasound
1:30 this time to guide them while
2:00 poking me, but even she said,
2:30 "what for?" We already
3:00 know I have MAI, and I've
3:30 already decided not to undergo
4:00 the only "treatment" they offer
4:30 for lymphoma (chemotherapy).
5:00 So forget these invasive
5:30 procedures. Besides I'm feeling
6:00 VERY GOOD lately. Yesterday
6:30 I had a bad headache and
7:00 slept most of the day, but
7:30 today I have good energy and
feel fine. For this reason
I also told them I've decided
not to take their new experi-

JANUARY

7

SUNDAY

1

7 « » 358

DECEMBER 1989						
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In prosperity, caution; in adversity, patience—Dutch

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JANUARY 8 MONDAY

8 « » 357

The good and the wise lead quiet lives—Euripides

8:00 mental drug, ddI. I simply
8:30 feel I shouldn't rock the boat
9:00 while I'm feeling so good. My
9:30 doc agreed. However, they
10:00 had performed some tests to
10:30 see if I was eligible for the
11:00 drug and finally I found
11:30 out these numbers, which are
12:00 supposedly important health
12:30 indicators. The big number
1:00 everyone is concerned about
1:30 is the T4 helper cells. Litera-
2:00 ture from New York's Gay Men's
2:30 Health Crisis, Inc. says "a
3:00 normal value is anything above
3:30 500... an absolute T4 count
4:00 below 200 is associated with
4:30 development of HIV-related
5:00 symptoms and opportunistic
5:30 infections." I remember they
6:00 did this test on me in 1988
6:30 and my T4 count was 120.
7:00 This time it was 17! I mean,
7:30 seventeen! Whoa

The other blood level that supposedly means something is the P24 antigen. I'm not

JANUARY

9

TUESDAY

9 « » 356

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Good cheer is no hindrance to a good life—Aristippus

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JANUARY 10 WEDNESDAY

10 « » 355

To do so no more is the truest repentance—Luther

very clear what it means, but when "the HIV virus is stimulated to reproduce" there is a presence of HIV antigen. "P24 antigen can be detected in the blood when cells in the body are actively producing virus." My P24 level is 90 pg/ml. The doc said that's a low-level positive reading. A negative count is 30 or less.

So I guess I can stop fantasizing that I really don't have AIDS at all. Since they've never done the AIDS or HIV antibody test on me, and have only diagnosed me with opportunistic infections, sometimes I wonder if I really do have AIDS, although they all assure me I could not be getting these opportunistic infections if I didn't have AIDS. But, as I find out every visit to the doc, what do they know??

JANUARY

11

THURSDAY

11 « » 354

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Nothing is so easy as to deceive one's self—Demosthenes

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JANUARY 12 FRIDAY

12 « » 353

Where sense is wanting, everything is wanting—Franklin

8:00 I weighed in at 114½ lbs.
8:30 That's good.
9:00 So what else? Talked to the
9:30 Executive Director of Seattle's
10:00 Ingersoll Gender Center and
10:30 they predict my third edition
11:00 of INFORMATION FOR THE
11:30 FEMALE-TO-MALE will be out
12:00 in March. It's too thick
12:30 for the 8½×11 pages with Velo-
1:00 Binding format (I'm glad!)
1:30 so they think they'll do it
2:00 perfect bound as a regular
2:30 paperback book. GREAT!
3:00 They are very enthusiastic
3:30 and it seems it's really
4:00 going to happen.
4:30 Haven't heard anything
5:00 from Alyson since I sent
5:30 them my final proofing.
6:00 Eric [redacted], my friend at the
6:30 San Francisco Bay Area Gay and
7:00 Lesbian Historical Society, has
7:30 scheduled a book autograph
party for me for FROM FEMALE
TO MALE: The Life of Jack Bee
Garland for May 12 at ~~the~~

JANUARY

13

SATURDAY

13 « » 352

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Better were it to be unborn than to be ill bred—Raleigh

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JANUARY

14

SUNDAY 2

14 « » 351

Apes are apes, though clothed in scarlet—Jonson

8:00 San Francisco's finest gay
8:30 bookstore, a Different Light
9:00 on Castro Street. What an
9:30 incredible ego rush that will
10:00 be!

10:30 Bridget phoned me this past
11:00 weekend, and John called last
11:30 night. Ma continues to phone
12:00 me every Saturday night, so
12:30 everyone is keeping in touch.
1:00 I had a long phone call from
1:30 Jim [redacted], too.

2:00 For about 3 nights in a
2:30 row last week I had very
3:00 erotic dreams about Tom.
3:30 He sure made an impression
4:00 on my subconscious.
4:30
5:00
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1/21/90

6:00 Letter from Sasha [redacted]
6:30 dated January 16: "Your
7:00 corrected page proof arrived,
7:30 and I see no problem with
any of the corrections or changes
you request, including the insert

JANUARY 15 MONDAY

Martin Luther King's Birthday

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Too much scruple is only concealed pride—Goethe

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JANUARY 16 TUESDAY

16 « » 349

One cannot always be a hero, but one can always be a man—Goethe

8:00 for page 91 (which I agree
8:30 strengthens the book). We're
9:00 still waiting for blurbs from
9:30 several advance reviewers,
10:00 to put on the back cover. As
10:30 soon as we get them, we're
11:00 off to press!" ALL RIGHT!
11:30 Last night I attended the
12:00 1990 ETVC Cotillion for the
12:30 4th year in a row. As usual
1:00 I escorted Sarah [redacted], a
1:30 male-to-female who remembers
2:00 me from ten or more years ago.
2:30 (We were re-introduced several
3:00 years ago and she remembers
3:30 meeting me before either of us
4:00 embarked on our change.)
4:30 Attending this drag ball is a
5:00 kind of yearly milestone for
5:30 me. I so clearly remember the
6:00 first one I went to, in
6:30 December 1986. I felt so
7:00 delirious and, walking home,
7:30 I had to rest every block or
so and wondered what the matter
was with me — I'd only had
four rum + cokes... I couldn't

JANUARY 17 WEDNESDAY

17 « » 348

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Riches ennoble a man's circumstances, but not himself—Kant

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JANUARY

18

THURSDAY

18 « » 347

A wise man will make more opportunities than he finds—Bacon

8:00 be THAT drunk! I found out
8:30 what the matter was a few
9:00 weeks later when I was diagnosed
9:30 with pneumocystis and AIDS.
10:00 So I take special pride in
10:30 showing up each year at this
11:00 event and letting my old
11:30 friends in the male-to-female
12:00 community know I'm still
12:30 here. And each year I take
1:00 Sarah. Last year, when I
1:30 told her we have a standing
2:00 date for this year's Cotillion,
2:30 deep down I really didn't
3:00 believe I'd still be alive.
3:30 But, heck, here I am!
4:00 I find that thoroughly amusing.
4:30
5:00
5:30
2/7/90
6:00 It's been a low-key laid-
6:30 back couple of weeks. I've
7:00 been sleeping a lot, reading,
7:30 popping those pain pills
(Percocets). My stomach really
has been hurting a lot more
lately. My abdomen is extra-

JANUARY

19

FRIDAY

19 « » 346

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All work and no play makes Jack a dull boy—English

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JANUARY 20 SATURDAY

20 « » 345

The winds are on the side of the ablest navigator—Gibbon

8:00 ordinarily hard and I get
8:30 periodic stabbing pains inside.
9:00 Very nauseous. Because of this,
9:30 it's been especially difficult
10:00 to eat properly. I have cravings
10:30 for bakery, so that's what I've
11:00 been eating. I haven't gone
11:30 out for breakfast in a long time...
12:00 very unusual for me. Saw the
12:30 doc last week and weighed in
1:00 at 113 1/2, so that's fairly
1:30 stable. Thursday I went in
2:00 for another blood transfusion
2:30 of 3 units, since my red blood
3:00 cell count is so low. Maybe
3:30 some of my inactivity is due to
4:00 lack of motivation, i.e., for a
4:30 change I have nothing I HAVE
5:00 to do and nowhere I HAVE to go.
5:30 So I've just been lounging around
6:00 and not even feeling particularly
6:30 guilty about "wasting time." I
7:00 In fact I've been enjoying
7:30 doing crossword puzzles lately.
I have been completing some
projects; for example, I made
a 3×5 card catalog index of

JANUARY

21

SUNDAY

3

21 « » 344

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He that is down needs fear no fall—Bunyan

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JANUARY

22

MONDAY

22 « » 343

A delay is better than disaster

8:00 my female-to-male library, books
8:30 and medical journal articles.
9:00 Last week I received a
9:30 very fancy wall plaque from
10:00 Rupert [redacted], who is the female-to-
10:30 male activist in Toronto, Ontario,
11:00 Canada. It's inscribed as follows:
11:30 "PRESENTED TO LOU SULLIVAN
12:00 IN APPRECIATION FOR YOUR DEDICATIONS
12:30 AND OUTSTANDING CONTRIBUTIONS TO
1:00 THE F-M TS COMMUNITY —
1:30 GENDER WORKER AWARD 1990"
2:00 I have been relishing the extra
2:30 attention and recognition I'm
3:00 getting, I'm sure, because people
3:30 feel sorry for me because I
4:00 have this terminal illness and
4:30 they're being extra nice to me
5:00 for that. Still, I do believe
5:30 I've <u>earned</u> this special recogni-
6:00 tion, and I'm very proud of
6:30 my work. I've put the plaque on
7:00 my bedroom wall but will have to
7:30 remember to put it away if I
ever have someone in my room
who "doesn't know" about my
transsexual status.

JANUARY

23

TUESDAY

23 « » 342

DECEMBER 1989						
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Politeness smoothes wrinkles—Joubert

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JANUARY 24 WEDNESDAY

24 « » 341

A long tongue shortens life—Persian

8:00 Even though this lazy pace
8:30 is relaxing, occasionally the
9:00 thought crosses my mind that
9:30 "this is how life comes to an
10:00 end," that I'm simply letting
10:30 myself slip into this lethargy
11:00 and it is not at all unpleasant.
11:30
12:00
12:30 2/9/90
1:00 I heard this remark on Tele-
1:30 vision tonight and thought it
2:00 so appropriate, I wish I'd have
2:30 thought of it myself back in
3:00 the olden days, when Dad used
3:30 to ask me, "What's it all
4:00 about?" The answer:
4:30 You do the hokey-pokey
5:00 And you turn yourself around
5:30 That's what it's all about...
6:00
6:30 * * *
7:00 I'm sure I related in my
7:30 adventures to the Russian River
retreat last Thanksgiving week-
end about the guy who drove
up there with us, who laid in

JANUARY 25 THURSDAY

25 « » 340

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To be proud of knowledge is to be blind with light—Franklin

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JANUARY

26

FRIDAY

26 « » 339

To be suspicious is to invite treachery — Voltaire

8:00 the back seat and prayed the
8:30 whole time. Well, I just read
9:00 in the obituaries of the gay news-
9:30 paper that he died Feb. 3.
10:00 My first reaction was mild
10:30 guilt at having derided him
11:00 behind his back only a few
11:30 months ago, at having been
12:00 so impatient with his passive,
12:30 defeatist resignation to his
1:00 disease. My second thought
1:30 was that, wow, yes, this
2:00 is a fatal disease — we <u>are</u>
2:30 dying from it. And so
3:00 will I....
3:30
4:00
4:30 2/26/90
5:00 Well, this afternoon I had
5:30 myself a good cry, but this
6:00 was a cry of happiness. Quite
6:30 unexpectedly I received in
7:00 the mail Alyson's Spring
7:30 Catalog and there, among the
collage of book covers, was
mine. Inside was a large
ad for my book with a profile



FROM FEMALE TO MALE: The life of Jack Bee Garland

by Louis Graydon Sullivan

On Monday, September 21, 1936, the San Francisco *Chronicle* announced the shocking news on its front page: "'Jack Bee' Was Woman." And so ended the forty-year secret of "Jack Bee," who was born Virginia Mugarrieta in San Francisco in 1869. This well-researched book chronicles the life of a respected journalist who spent most of her life posing as a man, including her well-publicized life in Stockton, California, and her travels to the Philippines during the Spanish-American War.

The author:
Louis Sullivan is a writer, originally from Wisconsin, who now lives in San Francisco. He is a member of the San Francisco Bay Area Gay & Lesbian Historical Society. His articles have been published in *Metamorphosis* (Toronto) and *The Advocate* (Los Angeles). He is a popular speaker on human sexuality at The Institute for the Advanced Study of Human Sexuality in San Francisco.

ISBN 1-55583-150-8 • $8.95, trade paper • 200 pages • April, 1990

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JANUARY
28
SUNDAY
4
28 « » 337

Genius is infinite painstaking—Longfellow

8:00 of the author. I've attached a
8:30 xerox copy of it here. I just
9:00 became so overwhelmed with
9:30 pride I just had a good cry.
10:00 And it's not just that I'm
10:30 proud of my work, but that
11:00 it's so wonderful to see this
11:30 incredibly beautiful person,
12:00 my Jack Bee Garland, finally
12:30 honored with a book of his
1:00 life — a permanent tribute
1:30 for generations to come.
2:00 He came so close to being
2:30 forgotten forever.
3:00
3:30
4:00 3/3/90
4:30 Am attending a big Gay
5:00 Writers Conference here in the
5:30 city and am thrilled at the
6:00 reception I've received. I've met
6:30 Pat [redacted] (a lesbian who writes
7:00 The Advocate's advice to gay
7:30 men column) and Susie [redacted]
remembered me (the editor of
the lesbian erotica magazine
and owner of Good Vibration

JANUARY

29

MONDAY

29 « » 336

DECEMBER 1989						
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Studies serve for delight, for ornament, and for ability—Bacon

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JANUARY 30 TUESDAY

30 « » 335

Nature and wisdom always say the same—Juvenal

8:00 bookstore which actively sells
8:30 INFORMATION FOR THE FEMALE-
9:00 TO-MALE). Barbara [redacted] of
9:30 Naiad Press cried out, "Oh!
10:00 I know YOU!" and was genuinely
10:30 glad to meet me. Best of all
11:00 I had a half-hour private
11:30 meeting with Sasha [redacted]
12:00 On his table is a stand-up
12:30 sign promoting my "forthcoming"
1:00 book as "a chronicle of the life
1:30 of successful journalist Jack
2:00 Bee Garland — a woman who
2:30 passed as a man for most of
3:00 her life." Allan [redacted] and
3:30 Eric [redacted] both greeted me
4:00 enthusiastically. I feel so
4:30 SUCCESSFUL! A cute young
5:00 blond boy (Devon [redacted]) came
5:30 up to me, after eyeing my name
6:00 tag, said he worked for The
6:30 Advocate and very much enjoyed
7:00 my female-to-gay male article
7:30 and said he heard I was
doing another piece for them.
Word gets around! He said they
had a lot of favorable comments

JANUARY

31

WEDNESDAY

31 « » 334

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Those who jest with good taste are called witty—Aristotle

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FEBRUARY 1990

THURSDAY, FEB. 1 – *National Freedom Day*
FRIDAY, FEB. 2 – *Groundhog Day*
MONDAY, FEB. 12 – *Lincoln's Birthday*
WEDNESDAY, FEB. 14 – *Valentine's Day*
MONDAY, FEB. 19 – *President's Day*
THURSDAY, FEB. 22 – *Washington's birthday*

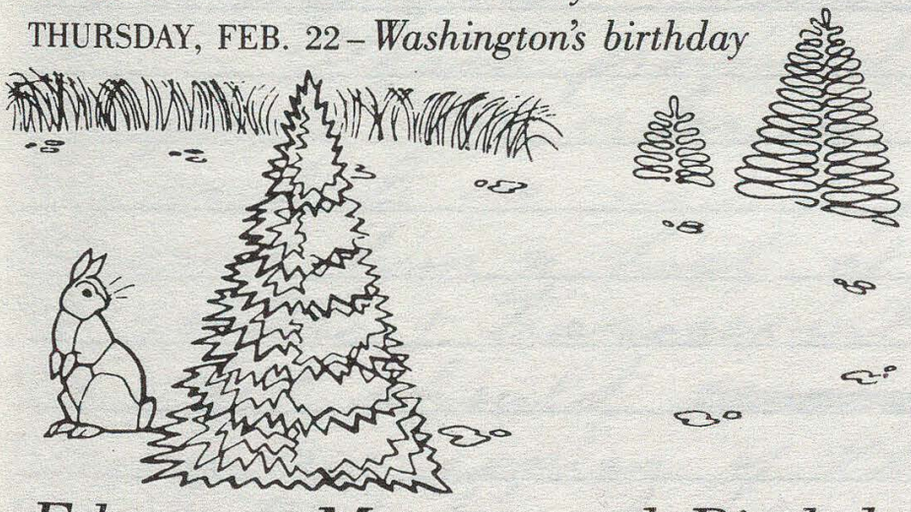
FIRST QUARTER
2nd
1:32 p.m.

FULL MOON
9th
2:16 p.m.

LAST QUARTER
17th
1:48 p.m.

NEW MOON
25th
3:54 a.m.

EASTERN
STANDARD TIME



February Memos and Birthday Reminders

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FEBRUARY

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THURSDAY

32 « » 333

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Things won are done; joy's soul lies in the doing—Shakespeare

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FEBRUARY

2

FRIDAY

33 « » 332

No pleasure lasts long unless there is variety in it—Syrus

8:00 on my first article.
8:30 Alyson promised to have
9:00 fliers for ordering my book
9:30 sent to me and I promised to
10:00 send him a list of the trans-
10:30 vestite / transsexual publications
11:00 that should ~~xxxxx~~ receive
11:30 review copies of the book.
12:00 I told him I planned to put
12:30 together my 26 years' worth
1:00 of diaries and would he be
1:30 interested in looking at it,
2:00 if I ever get it done? He
2:30 said yes, especially if FROM
3:00 FEMALE TO MALE does well.
3:30 From the things I heard at
4:00 the Conference, I gather that
4:30 I got a very generous deal from
5:00 Alyson with my $1500 advance
5:30 and initial press run of
6:00 10,000. Half those figures
6:30 seemed typical fare.
7:00
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FEBRUARY

3

SATURDAY

34 « » 331

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Posterity gives every man his true value—Tacitus

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FEBRUARY 4 SUNDAY

5

35 « » 330

The greatest of all human benefits is independence—Godwin

8:00 3/22/90

8:30 Something definitely different
9:00 going on with my health. For the
9:30 past 3-4 days I've felt head-
10:00 achey, mildly dizzy and floating.
10:30 Spacey. Just want to lay in
11:00 bed and doze off. My temperature
11:30 is normal. Went to the doc yesterday
12:00 and I've lost 3 lbs — am now
12:30 110, which is way too low.
1:00 I have a lot more abdominal
1:30 pain and am now taking the
2:00 Percocet every 4 hrs., three
2:30 times a day. Otherwise I feel
3:00 cramps and stabbing pains.
3:30 I read in this past Sunday's
4:00 paper that life expectancy
4:30 from AIDS diagnosis is now
5:00 21.1 months, and only 11%
5:30 of patients live three years
6:00 after diagnosis — so I'm
6:30 doing very well.
7:00 Anyway, up until this
7:30 week, I've been feeling rather
well — more energy, more
appetite. Saturday the 17th,

FEBRUARY

5

MONDAY

36 « » 329

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The true measure of life is not length, but honesty—Lyly

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FEBRUARY

6

TUESDAY

37 « » 328

Knowledge comes, but wisdom lingers—Tennyson

8:00 I held our 13th Female-to-Male
8:30 Get-Together, with 20 FTM's
9:00 attending. Four came down from
9:30 Seattle, four came up from Los
10:00 Angeles, [redacted], an FTM who
10:30 works for the S.F. AIDS Foundation,
11:00 and I gave a lecture on AIDS
11:30 and the FTM community. Then
12:00 the majority of us shuttled over
12:30 to the ETVC meeting (the male-
1:00 to-female group) to hear Paul
1:30 [redacted] speak. He's supposed to
2:00 be retired from his gender
2:30 work, but looks like he can't
3:00 stay away.
3:30 The four from Seattle
4:00 stayed overnight at my place
4:30 and Jason, who runs the
5:00 FTM program at the Ingersoll
5:30 Gender Center, brought my
6:00 3rd edition INFORMATION FOR
6:30 THE FEMALE-TO-MALE for
7:00 proofreading. I expressed my
7:30 dissatisfaction that they're
still fooling around with it
and it's taking them too long

FEBRUARY

7

WEDNESDAY

38 « » 327

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As charms are nonsense, nonsense is a charm—Franklin

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FEBRUARY

8

THURSDAY

39 « » 326

Innocence is ashamed of nothing — Rousseau

8:00 to print the damn thing.

8:30 Money continues to fall out

9:00 of the sky to keep me going. In

9:30 the past the University of Nevada

10:00 has sent me a $50 honorarium

10:30 for speaking in Dra [redacted] class;

11:00 this year they sent me $150!

11:30 Plus, Midi [redacted], a screen-

12:00 writer and film maker in Toronto,

12:30 just wrote a script about a

1:00 female-to-male and asked me

1:30 to read/comment on it, and

2:00 sent a check for $200! I could

2:30 also make a quick $375+ if

3:00 I'd hurry up and write that

3:30 second article for The Advocate.

4:00 I've also published the

4:30 11th issue of my FTM News-

5:00 letter. Took it to Tom's print

5:30 shop to make copies and he

6:00 commented that I looked

6:30 really bad. I guess I do,

7:00 at 110 lbs.

7:30 Have had several dreams

about Kathleen lately. I'm in

the bedroom that we shared

FEBRUARY

9

FRIDAY

40 « » 325

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Rule your mind or it will rule you—Horace

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FEBRUARY

10

SATURDAY

41 « » 324

The deeper the sorrow, the less tongue it has—Talmud

8:00 on Bluemound Rd. and wondering
8:30 what to do with all ~~the~~ her
9:00 clothes and possessions.
9:30
10:00
10:30 3/28/90
11:00 My Gay Historical Society
11:30 friend, Eric [redacted], informed
12:00 me that my INFORMATION FOR
12:30 THE FEMALE-TO-MALE CROSSDRESSER
1:00 AND TRANSSEXUAL is listed in
1:30 the bibliography of a new
2:00 Alyson book entitled LESBIAN
2:30 LISTS. I had to buy it,
3:00 of course, and now I see
3:30 that the author, Dell
4:00 [redacted], who I've never
4:30 even heard of, THANKS me
5:00 in her page 9 "Acknowledg-
5:30 ments"! Makes me feel
6:00 like I'm really somebody!
6:30 Unfortunately she thanks me
7:00 in the same sentence as
7:30 Janice [redacted] (UGH) who
wrote one of the worst books
on transsexualism ever
published.

FEBRUARY 11 SUNDAY

42 « » 323

6

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I were but little happy if I could say how much—Shakespeare

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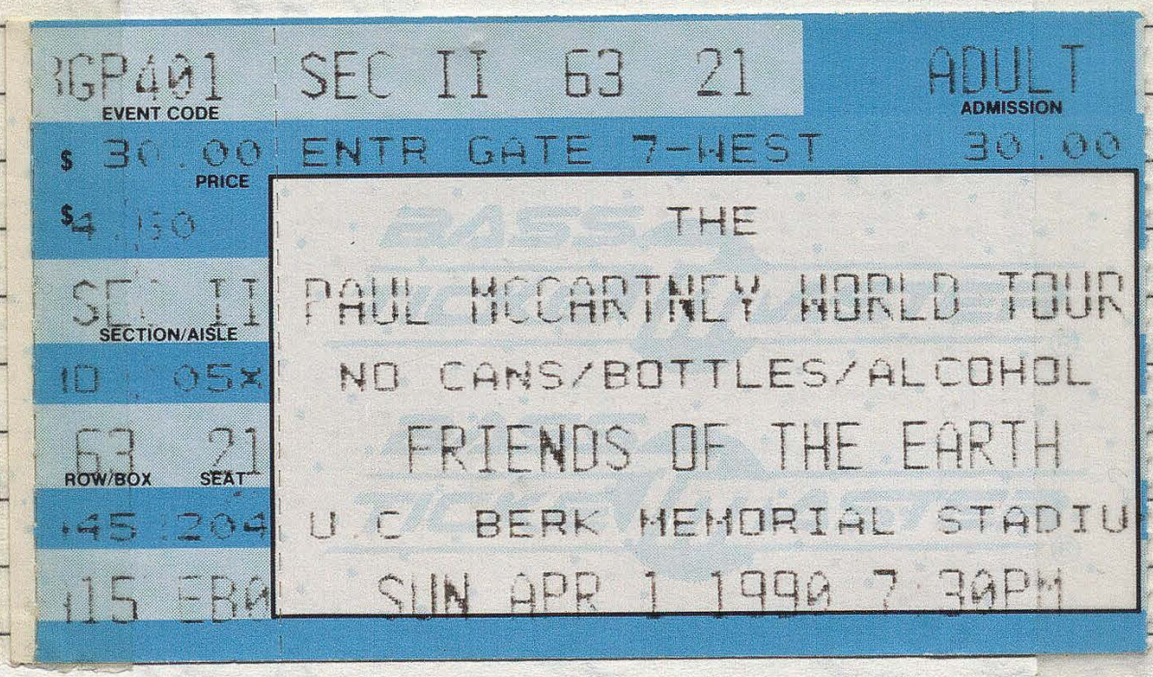

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FEBRUARY 12 MONDAY

Lincoln's Birthday

Truth is often eclipsed but never extinguished—Livy

4/4/90

April 1st Mary Ellen and I went to see Paul McCartney (yes! my Paulie) in concert in Berkeley. I felt very emotional during the concert — just remembering back to seeing him with the Beatles in 1964, and now again, here, 26 years later — and all that's happened in my life in the interim. Although I haven't followed his career in the interim, somehow I see him as the beginning, the awakening of my sexual maturity. I remember so clearly sitting at Bluemound Road with Paul's picture in hand, staring and dreaming of him and thinking, "I wish I were you! I wish I was a boy like you!" I also kept thinking of Kathleen and how she would have LOVED to have been at this concert and I kind of dedicated my presence there to her. And like that first concert in 1964, I

FEBRUARY 13 TUESDAY

44 « » 321

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A man's natural manner best becomes him—Cicero

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FEBRUARY 14 WEDNESDAY

45 « » 320

Be sure you're right, then go ahead—Crockett

8:00 did quite a bit of crying during
8:30 this show: The Long and Winding
9:00 Road, Let It Be ... all bringing
9:30 my life full-circle.
10:00 Today at the doctors':
10:30 I gained a few pounds and am
11:00 back to 112 lbs. She said my
11:30 red blood cells are at 30 and
12:00 she recommends I participate
12:30 in a new study in which I'd
1:00 have to give myself an injection,
1:30 every day, of "recombinant
2:00 human erythropoietin" which
2:30 will replace blood transfusions.
3:00 For some reason I agreed to
3:30 do it almost without thought.
4:00 She said it will definitely help
4:30 increase my energy, which
5:00 I sure could use. It's a much
5:30 smaller needle and amount
6:00 of fluid than my testosterone
6:30 shots and I guess I'm hoping
7:00 it will be fairly easy to do.
7:30 Anyway I signed up and
should begin taking the stuff
in about 2 weeks.
In addition, tomorrow

FEBRUARY 15 THURSDAY

46 « » 319

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It is hard for the happy to understand misery—Quintilian

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FEBRUARY 16 FRIDAY

47 « » 318

Prove all things: hold fast to that which is good—Bible

8:00 I begin a regime of Chinese
8:30 herbal treatment. It consists
9:00 of 34 tablets per day, plus 3
9:30 doses of freeze-dried herb, for
10:00 the next 3 months. One formula
10:30 is specific for MAI and another
11:00 for lymphatic swelling. I feel
11:30 the Western docs have tried
12:00 their methods to no benefits
12:30 I can see, so I'll give the
1:00 Eastern docs a try.
1:30 My friend Eric talked
2:00 to Sasha [redacted], who said
2:30 their printer delivered my
3:00 completed book to them last
3:30 Friday. I'm going crazy ...
4:00 how long will it take to
4:30 get into my hot little hands?!
5:00 I also got a phone call
5:30 from one of the leaders of ETVC,
6:00 the male-to-female support
6:30 group in the Bay Area, and
7:00 they want to give me some kind
7:30 of honorary luncheon for
my contribution to the trans-
sexual community

FEBRUARY

17

SATURDAY

48 « » 317

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Be slow of tongue and quick of mind—Cervantes

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FEBRUARY

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SUNDAY 7

49 « » 316

Order is Heaven's first law—Pope

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4/9/90

This evening I am holding a copy of FROM FEMALE TO MALE: THE LIFE OF JACK BEE GARLAND in my hand. It is finally a reality — a dream, a vision, now a permanent record, forever, for everyone to feel and learn. Though it is Garland's story, it tells about me ... it explains my reality for future generations of female-to-gay males.

Last Friday Eric insisted we go out to dinner TONIGHT, as Sasha [redacted] had sent him the money to take me out. Eric had such an urgency about the invitation that I wondered if ... if he might have my book. All day I had this pent-up feeling. I wanted to cry, to release it, but what was it? What was there to cry about?? But when I met Eric at A Different Light

FEBRUARY 19 MONDAY

President's Day

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Slavery under one's own passions is worse than under tyrants—Pythagoras

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FEBRUARY

20

TUESDAY

51 « » 314

One may smile, and smile, and be a villain—Shakespeare

8:00 Bookstore and he handed me the
8:30 package with my book inside,
9:00 the floodgates opened and I
9:30 cried it all out.
10:00 Friday I asked the people
10:30 at Alyson how I could order a
11:00 case of books, because I want
11:30 to fill my bath tub up with
12:00 copies and get in there and
12:30 wallow around in them!!
1:00
1:30
2:00 4/20/90
2:30 I have been a mental zombie
3:00 these past two weeks, and a
3:30 physical dynamo. It must be
4:00 that holding my book in my
4:30 hand has thrown me into a
5:00 state of shock. I can't even
5:30 think what my next step
6:00 should be. Ummm... I guess
6:30 I should send my friends
7:00 notices of the book signing
7:30 party... ummm... I guess I
should mail order forms to
the TV/TS book wholesalers
... ummm... how about the

FEBRUARY

21

WEDNESDAY

52 « » 313

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There is nothing stronger in the world than gentleness—Han Suyin

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FEBRUARY 22 THURSDAY

Washington's Birthday

Every man is the son of his own works—Cervantes

8:00 libraries ?? I just can't seem
8:30 to gather my thoughts — I'm
9:00 overwhelmed with them.
9:30 At the same time, my energy
10:00 level has really increased
10:30 and ~~my~~ the swelling in my
11:00 abdomen has really decreased.
11:30 Maybe my energy is high
12:00 because I'm so high about the
12:30 book, but these new Chinese
1:00 herbs I'm taking must be the
1:30 reason my bloating's decreased.
2:00 It's definitely noticeable!
2:30 It'll just be too good to be
3:00 true if these herbs help me.
3:30 It's only been a little over 2
4:00 weeks and I'm already feeling
4:30 so much better!
5:00 Plus, this week I've
5:30 begun the ~~easy~~ erythropoietin
6:00 injections and they're a snap.
6:30 The needle is so tiny I don't
7:00 even feel it go in, although
7:30 the medicine does sting when
it's injected. They have me
giving myself a shot on Mondays,
Wednesdays and Fridays, so

FEBRUARY

23

FRIDAY

54 « » 311

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A good name is better than riches—Bible

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FEBRUARY

24

SATURDAY

55 « » 310

To him who hearkens to the gods, the gods give ear—Homer

8:00 that's a lot better than every day,
8:30 as they told me earlier. I just
9:00 did my 2nd dose about an hour
9:30 ago, so I'm sure I'm not feeling
10:00 any effects from this treatment
10:30 yet.
11:00 Michael [redacted] had me over
11:30 to his place for brunch today.
12:00 He's the cute gay man from the
12:30 Institute for the Advanced Study
1:00 of Human Sexuality who's flirted
1:30 with me in the past. These past
2:00 several months he's been caring
2:30 for a man who just died of
3:00 AIDS and told me all details.
3:30 Afterwards I went for my
4:00 monthly aerosolized pentamidine
4:30 treatment. The nurse there
5:00 told me that I was the 30th
5:30 person to participate in their
6:00 pentamidine program (I began
6:30 in May 1987), and that
7:00 patients #1 through 29 have
7:30 all died. She enthusiastically
praised me for being "a
survivor" and she noticed
how my stomach has flattened.

FEBRUARY 25 SUNDAY

8

56 « » 309

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How poor are they that have no patience—Shakespeare

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FEBRUARY

26

MONDAY

57 « » 308

Necessity makes even the timid brave—Sallust

8:00 This evening I stopped in a
8:30 Different Light bookstore and
9:00 there on their front table was a
9:30 HUGE stack of FROM FEMALE TO
10:00 MALE. I almost started to
10:30 cry again.
11:00 My friend, Michael, who I
11:30 met at the Gay Men's Disability
12:00 Support Group in 1986, took me
12:30 grocery shopping in his car on
1:00 Monday, and Howard [redacted], my
1:30 83-year-old gay friend from
2:00 Milwaukee, is visiting San Fran-
2:30 cisco this week and took me
3:00 out to breakfast yesterday.
3:30 So I've been quite social.
4:00
4:30
5:00 5/4/90
5:30 Yikes. Although I feel I'm
6:00 eating well, I'm down to 106 lbs.,
6:30 the lowest I've ever been. My
7:00 nurse practitioner said it's
7:30 because I "have AIDS." She
thinks I'm having fevers and
probably that's what's making
me run down. Anyway I

FEBRUARY 27 TUESDAY

58 « » 307

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Lawless are they that make their will their law—Shakespeare

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FEBRUARY 28 WEDNESDAY

59 « » 306

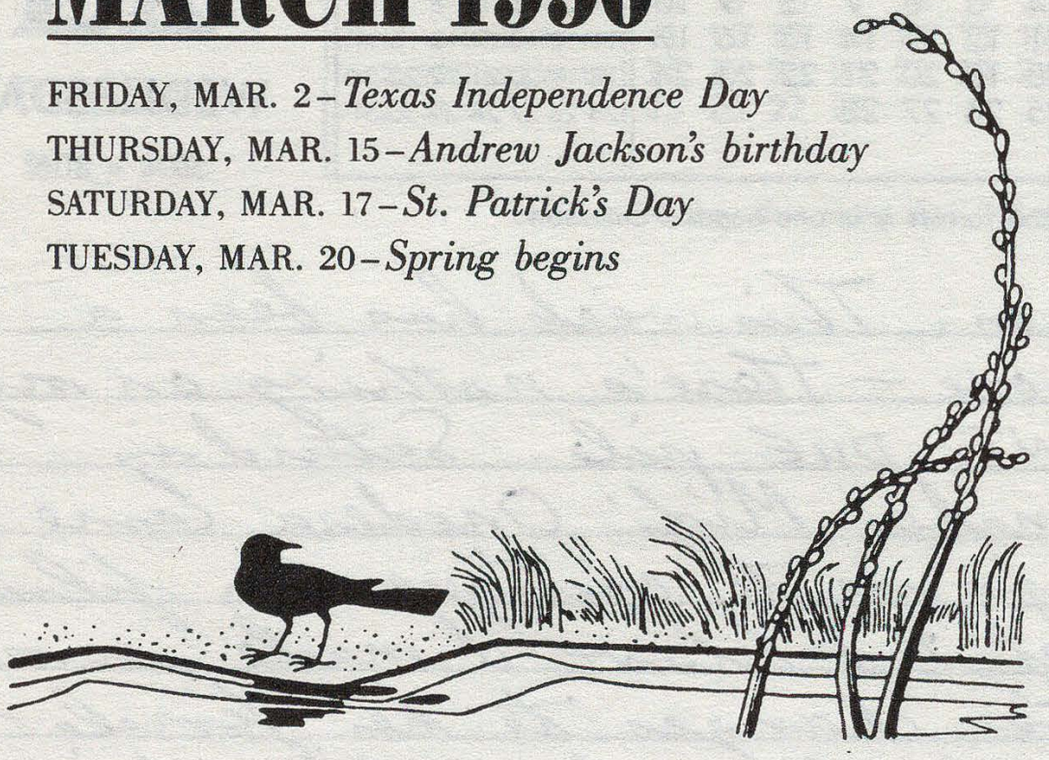
The creation of a thousand forests is in one acorn—Emerson

8:00 carry on. This week has been a
8:30 lazy one — there's nothing on my
9:00 URGENT DUE pile. Saturday
9:30 filmmaker Midi [redacted] came
10:00 over for me to critique her film
10:30 script & I believe I made some
11:00 positive changes to her female-
11:30 to-male character. Now I just
12:00 have to get going on an appro-
12:30 priate speech for the May 12th
1:00 ETVC luncheon they're throwing
1:30 in my honor; the May 13th book
2:00 signing at A Different Light;
2:30 write to Dr. [redacted], my endo-
3:00 crinologist, who agreed to speak
3:30 at our June 10 FTM Get-
4:00 Together; send out fliers
4:30 about the June 10 meeting;
5:00 put together the next FTM Get-
5:30 Together; do typesetting for the
6:00 June Gay Historical Society News-
6:30 letter ... actually that sounds
7:00 like a lot to do, but it's all
7:30 pretty easy stuff.

I've decided to be good to myself & bought a 2nd VCR so I can conveniently make copies

MARCH 1990

FRIDAY, MAR. 2 – *Texas Independence Day*
THURSDAY, MAR. 15 – *Andrew Jackson's birthday*
SATURDAY, MAR. 17 – *St. Patrick's Day*
TUESDAY, MAR. 20 – *Spring begins*



FIRST QUARTER
4th
9:05 p.m.

FULL MOON
11th
5:58 a.m.

LAST QUARTER
19th
9:30 a.m.

NEW MOON
21st
2:48 p.m.

EASTERN
STANDARD TIME

March Memos and Birthday Reminders

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MARCH 1 THURSDAY

60 « » 305

Good order is the foundation of all good things—Burke

8:00 of video tapes. Right now I'm
8:30 making tapes of Laurel & Hardy
9:00 movies and of 'Saturday Night
9:30 Live' skits for ma for Mother's
10:00 Day.

10:30 Yesterday I gave a talk on
11:00 transsexuality at a gay mental
11:30 health center called 18th Street
12:00 Services with Kate [redacted],
12:30 a MTF lesbian. She offered a
1:00 second time to be on my list
1:30 of home care volunteers for when
2:00 I'm too out of it to take care
2:30 of myself. That makes: Mary
3:00 Ellen, Kathy, Denis, Cuca,
3:30 Kate [redacted], Kate / Steve [redacted],
4:00 Michael [redacted], Bruce, & Michael
4:30 [redacted], Eric [redacted], Charlie
5:00 [redacted], Chris [redacted], Bill
5:30 [redacted] ... wow ... that's quite
6:00 a list! This is the first
6:30 time I've really written it
7:00 down.

7:30 A few weeks ago I had
several "anticipation of
death" dreams. They consisted
of my entering a home or a

MARCH

2

FRIDAY

61 « » 304

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APRIL 1990						
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We are shaped and fashioned by what we love—Goethe

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MARCH

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SATURDAY

62 « » 303

Without hearts there is no home—Byron

8:00 large building or hotel. As I
8:30 roamed about in the building,
9:00 I'd enter empty rooms where
9:30 before there had been furniture
10:00 and people. I searched around,
10:30 looking for the people, wondering
11:00 where I left my coat, etc., but
11:30 only found empty rooms and
12:00 desertion.
12:30
1:00 5/13/90
1:30 Yesterday I was given an
2:00 honorary luncheon by the
2:30 400-member transvestite/
3:00 transsexual male-to-female
3:30 organization in the Bay Area,
4:00 ETVC (Educational Trans-
4:30 vestite Channel). About 10
5:00 female-to-males from my FTM
5:30 group, and 30 male-to-
6:00 females from ETVC, each
6:30 paid $15 for a decent meal
7:00 and to hear speeches, etc.
7:30 about how wonderful I am.
The flier read:

ETVC SALUTES
LOU SULLIVAN

MARCH 4 SUNDAY

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63 « » 302

FEBRUARY 1990						
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He that lives to live forever, never fears dying—Penn

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MARCH 5 MONDAY

64 « » 301

All cats are gray in the night

8:00 leading organizer/activist
8:30 writer and theorist in the
9:00 gender community and
9:30 one of the primary spokesmen
10:00 for female-to-male transsexuals
10:30
11:00 When I entered the room,
11:30 there was Paul [redacted] at the
12:00 head table and I was to sit
12:30 next to him! I was so surprised
1:00 and honored that he'd come!
1:30 I didn't know probably
2:00 one-fourth of the male-to-
2:30 females there, but it didn't
3:00 present a problem. First we
3:30 all ate our lunch and then
4:00 Ginny, the organizer and
4:30 wife of a male-to-female,
5:00 read letters from around the
5:30 country from people praising
6:00 me and saying how much my
6:30 INFORMATION FOR THE FEMALE-
7:00 TO-MALE helped them. I mean,
7:30 they went on and on, and
Ginny says everyone across
the world in the gender
community knows the name

MARCH 6 TUESDAY

65 « » 300

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APRIL 1990						
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Half the truth is often a great lie

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MARCH 7 WEDNESDAY

66 « » 299

What's past help should be past grief—Shakespeare

8:00 Lou Sullivan. Then a few people
8:30 I barely know stood up to say
9:00 how great I am. Next, Paul
9:30 stood up. He is, with all, a
10:00 very cold, business-like, mostly
10:30 sarcastic person, always, and
11:00 I've formed the opinion that
11:30 he felt the same disregard
12:00 for me as for all those strange
12:30 gender-benders. But he said
1:00 I am the most honest person
1:30 he knows, that when other docs
2:00 have called to ask him if
2:30 they should believe anything
3:00 I say, he answers "EVERYTHING!";
3:30 that "Janus Information Facility
4:00 and its successor J2CP Infor-
4:30 mation Services, may very well
5:00 have gone down the tubes, had
5:30 I not done that volunteer work
6:00 for him in the late 1970's.
6:30 And I am the only person
7:00 he's ever given the keys to
7:30 his office because he knew
he could trust me implicitly.
He told the story of his crabby
old aunt who hated everything,

MARCH 8 THURSDAY

67 « » 298

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A journey of 1000 miles begins with one step—Lao-Tze

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MARCH 9 FRIDAY

68 « » 297

The cat always catches the impatient mouse—Moroccan

8:00 but occasionally would point
8:30 someone out as "good folk,"
9:00 and that that is how he
9:30 thinks of me as "good folk."
10:00 Then Lin [redacted], who was also
10:30 seated at the head table,
11:00 said how she's known me for
11:30 over 10 years and she mostly
12:00 appreciated my efforts to
12:30 educate the gender professionals
1:00 about female-to-gay males
1:30 and talked about my video
2:00 interview with Dra [redacted].
2:30 Well, I was feeling entirely
3:00 too praised by them. I mean,
3:30 I know I've been an "activist"
4:00 and have contributed in several
4:30 ways to the emerging gender
5:00 movement — but, no! These
5:30 people were saying there would
6:00 be no movement had it not
6:30 been for me! and, when I
7:00 really consider it, I have
7:30 to agree with them, especially
in regards to the female-to-male
community and the female-to-
gay male phenomenon. Lin

MARCH 10 SATURDAY

69 « » 296

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APRIL 1990						
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To choose time is to save time—Bacon

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APRIL 1990						
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MARCH

11

SUNDAY 10

70 « » 295

Princes owe their people the freedom of law—Massillon

8:00 acted as though I was instru-
8:30 mental in the move to delete any
9:00 reference to sexual orientation
9:30 in the newly-revised diagnostic
10:00 manual for the psychological
10:30 profession, DSM IV.
11:00 Then they presented me
11:30 with an engraved wall plaque
12:00 (wow! my second in only a
12:30 few months!) that reads:
1:00
1:30 The Educational TV Channel (ETVC)
2:00 acknowledges by special tribute
2:30 LOUIS GRAYDON SULLIVAN
3:00 in recognition of his invaluable
3:30 contributions to assist and
4:00 support the female-to-male transsexual
4:30 in the gender community.
5:00 San Francisco, California
5:30 May 12, 1990
6:00
6:30 Now it was my turn. I had
7:00 a half-formed idea for my
7:30 speech and wish now that I'd
prepared more. I wanted to
emphasize how, back in 1973
in Milwaukee, when I needed

MARCH 12 MONDAY

71 « » 294

FEBRUARY 1990						
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APRIL 1990						
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What reason weaves, by passion is undone—Pope

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APRIL 1990						
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MARCH 13 TUESDAY

72 « » 293

Where liberty dwells, there is my country—Milton

8:00 someone to talk to about my
8:30 gender confusion, the male-to-
9:00 females were there for me and
9:30 helped me immeasurably.
10:00 I read from my 1971 and 1973
10:30 diaries about meeting Elizabeth
11:00 and about defending MTF
11:30 TV's at a lesbian discussion
12:00 group, and my early attempts
12:30 to crossdress. I felt I was
1:00 taking too long and it would
1:30 be boring to read all I had
2:00 brought along, so I cut it
2:30 short. I was definitely
3:00 emotional and teary-eyed.
3:30 Afterwards I sold 20
4:00 autographed copies of FROM
4:30 FEMALE TO MALE: THE LIFE
5:00 OF JACK BEE GARLAND. I was
5:30 amazed at Paul, who is
6:00 <u>so</u> impressed by my book,
6:30 pointing to the cover where
7:00 it says, "by Louis Sullivan"
7:30 and saying, "You don't
know what it does to me
to see that!"

MARCH 14 WEDNESDAY

73 « » 292

FEBRUARY 1990						
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APRIL 1990						
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It is but one step from the sublime to the ridiculous—Heine

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MARCH 1990						
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APRIL 1990						
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MARCH 15 THURSDAY

74 « » 291

There are more men ennobled by study than by nature—Cicero

8:00 So I sure feel proud of
8:30 myself and, deep down, I feel
9:00 lucky to have AIDS, because
9:30 it has forced people to act on
10:00 their feelings and tell me
10:30 now what they feel, as
11:00 tomorrow it might be too late.
11:30 Several MTF's urged me to
12:00 be sure to publish my diaries
12:30 and said they'd wished I had
1:00 read more during my speech.
1:30 That they are invaluable.
2:00 I know they're right.
2:30 How wonderful that
3:00 life has taken me so high.
3:30 *
4:00
4:30 I feel enclosed ...
5:00 encapsulated in a golden
5:30 glow ... surrounded and
6:00 protected ... nothing can hurt me.
6:30 Nothing can penetrate the
7:00 pride I feel in myself,
7:30 the love I feel for myself.
The manager at A Different Light bookstore said my book-signing party was probably one

MARCH 16 FRIDAY

75 « » 290

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APRIL 1990						
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A face that cannot smile is never good—Martial

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APRIL 1990						
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MARCH 17 SATURDAY

76 « » 289

The whole of virtue consists in its practice—Cicero

8:00 of the most successful they've
8:30 ever had.
9:00 Some notable people who
9:30 showed up: Paul [redacted]
10:00 (although he'd bought his copy
10:30 yesterday), Bob [redacted]
11:00 (one of the bosses from Wilson
11:30 Sporting Goods Co.), Tom's
12:00 mother, Jerry [redacted] (who
12:30 organizes the San Francisco
1:00 Jack-Off events and promised
1:30 to come by to take me to one,
2:00 as otherwise I just keep
2:30 making excuses why I don't
3:00 show up). My room is now
3:30 bursting with flowers that
4:00 people brought me.
4:30 I'm surprised at how
5:00 relaxed and self-assured
5:30 I felt in the center of
6:00 attention. I kept in mind
6:30 that this event was about
7:00 my friend Jack Garland,
7:30 not about me. I did have
to be kind of careful what I
said, though, as people were
there who (supposedly) don't

MARCH 18 SUNDAY 11

77 « » 288

FEBRUARY 1990						
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APRIL 1990						
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Never seem more learned than the people you are with—Chesterfield

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MARCH 1990						
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APRIL 1990						
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MARCH 19 MONDAY

78 « » 287

Too swift arrives as tardy as too late—Shakespeare

8:00 know that I'm transsexual.
8:30 Jose, from my old gay men's
9:00 disability group, asked me
9:30 how yesterday's luncheon went,
10:00 as he'd seen the public announce-
10:30 ment for it in the gay paper
11:00 (YIKES! they never publicize
11:30 ETVC events so openly and
12:00 I was horrified to see it).
12:30 Anyway, he assumed it had
1:00 something to do with my
1:30 involvement with the Gay
2:00 Historical Society and didn't
2:30 seem suspicious. The other
3:00 awkward moment was when
3:30 the secretary from Kelling
4:00 (they haven't called me down
4:30 to work in close to a year)
5:00 asked what I'm doing now
5:30 that the book is done.
6:00 I could hardly say "editing
6:30 my 27 years' worth of
7:00 diaries for publication"
7:30 and I mumbled something
about getting more active in
the Historical Society.
So I don't think anyone

MARCH 20 TUESDAY

79 « » 286

FEBRUARY 1990						
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Advice is least heeded when most needed—English

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MARCH 1990						
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APRIL 1990						
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MARCH 21 WEDNESDAY

80 « » 285

Sorrow is brief but joy is endless—Schiller

found out "the truth" about me when I didn't want them to. Oh, yeah, another notable person who was there was "Rink," THE gay photographer of San Francisco. Rink takes photos of all the important people and events in San Francisco, and a "Photo by Rink" caption is nothing to sneeze your nose at (as one of my favorite comedians would say). So I guess that will be published in an upcoming issue of Bay Area Reporter. I wonder if I should phone them to ask them not to put FEMALE TO MALE TRANSSEXUAL under my photo.

The bookstore wasn't keeping a tally, but I guess-timate I sold about 25 copies. I'm going to stop by there tomorrow to see if they can give me a more accurate count from their daily sales record.

MARCH 22 THURSDAY

81 « » 284

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APRIL 1990						
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Men are but children of a larger growth—Dryden

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MARCH 1990						
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APRIL 1990						
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MARCH

23

FRIDAY

82 « » 283

A wise man knows everything; a shrewd one, everybody

8:00 5/21/90

8:30 I've really noticed a decline

9:00 in my general condition. Have

9:30 had persistent night sweats,

10:00 where I wake up 2 or 3 times

10:30 a night with my pajama top

11:00 soaked through with sweat,

11:30 or feeling rivulets of sweat

12:00 trickling down my chest or back.

12:30 No way to fall back asleep in

1:00 that wet, cold lair, so I have

1:30 to get up and change pajamas.

2:00 But then my favorite pillow

2:30 is damp. It happens during

3:00 the day, too ... I'll be sitting

3:30 in a restaurant and suddenly

4:00 be flushed in a cold sweat,

4:30 especially around my neck,

5:00 shoulders, chest. I feel

5:30 much weaker and it takes

6:00 much effort to walk. I often

6:30 feel dizzy, my head seems to

7:00 be spinning. My lower back,

7:30 between my "angel wings" of

my upper back, is always aching

and my abdomen and sides

feel like they're bruised, so I

MARCH 24 SATURDAY

83 « » 282

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APRIL 1990						
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The gentle mind by gentle deeds is known—Spenser

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MARCH 1990						
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APRIL 1990						
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MARCH 25 SUNDAY 12

84 « » 281

The fool rages and is confident—Bible

8:00 take my pain pills, and then I
8:30 feel weak. It's a vicious cycle.
9:00 And lately I've had headaches:
9:30 this is something new. Saw my
10:00 doc on Tuesday and I've gained
10:30 2 lbs., am now 108. I have
11:00 developed a new LARGE lymph
11:30 node on the right side of my
12:00 abdomen, to match the 4 cm
12:30 one on the left side.
1:00 It doesn't seem that
1:30 these Chinese herbs I'm taking
2:00 through this AIDS Herbal Program
2:30 are improving my status.
3:00 So my doc orders that
3:30 it's time I arrange for some
4:00 help with daily chores: shopping,
4:30 laundry, cooking. I have major
5:00 objections. Mainly I just hate
5:30 to give up that independence
6:00 and control over my life. Then
6:30 I have an ~~[illegible]~~ (unhealthy)
7:00 dose of Catholic guilt that
7:30 tells me I can't expect others
to do my chores when I have
enough energy to do the "fun"
stuff, like work on publishing

MARCH 26 MONDAY

85 « » 280

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APRIL 1990						
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Better an empty purse than an empty head—German

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APRIL 1990						
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MARCH 27 TUESDAY

86 « » 279

Praise a fool, and you may make him useful—Danish

8:00 my diaries — my next project.
8:30 Plus it seems hard to organize
9:00 a system for helpers.
9:30 For starters I've arranged
10:00 for Mary Ellen to come by every
10:30 Tuesday morning to do whatever
11:00 needs to be done. Tomorrow
11:30 we (or I should say, she) will
12:00 vacuum my bedroom and go to
12:30 the paper store for office
1:00 supplies. I need groceries but
1:30 am finding it difficult to make
2:00 a list. I know if I walk the
2:30 aisles, I'll see what I need,
3:00 but draw a blank when I sit
3:30 to write what I need.
4:00 Denis will come by
4:30 every Thursday evening.
5:00 I haven't decided what he can
5:30 do, but it will force me to
6:00 eat a decent supper. He's
6:30 begun to irritate me with his
7:00 offers to help, so this will keep
7:30 him quiet. He's mentioned he
enjoys doing laundry, so I'll
have him do that, since he has
no vehicle or means of hauling.

MARCH
28
WEDNESDAY

87 « » 278

FEBRUARY 1990						
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APRIL 1990						
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He that keepeth the law, happy is he—Bible

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APRIL 1990						
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MARCH

29

THURSDAY

88 « » 277

Content is more than a kingdom

8:00 My doc convinced me that my
8:30 friends wish to help me while
9:00 d'm still able to function
9:30 and want to be a part of the
10:00 work d'm doing — that it's
10:30 important d'edit these diaries
11:00 and this is their way of making
11:30 that happen. That makes sense
12:00 to me. Mary Ellen admitted
12:30 on her own that she has seen
1:00 my decline and that she'll be
1:30 angry if d let someone else do
2:00 more for me than ~~she~~ her.
2:30
3:00
3:30 5/23/90
4:00 Jason, who runs the female-
4:30 to-male group in Seattle, sent
5:00 me a 2-page spread from the
5:30 May 4 Seattle Gay News about
6:00 FROM FEMALE TO MALE, with
6:30 a review, pictures of me and
7:00 Garland, and an interview
7:30 with Jason. Publicity like
that can't be bought and d'm
overwhelmed with pride. This
book is gonna SELL!

MARCH 30 FRIDAY

89 « » 276

FEBRUARY 1990						
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APRIL 1990						
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None but a fool is always right—Hare

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APRIL 1990						
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MARCH
31
SATURDAY

90 « » 275

When all men speak, no man hears—Kelly

8:00 5/24/90

8:30 There must be some kind of

9:00 saying that an artist is

9:30 measured by his ability to deal

10:00 with the critics. The reviews

10:30 are coming out! Kate [redacted]

11:00 [redacted], a M→F transsexual

11:30 lesbian wrote a positive one

12:00 in the Bay Area Reporter.

12:30 But some woman (whose

1:00 credentials are that she was

1:30 nominated for a Pulitzer for

2:00 a story on PESTICIDE POISONING)

2:30 wrote an absolutely scathing

3:00 review in the ~~the~~ Lambda

3:30 Book Report (a very important

4:00 publication), totally slamming

4:30 the book, saying 'it's difficult

5:00 to find something good to say

5:30 about it. My initial reaction

6:00 is anger, as it is obvious

6:30 she knows nothing about

7:00 transsexualism and I'm sure

7:30 has never met or spoken to

a female-to-male in particular.

On top of that, she makes

blatant misstatements about

APRIL 1990

SUNDAY, APR. 1 – *April Fool's Day*
SATURDAY, APR. 7 – *Verrazano Day in New York*
SUNDAY, APR. 8 – *Palm Sunday*
TUESDAY, APR. 10 – *Passover begins*
FRIDAY, APR. 13 – *Jefferson's birthday*
SATURDAY, APR. 14 – *Pan American Day*
SUNDAY, APR. 15 – *Easter Sunday*
SATURDAY, APR. 21 – *San Jacinto Day*
SUNDAY, APR. 22 – *Arbor Day*

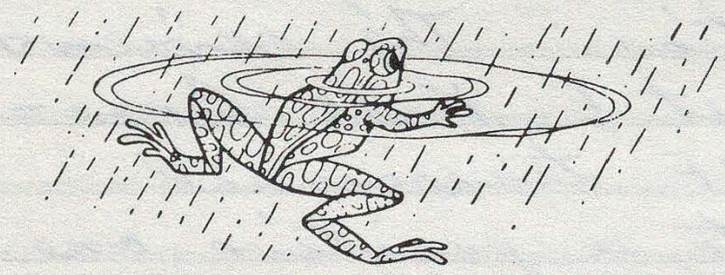
FIRST QUARTER
2nd
5:24 a.m.

FULL MOON
10th
10:18 p.m.

LAST QUARTER
18th
2:02 a.m.

NEW MOON
25th
11:27 p.m.

EASTERN
STANDARD TIME



April Memos and Birthday Reminders

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APRIL 1990						
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APRIL

1

SUNDAY 13

91 « » 274

Three may keep counsel, if two be away—Heywood

8:00 the book. It's too bad, because
8:30 this is a very influential publi-
9:00 cation, but sometimes a bad
9:30 review can be just as helpful
10:00 to sales as good reviews.
10:30 I wonder if I should write a
11:00 letter to Alyson countering her
11:30 criticisms. Obviously he's
12:00 going to be very disappointed
12:30 about it. But I've got a good
1:00 rebuttal to each of her points
1:30 and I think it really stinks
2:00 that they have someone who
2:30 knows nothing about the
3:00 subject (and is obviously
3:30 anti-transsexual) be the
4:00 judge of the book's merit.
4:30
5:00
5:30 6/5/90
6:00 Saw the doc today and my
6:30 weight really is the lowest
7:00 ever. I'm 105½ lbs., but I
7:30 wasn't wearing my long
underwear like I usually do.
So that accounts for ½ lb.,
doesn't it? She said some

APRIL 2 MONDAY

92 « » 273

MARCH 1990						
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APRIL 1990						
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Popularity is the small change of glory—French

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APRIL 1990						
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APRIL

3

TUESDAY

93 « » 272

No duty is more urgent than that of returning thanks—St. Ambrose

8:00 pretty discouraging things — like
8:30 I need to consume these nutrition-
9:00 al weight gain supplements, but
9:30 in the final analysis, they'll
10:00 only give me a little extra
10:30 time — it won't change the
11:00 course of my fate. I complained
11:30 of leg cramps and sore calves
12:00 and she said it's my muscles
12:30 deteriorating in the classic
1:00 AIDS wasting syndrome. She
1:30 felt my abdomen and confirmed
2:00 that my spleen wasn't as
2:30 swollen, but that it's much
3:00 harder because, in a rather
3:30 undiplomatic choice of words,
4:00 "it's dying inside of you."
4:30 I offered, "It's atrophying
5:00 and shriveling up?", and
5:30 she said yes. That's pretty
6:00 gross to think.
6:30 Alyson sent me a copy
7:00 of the review of my book
7:30 from FEMINIST BOOK NEWS.
It was a positive one and
the reviewer says, "It's
interesting to reflect on how

APRIL 4 WEDNESDAY

94 « » 271

MARCH 1990						
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APRIL 1990						
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Health and cheerfulness mutually beget each other —Addison

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APRIL 1990						
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APRIL

5

THURSDAY

95 « » 270

No man is wise enough by himself—Plautus

8:00 the book might have been written
8:30 differently by a woman but
9:00 there's a strong argument for a
9:30 male biographer in this case."
10:00 HA HA
10:30
11:00 6/16/90
11:30 1:23 a.m.
12:00 I made it! I'm really
12:30 39 years old! I am so proud
1:00 of myself and I feel like the
1:30 luckiest guy. Last year I
2:00 was sure it was my last
2:30 birthday, and deep down,
3:00 I think, now, that this
3:30 birthday is my last. But
4:00 who knows? I remember
4:30 when I was diagnosed, I
5:00 thought, "I know I'm going
5:30 to die prematurely, but
6:00 I'll be satisfied if I can
6:30 just make it to 40." In
7:00 my heart I knew that was
7:30 asking too much, but today
I think it's entirely possible.
But 39 sounds so
masculine!

APRIL

6

FRIDAY

96 « » 269

MARCH 1990						
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APRIL 1990						
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There is nothing useless to men of sense—de la Fontaine

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APRIL 1990						
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MAY 1990						
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APRIL 7 SATURDAY

97 « » 268

It is better to bend than to break—French

8:00 6/25/90

8:30 These past 2 weeks have been

9:00 action-packed, to say the

9:30 least, and I'm finally taking

10:00 a "quiet day" to wind down.

10:30 My birthday party was

11:00 a commotion, as parties are

11:30 supposed to be. Had a bar-be-

12:00 que in my backyard with

12:30 Mary Ellen + family, Charlie

1:00 [redacted], Cuca + daughter,

1:30 Denis, Kathy + boyfriend. Got

2:00 lots of presents — the most

2:30 surprising was a pillow in

3:00 the ball-shape of a globe.

3:30 I thought, "What am I going

4:00 to do with this?" when I opened

4:30 the gift, but it has become

5:00 some sort of physical and

5:30 even emotionally comforting

6:00 object. I've often heard of

6:30 people giving teddy bears to

7:00 people with AIDS and thought

7:30 that was a little silly, but

this globe pillow is just the

right size + shape for cuddling

up to and putting my arm around

APRIL

8

SUNDAY 14

98 « » 267

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APRIL 1990						
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A crooked stick will have a crooked shadow

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APRIL 1990						
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APRIL 9 MONDAY

99 « » 266

Who never climbed never fell

8:00 and I do, a lot! By the time
8:30 the party was over, I was in a
9:00 turmoil, mostly because baby
9:30 Jack is a monster child and
10:00 never ceased being disruptive.
10:30 There seem to be no constraints
11:00 and he reminded me of Joey,
11:30 the possessed devil child of my
12:00 co-worker at ARCO, Cheryl.
12:30 What a nightmare!
1:00 Tuesday I saw the doc
1:30 and weighed in at 108 lbs.
2:00 even though my eating habits
2:30 haven't been good. She said I
3:00 have "many many more"
3:30 giant lymph nodes in my
4:00 abdomen and, let me tell ya,
4:30 I feel 'em! I'm a lot more
5:00 sore around the waist and
5:30 lower back than before.
6:00 All week I've had my
6:30 computer in the repair shop
7:00 and have been irritated with
7:30 their prognosis. Why, they
say, this machine is over five
years old! It's obsolete!
A dinosaur! IBM doesn't even

APRIL 10 TUESDAY

Passover

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Nothing is so much worth as a mind well instructed—Bible

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MARCH 1990						
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APRIL 1990						
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MAY 1990						
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APRIL 11 WEDNESDAY

101 « » 264

They conquer who believe they can—Virgil

8:00 make parts for it anymore. What
8:30 use could I possibly be putting
9:00 such a junker to? I mean,
9:30 I spent several thousand dollars
10:00 on this machine and it's no
10:30 good after 5 years!?? That's
11:00 why I purchased IBM in the
11:30 first place — counting on their
12:00 reliability, customer and
12:30 product support. But there is
1:00 none. I must have this computer
1:30 to do my diary book, so it's
2:00 got to be pieced together. What
2:30 a rip-off.
3:00 Thursday evening I did a
3:30 live on-the-air radio interview
4:00 with CSRO, a Vancouver, British
4:30 Columbia station that features
5:00 an hour gay program every Thurs
5:30 night. It was over the phone
6:00 and solely about my Garland
6:30 book. Lasted maybe 10 minutes.
7:00 I did tape the interview and
7:30 they also promised to send a
copy to me. The female inter-
viewer called the book a great
contribution to our literature.

APRIL 12 THURSDAY

102 « » 263

MARCH 1990						
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APRIL 1990						
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Where something is found, there look again

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APRIL 1990						
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MAY 1990						
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APRIL 13 FRIDAY

103 « » 262

Duty: stern daughter of the voice of God—Wordsworth

8:00 There must be a hidden
8:30 meaning to this one: both
9:00 Mary Ellen and my roommate Jim
9:30 gave me the SAME birthday
10:00 card, purchased separately
10:30 and in different cities. The
11:00 card read: "The secret of
11:30 staying young is to find an age
12:00 you really like and stick
12:30 with it." The odds are
1:00 overwhelming — so this must
1:30 be true!

2:00 Saturday the 23rd Kathy
2:30 and I went out with the
3:00 Oceanic Society on a boat trip
3:30 to the Farallon Islands, 25
4:00 miles off San Francisco. The
4:30 islands are a nature preserve
5:00 and I've always wanted to
5:30 take this trip, especially
6:00 because it is the breeding
6:30 grounds for tufted puffins,
7:00 incredibly blasey, funny little
7:30 birds for which I've named
my lovebirds. Well, I guess
I should've known better
what with the continuously

APRIL 14 SATURDAY

104 « » 261

MARCH 1990						
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APRIL 1990						
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Method will teach you to win time—Goethe

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APRIL 1990						
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APRIL 15

SUNDAY 15

Easter

The only time the average child is as good as gold is on April 15—Ivern Boyett

8:00 nauseous state of my stomach,
8:30 but no lie – we were out on
9:00 the boat maybe 10 minutes,
9:30 just under the Golden Gate
10:00 Bridge and onto the Pacific
10:30 Ocean and I began heaving
11:00 over the side of the boat.
11:30 It was horrible. It was an
12:00 all-day expedition and lasted
12:30 over 8 hours, and I spent
1:00 all but about 20 minutes of
1:30 it below deck, sleeping on
2:00 a bench. Poor me. I thought
2:30 of what Jack Bean said about
3:00 his trip on the army transport
3:30 to Manila. What misery.
4:00 I'd puked on myself and
4:30 couldn't rid myself of the
5:00 smell for hours. Once we
5:30 arrived at the Farallons, I tried
6:00 to gather myself and actually
6:30 did see two puffins (one
7:00 "horned", the other "tufted")
7:30 through binoculars that were
swimming like ducks. But
that was it. Poor Lou.

APRIL
16
MONDAY

106 « » 259

MARCH 1990						
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APRIL 1990						
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Egotism is one-letter suicide

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APRIL 1990						
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MAY 1990						
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APRIL

17

TUESDAY

107 « » 258

No wise man ever wished to be younger—Swift

Sunday the 24th was the annual Gay Pride Parade down Market Street and I was smart this year, going directly to the "handicapped and special needs" section where it's all arranged for the comfort of people with AIDS and other disabilities. Nothing really new or different at this parade. This is the 15th one I've attended — all since I moved to S.F. in 1975. I did use my cane (or should I say, Jack's cane) to warn the crowds I was in the way. For the 4th consecutive year (I think) the male-to-female group ETVC had a booth at the fair after the parade and I gave them several issues of FTM and order forms for FROM FEMALE TO MALE for distribution to any female-to-males looking for information.

APRIL 18 WEDNESDAY

108 « » 257

MARCH 1990						
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APRIL 1990						
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MAY 1990						
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Be swift to hear, slow to speak, slow to wrath—Bible

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APRIL 1990						
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APRIL 19 THURSDAY

109 « » 256

If you keep on saying things are going to be bad, you have a good chance of being a prophet

—Isaac Bashevis Singer

8:00 I finally received the latest
8:30 draft from Seattle's Ingersoll
9:00 Gender Center of my 3rd edition
9:30 INFO FOR THE F→M. It looks
10:00 very professional but they're
10:30 still playing with it and
11:00 it'll still be several months
11:30 before it's printed and
12:00 available. Which really
12:30 aggravates me.
1:00 One of ETVC's male-to-
1:30 females wrote an article
2:00 about the honorary luncheon
2:30 they threw for me in May.
3:00 It just came out in their
3:30 latest newsletter and it was
4:00 so moving, I really cried
4:30 hard while/after reading
5:00 it. They described me in
5:30 such glowing saint-like
6:00 terms.
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APRIL 20 FRIDAY

110 « » 255

MARCH 1990						
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APRIL 1990						
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MAY 1990						
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Catch the bear before you sell his skin

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APRIL 1990						
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APRIL

21

SATURDAY

111 « » 254

Do not delay: the golden moments fly—Longfellow

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6/28/90

I got a big compliment yesterday. Kate [redacted], the male-to-female lesbian who I hope I've mentioned before, phoned to say she was interviewing the world-famous comedienne Lily [redacted] for the gay press. Lily mentioned that she has incorporated several new male impersonations into her act and that she wasn't totally comfortable with her portrayals. Kate suggested she read INFORMATION FOR THE FEMALE-TO-MALE by Lou Sullivan. Lily says, oh, yes, she's heard that name before ... that's the female-to-male gay man ... but she didn't know I wrote a book and was terribly excited about it and HAD to have a copy! WOW! I mean, where the hell would she have heard of me! Kate says, well, she's got her finger on the pulse of the

APRIL 22 SUNDAY

16

112 « » 253

MARCH 1990						
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APRIL 1990						
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Better the feet slip than the tongue—Herbert

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APRIL 1990						
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APRIL

23

MONDAY

113 « » 252

It is not goodness to be better than the worst—Seneca

8:00 gay community and would hear
8:30 about anyone / anything unusual.
9:00 (Lily's fairly well-known to
9:30 be a lesbian.) So this morning
10:00 I met up with Kate and gave
10:30 her one of my precious few
11:00 copies left of my 2nd edition
11:30 with a nice letter to Lily,
12:00 a flier for the Garland book
12:30 and a copy of my FTM
1:00 Newsletter. Doesn't hurt
1:30 to let the word out!
2:00 But, wow, I really
2:30 AM famous!
3:00 Well, I "dropped out"
3:30 of the Chinese herbal treatment
4:00 program. I say "dropped
4:30 out" in quotes because it
5:00 was supposed to be a 12-week
5:30 program and I did take the
6:00 herbs for 12 weeks (April 5
6:30 to June 27). I'd been
7:00 slacking off on my schedule
7:30 and lose these past few
weeks just because I was
gagging myself by swallowing
34 tablets and 9 doses of

APRIL 24 TUESDAY

114 « » 251

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APRIL 1990						
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There is no road of flowers leading to glory—de la Fontaine

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APRIL 1990						
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APRIL

25

WEDNESDAY

115 « » 250

Don't find fault. Find a remedy—Henry Ford

8:00 powder a day. UGH. And in
8:30 the final analysis, not only
9:00 did it fail to stabilize me,
9:30 but d've definitely gotten
10:00 worse, with additional swollen
10:30 lymph nodes in my abdomen,
11:00 increased back pain, more
11:30 fatigue and muscle soreness
12:00 in my calves. So it was
12:30 just a waste, so d quit.
1:00 The man taking the final
1:30 photograph of my tongue
2:00 explained to me how they
2:30 used the phots as a diag-
3:00 nostic tool and that my
3:30 tongue looked very healthy,
4:00 which is good news.
4:30
5:00
5:30 7/2/90
6:00 Some applicable statistics!
6:30 According to a large San
7:00 Francisco study, only 20%
7:30 of those diagnosed with
AIDS survive longer than
3 years after diagnosis, no
matter what their treatment

APRIL 26 THURSDAY

116 « » 249

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APRIL 1990						
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MAY 1990						
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If men be good, government cannot be bad—Penn

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8:00 regime. It's now 6 months past
8:30 that limit. One in five.
9:00 Finally, the newsletter
9:30 published by New York's Gay
10:00 Men's Health Crisis, Inc.,
10:30 had a long article on MAI.
11:00 It's always amazed me how
11:30 little is said or written
12:00 about it, especially since
12:30 this article mentions a recent
1:00 study in Texas indicated that
1:30 MAI diseases are now the
2:00 leading cause of death in
2:30 people with AIDS, and that
3:00 45% of people with AIDS
3:30 living 3 years after an AIDS
4:00 diagnosis have MAI-infected
4:30 blood and 75% of those
5:00 living 4 years. It also said,
5:30 "at the International AIDS
6:00 Conference in June 1989, one study
6:30 suggested that, in addition to
7:00 such prevalent symptoms as
7:30 fever, weight loss and anemia,
an enlarged spleen and
abdominal lymphadenopathy
are highly predictive of

APRIL
28
SATURDAY

118 « » 247

MARCH 1990						
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APRIL 1990						
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Truth is the highest thing that man may keep—Chaucer

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APRIL

29

SUNDAY 17

119 « » 246

Who's angry at a slander makes it true—Jonson

8:00 disseminated MAI." Plus,
8:30 they mention that a long-term
9:00 study is underway in San
9:30 Francisco to determine the
10:00 effect of drinking distilled
10:30 water to avoid exposure to
11:00 MAI bacteria, since "MAI
11:30 is very prevalent in the environ-
12:00 ment and is acquired by
12:30 unpreventable exposure to food,
1:00 water, dust, soil, poultry
1:30 and other animals." I feel
2:00 very intelligent, reading
2:30 this, as, on my own
3:00 initiative, I began using
3:30 bottled water almost
4:00 immediately after my MAI
4:30 diagnosis — as it just
5:00 makes sense. The doc said
5:30 it's too late for me since
6:00 the bacteria is already in
6:30 me and multiplying, but
7:00 I'm sure it helps for me
7:30 to avoid injesting more.

I just purchased a record album — my first in years — by k.d. lang. Saw

APRIL 30 MONDAY

120 « » 245

MARCH 1990						
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APRIL 1990						
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MAY 1990						
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Bad memory has its roots in bad attention

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MAY 1990

FRIDAY, MAY 4 – *Rhode Island Independence Day*
SUNDAY, MAY 13 – *Mother's Day*
SATURDAY, MAY 19 – *Armed Forces Day*
MONDAY, MAY 21 – *Victoria Day*
MONDAY, MAY 28 – *Memorial Day*



FIRST QUARTER
1st
3:18 p.m.

FULL MOON
9th
2:31 p.m.

LAST QUARTER
17th
2:45 p.m.

NEW MOON
24th
6:47 a.m.

FIRST QUARTER
31st
3:11 a.m.

EASTERN
STANDARD TIME

May Memos and Birthday Reminders



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MAY 1 TUESDAY

121 « » 244

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It's no use making haste; set out in time—de la Fontaine

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JUNE 1990						
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MAY

2

WEDNESDAY

122 « » 243

Rebellion against tyrants is obedience to God—Franklin

8:00 her perform one of her songs
8:30 on TV (wow, what a voice!)
9:00 with the refrain:
9:30 Pullin' back the reins
10:00 And tryin' to remain
10:30 Tall in the saddle
11:00 When all that we had
11:30 Ran Away
12:00 With a will of its own
12:30
1:00
1:30 7/10/90
2:00 Am on the plane from San
2:30 Francisco to Milwaukee and
3:00 so far I feel nauseous and
3:30 spaced out ... not too different
4:00 from how I usually feel.
4:30 Saw the doc yesterday and
5:00 I weigh the same as last time
5:30 (105-106 lbs.) and my abdominal
6:00 lymph nodes are the same.
6:30 She urged me to concentrate
7:00 on drinking lots of water
7:30 while in Milw, where it's hot
in the 80°'s, and she doesn't
want me to get dehydrated.
Said that could kill me.

MAY 3 THURSDAY

123 « » 242

APRIL 1990						
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JUNE 1990						
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Time is an herb that cures all diseases—Franklin

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JUNE 1990						
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MAY

4

FRIDAY

124 « » 241

The less men think, the more they talk—Montesquieu

8:00 She also said she already doesn't
8:30 like it that I'm riding my
9:00 motorcycle while taking Percocet,
9:30 but that if she gives me any-
10:00 thing stronger (delottet [sp?]
10:30 or morphine), she'd absolutely
11:00 forbid it. So that's a major
11:30 factor for me to consider.
12:00
12:30
1:00 7/15/90
1:30 2 a.m.
2:00 Am sitting in bed, in
2:30 probably in the exact spot
3:00 where my bed was when I
3:30 shared this room with
4:00 Kathleen in the early 1960's.
4:30 This house and this city
5:00 still seems to me to be
5:30 "home" although I would
6:00 never want to live here
6:30 again and nothing draws
7:00 me here. It is boring
7:30 and easy and like hiding
away. San Francisco
is not "home" but it
amuses and keeps me in

MAY 5 SATURDAY

125 « » 240

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JUNE 1990						
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If you would thoroughly know anything, teach it to others—Tryon Edwards

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JUNE 1990						
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MAY

6

SUNDAY 18

126 « » 239

In matters of principle, stand like a rock, in matters of taste, swim with the current—Thomas Jefferson

awe and I love living there.

This "vacation" so far has been relaxing and enjoyable. Doing a lot of eating and napping. Grandmother is the same as she was last year, in bed all the time, but walks to the bathroom and dining room on her own. Her mental faculties are sharp, her voice strong and her sense of humor quick. We still have that special love between us.

Friday afternoon mom and I went out to ~~dinner~~ lunch with my old 86 year old gay friend Howard. He was his usual charming self and dazzled Nan with his fruitful life (sorry about that pun).

In the evenings I usually go off with Flame (John), who took me to Milwaukee's three hip bookstores. As soon as he walked

MAY 7 MONDAY

127 « » 238

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JUNE 1990						
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Time is the soul of the world—Pythagoras

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JUNE 1990						
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MAY

8

TUESDAY

128 « » 237

Kind hearts are more than coronets—Tennyson

8:00 into one of them, the owner
8:30 announced, "Flame! We
9:00 just received our order of
9:30 your brother's book today!"
10:00 I piped up, "That's me!"
10:30 They asked me to sign
11:00 the three copies. But their
11:30 shop was so disorganized
12:00 that I feel, once the books
12:30 are shelved, they'll never
1:00 be seen again. The second
1:30 bookstore was better organized
2:00 but didn't have the book
2:30 (Flame + I plan to return
3:00 there Monday to sell them).
3:30 The third bookstore was closed
4:00 by the time we got there.
4:30 It's true I get very
5:00 tired very quickly and
5:30 yearn to be horizontal every
6:00 few hours. The weather
6:30 has been cool and breezy
7:00 and I'm thankful for that.
7:30 Saturday afternoon
we (mom and I) hosted a
Get-Together of female-to-
males in the area. Eight

MAY 9 WEDNESDAY

129 « » 236

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The fewer the words, the better the prayer—Luther

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JUNE 1990						
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MAY

10

THURSDAY

130 « » 235

Honor lies in honest toil—Cleveland

8:00 female-to-males attended, one
8:30 driving four hours one-way
9:00 from Iowa. Mom was very
9:30 into it, especially as one
10:00 other FTM's mother came,
10:30 too. As usual, conversation
11:00 flowed easily. Everyone
11:30 (including the moms) crowded
12:00 into the den to watch the
12:30 FTM video from New York,
1:00 though I warned them it
1:30 was about 25% heavy sex
2:00 and could be seen as porno-
2:30 graphic.
3:00
3:30 7/19/90
4:00 Even though I took Dramamine
4:30 for motion sickness, the plane
5:00 ride from Milwaukee to San Fran-
5:30 cisco was pretty uncomfortable.
6:00 I felt nauseous and dizzy and
6:30 tried to sleep the whole time.
7:00 I guess traveling isn't one of
7:30 my favorite things. So that's
why I didn't write in you
on the return plane ride to
recap my trip, as I usually do.

MAY 11 FRIDAY

131 « » 234

APRIL 1990						
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Whatever's begun in anger ends in shame—Franklin

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MAY

12

SATURDAY

132 « » 233

Nothing is so firmly believed as what we least know—Montaigne

8:00 Monday I went out to dinner
8:30 with Eldon, who as usual talked
9:00 nonstop about himself. I would
9:30 estimate that, in our 4-hour
10:00 meeting, I said perhaps twenty
10:30 sentences — most, if not all,
11:00 in answer to Eldon's questions.
11:30 While I enjoy his storytelling,
12:00 after about 3 hours of continu-
12:30 ous babble, I become weary.
1:00 He ignored my not-so-subtle
1:30 hints that I was failing in
2:00 energy and eager to go. That
2:30 made me mostly angry.
3:00 I tried to contact Eliza-
3:30 beth, but she's moved from the
4:00 rooming house she lived in
4:30 last year, and no one had a
5:00 forwarding address. I could
5:30 have pursued her more aggres-
6:00 sively through the Milwaukee
6:30 Public Library, where I assume
7:00 she still works, but didn't...
7:30 I guess I'm hurt she hasn't
been more interested in staying
in contact with me by informing
me of her new address.

MAY 13 SUNDAY 19

Mother's Day

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The price of wisdom is above rubies—Bible

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MAY

14

MONDAY

134 « » 231

Beware the fury of a patient man—Dryden

8:00 Tuesday was a trickier day.
8:30 Auntie Sis came by Bluemound
9:00 Road to pick me up and we drove
9:30 down to get Kay and John, who
10:00 were waiting at Kay's place. We
10:30 went out to lunch and had a
11:00 very nice time. I reminded all
11:30 that it was Jack's birthday and
12:00 that he would really like it if
12:30 we went to St. John's Cathedral
1:00 to light a candle for him. So
1:30 we did. I've always had good
2:00 intentions of lighting a candle
2:30 for dad, but never did it.
3:00 There were several unpleasant
3:30 moments when John went off
4:00 in a tantrum about Jim's
4:30 [redacted] and later about Nanc.
5:00 Had to watch what I said
5:30 when I returned to Bluemound
6:00 Rd., because ma was upset
6:30 enough that I went out with
7:00 Sis, and would have been
7:30 totally pissed had she known
Kay was there, too. But it
all went off without a hitch.

MAY 15 TUESDAY

135 « » 230

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I would rather make my name than inherit it—Thackeray

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MAY 16 WEDNESDAY

136 « » 229

Kindness begets kindness—Sophocles

8:00 We had several thunder storms
8:30 (exciting because we never have
9:00 them in San Francisco) and I
9:30 heard a 7-year cicada and
10:00 saw a red cardinal on the
10:30 telephone wires.
11:00 Flame and I went to the
11:30 zoo where he pushed me around
12:00 in an adult-sized stroller.
12:30 The aviary (the main thing I
1:00 went to see) is closed for
1:30 remodeling until 1991 and it
2:00 was all-together disappointing.
2:30 One other unusual occur-
3:00 ence was the many dreams
3:30 I had about Jim [redacted].
4:00 I guess all the sights of the
4:30 East Side, the Avant Garde,
5:00 the Art Memorial, UWM, etc.
5:30 dredged my subconscious.
6:00 The dreams were centered
6:30 around my being "ripped off,"
7:00 robbed, by old lovers.
7:30 It's so soothing to be
back in San Francisco, back
in my room and my bed.
Ah!

MAY 17 THURSDAY

137 « » 228

APRIL 1990						
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MAY 1990						
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JUNE 1990						
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Employ time well, if thou meanest to gain leisure—Franklin

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MAY
18
FRIDAY
138 « » 227

Abundant caution does no harm—Coke

8:00 7/30/90

8:30 Had a terrible time last

9:00 night with continuous dreams

9:30 of Tom and me breaking up.

10:00 I don't know what this is

10:30 all about, as I can't believe

11:00 I am subconsciously still

11:30 upset about Tom. It's gotta

12:00 have some kind of hidden

12:30 meaning and I keep thinking

1:00 if I figure out what it is,

1:30 I'll be cured and it won't

2:00 keep haunting me. This is

2:30 the longest time in my adult-

3:00 hood I haven't been in an

3:30 intimate relationship ... I

4:00 haven't been "in love."

4:30 Maybe it's physical deprivity

5:00 (not depravity) or lack of

5:30 physical contact. Maybe

6:00 it's because Tom and I split

6:30 just when I got diagnosed,

7:00 and in a way I feel like

7:30 my life ended then... that

I have no future anymore

and am just biding my time

until the next stage — whatever

MAY 19 SATURDAY

139 « » 226

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JUNE 1990						
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When time flies it cannot be recalled—Virgil

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MAY 1990						
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JUNE 1990						
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MAY

20

SUNDAY 20

140 « » 225

A quiet tongue shows a wise head

8:00 that may be. I guess in reality
8:30 I'm mourning the end of my
9:00 "future", not of our relation-
9:30 ship. Unfortunately there was
10:00 no one for me to talk all this
10:30 out with today. In fact,
11:00 there's really no one for me to
11:30 talk to at all about these
12:00 issues. This life-and-death
12:30 matter just doesn't seem to
1:00 have answers. My Shanti
1:30 "emotional support counselor"
2:00 Bruce can't see me until
2:30 Friday, and by then I'm sure
3:00 the edge will be off this.
3:30 Plus he's often not too
4:00 full of advice. Others ARE
4:30 too full of answers, like
5:00 Kathy and Denis. Mary
5:30 Ellen is off on some kind
6:00 of family camping trip, plus
6:30 I don't usually like to lay
7:00 any heavy rap on her.
7:30 It just freaks her out.

Some good happenings:
After 3 years of being
afraid of the birdie

MAY 21 MONDAY

141 « » 224

APRIL 1990						
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JUNE 1990						
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All would be well if there were no buts—German

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MAY 1990						
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JUNE 1990						
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MAY

22

TUESDAY

142 « » 223

No one respects a talent that is concealed—Erasmus

8:00 breeding box, my 2 lovebirds
8:30 have finally figured out what
9:00 it's for and we now have 3
9:30 little birdie eggs in the nest.
10:00 If all goes right we'll have
10:30 baby birdies in 3 weeks, but
11:00 d'n not betting on it. I had
11:30 a lot of dud nests with my
12:00 zebra finches.
12:30
1:00
1:30 8/20/90
2:00 I'm back at the Univ. of Calif.
2:30 Medical Center's outpatient clinic
3:00 doing another blood transfusion.
3:30 My hemocrit was 26.9 last
4:00 Thursday, so they're giving me
4:30 two units of blood. I've also
5:00 begun some new medications —
5:30 finally getting off the Percocet
6:00 pain killer and onto the
6:30 synthetic morphine tablets
7:00 called Dilaudid. It really
7:30 works; at last, something
to deadens my back pain.
Doc says there are MORE
enlarged lymph nodes in

MAY 23 WEDNESDAY

143 « » 222

APRIL 1990						
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Delays have dangerous ends—Shakespeare

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JUNE 1990						
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MAY

24

THURSDAY

144 « » 221

Virtue is bold, and goodness never fearful—Shakespeare

8:00 my abdomen. I've been asking
8:30 for Marinol, a tablet made up
9:00 on the active ingredient in
9:30 marijuana called THC. But,
10:00 while they immediately prescribed
10:30 the morphine, they are hesitant
11:00 to give out the marijuana, and
11:30 are trying other things on me
12:00 first to deal with my nausea.
12:30 But since I've stopped the
1:00 Percocet (and all the Tylenol it
1:30 contains), I really haven't
2:00 been nauseous. I've been very
2:30 weak, my heart pounding hard,
3:00 and so they've decided to do
3:30 this blood transfusion.
4:00 Looks like my lovebirds
4:30 aren't going to produce. They
5:00 started out with 6 eggs, but
5:30 soon were down to 4 (one they
6:00 ejected from the nest, the
6:30 other — I don't know what
7:00 happened to it ... it just
7:30 GONE — the parents must have
eaten it). But 2 days ago
was their due date to hatch
and I see two more eggs are

MAY

25

FRIDAY

145 « » 220

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JUNE 1990						
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What is strength without a double share of wisdom—Milton

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JUNE 1990						
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MAY
26
SATURDAY
146 « » 219

I am nothing, but truth is everything—Lincoln

8:00 badly smashed and the other
8:30 two are just laying there. Not
9:00 very promising.
9:30 Have been working on
10:00 entering my old diaries into my
10:30 word processor and I'm already
11:00 up to September '82. Reliving
11:30 those first few years with Tom.
12:00 But no upsetting dreams or
12:30 anything, thank God.
1:00
1:30
2:00 8/30/90
2:30 Had a serious talk with Barbara
3:00 [redacted], the nurse practitioner I
3:30 refer to as "my doc." Weighed
4:00 in at 103 lbs. — not good. My
4:30 major complaint is that the
5:00 dilaudid (morphine) made me
5:30 constipated and she discussed
6:00 how the huge lymph nodes in
6:30 my abdomen might press
7:00 against my colon and cause
7:30 a blockage so I couldn't shit
at all... and what should
they do? I agreed that it'd
be OK with me if they did some

MAY 27

SUNDAY 21

147 « » 218

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JUNE 1990						
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When I was younger, I could remember anything, whether it had happened or not—Mark Twain

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MAY

28

MONDAY

Memorial Day

A house divided against itself cannot stand—Lincoln

8:00 exploratory surgery to see if
8:30 the blockage could easily ~~[illegible]~~
9:00 be opened or not. I told her
9:30 I felt my quality of life was still
10:00 good enough that I wouldn't mind
10:30 having to have a colostomy bag,
11:00 if everything else was stable.
11:30 I don't want to think I was
12:00 killed by a giant poop!
12:30 Other than that, the beat
1:00 goes on. I'm weak, tired, feel
1:30 like I'm bruised all over.
2:00 Finally arranged for Charlie
2:30 (Bridget's ex) to give me a
3:00 massage every Tuesday. Good
3:30 to be back on a schedule — I've
4:00 really missed it. He's a fun
4:30 masseur, too; the first one
5:00 to make me feel he was getting
5:30 just as much out of it physically
6:00 as I did. He was sighing
6:30 and moaning and really
7:00 put himself into it. I found
7:30 out he does the Swedish Esalen
technique, while the woman
upstairs, who does more like
acupressure, does the Japanese

MAY 29 TUESDAY

149 « » 216

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A wager is a fool's argument

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JUNE 1990						
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MAY

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WEDNESDAY

150 « » 215

Let us have faith that right makes might—Lincoln

8:00 Shiatsu method — so that's good
8:30 to know for future reference.
9:00 Last Saturday I cleaned
9:30 out the lovebird's breeding
10:00 box — there was only one egg
10:30 left and it was long past
11:00 the time when it should have
11:30 hatched. The female has
12:00 resumed tearing up the news-
12:30 paper to build a nest, but so
1:00 far no eggs and she doesn't
1:30 seem as diligent or dedicated
2:00 as their first try.
2:30 Have had free time
3:00 enough to do some reading.
3:30 I started biographies of Joan
4:00 of Arc, and of Radclyffe Hall,
4:30 but they were so boring I
5:00 couldn't get through them.
5:30 So, even though it's a male-
6:00 to-female story, I'm finally
6:30 reading Jan Morris' CONUNDRUM
7:00 and thereafter will read
7:30 her latest PLEASURES OF A
TANGLED LIFE. So far in
CONUNDRUM she's made some
statements that struck me.

MAY 31 THURSDAY

151 « » 214

APRIL 1990						
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JUNE 1990						
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Whoever lives true life will have true love—Browning

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JUNE 1990

SUNDAY, JUNE 3 – *Jefferson Davis' birthday*
MONDAY, JUNE 11 – *Kamehameha Day, Hawaii*
THURSDAY, JUNE 14 – *Flag Day*
SUNDAY, JUNE 17 – *Father's Day*
WEDNESDAY, JUNE 20 – *West Virginia Day*
THURSDAY, JUNE 21 – *Summer begins*

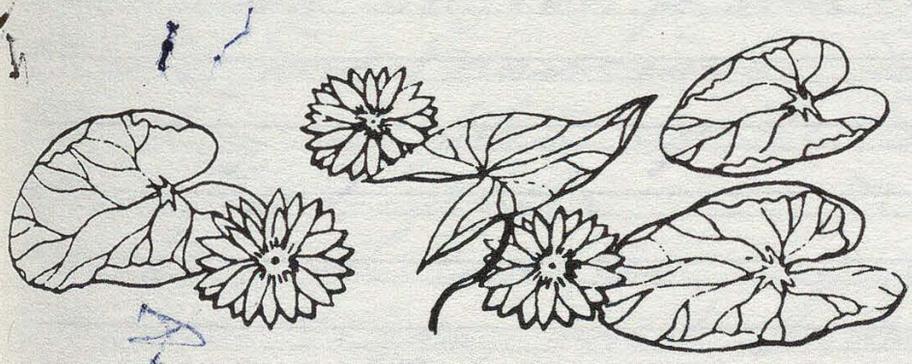
FULL MOON
8th
6:01 a.m.

LAST QUARTER
16th
11:48 p.m.

NEW MOON
22nd
1:55 p.m.

FIRST QUARTER
29th
5:07 p.m.

EASTERN
STANDARD TIME



June Memos and Birthday Reminders

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JUNE 1 FRIDAY

152 « » 213

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JULY 1990						
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He knocks boldly who brings good news—Italian

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JULY 1990						
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JUNE
2
SATURDAY
153 « » 212

Who ventures nothing has no luck—Spanish

8:00 9/3/90

8:30 Am on the plane returning
9:00 to San Francisco. Saturday, the
9:30 1st, I flew up to Seattle to
10:00 attend their "F-M GATHERING"
10:30 David [redacted], an FTM from
11:00 Las Vegas, and I stayed at
11:30 Jason [redacted], so there was
12:00 limited access to anything
12:30 and I hung around his place
1:00 mostly. Sunday we drove into
1:30 town for breakfast and then
2:00 back to Jason's for a nap.
2:30 The GATHERING was a 8 p.m.
3:00 and for our entertainment
3:30 they featured a male imper-
4:00 sonator lip-synching David
4:30 Byrne from the Talking Heads
5:00 record. She wasn't good at all
5:30 and seemed to have barely
6:00 made an effort to imitate
6:30 his appearance or dress.
7:00 After that a woman did a
7:30 very short excerpt from a play
she had performed in earlier
this year entitled "T. S. /
CROSSING." It seemed like it

JUNE 3 SUNDAY 22

154 « » 211

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JUNE 1990						
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JULY 1990						
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Wishes won't wash dishes

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JUNE 1990						
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JULY 1990						
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JUNE 4 MONDAY

155 « » 210

Better keep peace than make peace—Dutch

8:00 had possibilities for being good,
8:30 but her "excerpt" was so
9:00 short, it was over before I
9:30 could get the jist or rythmn
10:00 of it. The best part is that
10:30 15 female-to-males (and 4
11:00 guests) showed up for it and
11:30 all seemed in great awe of
12:00 me and with deep admiration.
12:30 It was a real ego-booster.
1:00 I got 7 new names for my
1:30 FTM mailing list. Far from
2:00 their "kicking in" for my
2:30 expenses, they never even
3:00 "passed the hat," so I'm
3:30 stuck holding the bag for
4:00 the $280 airfare. Afterwards,
4:30 6 of us went to the famous
5:00 restaurant atop the Space
5:30 Needle and I found that
6:00 really exciting and impressive,
6:30 but very expensive (cheapest
7:00 dinner $20) and the food
7:30 very mediocre. So this whole
trip cost me plenty, but I
figure while I can still get
around, I better do it. I'd

JUNE 5 TUESDAY

156 « » 209

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JUNE 1990						
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JULY 1990						
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Tis best to weigh an enemy more mighty than he seems—Shakespeare

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JUNE 1990						
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JULY 1990						
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JUNE 6 WEDNESDAY

157 « » 208

Choose an author as you choose a friend—Roscommon

8:00 entertained lofty visions that
8:30 they were going to surprise me
9:00 with the long-awaited 3rd
9:30 edition of INFORMATION FOR THE
10:00 FEMALE-TO-MALE, since they've
10:30 promised it to me by August.
11:00 What a dreamer I was. In fact,
11:30 not only is August come + gone,
12:00 but now they're saying October 1st!
12:30 Jason says they have advance orders
1:00 for 150 copies so far. I'm VERY
1:30 angry because all these delays
2:00 were completely unnecessary; they
2:30 redid EVERYTHING even though
3:00 I gave them camera ready copy
3:30 about a year ago!
4:00 This morning I slept 'til
4:30 10:30 to discover everyone had
5:00 ditched me and gone out for
5:30 breakfast; in addition they
6:00 locked me in the house so I
6:30 couldn't even drink my coffee
7:00 in the sunshine. A little
7:30 more transsexual conversation,
then to the airport by 4 p.m.
I'm glad I went + it reassures
me for future jaunts: Hawaii?

JUNE 7 THURSDAY

158 « » 207

MAY 1990						
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JUNE 1990						
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JULY 1990						
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Gie your tongue mair holidays than your head—Scottish

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JUNE 1990						
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JUNE 8 FRIDAY

159 « » 206

The Executive exists to make sensible exceptions to general rules—Elting E. Morison

8:00 9/6/90

I really do have the C on the L, or for those not in the know, "the cash on the line." Bob [redacted] lawyer handed me the check for $10,000! As I signed for it, I said, "I hope this doesn't screw up my Medi-Cal," and he said he didn't see how it could unless I deposited it in the bank, because it is NOT taxable and they don't report it to the IRS!! Wow What a load off my mind that is! I felt so relieved upon hearing that that I went right to the bank branch on which the check was drawn and told them I wanted to cash it. Of course they raised their eyebrows, but after confirming that, yes, I do want CASH, they took an extra long time verifying everything, then asked me to come into their back vault where the teller

JUNE

9

SATURDAY

160 « » 205

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Politeness is the chief sign of culture—Gracian

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JUNE 1990						
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JUNE
10
SUNDAY 23
161 « » 204

The merciful man doeth good to his own soul—**Bible**

8:00 discretely counted out one hundred
8:30 $100 bills. She warned me to
9:00 be very careful and suggested
9:30 I carry it in my pants pocket
10:00 instead of my backpack, which
10:30 would be too easy to grab.
11:00 I went right home on my
11:30 motorcycle, checking my
12:00 pocket several times along
12:30 the way. Made it home—
1:00 NO PROBLEM. So I should
1:30 be free and clear. Rusty has
2:00 offered to sink a fireproof
2:30 safe under my floor boards
3:00 and I guess I better.
3:30 It still hasn't hit me
4:00 that I'm incredibly rich!
4:30 I still have about $1,300 left
5:00 of the money I received from
5:30 Jack's estate. I can think
6:00 of only a few items I'd
6:30 like to buy, and since
7:00 my will doesn't leave any-
7:30 thing to my siblings, I
think for Christmas I'll give
$500 to Mary Ellen, as well as
John, Bridget + Kathy [redacted]

JUNE 11 MONDAY

162 « » 203

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JULY 1990						
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Rights and privileges are balanced by duties and responsibilities

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JUNE 1990						
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JUNE 12 TUESDAY

163 « » 202

An ounce of vanity spoils a hundred-weight of merit—French

8:00 That will still leave me $8,000
8:30 — still more than I can imagine
9:00 needing or spending.
9:30
10:00 9/9/90
10:30 While talking on the phone
11:00 with ma during our every-
11:30 Saturday-night call, she
12:00 brought up the lost interest
12:30 I was suffering by not putting
1:00 my Big Bucks in a bank
1:30 (of course she'd be concerned
2:00 about every last nickel). I
2:30 said, oh, how much loss
3:00 could it be, I'm sure not
3:30 much, at about 6% interest
4:00 rate. But as I figured it
4:30 out, that comes to $600 per
5:00 year! YIKES! That's A LOT.
5:30 So tomorrow I'm going to
6:00 discuss possibilities with Mary
6:30 Ellen of depositing this $10,000
7:00 in her name, or her kids', or
7:30 some way. It might mess
with her tax bracket, but I
could reimburse her whatever
the difference would be. $600

JUNE 13 WEDNESDAY

164 « » 201

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Energy and persistence alter all things—Franklin

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JUNE
14
THURSDAY
165 « » 200

That war is only just which is necessary

8:00 is too much to just disregard!

8:30

9:00

9:30 9/13/90

10:00 Well, finally something is

10:30 happening. Have been feeling

11:00 poorly as usual. Tuesday the 11th

11:30 saw Barbara [redacted] who said my

12:00 hematocrit was 24, the lowest

12:30 it's ever been, and I need to

1:00 come in for a blood transfusion.

1:30 But they're all booked up and

2:00 can't schedule me until Mon-

2:30 day the 17th! I couldn't eat

3:00 Tuesday or Wednesday, and

3:30 Wednesday evening (last night)

4:00 I began feeling congested and

4:30 had this dry cough. Not

5:00 coughing anything up, but

5:30 some terrible taste in my

6:00 throat, like sinus congestion.

6:30 Feeling extremely weak, and

7:00 this morning woke up with a

7:30 BAD headache that even the

Dilaudid doesn't relieve. I knew

I couldn't eat anything today

either and called Barbara

JUNE 15 FRIDAY

166 « » 199

MAY 1990						
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Happiness is a good that Nature sells to us—Voltaire

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JULY 1990						
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JUNE 16 SATURDAY

167 « » 198

Idleness is the holiday of fools—Chesterfield

8:00 to report this new lung con-
8:30 gestion. They took a chest x-ray
9:00 and said "something is dread-
9:30 fully wrong" with my upper
10:00 left lobe ... a "cavity" which
10:30 could be tuberculosis or just
11:00 the MAI or pneumocystis again.
11:30 They took blood gases and
12:00 admitted me to Moffitt Hospi-
12:30 tal until they can diagnose
1:00 what is going on. They're
1:30 going to start me on some
2:00 general antibiotic (Clindamy-
2:30 cin) ~~and~~ until they can
3:00 diagnose something more specific.
3:30 Anyway I think I got here
4:00 early enough for them to nip
4:30 this in the bud. Everyone
5:00 has questions about my female-
5:30 to-male status and I try to
6:00 reassure them I'm glad to
6:30 answer their questions, as I
7:00 think — especially the medical
7:30 profession — needs to be
educated about this.

JUNE 17

SUNDAY 24

Father's Day

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Nothing is beautiful from every point of view—Horace

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JULY 1990						
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JUNE

18

MONDAY

169 « » 196

The heart has its reasons which reason cannot know—Pascal

9/14/90

Feeling much better today. That bad headache's gone. The respiratory therapist (since Kathleen's dealings with ~~me~~ them, we've come to know them as "respiratory terrorists") came this morning and I was able to cough up some valuable yucky phlegm but now they claim they didn't collect enough so will have to do it again tomorrow. Makes me mad, cuz all day I've been hacking up stuff and could easily have provided them with more. Docs seem fairly certain it's tuberculosis, which is pretty easy to treat, but he thought treatment would involve the same MAI drugs I took last year and had an allergic ~~reaction~~ reaction to. I ate a bit today and manage to leave them two huge shits. I get an unbearable shooting pain right in my back when I hack, though; now I think all this

JUNE 19 TUESDAY

170 « » 195

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JULY 1990						
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Take time by the forelock—Thales

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JUNE 1990						
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JULY 1990						
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JUNE 20 WEDNESDAY

171 « » 194

Study the past if you would divine the future—Confucius

8:00 pain I've identified as back pain
8:30 has in actuality been this "cavity
9:00 developing in my upper lobes of my
9:30 lungs. As soon as I doze off,
10:00 I get the cold sweats. Right
10:30 now I'm just finishing up 2 units
11:00 of a blood transfusion. Had
11:30 long visits with Mary Ellen,
12:00 Kathy and Denis. Called ma
12:30 and told her I'm in the hospital
1:00 with possible tuberculosis, she
1:30 shed a few tears, then began
2:00 telling me her doctor just
2:30 found out she's ~~can~~ anemic.
3:00 Also phoned Bridget, who
3:30 was busy cooking dinner and
4:00 will call later. I just feel
4:30 very tired and sore and
5:00 can't get comfortable. My poor
5:30 brutalized body....
6:00 Also received a long phone
6:30 call from Flame this morning.
7:00 The October trip to Hawaii still
7:30 seems possible, but we'll see.

A very goodlooking young doctor came in last night to examine me and I could tell

JUNE
21
THURSDAY

172 « » 193

MAY 1990						
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JULY 1990						
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Forbidden things have a secret charm—Tacitus

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JUNE 1990						
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JULY 1990						
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JUNE

22

FRIDAY

173 « » 192

In goodness there are all kinds of wisdom — Euripides

8:00 he was MOST interested in my
8:30 genitoplasty... in an attempt to
9:00 legitimize his "exam" he lamely
9:30 asked if I had any pain down
10:00 there, or if I ever have any
10:30 "discharge from my testicles"!
11:00 How do you get THAT! But
11:30 I was happy to spread my
12:00 legs for him — HA HA
12:30
1:00
1:30 9/15/90
2:00 Feeling progressively better.
2:30 Had a decent sleep with no
3:00 sweats last night. Docs say
3:30 still no definite diagnosis. I gave
4:00 them another sputum sample. I
4:30 guess they decided this general
5:00 I.V. antibiotic, clindamycin,
5:30 that they were giving me, wasn't
6:00 doing any good, so now they
6:30 have me on intravenous Septra
7:00 every 6 hours. Kathy, Mary Ellen
7:30 and Denis are all knocking
themselves out trying to make
me more comfortable. I'm very
bored; not only does the TV

JUNE 23 SATURDAY

174 « » 191

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JUNE 1990						
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JULY 1990						
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None are fools always, though everyone sometimes—D'Urfey

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JUNE 1990						
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JULY 1990						
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JUNE

24

SUNDAY

25

175 « » 190

Be bright and jovial among your guests—Shakespeare

8:00 have terrible reception, but
8:30 there's a short in the volume,
9:00 so it's not even worth watching.
9:30 I can't really concentrate long
10:00 to read. Doing a lot of thinking
10:30 about what's next for me. Is it
11:00 finally time to give up my FTM
11:30 meetings and newsletter and
12:00 let the others assume the
12:30 responsibility? Time to bow out
1:00 of the typesetting and paste-up
1:30 duties I have for the Gay Historical
2:00 Society? No more eating out
2:30 every week with Bruce because
3:00 I just order food I can't finish?
3:30 I do feel I've accomplished my
4:00 major goals and, if it is time
4:30 for me to lay down permanently,
5:00 it's OK. But I'm used to
5:30 pulling through these bouts of
6:00 disease, so maybe I'll be
6:30 back in the saddle again,
7:00 sometime down the road.
7:30 Doc assures me he's optimistic
they can treat the TB, however,
he says they'll "have to go back
to the drawing board" to devise

JUNE 25 MONDAY

176 « » 189

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JUNE 1990						
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JULY 1990						
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He who considers too much will perform little—Schiller

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JUNE 1990						
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JULY 1990						
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JUNE

26

TUESDAY

177 « » 188

The sweetest of all sounds is praise—Zenophon

8:00 a treatment regime especially for
8:30 my needs.
9:00
9:30 9/16/90
10:00 Well, this little stay in
10:30 the hospital sure has forced
11:00 me to re-evaluate my hopes
11:30 of being cared for at home
12:00 by friends and relatives.
12:30 Mary Ellen surprises me most.
1:00 I was admitted Thursday
1:30 afternoon. She came to visit
2:00 Friday morning, and Saturday
2:30 I asked her to bring me some
3:00 things from my house.
3:30 Through the Sullivan
4:00 grapevine I hear (and can
4:30 see it in her) that she is
5:00 completely overwhelmed and
5:30 stressed out by the added
6:00 responsibility she's shouldered
6:30 since I was admitted. I mean,
7:00 if she can't come visit me
7:30 in the hospital, where she
needn't do anything, how in
hell can she help me when
I'm totally bedridden and

JUNE
27
WEDNESDAY

178 « » 187

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JULY 1990						
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It is not good to have everything one wants—Pascal

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JUNE 1990						
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JULY 1990						
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JUNE

28

THURSDAY

179 « » 186

A man of courage is also full of faith—Cicero

8:00 unable to care for myself.
8:30 If she would continue to
9:00 come to my house one morning
9:30 a week, as we've planned,
10:00 I ask no more of her. But
10:30 even this once a week for a
11:00 few hours has pressed her
11:30 limit. And Kathy
12:00 [redacted]. She came right
12:30 away when I was being
1:00 admitted and also came by
1:30 Friday. She said she was
2:00 going to a baseball game on
2:30 Saturday and would call me
3:00 afterwards and come by.
3:30 I've heard nothing from her
4:00 since. Weekends are boy-
4:30 friend and dating time,
5:00 which is fine, but don't
5:30 say you'll call or be
6:00 there and then just disappear.
6:30 Will she be there for me
7:00 on her one day a week
7:30 shift? I don't think I
can be certain of it. It may
be more reassuring for me
if I do investigate and

JUNE

29

FRIDAY

180 « » 185

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JULY 1990						
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Don't look for five feet on a cat—Cervantes

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JUNE 1990						
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JUNE 30 SATURDAY

181 « » 184

A single good government is a blessing to the whole earth—Jefferson

8:00 arrange for care from an
8:30 outside agency, e.g. Project
9:00 Open Hand which will deliver
9:30 hot meals daily, or Shanti,
10:00 who'll do grocery shopping,
10:30 clean, wash dishes, and
11:00 Visiting Nurses, who'll wipe
11:30 my ass and give me a bath.
12:00 At least I'll feel secure
12:30 they'll show up, and that
1:00 I'm not overly burdening
1:30 their emotional limits.
2:00 The only one who's consist-
2:30 ently come through for me
3:00 in a stable attitude has
3:30 been Denis, and much of
4:00 the time he's TOO
4:30 helpful, e.g., he asks me
5:00 if I'd like for him to cut
5:30 my meat at dinner when
6:00 I'm perfectly able to do
6:30 it myself. He makes me
7:00 feel like a baby.
7:30

JULY 1990

SUNDAY, JULY 1 – *Canada Day*
WEDNESDAY, JULY 4 – *Independence Day*
FRIDAY, JULY 13 – *Nathan B. Forrest's birthday*
TUESDAY, JULY 24 – *Pioneer Day, Utah*

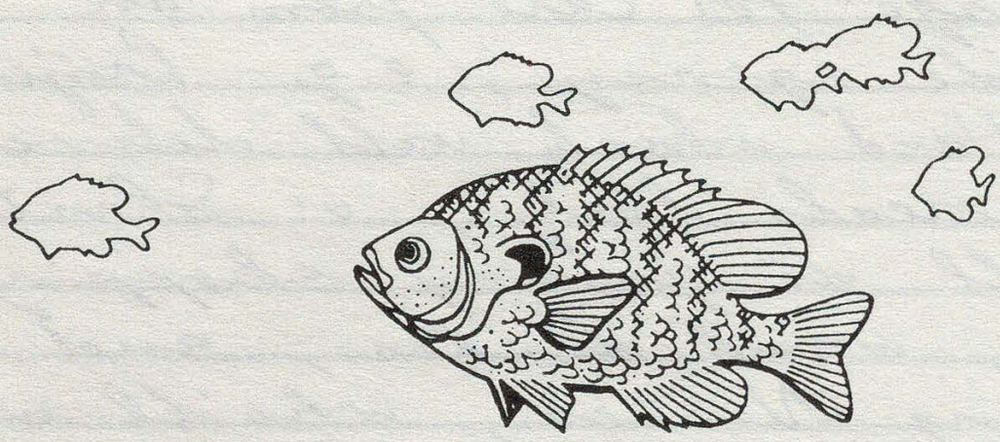
FULL MOON
8th
6:01 a.m.

LAST QUARTER
15th
11:04 a.m.

NEW MOON
22nd
9:58 a.m.

FIRST QUARTER
29th
9:01 a.m.

EASTERN STANDARD TIME



July Memos and Birthday Reminders

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JULY

1

SUNDAY 26

182 « » 183

Envy is the sorrow of fools—German

8:00 9/16/90

8:30 A day pretty much like
9:00 yesterday. I put on my anti-
9:30 infectious mask this morning
10:00 and snuck out of the hospital
10:30 to get a Sunday newspaper.
11:00 They also let me eat breakfast
11:30 for the first time since I've
12:00 been here, but now they've
12:30 stamped my food order ISOLATION
1:00 and serve everything on paper or
1:30 styrofoam plates with plastic
2:00 utensils. YUCK. This afternoon
2:30 Kathy came to visit about an
3:00 hour. Later I took a shower.
3:30 So it's been a full day. Three
4:00 times a day I'm tethered to
4:30 the I.V. Septra plugged into
5:00 the wall so I can barely
5:30 reach the bathroom. When
6:00 I try to nap, I immediately
6:30 start the cold sweats,
7:00 mostly over my neck and
7:30 chest, soaking my top, my
hair and pillow, so I haven't
even had the luxury of sleeping
during the day. I ate a good

JULY 2 MONDAY

183 « » 182

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Children are like wet cement. Whatever falls on them makes an impression—Haim Ginott

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JULY 3 TUESDAY

184 « » 181

When there is room in the heart, there is room in the house—Danish

8:00 dinner. Cute Dr. [redacted] came
8:30 in and they've decided to do
9:00 a bronchoscopy on me tomorrow.
9:30 This is just like last time I
10:00 was here for pneumocystis.
10:30 They induce all these sputum
11:00 tests, then decide they can't
11:30 diagnose from the ~~spuu~~ sputum
12:00 and do a bronchoscopy. As I
12:30 recall, it wasn't a traumatic
1:00 test. I complained about
1:30 their medicine dispursement
2:00 system and we talked it all
2:30 out, but later the nurses
3:00 said he didn't write the
3:30 orders as he and I had agreed.
4:00 So we're still dickin' around
4:30 with lots of throat lozenges
5:00 I don't even need, but no
5:30 acyclovir (which he urged
6:00 me to let them dispense instead
6:30 of taking my own, and
7:00 dilauded pain killers every
7:30 8 hours, a number he must
have picked out of a hat.
Later Mary Ellen called and
agreed to come Tuesday, if I'm

JULY 4 WEDNESDAY

Independence Day

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The discontented man finds no easy chair—Franklin

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JULY 1990						
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JULY

5

THURSDAY

186 « » 179

Impudence is the worst of all human diseases—Euripides

8:00 still here, which I most likely
8:30 will be. Yesterday she and I
9:00 had a little snit because she
9:30 smuggled her three little kids
10:00 into my room and baby Jack
10:30 didn't want to wear his mask,
11:00 so Mary Ellen is helping him
11:30 take it off. I said No Way,
12:00 she got huffy and hustled out
12:30 of here.
1:00 Denis and Jamie [redacted]
1:30 pulled together the FTM
2:00 Get-Together I'd scheduled
2:30 for today but, of course,
3:00 could not attend. It really
3:30 is an opening dress rehearsal
4:00 and practice for some
4:30 "leaders" to emerge to
5:00 take over the group, because
5:30 I'm quickly losing the
6:00 energy to do it any more.
6:30
7:00
7:30

9/17/90

Well, I sure am finding
out each person's level of
concern for me. I haven't

JULY 6 FRIDAY

187 « » 178

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Uneasy lies the head that wears a crown—Shakespeare

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JULY 1990						
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JULY 7 SATURDAY

188 « » 177

Never ask pardon before you are accused

8:00 heard from Nanc at all since
8:30 her 4 or 5 minute call last
9:00 Saturday (two days ago) during
9:30 which she never asked one question
10:00 about how I am or did the
10:30 docs say anything new. She
11:00 simply wanted to inform me
11:30 she had "taken care of everything"
12:00 as I'd asked her to buy flowers
12:30 for me to give to Llano for her
1:00 birthday (actually it was
1:30 Nanc's idea I do it that
2:00 way). So she assures me
2:30 she's "taken care of everything"
3:00 and the flowers are gorgeous,
3:30 and goodbye. Needless to say,
4:00 I was shocked by this, after
4:30 her typical routine one-hour
5:00 phone calls. But I figured
5:30 she'd call the next day, Sunday.
6:00 Nothing. And nothing today,
6:30 Monday, either. I decided
7:00 this was real shitty, so I
7:30 phoned her just now (about
the same time in the evening
we talk on Saturday). It rang
for so long, I wondered if

JULY 8 SUNDAY 27

189 « » 176

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Where is a workman without his tools?

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JULY 1990						
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JULY 9 MONDAY

190 « » 175

Money was made for the freehearted and generous—Gay

8:00 I should send the paramedics
8:30 to Bluemound Road, when
9:00 Ilano's tiny voice answers.
9:30 She said mom's already gone
10:00 to bed, she has bad diarrhea
10:30 and she guesses she's not
11:00 answering the phone. So I
11:30 just said I'll try again
12:00 tomorrow. Now I sit here
12:30 thinking, "Ok, ma. That
1:00 was my phone call to tell
1:30 you Lou has just died.
2:00 I'm sorry you're too sick
2:30 to care."
3:00 Mary Ellen called this
3:30 morning that she ~~is~~ has
4:00 done the worst thing in her
4:30 life and is traumatized
5:00 beyond repair. Wow... when
5:30 I asked what did you do??
6:00 she says she lost the roll
6:30 of film she took while in
7:00 Milwaukee. She sounded like
7:30 her whole world has collapsed.
We talked a bit about Lou
and she promised to come by
tomorrow morning. As I

JULY 10 TUESDAY

191 « » 174

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Faults are thick where love is thin—Howell

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JULY

11

WEDNESDAY

192 « » 173

A little fact is worth a whole limbo of dreams—Emerson

8:00 look back on the conversation,
8:30 I feel like saying to her,
9:00 "Well, I'm sorry to hear that
9:30 losing a roll of film is the
10:00 most important thing in
10:30 your life."
11:00 Both she and Nanc care
11:30 so much that they're running
12:00 away from me as fast as they
12:30 can. And I don't mean
1:00 that sarcastically.
1:30 Pretty quiet day. At 6 a.m.
2:00 the Respiratory Terrorist came
2:30 in to force me to hack up
3:00 some congestion for him for
3:30 their sputum tests, that
4:00 tonight they say didn't
4:30 tell them anything. As I
5:00 recall, these sputum tests
5:30 ~~were~~ didn't tell them any-
6:00 thing then, either. So tomorrow
6:30 they're bringing out the Big
7:00 Guns and will do a broncho-
7:30 scopy. Which will definitely
~~give~~ us a final diagnosis.
Meanwhile I'm plagued
with continual cold sweats,

JULY 12 THURSDAY

193 « » 172

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The better part of valor is discretion—Shakespeare

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JULY 1990						
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JULY
13
FRIDAY
194 « » 171

The more noble, the more humble

8:00 day and night, and especially
8:30 if I doze off or try to nap.
9:00 Really uncomfortable.
9:30 Had a charming day
10:00 nurse today named John.
10:30 I sat on the side of the bed,
11:00 he stood beside me, and as
11:30 I answered his questions
12:00 about my disease, symptoms,
12:30 etc., he rubbed my back,
1:00 and essentially gave me a
1:30 real nice back rub for about
2:00 15 minutes! Neither of us
2:30 said anything, though I
3:00 told him "that feels so good."
3:30 Again, these few moments
4:00 of intimate male/male
4:30 contact thrills me so much
5:00 that all the hassles of making
5:30 my change were worth it.
6:00 I wondered if John knew
6:30 I was a transsexual. He was
7:00 very kind and helpful.
7:30 Barbara [redacted] came by to
see me and I expressed my
problems with these hospital
doctors not consulting with her,

JULY 14 SATURDAY

195 « » 170

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Learning without thought is labor lost—Confucius

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JULY
15
SUNDAY 28
196 « » 169

Vision is the art of seeing things invisible—Swift

8:00 who knows everything about
8:30 me. She promised she'll initi-
9:00 ate the communication link.
9:30 Again Kathy came by for
10:00 about an hour, brought me
10:30 some food & guess I better
11:00 eat. She promised to stay
11:30 longer tomorrow, maybe
12:00 play Scrabble.
12:30
1:00 9/18/90
1:30 They did their bronchoscopy
2:00 this morning and this after-
2:30 noon already had the results.
3:00 The docs said I fooled every-
3:30 one by having two diseases
4:00 at once. One, of course, is
4:30 pneumocystis carinii pneumonia
5:00 (my second bout with this
5:30 disease), plus an acid-fast
6:00 bacillus which would take
6:30 6 weeks to culture to deter-
7:00 mine if it's tuberculosis or
7:30 just more of the MAI infection.
They've been treating the
pneumocystis since Saturday
with the I.V. Septra, but

JULY 16 MONDAY

197 « » 168

JUNE 1990						
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Rust wastes more than use—French

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JULY 17 TUESDAY

198 « » 167

Write injuries in sand, but benefits in marble—French

8:00 assembling a treatment plan
8:30 for the acid fast bacillus
9:00 is not so easy. Doc said
9:30 after they've decided what to
10:00 give me, they want me to take
10:30 it 2 days in the hospital
11:00 before they send me home. So
11:30 that sounds to me like I'll be
12:00 here at least through Friday.
12:30 Early this morn Nanc
1:00 calls, real chipper, saying oh,
1:30 she hears I'm wondering why
2:00 she's not calling. I said yeah,
2:30 am I on her "shit list" or
3:00 what? She said oh no, but
3:30 "everyone" (i.e., Mary Ellen)
4:00 has told her I can't tolerate
4:30 these 1½ hour phone calls every
5:00 week, so she (Nanc) decided to
5:30 give me a long vacation. I
6:00 agreed the conversations have
6:30 been too long, but I'd like to
7:00 at least know she's concerned
7:30 and we can talk a short while.
Meanwhile all the bronchoscopy
docs were piling in, so ma said
she'd phone me later tonight.

JULY 18 WEDNESDAY

199 « » 166

JUNE 1990						
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An evil life is a kind of death—Ovid

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JULY

19

THURSDAY

200 « » 165

A fine cage won't feed the bird

8:00 Also Bridget phoned, as she
8:30 promised.
9:00 Mary Ellen phoned this
9:30 morning though she'd make a
10:00 date to come by this morning.
10:30 She said she could get a sitter
11:00 for Jack and we could have a
11:30 long visit. I reminded her of
12:00 that, and she flippantly said
12:30 oh, yeah, she couldn't arrange
1:00 the sitter, but forgot to tell
1:30 me she wasn't coming. Reminding
2:00 me that WEDNESDAYS are our
2:30 scheduled day.
3:00 Kathy and Denis both came
3:30 by and Denis took all my wet
4:00 night sweat soaked jammies
4:30 to a laundromat.
5:00 * * *
5:30
6:00 Great news! They've discontinued
6:30 my intravenous Septra and will
7:00 begin giving it to me in pill
7:30 form. Such a relief not to be
chained down for ~~four hours~~
~~to~~ two plus hours, four times
a day.

JULY 20 FRIDAY

201 « » 164

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"They say" is often proved a great liar

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JULY 1990						
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JULY

21

SATURDAY

202 « » 163

There is no time like the present—Smollett

8:00 9/19/90

8:30 So looks like I'll be bustin'

9:00 outa the hospital Friday

9:30 morning. Today is Wednesday.

10:00 They've started me on the

10:30 tuberculosis medicine, using only

11:00 two of the four medicines I'd

11:30 taken last year for MAI, but

12:00 became allergic to. But docs

12:30 say I'm contagious until after

1:00 4 days of taking the TB drugs

1:30 and the only way I can trans-

2:00 mit it is through airborne

2:30 droplets directly into some-

3:00 body else's lungs. Pretty

3:30 unlikely. But at least through

4:00 Saturday, I'll have to wear

4:30 a surgical mask so I don't

5:00 cough and create "airborne

5:30 droplets" and you know how

6:00 Jim (my roommate) is going

6:30 to deal with that, Mister

7:00 Nervous Nelly. But, hey,

7:30 too bad — just stay away

from me then. I'll just stay

in my room and out of the

kitchen when he's in the kitchen.

JULY 22 SUNDAY 29

203 « » 162

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JULY 1990						
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Man proposes, God disposes—Plautus

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JULY 1990						
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AUGUST 1990						
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JULY

23

MONDAY

204 « » 161

No legacy is as rich as honesty—Shakespeare

8:00 Meanwhile I have all my
8:30 first-string care providers
9:00 poised for duty. Unfortu-
9:30 nately Denis goes in Friday for
10:00 some repair work on his genito-
10:30 plasty. But once a week I'll
11:00 see Bruce for grocery shopping,
11:30 Mary Ellen for laundry,
12:00 occasional errands or shopping,
12:30 Kathy for shopping and house
1:00 cleaning, and everyone that
1:30 comes by on their day can do
2:00 whatever dishes have collected
2:30 since the last time. I really
3:00 can't think of anything else
3:30 that I'll need someone to do.
4:00 I will phone Project Open Hand
4:30 to get information and possibly
5:00 on their waiting list.
5:30 I must get back on
6:00 my text entry of my diaries
6:30 as this might be one of those
7:00 things that I don't finish.
7:30 And if I don't . . . .

And it all could have been predicted and is no surprise to anyone that mom

JULY 24 TUESDAY

205 « » 160

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JULY 1990						
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Freedom is nothing else but a chance to be better—Albert Camus

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JULY 1990						
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JULY

25

WEDNESDAY

206 « » 159

The eagle does not hunt flies—German

8:00 admitted herself into the
8:30 hospital this morning, saying
9:00 she's bleeding from her ass
9:30 and thinks she needs a BLOOD
10:00 TRANSFUSION — something she's
10:30 never had. I guess this is
11:00 all connected with the anemia
11:30 she found out she has the day I
12:00 was admitted to the hospital.
12:30 It's like she hears about me
1:00 getting a transfusion, so now she
1:30 wants one. (I don't think
2:00 this is a routine treatment
2:30 for hemmahoids (however you
3:00 spell it...)! Makes me mad
3:30 cuz I truly feel she's just in
4:00 competition with me on "who's
4:30 the sickest" like she did
5:00 when Kathleen was diagnosed.
5:30
6:00
6:30 9/22/90
7:00 Today's Zamot's 30th birthday,
7:30 or was it yesterday? Who Cares
Yesterday Mary Ellen came over + spent several hours making me comfortable, cleaning up around

JULY 26 THURSDAY

207 « » 158

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JULY 1990						
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Brevity is a great charm of eloquence—Cicero

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JULY 1990						
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JULY

27

FRIDAY

208 « » 157

A hero is no braver than anyone else; he is only brave five minutes longer—Ralph Waldo Emerson

8:00 here. We also phoned Nanc, who's
8:30 in the hospital in Milwaukee
9:00 with no diagnosis. Later Kathy +
9:30 Cheyney (visiting from Honolulu)
10:00 came by. I got my first delivery
10:30 of free food from Project Open
11:00 Hand and it was pretty good.
11:30 They'll deliver every day!
12:00 I haven't been feeling
12:30 much better since I left the
1:00 hospital and these past two
1:30 days have had vomiting episodes
2:00 and, right now, for over a half
2:30 hour, I can't seem to stop
3:00 coughing. None of the remedies
3:30 are working. It's wracking my
4:00 poor frail body.
4:30 Talked to Nanc again
5:00 today and she is actually getting
5:30 a 2-unit blood transfusion. I
6:00 feel violated — like it sure is
6:30 suspicious that I need a blood
7:00 transfusion, then she needs one
7:30 (something she's never had), and
I get a bronchoscopy and now
she needs one on Monday. Doesn't
this all seem a little fishy?

JULY 28 SATURDAY

209 « » 156

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JULY 1990						
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AUGUST 1990						
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Whatever is worth doing at all is worth doing well—Chesterfield

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JULY 1990						
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JULY
29
SUNDAY 30
210 « » 155

Be silent, or let thy words be more than silence—Pythagoras

8:00 I feel just as weak and out
8:30 of it as I did in the hospital (did
9:00 I just say that?), and am not
9:30 accomplishing much of anything
10:00 but trying to maintain my body,
10:30 with medicines, food, sleep.
11:00
11:30
12:00 9/26/90
12:30 I weigh 88 lbs. and can't
1:00 remember ever feeling worse.
1:30
2:00
2:30 9/27/90
3:00 Wow, things happen fast.
3:30 Yesterday I had my regular
4:00 clinic appointment with Barbara
4:30 [redacted] and Mary Ellen insisted on
5:00 bringing me. Barbara took one
5:30 glance and the fact that I weighed
6:00 88 (lost 9 lbs. in a week!)
6:30 that she immediately acted to
7:00 admit me back into the hospital.
7:30 She said I'm not ready to die yet
and still have a few productive
months in me, once I get past
this severe dehydration. I've been

JULY 30 MONDAY

211 « » 154

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Anger is brief lunacy—Horace

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JULY

31

TUESDAY

212 « » 153

Example is always more efficacious than precept—Jonson

8:00 with the diahhrea and vomiting since
8:30 the 23rd and unable to consume
9:00 much food at all. They put me on a
9:30 sugar/water I.V. right away and
10:00 it took 3 hrs. before I was in a
10:30 hospital bed. I must say, a MUCH
11:00 nicer view out the windows (huge trees)
11:30 reminding me of my stay here when
12:00 diagnosed in Dec. '86, plus a MUCH
12:30 more modern, clean, spacious room
1:00 with a functional TV and writing
1:30 desk! My area interest doc,
2:00 two female assistants, interviewed
2:30 me a long time on my history and
3:00 when he asked if I had any prostate
3:30 problems, I laughed and said I
4:00 don't have one. He laughed, too,
4:30 and said oh, yes, that is right!
5:00 Now he had led me to believe that
5:30 he hadn't seen any of my records
6:00 yet, so I'm curious how the word
6:30 got around. I said oh, so you
7:00 know all about that. He looked
7:30 down shyly. We briefly discussed
my surgeries and he took a good
look during the general examination.
Then he asked if he could ask a

AUGUST 1990

MONDAY, AUG. 6 – *Colorado Day*
TUESDAY, AUG. 14 – *V-J Anniversary*
THURSDAY, AUG. 16 – *Bennington Battle Day*
FRIDAY, AUG. 17 – *Admission Day, Hawaii*

FULL MOON
6th
9:19 a.m.

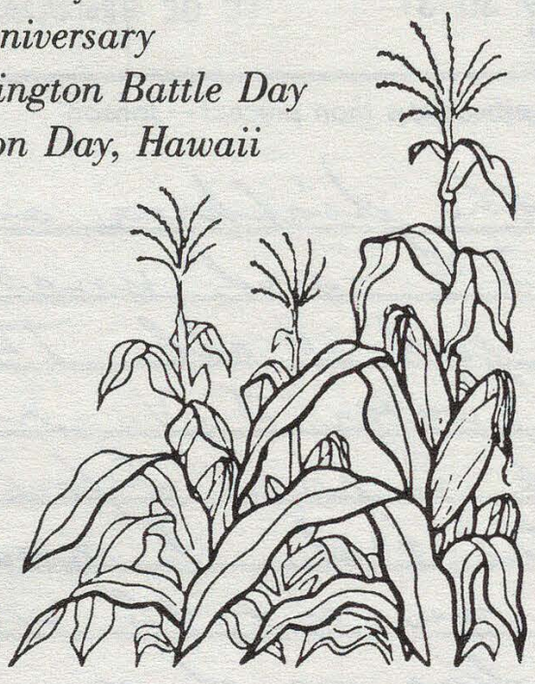
LAST QUARTER
13th
10:54 a.m.

NEW MOON
20th
7:39 a.m.

FIRST QUARTER
28th
2:34 a.m.

EASTERN STANDARD TIME





August Memos and Birthday Reminders

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AUGUST 1 WEDNESDAY

213 « » 152

Not many men have both good fortune and good sense—Livy

8:00 personal question — why did you want
8:30 to change? I said because it was too
9:00 weird being a female — That I'd be in
9:30 a room full of women and feel
10:00 totally alienated, like "What are
10:30 these people talking about?" But
11:00 when I was in a group of guys and
11:30 passing as another guy, I felt
12:00 completely comfortable and it all
12:30 made sense. He nodded his head
1:00 and said, "so, for social reasons..."
1:30 He also remarked about my long
2:00 "limbs" between top and bottom
2:30 surgery and I indicated the D&D
3:00 problem, plus briefly described
3:30 how the gender clinics spurned
4:00 me because I wanted to live
4:30 (and was living) as a gay man.
5:00 And that's how I got AIDS.
5:30 He said it must have been
6:00 difficult, but I said no, on
6:30 the contrary I had a lot of
7:00 luck finding lovers who didn't
7:30 care and sustained a 5-year
relationship during those very
years.

Well, maybe I'm a braggart,

AUGUST

2

THURSDAY

214 « » 151

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If God is for us, who can be against us?—Bible

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AUGUST 3 FRIDAY

215 « » 150

Wit and judgment are often at strife—Pope

8:00 but I feel so proud and so good
8:30 about myself being able to relate
9:00 this remarkable and joyous life
9:30 I've had to this young eager and
10:00 attractive doctor. I feel like some-
10:30 one who's done something important
11:00 and worthwhile with his life and
11:30 I hold my head high.
12:00 Anyway this doc seems very
12:30 innovative and up on the latest.
1:00 He's said several times he doesn't
1:30 think I have tuberculosis at all,
2:00 even though the hospital has once
2:30 again placed me under "respiratory
3:00 precautions" and anyone entering
3:30 my room must wear a surgical
4:00 mask, even though the big docs
4:30 never do. I'm supposed to wear
5:00 one, too, if I leave my room.
5:30 He's stopped all my medications,
6:00 which I'm so glad, except for
6:30 the dilaudid. He asked why they
7:00 aren't giving me Marinol (the
7:30 marijuana derivative THC used
to control nausea) and I explained
I've asked for it but they wanted to
"try these wimp drugs first"

AUGUST 4 SATURDAY

216 « » 149

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To industry nothing is impossible—Latin

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AUGUST 5 SUNDAY 31

217 « » 148

The doors of wisdom are never shut—Franklin

8:00 like Compozine. He said well, we're
8:30 not into "wimps" drugs and in a few
9:00 hours I popped my first 2.5 mg of
9:30 Marinol. Flame will be so proud
10:00 of me. This doc also is investigating
10:30 something in use for over a year
11:00 to increase appetite called Megace,
11:30 and a substitute for the many-
12:00 side effect prone Septra for treating
12:30 pneumocystis, called Dapsone. So
1:00 this guy's on the ball and I like
1:30 his foresight.
2:00 They took me down for chest
2:30 xrays at 1 a.m. and awake with
3:00 other tortures (they have a hard
3:30 time needling any veins cuz I'm
4:00 so dehydrated)
4:30 * * *
5:00
5:30 This has been a very positive
6:00 day. They've constantly had an
6:30 I.V. in my arm since I got
7:00 here and that alone has perked
7:30 me way up. I actually took a
walk down to the microwave kitchen
to make some tea and then returned
for a bucket of ice, ~~so~~ and I never

AUGUST

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MONDAY

218 « » 147

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He that asketh faintly beggeth a denial—Fuller

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AUGUST 7 TUESDAY

219 « » 146

Men learn while they teach—Seneca

8:00 could have done that yesterday.
8:30 My chest x-rays are
9:00 VERY cleared up from those of
9:30 only a week ago, another sign
10:00 the tuberculosis bit wasn't true.
10:30 They have removed the "respiratory
11:00 precaution" mask requirement.
11:30 So they say they think I probably
12:00 am just having my second bout
12:30 of pneumocystis and the MAI
1:00 is progressing, showing its
1:30 acid fast bacillus, so they're
2:00 going to keep me here at the
2:30 hospital until I'm rehydrated
3:00 and gain some weight (Barbara
3:30 doesn't think it too much to
4:00 ask that I get back up to 100
4:30 lbs.), and until they can all
5:00 agree what disease it is I
5:30 really have, and what the best
6:00 course of treatment in my case
6:30 would be. Then I can go home.
7:00 Meanwhile I ate and kept down
7:30 a big lunch and a big dinner
and am scrounging around here
for other munchies.

Kathy came by to bring me

AUGUST

8

WEDNESDAY

220 « » 145

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Everybody's business is nobody's business

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AUGUST 9 THURSDAY

221 « » 144

Many hands make the burden light—Latin

8:00 conveniences from home and Mary
8:30 Ellen said she'd come tomorrow.
9:00 I'd tell them not to make such
9:30 a fuss, but I feel like, hey, if
10:00 I really AM going to live only a
10:30 few more months, they can just
11:00 get here while they still can!
11:30 Dr. Harry [redacted], the
12:00 Director of the Univ. of Calif.
12:30 Medical Center AIDS Clinic,
1:00 came by to say hi. I'm always
1:30 glad to see him since his
2:00 personal interest in my case
2:30 way back when I was first diagnosed,
3:00
3:30
4:00 9/28/90
4:30 I'm feeling like a new person.
5:00 What a reversal! Got a good
5:30 sleep last night, dotted with
6:00 sweet vivid dreams of past
6:30 wonderful events of my life
7:00 (possibly stimulated to my mind
7:30 via the dose of Marinol I took
before bed). This morn I was
HUNGRY and, when Mary Ellen
came to visit, we took a long

AUGUST

10

FRIDAY

222 « » 143

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Truth never did his master shame—Chaucer

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Research

Researchers at the Centers for Disease Control said they have found that the patch test for tuberculosis doesn't work if the person is HIV-positive.

It makes diagnosis of TB almost impossible among people with AIDS — who not only have weaker defenses against TB, but tend to get certain TB strains that are hardest to treat.

■ A team at UC-San Francisco found that oral trimethoprim-dapsone is as effective in treating first episodes of PCP pneumonia as the standard treatment, trimetho-

★ ★ ★ Sunday, September 23, 1990

prim-sulfamethoxazole, but with fewer side effects.

■ A three-year study at UCSF confirmed the value of 300 mg of aerosolized pentamidine every four weeks in preventing PCP, according to the New England Journal of Medicine.

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AUGUST 11 SATURDAY

223 « » 142

Friendship is the band of reason—Sheridan

8:00 walk to the cafeteria where I
8:30 stocked up on goodies for later.
9:00 Ate a good lunch, then Kathy
9:30 visited. Docs took me off the
10:00 I.V. saline solution and will
10:30 begin treating my pneumocystis
11:00 with a new oral preparation
11:30 called trimethoprim-dapsone
12:00 (see clipping). They suggested
12:30 we might also consider my
1:00 starting to take AZT again
1:30 at the new popular half-dose.
2:00 * * *
2:30
3:00 Miraculously I'm already
3:30 back up to 95 lbs. Amazing
4:00 what sugar water will do.
4:30 Just moments ago I popped my
5:00 first Megace (to increase
5:30 appetite) and, finally, my
6:00 first dapsone (for PCP).
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AUGUST 12 SUNDAY

32

224 « » 141

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Hope ever urges on and tells us tomorrow will be better—Tibullus

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AUGUST
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MONDAY
225 « » 140

Wise men learn more from fools than fools from the wise—Cato

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9/29/90

Looks like I'm going home tomorrow. All day I've had an especially sore abdomen, I think from constipation, and they're concerned about a slight fever I have. I weigh 94 lbs. But it seems I'm tolerating the new medications. I still have very low energy, my heart is beating fast, can only take shallow breaths. Classic pneumocystis.

9/30/90

Am still in the hospital, mainly because I've developed a slight fever and the docs are all concerned. Took another chest x-ray, did blood cultures, urine tests. So far all they can definitely say is I have an unidentified bacteria in the junk I coughed up for them a few days ago, and it's the same bacteria they found in my nose when they did a culture of

AUGUST 14 TUESDAY

226 « » 139

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The greatest prayer is patience — Buddha

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AUGUST 15 WEDNESDAY

227 « » 138

One today is worth two tomorrows — German

my bloody nose many months ago. Since I began that trimethoprim – dapsone on Friday night, I've had this fever, plus a dull headache and severe muscle aches all over my body; yet no one is considering these symptoms as side effects to the new medication. I'm baffled.

I was quite active today... leaving the hospital to find a Sunday paper; making journeys to the cafeteria and microwave room to make tea.

It's so relaxing being here where all there is to do is eat and sleep. But I am beginning to feel anxious about my work lying around at home — the Sept. FTM Newsletter half done, correspondence piling up.

So I don't know when they plan to discharge me. I guess not until the fever goes down and stays down.

AUGUST 16 THURSDAY

228 « » 137

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A man in a passion rides a wild horse—Franklin

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AUGUST 17 FRIDAY

229 « » 136

True friendship is a plant of slow growth—Washington

8:00 10/1/90

8:30 I think its quite strange that
9:00 the docs, etc., here are letting
9:30 me stay these extra few days,
10:00 simply because I have this low
10:30 grade fever. I don't feel hot
11:00 or headachey, but somehow
11:30 they think it is important
12:00 enough to "watch" me a few
12:30 days. Now they're just
1:00 speculating I maybe just had
1:30 a touch of the flu. That's
2:00 the least of my worries next
2:30 to all this other disease in
3:00 me: my second bout of
3:30 pneumocystis, the acid-
4:00 fast bacilli bacteria, the
4:30 MAI. Anyway my hemocrit
5:00 is 22 (very low) so they're
5:30 going to give me a 2-unit
6:00 blood transfusion and then I
6:30 can go home in the afternoon.
7:00 Those severe muscle aches
7:30 are gone today, too. So definitely
on the mend.

Had a little confusion in
my thoughts these past few days.

AUGUST
18
SATURDAY

230 « » 135

JULY 1990						
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No man can serve two masters—Bible

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AUGUST 19

SUNDAY 33

231 « » 134

Your neighbor's right is God's right—Turkish

8:00 You know how I always say, when
8:30 the time comes for me to die
9:00 naturally, that I just want
9:30 to lay there peacefully and
10:00 let it happen. Now I'm
10:30 wondering about my conviction.
11:00 I mean, this is the second
11:30 time in 3 weeks I've sought
12:00 the hospital's intervention.
12:30 I think if I would have just
1:00 laid there last Wednesday,
1:30 Thursday, etc., being so dehyd-
2:00 rated, I probably would have
2:30 died. So why did I rush off
3:00 to the hospital? I believe
3:30 it's because I know it's NOT
4:00 the end for me yet. I mean,
4:30 I come into the hospital, they
5:00 give me some I.V. fluids and
5:30 a few new pills and I feel
6:00 great. It's not like I have
6:30 tubes up my nose and down
7:00 my throat and there's some-
7:30 one banging on my chest to
keeps my heart beating. That
would be too much. As it is,
on a few simple steps, I'm

AUGUST

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MONDAY

232 « » 133

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Who has lost freedom has nothing else to lose

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AUGUST

21

TUESDAY

233 « » 132

There is no such thing as a necessary man—French

8:00 on the mend and I believe my
8:30 quality of life is still worth
9:00 the effort.
9:30 I now weigh 98.2 lbs!
10:00
10:30
11:00 10/4/90
11:30 Just got out of the hospital
12:00 yesterday afternoon — Mary Ella
12:30 came to escort me home and
1:00 I felt OK. But I had such
1:30 a brutal night. Somehow I
2:00 had a good dinner, etc.,
2:30 but all night I had continuous
3:00 night sweats and my bed
3:30 was cold and wet. I got up
4:00 several times to change my
4:30 jammies and use towels on
5:00 the bed. Suddenly I got
5:30 terrible diarrhea where there's
6:00 just water squirting out of
6:30 my ass, & became so weak.
7:00 Kathy came over to get me
7:30 going. She called the Outpatient
Clinic where Barbara works
and it would seem they all
know Lou Sullivan there!

AUGUST 22 WEDNESDAY

234 « » 131

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Too much rest becomes a pain—Homer

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AUGUST

23

THURSDAY

235 « » 130

The echo always has the last word—German

8:00 Anyway they prescribed some
8:30 very effective diarrhea medicine.
9:00 Kath changed my wet sheets,
9:30 made me breakfast and a
10:00 dinner plate for tonight.
10:30 She did my banking and got
11:00 the new meds. I took a nap
11:30 after she left and awoke MUCH
12:00 improved. I guess I just
12:30 need to keep drinking ginger
1:00 ale and 7-UP to keep myself
1:30 hydrated. I am still very
2:00 weak and my abdomen hurts.
2:30
3:00
3:30 10/7/90
4:00 These past few days have
4:30 brought continuous improvement
5:00 in my health and energy. I do
5:30 a lot of napping, but when I
6:00 get up, I feed myself, feed the
6:30 birdies, wash my dishes, work
7:00 on the late FTM Newsletter.
7:30 I even took my coffee, donut and
the Sunday paper out into our
backyard to get some sun this
afternoon.

AUGUST 24 FRIDAY

236 « » 129

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The wife of a careless man is almost a widow—Hungarian

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AUGUST 25 SATURDAY

237 « » 128

Be of good cheer; this counsel is of Heaven—Homer

8:00 I brought home from the hospital
8:30 a "revolutionary new improved"
9:00 mattress cover, similar to those
9:30 egg crate overlays, but made
10:00 of some flat high-density foam.
10:30 I cannot tell you how incredibly
11:00 comfortable this foam makes my
11:30 bed. I have never experienced
12:00 such relaxation and support
12:30 to all parts of my bony body.
1:00 It feels wonderful just to lay
1:30 there. My back feels caressed.
2:00 I can't believe it, but it
2:30 seems I haven't mentioned this.
3:00 A writers' organization in New
3:30 York called PEN American Center
4:00 ~~that~~ established a fund for
4:30 writers with AIDS. You don't
5:00 even have to be a member of their
5:30 association, just have AIDS and
6:00 published something recently.
6:30 So I applied and received
7:00 $300 from them for no reason.
7:30 I don't have to spend it on
anything specific — no restrictions.
Such a deal. Money continues to
blow in my direction.

AUGUST 26 SUNDAY

34

238 « » 127

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Enjoy the present—Horace

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AUGUST 27 MONDAY

239 « » 126

The good abhor sin because they love virtue—Horace

8:00 10/17/90

8:30 Today's the one-year anniversary
9:00 of that big scary earthquake here in
9:30 San Francisco.

10:00 Flame and girlfriend Annie
10:30 arrived in San Francisco this
11:00 afternoon for a 5-day visit.
11:30 Flame has been very affectionate
12:00 and attentive, like walking down
12:30 the street with his arm around
1:00 my waist. Lots of hugging and
1:30 patting. He will then go on to
2:00 Honolulu to visit Cheyney—
2:30 a trip I had planned to go, too,
3:00 but I'm still way too weak and
3:30 out of it to make such a trip.
4:00 Cheyney wants us to go snorkeling,
4:30 etc., and there's just no way I'm
5:00 strong enough. I am feeling a
5:30 tiny bit better each day, but
6:00 it doesn't seem I'm getting any
6:30 more strength in my legs. The
7:00 pain/weakness is specifically in
7:30 my upper thighs. I use a cane
when I go out walking because I'm
moving very slowly and feel very
shaky and as though I could

AUGUST 28 TUESDAY

240 « » 125

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A noble mind disdains not to repent—Homer

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AUGUST 29 WEDNESDAY

241 « » 124

Wisdom comes to no one by chance—Seneca

8:00 easily lose my balance. My hopes
8:30 are restored, though, that in the
9:00 future I'll be able to use my
9:30 motorcycle for essential transpor-
10:00 tation. I'm still taking medi-
10:30 cation to treat my pneumocystis,
11:00 and have about another week's
11:30 worth, so I guess you could say
12:00 I'm still pretty sick.
12:30 I'll be very happy when I
1:00 get this September issue of FTM
1:30 Newsletter in the mail. One of our
2:00 members volunteered to print it
2:30 up for me. Then I have other
3:00 projects — I'd like to put a
3:30 scrapbook together of all the
4:00 contracts, ads, reviews, etc.
4:30 about my Jack Garland book.
5:00 Plus my personal photo album
5:30 needs updating. I have a stack
6:00 of correspondence from my FTM
6:30 post office box. And I have to
7:00 get back to working on entering
7:30 text of my diaries into the word
processor. But none of these are
pressure or deadline activities,
so I'm feeling quite relaxed and

AUGUST 30 THURSDAY

242 « » 123

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Zeal without knowledge is fire without light—Fuller

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AUGUST

31

FRIDAY

243 « » 122

There is nothing certain except the unforeseen—Froude

8:00 glad to have the luxury of taking
8:30 it easy so I can get better!
9:00
9:30
10:00 10/22/90
10:30 So brother Flame (John) was
11:00 here to visit me since the 17th.
11:30 It was great to be with him (as
12:00 always); unfortunately he brought
12:30 along his girlfriend, who is a
1:00 constant whiner and complainer.
1:30 Thursday Flame pushed me in
2:00 my wheelchair from my place
2:30 to the Castro, where we ate
3:00 breakfast and rented some
3:30 video cassettes. I didn't feel
4:00 self-conscious at all — in fact,
4:30 it was kind of fun getting
5:00 the ride. Friday he rented a
5:30 car and we drove to Monterey,
6:00 where he pushed me in the
6:30 chair through their famous
7:00 aquarium. The next day we
7:30 drove north to Stinson Beach.
The rest of the time we just
sat around my place, smoking
a lot of marijuana, as this is

SEPTEMBER 1990

MONDAY, SEPT. 3 – *Labor Day*
SUNDAY, SEPT. 9 – *Admission Day, California*
WEDNESDAY, SEPT. 12 – *Defender's Day, Maryland*
MONDAY, SEPT. 17 – *Citizenship Day*
THURSDAY, SEPT. 20 – *Rosh Hashanah*
SATURDAY, SEPT. 22 – *Native American Day*
SUNDAY, SEPT. 23 – *Autumn begins*
SATURDAY, SEPT. 29 – *Yom Kippur*

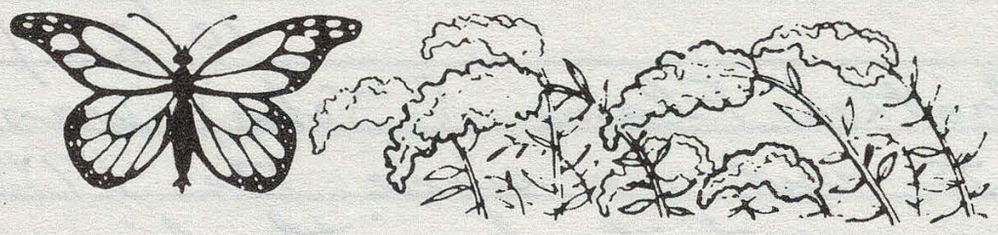
FULL MOON
5th
8:46 p.m.

LAST QUARTER
11th
3:53 p.m.

NEW MOON
19th
3:46 a.m.

FIRST QUARTER
27th
9:06 p.m.

EASTERN STANDARD TIME



September Memos and Birthday Reminders

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SEPTEMBER 1 SATURDAY

244 « » 121

Big words seldom go with big deeds—Danish

8:00 a requisite when you hang
8:30 around with Flame. I'm feeling
9:00 stronger every day and am
9:30 planning to ride my motorcycle
10:00 to my doctor's appointment
10:30 tomorrow. Wish me luck!
11:00
11:30
12:00 10/24/90
12:30 Rode my motorcycle yesterday
1:00 for the first time — and felt
1:30 safe — AND ALIVE.
2:00 I'm still 100 lbs. but
2:30 they say it's good if I can
3:00 just maintain that.
3:30
4:00
4:30 10/30/90
5:00 I just feel incredibly good
5:30 — strong, energetic, and busy
6:00 — for the past few days and
6:30 I just now realized that it
7:00 most assuredly is the result
7:30 of the intravenous hydrogen
peroxide treatment that
Kathy gave me last Friday.
Sometimes those treatments

SEPTEMBER

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SUNDAY

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245 « » 120

AUGUST 1990						
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Wit is the salt of conversation, not the food—Hazlitt

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SEPTEMBER 3 MONDAY

Labor Day

It is better to be alone than in bad company — Washington

8:00 have an effect, other times I
8:30 don't notice any change. But
9:00 this time I sure did!
9:30 Flame returned to San Fran-
10:00 cisco from Honolulu Sunday night
10:30 and spent Monday with me
11:00 before he left this morning to
11:30 go back to Milwaukee. He
12:00 sincerely is upset about my
12:30 state of health and if he'll
1:00 ever see me again, etc. etc.
1:30 I told him I hoped to make my
2:00 annual trip to Milwaukee next
2:30 summer and I guess that'll be
3:00 the next time I see him.
3:30 During her regular Saturday
4:00 night phone call to me, ma
4:30 told me that Grandmother's
5:00 brother Raymond (who was my
5:30 great uncle) died in his sleep.
6:00 He was in his 80's and not well,
6:30 I'm afraid this is going to
7:00 encourage Grandmother to let
7:30 go, too. She says she wants to
die but her actions don't support
that attitude — the way she eats
like a horse and treats herself

SEPTEMBER

4

TUESDAY

247 « » 118

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Reason deceives us often; conscience never—Rousseau

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SEPTEMBER 5 WEDNESDAY

248 « » 117

Every noble activity makes room for itself—Emerson

8:00 like fine china.

8:30

9:00 11/6/90

9:30 There has been so much activity

10:00 going on in this past week that

10:30 I long for a day of peace and quiet.

11:00 Bridget arrived in San Francisco

11:30 for a visit on Thursday the first

12:00 and we hung around with Kathy.

12:30 Friday Bridg and I spent together

1:00 and Saturday we spent the day

1:30 over at Mary Ellen's. Sunday B.

2:00 spent the wholeday with her

2:30 Jehovah Witness friends and I

3:00 must admit I felt rather slighted

3:30 by that, especially because she

4:00 left the first thing Monday

4:30 morning. Anyway, what time we

5:00 did spend together was pleasant

5:30 and it was great to see her.

6:00 I'm sure it greatly relieved her

6:30 mind to see me as well as I am.

7:00 Wouldn't you know,

7:30 arriving the exact same day

in San Francisco as Bridget

is Jim [redacted] and family.

So he dropped by Albion Street

SEPTEMBER

6

THURSDAY

249 « » 116

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Who does no evil is apt to suspect none

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OCTOBER 1990						
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SEPTEMBER 7 FRIDAY

250 « » 115

Revenge is the abject pleasure of an abject mind—Juvenal

8:00 on Friday with his daughter for a
8:30 brief visit and I must admit
9:00 I felt pretty choked up as we
9:30 hugged each other in greeting.
10:00 Then today I got together with
10:30 him, his wife and two kids for
11:00 breakfast and a stroll through
11:30 the Castro this morning. His
12:00 kids are both darlings.
12:30 Saw my doc this afternoon
1:00 and I gained <u>two pounds</u> !!
1:30 Unheard of! I was glad to be
2:00 maintaining at 100! But my
2:30 red blood cells are at 22,
3:00 which means blood transfusion
3:30 on Thursday.
4:00
4:30
5:00 11/11/90
5:30 It's been kind of nice these
6:00 past few days, as my roommate
6:30 is off visiting his dad, so
7:00 I've had the apartment all
7:30 to myself. I can leave the
dirty dishes in the sink and
leave stuff strewn on the
kitchen table. I've finally

SEPTEMBER

8

SATURDAY

251 « » 114

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Life is not measured by the time we live—Crabbe

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SEPTEMBER 9 SUNDAY

36

252 « » 113

There can be no economy where there is no efficiency—Beaconsfield

8:00 resumed my task of entering my
8:30 old diaries into my word
9:00 processor. Now I know why
9:30 it took me so long to get back
10:00 into it — I forgot that I was
10:30 right at the time when dad
11:00 died. No wonder it was hard
11:30 for me to continue. Other than
12:00 that, I really have been feeling
12:30 weak and tired. It's my
1:00 "haunches" that are so sore.
1:30 So it's a real effort for me
2:00 to walk. Consequently I spend
2:30 almost all day shuffling
3:00 around the apartment. —
3:30 These past few days I've
4:00 become excited about getting
4:30 a new pair of glasses — maybe
5:00 wire rims — just for a change
5:30 of look, plus some prescription
6:00 sunglasses. I need to do
6:30 something to change my
7:00 appearance. I look like
7:30 such a goof when I see
myself in photographs.
After I got out of the
hospital this last time, I

SEPTEMBER

10

MONDAY

253 « » 112

AUGUST 1990						
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Make us happy and you make us good—Emerson

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SEPTEMBER 11 TUESDAY

254 « » 111

Little things are great to little men—Goldsmith

8:00 signed up with a service called
8:30 Project Open Hand, which daily
9:00 delivers food and a hot meal
9:30 to the homebound, especially
10:00 AIDS patients. They were a
10:30 God-send in those first days
11:00 when I had no energy to feed
11:30 or cook for myself, but last
12:00 week I cancelled the service
12:30 as it became more of a hindrance
1:00 than a help. It was a hassle
1:30 arranging to be home every day
2:00 from 3-7 p.m. to accept the
2:30 delivery, plus about half of
3:00 the food wasn't my taste and
3:30 I ended up throwing too much
4:00 of it away.
4:30 While giving me my weekly
5:00 massage, Chay noticed a few
5:30 purple spots on the back of
6:00 my knee. Of course my first
6:30 thought: Kaposi's sarcoma,
7:00 the "AIDS cancer" but now
7:30 when I look, I don't see the
spots. I remember a doc when
I was recently in the hospital
mentioning off-hand that I

SEPTEMBER 12 WEDNESDAY

255 « » 110

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Sell not thy conscience with thy goods

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SEPTEMBER 13 THURSDAY

256 « » 109

One thought fills immensity—Blake

8:00 had a few K.S. lesions in my
8:30 lungs, shown on the chest x-ray,
9:00
9:30
10:00 11/21/90
10:30 Went to breakfast with Tom's
11:00 brother, Fred, who came over to
11:30 Albion Street afterwards to see
12:00 if he could fix the sprung spring
12:30 in my typesetter, which he did.
1:00 I was moved by Fred's affection.
1:30 ~~and~~ Once he put his hand
2:00 on my shoulder and left it
2:30 there a long time, patting me
3:00 on the back. When he left,
3:30 he gave me a warm hug and
4:00 said I should call him more
4:30 often and we should see each
5:00 other more frequently. He says
5:30 Tom's going to close his video
6:00 store and the deli he just
6:30 opened. Fred said they weren't
7:00 losing money, but not making
7:30 any either. I asked "Is
Tom married yet?" and he
said no.

SEPTEMBER

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FRIDAY

257 « » 108

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Nothing is easy to the unwilling

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SEPTEMBER 15 SATURDAY

258 « » 107

Every why hath a wherefore—Shakespeare

8:00 Yesterday at the doc's I weighed
8:30 in at 165! I haven't weighed
9:00 that much in a LONG time!
9:30 However, she remarked that
10:00 my liver was much more swollen
10:30 than the last time. Maybe
11:00 that's what's weighing more.
11:30 I do have a lot more energy
12:00 and my legs don't feel as
12:30 fatigued as they had been. The
1:00 County finally set an appoint-
1:30 ment to determine what kind
2:00 of in-home healthe care
2:30 assistance I need, but I'm
3:00 going to cancel and tell them
3:30 I've recovered enough to be
4:00 able to care for myself at
4:30 present.
5:00 As it turns out, Jake
5:30 and Brian will be in San
6:00 Francisco for Christmas, as
6:30 usual. Nanc is also coming
7:00 out and will probably be
7:30 staying at my place most
nights.

SEPTEMBER 16 SUNDAY

37

259 « » 106

AUGUST 1990						
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They are all able because they think they are able—Virgil

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SEPTEMBER

17

MONDAY

260 « » 105

Little is done where many command—Dutch

8:00 DEC. 8, 1990

8:30 Yesterday for the first time
9:00 I held a copy of my third
9:30 edition of INFORMATION FOR
10:00 THE FEMALE-TO-MALE. It
10:30 is beautiful! I can't find
11:00 one fault with it and, it's
11:30 hard to choke out the words,
12:00 but it was worth the long
12:30 wait. Next week the Seattle
1:00 Ingersoll Gender Center will
1:30 ship 160 copies to me and
2:00 that ends our mutual
2:30 responsibilities - the book
3:00 is theirs. I need to begin
3:30 an advertising effort and
4:00 mail out flyers on both the
4:30 third edition and Garland's
5:00 story.
5:30 But this past week I've
6:00 been feeling a lot more pain
6:30 in my legs and back.
7:00 I also feel cold and kind of
7:30 spaced out. My ankles are
very swollen, so they gave me
these super-tight "compression
hose" stockings. Doc said

SEPTEMBER 18 TUESDAY

261 « » 104

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When fortune knocks, be sure to open the door—Bailey

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SEPTEMBER 19 WEDNESDAY

262 « » 103

To the pure all things are pure—Latin

8:00 it's just all this enlarged
8:30 organs pressing on the veins
9:00 and the fluids can't flow,
9:30 so it collects in your feet.
10:00
10:30
11:00 12/14/90
11:30 I have been so so COLD
12:00 for at least a month now,
12:30 I can hardly function. My
1:00 hands and nose are constantly
1:30 so cold, they actually hurt.
2:00 I mean, it's 48-60° outside
2:30 and it seems everyone else is
3:00 out in their shirt sleeves,
3:30 but I'm wearing 2 pairs of
4:00 thick socks and mittens
4:30 and thermal underwear.
5:00 The doc says it's because
5:30 my circulation is so bad
6:00 and there's nothing to be done.
6:30 I pretty much have all
7:00 my Christmas shopping done.
7:30 Cheyney and Brian have me
stumped, but I can always
just flip them the cash.

SEPTEMBER

20

THURSDAY

263 « » 102

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A page digested is better than a volume hurriedly read—Macaulay

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SEPTEMBER 21 FRIDAY

264 « » 101

No pillow is as soft as a clear conscience—French

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12/23/90

Wow, this is really a treat. I'm celebrating another Christmas ... it's beyond my realm of possibilities. Every year, I'm sure "this is it", the last ..." like our classic family joke about this being "Granddaddy's last Christmas," when he kept hanging on forever. It appears that I'm going to make it through the days without exhausting myself ... I've finished all my shopping, got something for everyone. I'm pretty proud of myself.

Saw Barbara on Thursday. Weighed in at 108 lbs.! It must be all bloat, cuz it sure isn't fat or muscle. It's getting harder and harder to walk up stairs; there seems no strength or muscle in ~~my~~ the front of my upper thighs, so I have to take hold of my leg and actually lift it into, say,

SEPTEMBER 22 SATURDAY

265 « » 100

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Beauty is truth; truth, beauty—Keats

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SEPTEMBER 23 SUNDAY

38

266 « » 99

Some folks are wise, and some are otherwise—Smollett

8:00 a car. — Anyway, Nanc has
8:30 been here since the 19th and,
9:00 of course 85% of the time
9:30 has been complaining how
10:00 miserable she is. She has
10:30 always carried on how cold
11:00 she is in my apartment, and
11:30 this year, as luck would
12:00 have it, San Francisco is
12:30 experiencing record cold
1:00 temperatures and it is
1:30 cruelly and bitterly cold
2:00 outside. So it's just been
2:30 5 days of whining. The first
3:00 few days she was here, she
3:30 was pursuing her mission of
4:00 "feeding and taking care of
4:30 me" while she's here. But
5:00 Saturday she stayed over at
5:30 Mary Ellen's and returned
6:00 to my place today and is
6:30 acting like she's half-dead.
7:00 Tonight she says she thinks
7:30 she needs to go to the hospital
because she's spitting up
brown stuff. I just said
OK, let's wait ~~to~~ until the morning

SEPTEMBER 24 MONDAY

267 « » 98

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Words are always bolder than deeds—Shiller

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OCTOBER 1990						
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SEPTEMBER 25 TUESDAY

268 « » 97

All sunshine makes a desert—Arabian

8:00 and if she still wants to go,
8:30 we'll ship her off in a cab
9:00 to the Emergency Room (I sure
9:30 as hell am not going along).
10:00 I said well, it's the classic
10:30 case of spending Christmas Eve
11:00 in the Emergency Room ... too
11:30 bad. — Anyway I immediately
12:00 thought of Kathleen and ~~—~~ the
12:30 lifelong game of "I'm sicker
1:00 than you are". Nanc has
1:30 played her whole life. She's
2:00 still doing it. It is truly
2:30 laughable, so predictable.
3:00 Kathleen must be rolling on
3:30 the floor in hysterics. ~~I'm~~
4:00 ~~certainly~~ (Boy, I really am
4:30 on drugs ... by the time I
5:00 write the beginning of my
5:30 thought, I forget the end ...)
6:00 Anyway, if she wants to
6:30 spend Christmas Eve hanging
7:00 around the Emergency Room,
7:30 that's up to her. No wonder
I fight giving up control to
the doctors — I'm trying as hard
as I can NOT to be like her.

SEPTEMBER 26 WEDNESDAY

269 « » 96

AUGUST 1990						
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Be slow in choosing a friend, slower in changing—Franklin

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She left to go back to Milwaukee this morning, as originally planned.

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SEPTEMBER

27

THURSDAY

270 « » 95

Where wisdom is called for, force is of little use—Herodotus

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12/26/90

It was the typical, classic Sullivan Christmas, including Nanc's trip to the hospital Emergency Room. She spent the entire ~~day~~ Christmas Eve Day there and they diagnosed her with "a severe cold." She really wasn't acting sick or showing any symptoms I could see. What a joke! But, like I say, it was a typical scene. Jake, Brian and Cheyney were all there, and all so sincerely affectionate to me. Cheyney often ~~put his~~ patted me, and, if I'm not mistaken since he didn't come right out and say it, he intimated that he was doing a little "escort" business for lonely tourists he meets via his cab-driving. I'm not a bit surprised, as he's always been a ~~lecher~~ super handsome guy, very

SEPTEMBER

28

FRIDAY

271 « » 94

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Zeal without knowledge is the sister of folly—Davies

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OCTOBER 1990						
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SEPTEMBER 29 SATURDAY

272 « » 93

Patience is the companion of wisdom—St. Augustine

8:00 open-minded, raised in an
8:30 "anything goes" atmosphere
9:00 He is VERY eager to read
9:30 "The Life of Lou Sullivan"
10:00 and every time I see him
10:30 he asks about my progress
11:00 editing my diaries
11:30 I didn't get as big
12:00 a haul as last year, but
12:30 what I did get, I can use.
1:00 Well, I finally decided
1:30 it's time to cut my hair and,
2:00 though I showed the barber
2:30 a picture of what I wanted,
3:00 he took no regard and gave me
3:30 THE worst bunny-job I've ever
4:00 had. It's about an inch
4:30 all the way around. Yikes!
5:00 But I'm sure I've mentioned
5:30 how my hair has been coming
6:00 out in handfuls for months,
6:30 though I didn't see any
7:00 bald spots coming. There
7:30 just seems to be a lot of
long hairs all over the
bathroom, especially. So maybe
with it short, we won't

SEPTEMBER

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SUNDAY 39

273 « » 92

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A good word is as soon said as a bad one

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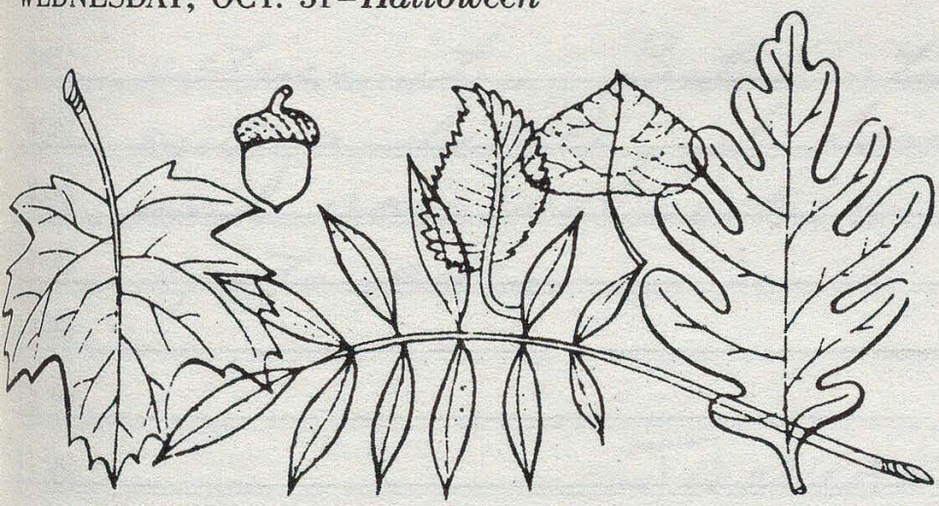
OCTOBER 1990

MONDAY, OCT. 8 – *Columbus Day*
MONDAY, OCT. 8 – *Thanksgiving Day (Canada)*
WEDNESDAY, OCT. 24 – *United Nations Day*
WEDNESDAY, OCT. 31 – *Halloween*



FULL MOON
4th
7:02 p.m.

LAST QUARTER
11th
12:31 p.m.

NEW MOON
18th
10:37 a.m.

FIRST QUARTER
26th
3:26 p.m.

EASTERN
STANDARD TIME

October Memos and Birthday Reminders

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OCTOBER

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MONDAY

274 « » 91

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A good example is the best sermon—Fuller

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OCTOBER

2

TUESDAY

275 « » 90

Wind puffs up empty bladders; opinions, fools—Socrates

8:00 notice it. But until it grows
8:30 out a little, I look terrible
9:00 and now see where those bald
9:30 spots are.
10:00
10:30
11:00 JANUARY 1, 1991
11:30
12:00 It's 28 minutes into the
12:30 New Year and it sure is an
1:00 unexpected surprise to be here.
1:30 See 1991? No way! I've
2:00 really been given a gift,
2:30 and I have to be sure I use
3:00 this extra time wisely.
3:30 I sit here thinking,
4:00 well, I won't see 1992, but
4:30 that's what I said in '91.
5:00 Had another unexpected
5:30 event: This is the fourth
6:00 anniversary of my AIDS
6:30 diagnosis, and I remember
7:00 laying there in the hospital
7:30 and half-watching a very
funny Rocky + Bullwinkle
cartoon movie, "Wottsamatta
U." where Bullwinkle is a

OCTOBER 3 WEDNESDAY

276 « » 89

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Happy are those who have no doubt of themselves—Flaubert

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OCTOBER 4 THURSDAY

277 « » 88

Set thine house in order—Bible

8:00 university football star. Of course
8:30 it was hard to appreciate it
9:00 then, but they broadcast it
9:30 again this year — like I've
10:00 come full circle. Deja vu.
10:30 I phoned Ira [redacted]
11:00 secretary to cancel my annual
11:30 trip to his Reno class. I just
12:00 can't imagine dealing with
12:30 airports, luggage, etc., when
1:00 I'm truly having difficulty
1:30 going up and down stairs.
2:00 I don't know ... these past
2:30 few days my legs are so
3:00 puffy and swollen, and
3:30 it's creeping up my legs so
4:00 my knees and thighs are
4:30 pretty swollen and sore.
5:00 I've been wearing the compression
5:30 stockings and sitting in bed
6:00 with my ankles propped up
6:30 on pillows, but I don't
7:00 know if it really helps.
7:30 I haven't been out of the
apartment in days, but
that's OK.

OCTOBER

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FRIDAY

278 « » 87

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Jealousy knows no loyalty—Spanish

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OCTOBER 6 SATURDAY

279 « » 86

One man's fault is another man's lesson

8:00 JAN. 5, 1991

8:30 I am just feeling brutally

9:00 assaulted right now...

9:30 This morning I answered

10:00 my front door to face Mary

10:30 Ellen, who is sobbing,

11:00 saying she just can't deal

11:30 with my impending death

12:00 and she's been crying all

12:30 last night and it's so

1:00 awful. She stayed a few

1:30 hours while I tried to

2:00 comfort her with logic and

2:30 words of wisdom. Yes, I

3:00 am sorry I am the one to

3:30 make her so miserable.

4:00 Then this afternoon,

4:30 just a few minutes ago,

5:00 I get a phone call from

5:30 Kathy, also sobbing bitterly,

6:00 saying she's going to have

6:30 to break up with her boy-

7:00 friend because she is so

7:30 upset about my upcoming

death and he is not being

sympathetic or supportive

OCTOBER 7 SUNDAY

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280 « » 85

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A coward's fear makes a brave man braver—Scottish

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OCTOBER 8 MONDAY

Columbus Day

Living on trust is the way to pay double

8:00 to her and she can't handle
8:30 it. She carried on crying
9:00 until I was tempted to ask
9:30 her if she was high on
10:00 cocaine or what!
10:30 And I just feel like
11:00 "Hey, I don't need all this
11:30 guilt that I am causing all
12:00 this grief for everyone because
12:30 I'm dying!" Who can I
1:00 talk to about my difficulty
1:30 accepting my condition?
2:00 Bruce just sits there,
2:30 listening silently, thoroughly
3:00 detached, so that I even
3:30 wonder if he's even hearing what
4:00 I said. And, of course,
4:30 Nanc is totally useless. Even
5:00 Charlie, during our last
5:30 massage session, carried
6:00 on about how hard it is
6:30 for him to face my demise.
7:00 Are these people all just
7:30 completely selfish? — don't
they realize it's ME who
needs the support and
comforting?

OCTOBER

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TUESDAY

282 « » 83

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True enjoyment cannot be described—Rousseau

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OCTOBER

10

WEDNESDAY

283 « » 82

When one will not, two cannot quarrel—Spanish

8:00 January 8, 1991

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9:00 This has been a very traumatic

9:30 day for me...

10:00 I haven't really been out of

10:30 the apartment at all these

11:00 past few days — just to go get

11:30 a Sunday newspaper. But

12:00 this afternoon I had an appoint-

12:30 ment with Barbara, and for

1:00 the first time took advantage

1:30 of Shanti's Transportation Program

2:00 in which they drive you free

2:30 to and from your doctor. Well,

3:00 I was waiting for them outside

3:30 and tried to step up onto

4:00 the landing, but couldn't

4:30 ~~lift~~ boost myself because

5:00 my legs are so weak and I

5:30 sunk down onto my knees

6:00 and couldn't get back up.

6:30 I was so horrified and

7:00 humiliated, I gathered

7:30 super strength enough

to pull myself up. Then

the Shanti van came and

you had to step up and

OCTOBER 11 THURSDAY

284 « » 81

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You will find poetry nowhere unless you bring some with you—Joubert

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OCTOBER 12 FRIDAY

285 « » 80

All human power is but comparative

8:00 boost yourself in about
8:30 two feet high. No way!
9:00 and this little girl driver
9:30 had to grab my ass and
10:00 shove me in. I just
10:30 have no muscle left in
11:00 my thighs. I was quite
11:30 upset and when I got to
12:00 the clinic, I could barely
12:30 walk, but could only
1:00 shuffle along ~~about~~ in
1:30 about 6 inch steps. I
2:00 hurt so much I began to
2:30 cry, inching along, and
3:00 asked the front desk if I
3:30 could use a wheelchair
4:00 because I couldn't walk
4:30 up to my doc's office.
5:00 They said I'd have to
5:30 get a referral and fill
6:00 out a requisition at the
6:30 Administration Office,
7:00 blah, blah, blah. I just
7:30 said oh, forget it, and
inch by inch, shuffled
to Barbara's office, trying
to stifle my tears. Once

OCTOBER 13 SATURDAY

286 « » 79

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The squeaking wheel doesn't always get the grease. Sometimes it gets replaced—Vic Gold

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OCTOBER 14 SUNDAY

41

287 « » 78

Grief is a tree that has only tears for fruit—Philemon

8:00 I got there & had myself a good
8:30 hard cry. I can't walk anymore.
9:00 Kathy came (Barbara called
9:30 her) to push me in a wheelchair
10:00 to her car and get me home.
10:30 Barbara said it's time for me
11:00 to "let go" and arrange for
11:30 daily help. I am so bloated
12:00 and swollen, my abdomen looks
12:30 like I'm 7 months pregnant.
1:00 The San Francisco County
1:30 In-Home Care assessor left a
2:00 message that he'd be by ~~to~~
2:30 next week to evaluate my needs,
3:00 but Barbara said call them back
3:30 and say I need help NOW —
4:00 enough with the delays! I'm
4:30 uncertain what a helper would
5:00 do for a few hours each day:
5:30 I guess do my dishes, dust
6:00 my room... maybe cook once
6:30 a day, helps me get dressed
7:00 if I'm going out. Mary
7:30 Ellen already does my
laundry and changes my
bed linen during her
regular Wednesday morning

OCTOBER 15 MONDAY

288 « » 77

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Reprove thy friend privately; commend him publicly—Solon

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OCTOBER 16 TUESDAY

289 « » 76

No man is free who cannot command himself—Pythagoras

8:00 visits. My biggest need is for
8:30 transportation, especially to
9:00 social events. I'd love to attend
9:30 but can't get to, and it's
10:00 kind of ridiculous to have a
10:30 taxi take me six or eight
11:00 blocks.
11:30
12:00 1-22-91
12:30 Details of my daily existence
1:00 are falling into place naturally,
1:30 as they usually seem to do.
2:00 I've thought long and hard
2:30 about how best to arrange an
3:00 "in-home health care assist-
3:30 ant." Either the program
4:00 requires more assistance hours
4:30 than I need or can use, or
5:00 it's costly. I have lots of
5:30 hesitancy about "employing"
6:00 my roommate Jim to do my
6:30 chores (although he's basically
7:00 already doing most of them,
7:30 such as washing my dishes
and doing household cleaning,
taking out the garbage). But

OCTOBER 17 WEDNESDAY

290 « » 75

SEPTEMBER 1990						
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Knowledge is power—Bacon

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OCTOBER 18 THURSDAY

291 « » 74

Prevention is better than cure—Erasmus

8:00 he can be so moody and sometimes
8:30 when I ask him to do things,
9:00 he seems resentful and "put
9:30 out." Maybe if I were paying
10:00 him for his services, that
10:30 would change. I need to sit
11:00 down and have an in-depth
11:30 conversation with him... the
12:00 more I think of it, he is really
12:30 the ideal person to do these
1:00 things. I cancelled my request
1:30 with the county for their
2:00 program, which required 2
2:30 hours a day of in-home care,
3:00 plus I'd have to pay the first
3:30 $105 of the person's wage at
4:00 $4.25/hour. I don't need
4:30 2 hours of care. So today I
5:00 signed up for a Shanti "Prac-
5:30 tical Support" volunteer, who
6:00 would come 3 times per week
6:30 for about 2 hours a visit
7:00 although it's very flexible
7:30 and one works it out on a
mutually agreed-upon schedule.

OCTOBER

19

FRIDAY

292 « » 73

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Think long when you may decide only once—Syrus

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OCTOBER 20 SATURDAY

293 « » 72

To err is human, to forgive divine—Pope

8:00 I have a few weeks before they
8:30 would begin the service, so I
9:00 can still cancel that if my
9:30 arrangements with Jim work
10:00 out. I can also utilize Denis
10:30 now that his surgery is complete.
11:00 Today I also signed up
11:30 again for the free home delivery
12:00 food service, where every
12:30 afternoon they bring me a hot
1:00 dinner and, once a week, a
1:30 bag of miscellaneous groceries.
2:00 I had discontinued because I
2:30 was out-and-about and not
3:00 necessarily here to accept their
3:30 deliveries, but I'm home all
4:00 the time now, it seems. Plus
4:30 it's getting harder and harder
5:00 for me to prepare a decent
5:30 dinner.
6:00 Physically I seem to be
6:30 on an up-swing. My ankles
7:00 and feet are still very swollen,
7:30 but my legs are back down to
normal size, as are my hands.
I'm trying to spend as much

OCTOBER 21 SUNDAY 42

294 « » 71

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Charity begins at home, but shouldn't end there—Scottish

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OCTOBER 22 MONDAY

295 « » 70

Hurry is the weakness of fools—Gracian

8:00 time as I can in bed with my feet
8:30 elevated on a big pillow and that
9:00 does improve the circulation and
9:30 reduce the swelling. Consequently
10:00 I'm doing a lot of reading,
10:30 mostly on death and dying by
11:00 Elizabeth Kubler-Ross and Stephen
11:30 Levine. I have learned something
12:00 from them — most significantly
12:30 when one said that one of the
1:00 stages of the dying process is a
1:30 slow withdrawal from family,
2:00 friends, society — a turning
2:30 into oneself and a detachment
3:00 from the outside world. I've felt
3:30 that for months now, where I'm
4:00 irritated when friends call to
4:30 see how I am, etc. I just
5:00 don't feel like socializing, and
5:30 was feeling guilty about this
6:00 attitude toward their sincerely
6:30 good intentions. So knowing
7:00 it's "normal" makes me
7:30 able to understand myself.

I did attend a lecture sponsored by the Gay Historical

OCTOBER

23

TUESDAY

296 « » 69

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Ridicule is the first and last argument of fools—Simmons

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OCTOBER 24 WEDNESDAY

297 « » 68

Borrowed garments never fit well

8:00 Society last Saturday night, and my
8:30 friend Eric [redacted] said I should be
9:00 receiving my first royalty check
9:30 from Alyson soon! But I did
10:00 tell their newsletter editor that
10:30 this issue was the last I would
11:00 typeset because it's becoming
11:30 too exhausting for me to do.
12:00 Sunday was our 16th
12:30 Female-to-Male Get-Together
1:00 during which I held a "book
1:30 signing party" for our members
2:00 of my 3rd edition of my INFORMA-
2:30 TION FOR THE FEMALE-TO-MALE
3:00 book. It was a smashing
3:30 success and a big turn-out of
4:00 FTM's. And I almost dropped
4:30 my teeth when, who should
5:00 appear, but Walter [redacted].
5:30 So good to see him! I feel
6:00 very proud of myself for keeping
6:30 this group going and am more
7:00 and more confident that it
7:30 has a life of its own and will
continue to happen even after
I'm unable to coordinate it.

OCTOBER

25

THURSDAY

298 « » 67

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A pleasing countenance is no slight advantage—Ovid

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OCTOBER 26 FRIDAY

299 « » 66

Procrastination brings loss; delay, danger—Erasmus

8:00 Still, things aren't all rosy.
8:30 I'm having increased difficulty
9:00 in walking and climbing stairs.
9:30 My pulse is quick (100) and
10:00 I'm taking such shallow breaths
10:30 that it feels like pneumocystis
11:00 lurking in my lungs. My
11:30 weight is somewhere between
12:00 103 - 108, so that's not too bad.
12:30 That's all for now. Mary
1:00 Ellen will be here tomorrow morn
1:30 for her usual Wednesday morning
2:00 2-hour visit, then Charlie
2:30 comes to give me a massage in
3:00 the afternoon.
3:30 P.S. I've purposely
4:00 been avoiding newspapers and
4:30 the television to shield myself
5:00 from all this media propoganda
5:30 regarding this war in Saudi
6:00 Arabia. I find the whole thing
6:30 so repulsive. I don't care who's
7:00 done what to whom - I just
7:30 feel all this violence and
killing is so disgusting, I
don't need any details.

OCTOBER 27 SATURDAY

300 « » 65

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The fashion wears out more apparel than the man—Shakespeare

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OCTOBER 28 SUNDAY

43

301 « » 64

A man's true wealth is the good he does in the world—Mohammed

8:00 Great compliment! At my
8:30 routine visit to my nurse
9:00 practitioner on Friday, I'm
9:30 laying on the examination table
10:00 and she says, "Maybe while
10:30 you're here I should examine
11:00 your prostate." I looked at
11:30 her like, "What?" and then
12:00 she realized what she said.
12:30 I burst out laughing and
1:00 she seemed to be apologizing
1:30 saying, "Oh, I just naturally
2:00 think of you as a guy...."
2:30 I said "hey, don't apologize.
3:00 that's one of the best compli-
3:30 ments I've had in a long time."
4:00
4:30
5:00 1-22-91
5:30 When Charlie was close to
6:00 the end of giving me my massage,
6:30 he commented, ~~that he felt~~
7:00 "I don't think it's going to
7:30 take long now," meaning
my death. It was very out-
of-the-blue and Chay is a
very sensitive and perceptive

OCTOBER

29

MONDAY

302 « » 63

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More is meant than meets the eye—Milton

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OCTOBER 30 TUESDAY

303 « » 62

Memory is the mother of all wisdom—Aeschylus

8:00 man. It didn't disturb me
8:30 as much as it made me
9:00 wonder at his premonition.
9:30 I guess seeing and touching
10:00 my body so thoroughly every
10:30 week has allowed him to
11:00 watch its steady deteriora-
11:30 tion, and it seems to him
12:00 I'm closing in on the end.
12:30 I'm not afraid — I just feel
1:00 I'll be stepping into a
1:30 new plane of existence...
2:00 one that, in all likelihood,
2:30 will be just as interesting,
3:00 if not more so, than the
3:30 one I'm in now.
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OCTOBER 31 WEDNESDAY

304 « » 61

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It is bad advice that cannot be changed—Syrus

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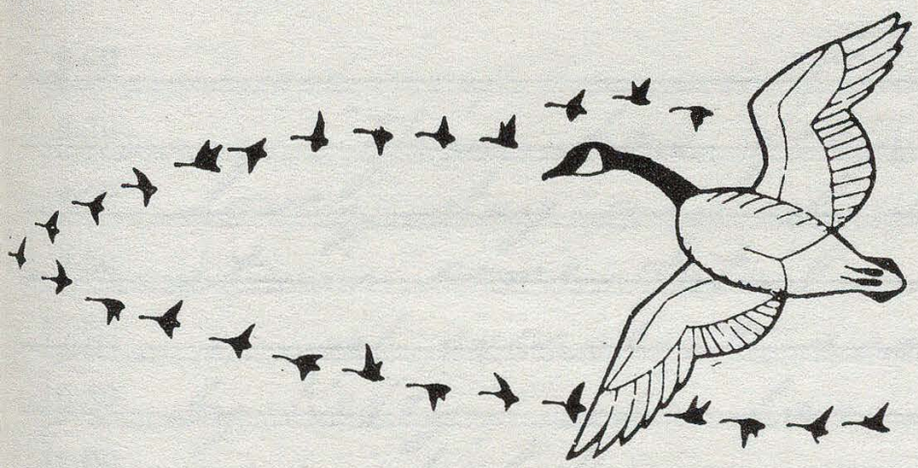
NOVEMBER 1990

TUESDAY, NOV. 6 – *Election Day*
SUNDAY, NOV. 11 – *Veterans' Day*
THURSDAY, NOV. 22 – *Thanksgiving Day*



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LAST QUARTER
9th
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NEW MOON
17th
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FIRST QUARTER
25th
10:11 a.m.

EASTERN
STANDARD TIME

November Memos and Birthday Reminders

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NOVEMBER

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THURSDAY

305 « » 60

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Make every day a cheerful day

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NOVEMBER 2 FRIDAY

306 « » 59

Probabilities direct the conduct of wise men—Cicero

8:00 February 2, 1991

8:30 This has been an especially

9:00 lovely day and I want to record

9:30 it in some detail.

10:00 I overslept and was wakened

10:30 by Kathy, who has been driving

11:00 me and helping me to all my

11:30 doctor appointments. I hurriedly

12:00 dressed, but before we left,

12:30 a delivery man brought a package

1:00 from Nanc. It was a ring —

1:30 undoubtedly the most brilliant

2:00 and beautiful opal I've ever

2:30 seen. Nanc had had it set

3:00 from an opal that had been

3:30 part of my great-great-

4:00 grandmother's wedding ring.

4:30 It is so incredibly gorgeous

5:00 that I can't even express it.

5:30 It will bring such pleasure

6:00 into my life every day!

6:30 It was exhausting and

7:00 painfully slow getting around,

7:30 and Barbara + I had a long

talk about my difficulty

relinquishing control and

NOVEMBER 3 SATURDAY

307 « » 58

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To be proud of learning is the greatest ignorance—Taylor

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NOVEMBER 4 SUNDAY

44

308 « » 57

Speech is the gift of all, but thought of few—Cato

8:00 Trusting that someone will be there
8:30 when I need help, that I must
9:00 learn to give up control — that
9:30 I must stop trying to control
10:00 giving up control. I mean, I
10:30 can't just lay back + believe
11:00 that, when I can't get out of bed,
11:30 there will be someone there to
12:00 feed me or assist with my
12:30 daily maintenance. It's so hard
1:00 for me to ask for help. I've
1:30 always been so damned independent.
2:00 Jim and I did have a
2:30 business meeting and he's agreed
3:00 to do duties for me and I'll pay
3:30 him $10 per week, which is a
4:00 LOT cheaper than all this County
4:30 Social Services deal. I still
5:00 need to organize my needs so
5:30 it's understood what I expect
6:00 from him. So far so good, but
6:30 he isn't used to caring for others,
7:00 so seems hesitant to hear my
7:30 requests. I think eventually
we'll both get more comfortable
with the arrangement, though.

NOVEMBER

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MONDAY

309 « » 56

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The gift of a bad man can bring no good—Euripides

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NOVEMBER 6 TUESDAY

Election Day

The nice thing about teamwork is that you always have others on your side—Margaret Carty

8:00 After the doc, we went to the
8:30 post office to mail off the last of
9:00 my FTM newsletters, and then to
9:30 Castro Street for a burger and
10:00 some ogling of the wonderful gay
10:30 men on the street. Then bought
11:00 some chocolates and on to ~~the~~ A
11:30 Different Light bookstore where,
12:00 to my surprise, my book was
12:30 in their front display window
1:00 (the Garland book). I need to
1:30 get my 3rd edition book in that
2:00 store, too. (I'm having Jim
2:30 drop off a few copies of my 3rd
3:00 edition to the S. F. Public Library
3:30 in the neighborhood.) Anyway
4:00 it was a very fruitful day
4:30 and I think I'm learning to
5:00 adjust to my new limitations.
5:30 It ain't easy,
6:00 I assure you....
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NOVEMBER 7 WEDNESDAY

311 « » 54

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It be a good horse that never stumbleth—Heywood

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NOVEMBER 8 THURSDAY

312 « » 53

A man of learning has riches within him—Phaedrus

8:00 2/5/91

8:30 I am reading Elizabeth Kubler-
9:00 Ross' AIDS: The Ultimate Challenge
9:30 and just finished the lengthy,
10:00 detailed description of the death of
10:30 Peter in Chapter 9. What an
11:00 ordeal! I find it too hard to
11:30 believe that someone could love me
12:00 enough to go through that with
12:30 me... that my dying could have
1:00 such a significance to someone
1:30 else. But I have to recall my own
2:00 feelings when dad and Kathleen
2:30 were so disabled and needed our
3:00 love and whatever help we could
3:30 give. I'd've done anything to
4:00 ease their transition, and so
4:30 I must believe that those who
5:00 love me (Mary Ellen, Kathy,
5:30 mom) will be there for me, too.
6:00 Saturday night Mary Ellen
6:30 came over and we had an intimate
7:00 relaxing visit. She bustled
7:30 around, changing my bed,
arranging fresh flowers she
brought from her garden, lit

NOVEMBER

9

FRIDAY

313 « » 52

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All change is not growth, as all movement is not forward—Ellen Glasgow

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8:00 some candles, and we sat on the
8:30 bed, smoked some reefer and
9:00 talked. I felt totally loved.
9:30 She told me that, on his own
10:00 initiative, out of the blue (they
10:30 weren't even talking about me),
11:00 Rusty told her that when I get
11:30 to the point where I need 24-
12:00 hour care, that I come to live
12:30 with them. That, with this
1:00 new room addition on their house,
1:30 I'll have a private room there.
2:00 I am so thankful, just blown
2:30 away, by this offer. My worst
3:00 fears are gone ... there will be
3:30 someone there for me. Mary Ellen
4:00 reminded me that she had made
4:30 this offer many times before,
5:00 and I had rejected the idea,
5:30 but I really don't recall that,
6:00 and I'm now so relieved to
6:30 know they will take me in.
7:00 Of course the idea has its
7:30 drawbacks, what with the three
little kids in their house, but
Mary Ellen feels the experience

NOVEMBER

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SUNDAY

45

Veterans Day

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Necessity never made a good bargain—Franklin

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NOVEMBER 12 MONDAY

316 « » 49

Poor and content is rich and rich enough—Shakespeare

8:00 will be a good one for them, to see
8:30 a family loving and caring for
9:00 each other in this most crucial
9:30 of life's experience. I hope it
10:00 won't be a long trial, but we
10:30 must do it as it comes to us.
11:00 I didn't realize Rusty cared
11:30 for me so much.
12:00 Then, to actualize his
12:30 sentiments, Rusty came over on
1:00 Sunday and utilized his carpentry
1:30 skills to make my daily actions
2:00 easier. My old-fashioned bed
2:30 was so high off the ground
3:00 that I needed a step-stool of
3:30 get in/out of bed. So he removed
4:00 the box spring and replaced it
4:30 with a board, lowering the
5:00 mattress some 7 inches, elimi-
5:30 nating the need for the stool so
6:00 I can get in and out of the
6:30 bed easily. Next he affixed
7:00 a hand rail next to the toilet
7:30 because I was having such
difficulty trying to boost
myself up off the toilet.

NOVEMBER 13 TUESDAY

317 « » 48

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Thoughts are winged—Shakespeare

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NOVEMBER 14 WEDNESDAY

318 « » 47

Riches either serve or govern the possessor—Horace

8:00 My leg muscles are so deteriorated that I can no longer
8:30 "boost" myself up anywhere!
9:00 Well, these two improve-
9:30 ments really help me out.
10:00 Rusty performed them with
10:30 such care, I am astonished.
11:00 I know my family & friends
11:30 are sincerely there for me.
12:00 I'm really lucky. And my
12:30 fears are leaving me... that is,
1:00 my fears of being needy.
1:30
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3:00 2/12/91
3:30 A very productive day. I
4:00 wasn't sure I'd be able to get
4:30 through it, especially ~~as~~ after I
5:00 fell down while trying to get
5:30 up the 7-8 stairs in our
6:00 entrance way. But Charlie
6:30 drove me to "A Different Light"
7:00 bookstore where I showed the
7:30 manager my 3rd edition and
he eagerly took the ordering
information and said he'd send

NOVEMBER 15 THURSDAY

319 « » 46

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The cautious seldom err—Confucius

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NOVEMBER

16

FRIDAY

320 « » 45

Words without thoughts never to Heaven go—Shakespeare

8:00 for a supply today. Next we went
8:30 to the local branch of the S.F.
9:00 Public library which houses the
9:30 only special gay/lesbian collection
10:00 in a library in the world. I
10:30 donated 2 copies of my 3rd edition
11:00 and they were glad to get them.
11:30 So those two acts were high on
12:00 my "To Do" list, and they're
12:30 done! I checked some books
1:00 out on AIDS and dying, too,
1:30 so I have some reading material
2:00 while I'm sitting around the
2:30 apartment.
3:00 Unfortunately I did have
3:30 one bad experience today. While
4:00 Charlie was giving me my massage,
4:30 he said he was concerned about
5:00 touching some dry skin patches
5:30 and some marks I have on my
6:00 leg, worried he'd catch AIDS
6:30 from me and then he'd be
7:00 ejected from his new spiritual
7:30 group, since their guru is
capable of catching it simply
by looking at someone with it!

NOVEMBER 17 SATURDAY

321 « » 44

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Patience is bitter, but its fruits are sweet—Rousseau

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NOVEMBER

18

SUNDAY 46

322 « » 43

He that never thinks can never be wise—Jonson

8:00 That is so ridiculous, to begin
8:30 with, but for Charlie to even
9:00 consider it makes me feel very
9:30 sad and I wonder how much
10:00 longer he'll stick with me.
10:30 Pisses me off that this is the
11:00 ONLY disease to elicit such
11:30 prejudice and discrimination,
12:00 and I'm sure most of it is
12:30 pure homophobia. Screw all
1:00 these self-righteous straight
1:30 people!
2:00
2:30 2/15/91
3:00 Something significant happened
3:30 to me this morning and I'm still
4:00 not sure what it was. Awoke at
4:30 8:45 a.m., felt as usual, went
5:00 back to sleep. At 9:30, Mary
5:30 Ellen came over and I was soaked
6:00 through with sweat and truly
6:30 "delirious," the only word I
7:00 can think that describes what
7:30 I felt. I was floating away.
Felt I was no longer grounded
in this world. I couldn't

NOVEMBER 19 MONDAY

323 « » 42

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The ballot is stronger than the bullet—Lincoln

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NOVEMBER 20 TUESDAY

324 « » 41

A work ill done must be twice done

8:00 bring myself back to earth and I
8:30 really thought, hey, this is it!!!
9:00 I'm dying. Mary Ellen immediately
9:30 realized it and called Barbara,
10:00 telling her I was "wierd."
10:30 Because I didn't want to go into
11:00 the hospital, they immediately
11:30 initiated arrangements to get me
12:00 hospice care. I simply nodded
12:30 out, seemingly in a dream,
1:00 unable to move. It was a God-
1:30 send the way Mary Ellen, Kathy
2:00 and Barbara cared for me. My
2:30 temperature was 93°. An
3:00 assessor from Hospice by the Bay
3:30 came over and signed me up.
4:00 It sounds like a good deal,
4:30 very flexible so that whatever
5:00 and whenever I need ANYTHING,
5:30 I call them and they take care
6:00 of it. I just laid here all
6:30 day and gradually collected
7:00 my brain. Beginning Tuesday
7:30 someone will come here shortly
after I wake up to get me going
for the day — make me a

NOVEMBER 21 WEDNESDAY

325 « » 40

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We are less convinced by what we hear than by what we see—Euripides

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NOVEMBER 1990						
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DECEMBER 1990						
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NOVEMBER 22 THURSDAY

Thanksgiving Day

One place where you're sure to find the perfect driver is in the back seat—Homer Phillips

8:00 breakfast, helps me get dressed, do
8:30 whatever else I need, spending
9:00 about 2 hours here. They'll also
9:30 get me a chair for the shower and
10:00 a seat to raise the toilet seat
10:30 so I can get off it easier. Anyway
11:00 we'll see how it all works out.
11:30 Jim + Mary Ellen will continue
12:00 doing what they have been doing.
12:30 Tonight I feel a lot like I have
1:00 been lately — back to earth. I'm
1:30 incredibly weak, my feet and
2:00 legs still very swollen, I can't
2:30 eat much substantial, my
3:00 mouth is very dry. I don't
3:30 know if this is the beginning
4:00 of the end, or just another bad
4:30 phase, but it does seem to
5:00 have been a steady decline
5:30 ~~Then~~ since getting out of the
6:00 hospital in early October.
6:30 I feel peaceful and accepting,
7:00 and reassured there'll be
7:30 someone there for me.

NOVEMBER 23 FRIDAY

327 « » 38

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Justifying a fault doubles it—French

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NOVEMBER 1990						
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DECEMBER 1990						
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NOVEMBER 24 SATURDAY

328 « » 37

A gude cause makes a strong arm—Scottish

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2/18/91

Today they delivered a "tub transfer chair" so I can sit in the shower, plus a commode for my bedroom (for when I can't make it to the regular bathroom), plus a raised toilet seat for the regular toilet so I can get on/off it easier. I felt pretty perky during the first half of the day, but around 5 p.m. I was feeding the birds and the task just drained me. My heart was pounding so fast and hard, I couldn't catch my breath and I felt like I need some oxygen tank. Since Barbara's on vacation and that hospice lady on Friday said they can get me anything any time, I called them. Within 45 min. she was here. Said my vital signs indicate that my symptoms are the result of very low blood pressure and that oxygen wouldn't help... that I just

NOVEMBER

25

SUNDAY 47

329 « » 36

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Sloth makes all things difficult—Franklin

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8:00 need to be less active. Nonetheless
8:30 I'm glad I contacted her because
9:00 she hadn't arranged for the in-
9:30 home attendant to come tomorrow
10:00 and I was expecting them to.
10:30 So she phoned right then & there,
11:00 and someone'll be contacting me
11:30 tomorrow.
12:00 I've been reading the greatest
12:30 library book so far: THE PERSON
1:00 WITH AIDS — NURSING PERSPECTIVES.
1:30 It describes my condition and
2:00 situation perfectly, with some
2:30 solutions to the problems.
3:00
3:30
4:00 2/27/91
4:30 Changes are occuring daily,
5:00 so quickly that I can hardly
5:30 keep up with developing adapta-
6:00 tions to the obstacles these
6:30 deteriorations in my body
7:00 present. Hospice By The Bay
7:30 is sending a "personal care
attendant" from 11 a.m. to
12:30 pm, who mainly just

NOVEMBER

27

TUESDAY

331 « » 34

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He who does no good does evil enough—French

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NOVEMBER

28

WEDNESDAY

332 « » 33

Nothing with God is accidental—Longfellow

8:00 cooks a breakfast for me. This
8:30 past Tuesday one helped me
9:00 take a shower before Charlie
9:30 came to give me a massage. He
10:00 gives me one on Tuesdays and
10:30 Fridays. Then they get me
11:00 comfortable in the bed and
11:30 leave. Barbara [redacted] came
12:00 to my bedside and acted as
12:30 though this is really the end.
1:00 "What are you going to do if
1:30 you get pneumocystis again?"
2:00 She asked. "Go into the
2:30 hospital? ... I don't think
3:00 you want to do that - no." She
3:30 discouraged me from taking
4:00 anymore aerosol pentamidine
4:30 treatments, saying at this
5:00 point they don't help, but I
5:30 disagree. So they're arranging
6:00 to come to my place to do the
6:30 treatments here. I have a
7:00 fungal rash on my torso
7:30 and legs and need to have
someone apply an anti-
fungal ointment. Denis has

NOVEMBER

29

THURSDAY

333 « » 32

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Men are better when they are old; things when they are new—Korean

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NOVEMBER

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FRIDAY

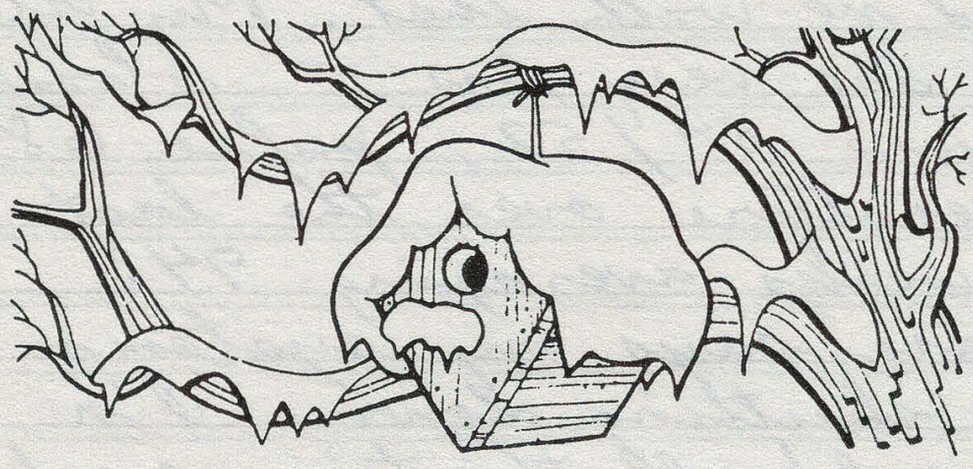
334 « » 31

Comfort and indolence are cronies—Hood

8:00 helped me with that. My vital
8:30 signs are very low — blood
9:00 pressure 84/52, pulse 68,
9:30 temperature over the last
10:00 two weeks averaging 94°.
10:30 Barbara says my systems are
11:00 just shutting down. I'm
11:30 icy cold all the time and
12:00 am wearing a knit cap,
12:30 scarf and gloves in the
1:00 house. My legs and
1:30 especially my feet and ankles
2:00 are very swollen and painful.
2:30 I'm taking a diuretic that
3:00 makes me piss often and
3:30 have begun using a commode
4:00 in my bedroom because it's
4:30 difficult to walk down to
5:00 the bathroom so frequently.
5:30 On Sunday Denis and another
6:00 FTM named Jamie [redacted]
6:30 came over to discuss my trans-
7:00 ferring more of the duties of
7:30 the FTM meetings and news-
letter, where I kept the
paperwork, etc. I feel much

DECEMBER 1990

WEDNESDAY, DEC. 12 – *Hanukkah*
SATURDAY, DEC. 15 – *Bill of Rights Day*
FRIDAY, DEC. 21 – *Winter begins*
TUESDAY, DEC. 25 – *Christmas Day*



FULL MOON
2nd
2:50 p.m.

LAST QUARTER
9th
9:04 p.m.

NEW MOON
17th
11:22 p.m.

FIRST QUARTER
25th
10:16 p.m.

FULL MOON
31st
1:35 p.m.

EASTERN STANDARD TIME

December Memos and Birthday Reminders

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DECEMBER

1

SATURDAY

335 « » 30

The fool is happy that he knows no more — Pope

8:00 relieved that it'll be in good
8:30 hands and survive. Then today
9:00 Bill [redacted] from the Gay Historical
9:30 Society came over and we dis-
10:00 cussed what I'm all bequeathing
10:30 to them and he promised all
11:00 my FTM donations will be
11:30 kept together under my
12:00 name. I'm really glad of
12:30 that, as this material can so
1:00 easily get mixed in with
1:30 all the general transsexual/
2:00 transvestite and male-to-
2:30 female stuff and be lost
3:00 in their volume. So I'm
3:30 feeling very at peace and re-
4:00 assured that my work will be
4:30 preserved. [redacted] also took on
5:00 the task of coordinating my
5:30 friends to, say, come by to
6:00 assist me in the evenings
6:30 once a week or so...
7:00 I've been scheduled to speak
7:30 on a panel at the gay writers'
conference Out/Write on writing
as a sexual minority (TV/TS's)

DECEMBER

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SUNDAY

48

336 « » 29

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Self-conquest is the greatest of victories—Plato

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JANUARY 1991						
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DECEMBER 3 MONDAY

337 « » 28

There's small choice in rotten apples—Shakespeare

8:00 within a sexual minority (homo-
8:30 sexual) this coming Sunday,
9:00 but I've begged off - it'll
9:30 just be very hard to get there
10:00 on Sunday morning (my worst
10:30 time of the day), plus I
11:00 haven't anything prepared.
11:30 But [redacted] going to assist
12:00 me in the wheelchair to be
12:30 able to attend the keynote
1:00 address Friday night given
1:30 by one of my favorite authors,
2:00 John Rechy. Kathy [redacted]
2:30 took me to the grocery store
3:00 and I pushed myself up
3:30 and down every aisle in the
4:00 chair ... it was FUN!
4:30 I'm sure there's a lot more
5:00 I should be writing here, but
5:30 I'm gonna sign off here now.
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DECEMBER

4

TUESDAY

338 « » 27

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JANUARY 1991						
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Philosophy is the art of living—Plutarch

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DECEMBER

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WEDNESDAY

339 « » 26

Kindness gives birth to kindness—Sophocles

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DECEMBER

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THURSDAY

340 « » 25

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Carelessness does more harm than a want of knowledge—Franklin

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DECEMBER

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FRIDAY

341 « » 24

Time spent in laughter is well invested

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DECEMBER

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SATURDAY

342 « » 23

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Imagination is the eye of the soul—Joubert

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DECEMBER

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SUNDAY 49

343 « » 22

A man of courage never wants weapons

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DECEMBER

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MONDAY

344 « » 21

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JANUARY 1991						
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Gross negligence is equivalent to intentional wrong—Legal maxim

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DECEMBER

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TUESDAY

345 « » 20

Anger begins with folly and ends with repentance—Pythagoras

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DECEMBER 12 WEDNESDAY

Hanukkah

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He is a good orator who convinces himself

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DECEMBER

13

THURSDAY

347 « » 18

Look before you leap—English

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DECEMBER

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FRIDAY

348 « » 17

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He is well paid that is well satisfied—Shakespeare

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DECEMBER

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SATURDAY

349 « » 16

Ask thy purse what thou shouldst buy

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DECEMBER 16 SUNDAY

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350 « » 15

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A friend is one before whom I may think aloud—Ralph Waldo Emerson

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DECEMBER

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MONDAY

351 « » 14

He who looks for a mule without a fault must go on foot—Spanish

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DECEMBER 18 TUESDAY

352 « » 13

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Wisdom is the conqueror of fortune—Juvenal

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DECEMBER 19 WEDNESDAY

353 « » 12

Trifles make perfection, and perfection is no trifle—Michelangelo

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DECEMBER 20 THURSDAY

354 « » 11

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The best is good enough—German

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DECEMBER 21 FRIDAY

355 « » 10

A light heart lives long—Shakespeare

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DECEMBER

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SATURDAY

356 « » 9

NOVEMBER 1990						
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JANUARY 1991						
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Mercy imitates God and disappoints Satan—St. John Chrysostom

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DECEMBER 1990						
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JANUARY 1991						
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DECEMBER

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SUNDAY 51

357 « » 8

Do the headwork before the handwork

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DECEMBER

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MONDAY

358 « » 7

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DECEMBER 1990						
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JANUARY 1991						
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The lovers of freedom will be free—Burke

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DECEMBER

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TUESDAY

Christmas

May Christmas joy linger throughout the year

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DECEMBER

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WEDNESDAY

360 « » 5

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DECEMBER 1990						
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JANUARY 1991						
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Everything yields to diligence—Antiphanes

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JANUARY 1991						
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DECEMBER 27 THURSDAY

361 « » 4

The smallest hair casts its shadow—Goethe

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DECEMBER

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FRIDAY

362 « » 3

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DECEMBER 1990						
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JANUARY 1991						
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Skill and confidence are an unconquered army—Herbert

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JANUARY 1991						
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DECEMBER 29 SATURDAY

363 « » 2

The secret of success is constancy of purpose—Disraeli

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DECEMBER

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SUNDAY 52

364 « » 1

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DECEMBER 1990						
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JANUARY 1991						
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The noblest motive is the public good—Virgil

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DECEMBER 1990						
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JANUARY 1991						
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13	14	15	16	17	18	19
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DECEMBER

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MONDAY

365

Best wishes for 365 happy days in 1991

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Memorandum

1990

HOLIDAYS IN HEAVY TYPE

JANUARY

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14	**15**	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

FEBRUARY

S	M	T	W	T	F	S
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4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	**19**	20	21	22	23	24
25	26	27	28			

MARCH

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4	5	6	7	8	9	10
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18	19	20	21	22	23	24
25	26	27	28	29	30	31

APRIL

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8	9	10	11	12	13	14
15	16	17	18	19	20	21
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29	30					

MAY

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27	**28**	29	30	31		

JUNE

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17	18	19	20	21	22	23
24	25	26	27	28	29	30

JULY

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15	16	17	18	19	20	21
22	23	24	25	26	27	28
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AUGUST

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12	13	14	15	16	17	18
19	20	21	22	23	24	25
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SEPTEMBER

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OCTOBER

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21	22	23	24	25	26	27
28	29	30	31			

NOVEMBER

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11	12	13	14	15	16	17
18	19	20	21	**22**	23	24
25	26	27	28	29	30	

DECEMBER

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16	17	18	19	20	21	22
23	24	**25**	26	27	28	29
30	31					


cancer


leo


virgo


libra


scorpio


sagittarius

1991

HOLIDAYS IN HEAVY TYPE

JANUARY

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		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	**21**	22	23	24	25	26
27	28	29	30	31		

FEBRUARY

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17	**18**	19	20	21	22	23
24	25	26	27	28		

MARCH

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APRIL

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MAY

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JUNE

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JULY

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21	22	23	24	25	26	27
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AUGUST

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SEPTEMBER

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OCTOBER

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NOVEMBER

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17	18	19	20	21	22	23
24	25	26	27	**28**	29	30

DECEMBER

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22	23	24	**25**	26	27	28
29	30	31				


capricorn


aquarius


pisces


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taurus


gemini



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GLC 2

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OF NORTHERN CALIFORNIA