



INGERSOLL GENDER CENTER -- SEATTLE, WASHINGTON
DECEMBER VOL. THREE □ NO. 9 □ PRICE: \$1.00/EA. □ \$15.00/YR SUBSCRIPTION

YOUR LAST REMINDER!!

**A GIFT OF JOY CELEBRATED ON
DECEMBER 7, 1997**

This year's Holiday party is **"a gift of joy"**, in the Grand Ballroom of the Best Western Executive Inn, 200 Taylor Avenue North, near the Seattle Center.

This year, the party is on **SUNDAY, DECEMBER 7, 1997, from 6:00pm to 11:00pm**. The change in day and time come from the fact that we were unable to book the room for the usual Saturday night party-time.

See the ad in this issue of *The Ingersoll Message* for more information about this year's party and get a load of the wonderful entertainment we have booked!

1997 HOLIDAY HAPPENING TO INCLUDE SOME GREAT SURPRISES!

The long-awaited 1997 Holiday Happening, **A GIFT OF JOY** will open doors on Sunday, December 7, 1997, from 6:00 pm to 11:00 pm, in elegant Grand Ballroom of the Best Western Executive Inn. The Inn is located at 200 Taylor Avenue North, near the Seattle Center.

True to the spirit of Holidays Past, this year's party will be bigger, glitzier, more fun, and more packed with entertainment than its predecessors. There will be more food, more and bigger silent auction items, more spectacular raffle items – remember last year's cruise?

This year's entertainment will also follow in the vein of 'more-bigger-better'. We are proud to announce that the "Emerald City Volunteers" group from the Seattle Men's Chorus will provide entertainment. We are equally proud to announce that a group of singers from the Lesbian and Gay Chorus will also provide us with music of the season.

Add to this, the great food and drink, the marvelous ambience, decorations, and a chance to see and be seen, and my dear, you simply will not miss this one.



Seattle Lesbian and Gay Chorus members at the Paramount Theatre in 1996.



Seattle Lesbian and Gay Chorus

Funded by Pride. Member of
Pride Federation since 1993.
By Rob Cochran

FTM CALENDAR

DECEMBER, 1997

| SUN | MON | TUE | WED | THU | FRI | SAT |
|-----|-----|--|--|-----|-----|--|
| | 1 | 2 | 3 FTM PHONE LINES MSG SVC 329- 6651 ** | 4 | 5 | 6 |
| 7 | 8 | 9 | 10 FTM PHONE LINES MSG SVC 329- 6651 ** | 11 | 12 | 13 FTM WINTER SOCIAL TO BE ANNOUNCED |
| 14 | 15 | 16 | 17 FTM PHONE LINES MSG SVC 329- 6651 ** | 18 | 19 | 20 |
| 21 | 22 | 23 FTM THERAPY & S.O. SUPPT GROUP* | 24 HOLIDAY INGERSOLL CLOSED | 25 | 26 | 27 |
| 28 | 29 | 30 | 31 NEW YEAR'S HOLIDAY INGERSOLL CLOSED | | | |

*THERAPY AND SUPPORT GROUP MEET AT INGERSOLL AND IN ROOM 101 IN THE INGERSOLL BUILDING

**MESSAGE LINE WILL BE CHECKED AND CALLS WILL BE RETURNED PROMPTLY.

I-677: A MAJOR VICTORY

By Howard Leonard, Ph.D.

Although I-677 lost at the polls, the gender community won a major victory. Never before has a state-wide measure included protection based on gender identity. And this inclusion didn't come from a 'radical' group but rather from a mainstream organization which has attained access to the highest members in State office. This access wasn't gained easily and wasn't gained recently. We all owe a great deal of gratitude to Marsha Botzer, Activist and Founder of Ingersoll Gender Center.

Marsha has never been one to toot her own horn. She doesn't write articles about her accomplishments or publish position papers on her views. What Marsha has done for the gender community over the past 20 years, she has done in the name of Ingersoll. Over that time, Marsha has quietly gained access to very influential people. She worked many hours over many months talking one-on-one with past governor Mike Lowry, pre-governor Gary Locke, members of the State legislature, and influential members in the GLBT community. Only someone with 20 years of history and experience could have pulled off what Marsha did. And the battle was much more uphill than any of us realize. Everyone feared that inclusion of gender identity would spell sure failure at the polls.

Well, I-677 did fail at the polls. But in the aftermath, analysts are blaming a conservative voter turnout due to I-676 and I-685, not the gender community. That spells likely inclusion of gender identity in future initiatives and legislation aimed at attaining fair and equal rights for State citizens.

Please remember to thank Marsha for accomplishing what no one else in the gender community could have achieved.



IMPORTANT INGERSOLL DOINGS IN

D E C E M B E R

All Mondays in December: Amazing Changes, an AA group for all TS, TG, and TV people 6:00-7:00 pm

This group is closed to families and SO's

All Wednesdays in December: TS Group (Referral Only) 7:30-9:30 PM

All Thursdays in December: Drop In Group (Open) 7-9 PM

All Fridays in December: TV/TS Support Group (Open) 8-10 PM

Phone answered Mondays & Fridays 6-8 pm and Saturdays 10-12 noon

December 9, FTM Support Group, 7:30-9:30 pm

December 27, FTM Support Group, 11:00-1:00 pm

December 23, FTM Therapy group, 7:00-8:30 pm (Ste. 103)

December 23, FTM SO Support Group, 7:00-8:30 pm (Ingersoll)

(See FTM Calendar for specifics)

MARK YOUR CALENDARS SO YOU

DON'T MISS THIS ONE!!!

SUNDAY, DECEMBER 7, 1997

FROM 6:00 PM - 11:00 PM

AS INGERSOLL GENDER CENTER PRESENTS:

A GIFT OF JOY

HOLIDAY HAPPENING, '97

GRAND BALLROOM

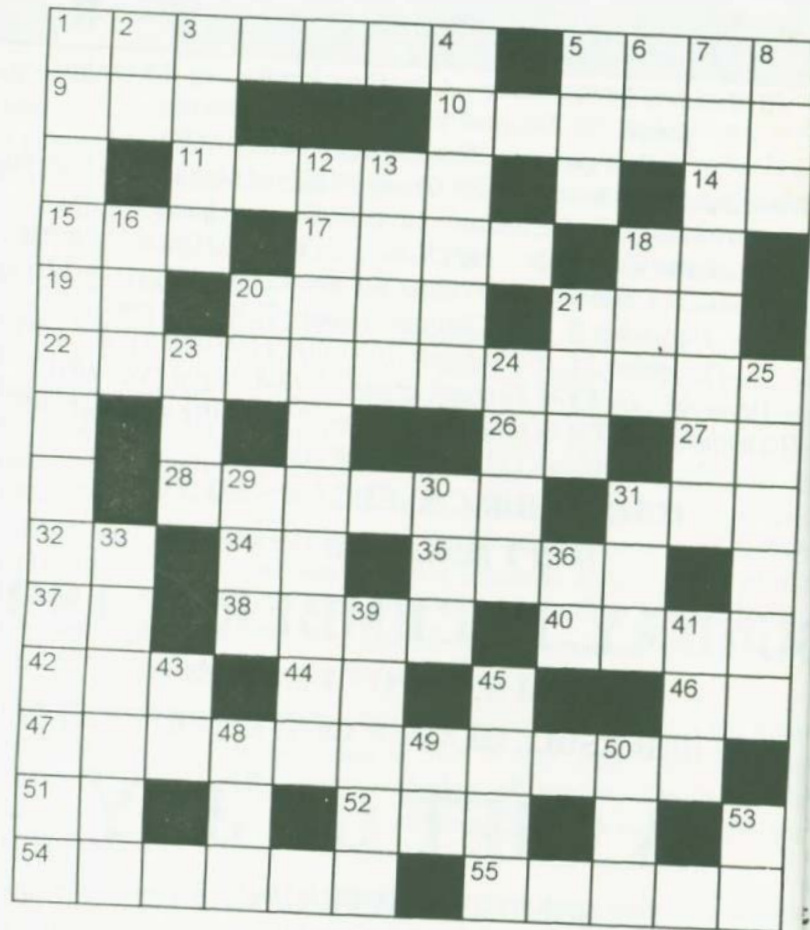
BEST WESTERN EXECUTIVE INN

200 TAYLOR AVENUE NORTH

(NEAR THE SEATTLE CENTER)



DECEMBER GENDER CROSSWORD PUZZLE



Nov 8, 1997

Across

- 1 Jewish festival of lights.
- 5 Also called 'Poor Man's Ham'
- 9 Last name of John Lennon's wife
- 10 What a baton does.
- 11 Five essentials mixed up.
- 14 Initials meaning 'for example'
- 15 Ailing
- 17 Indian tribe

- 18 Ra__ Le__ Pi__ Wj__
- 19 First musical letter.
- 20 Prefix meaning eight.
- 21 Scientific work room.
- 22. _____ the name of the 1997 Holiday Happening.
- 26. Abbr. for University of Washington
- 27 T__L, P__I, R__I, S__I.
- 28 Party-goers will be serenaded by the Lesbian and

6

- Gay _____
- 31. ___ess, ___imited, ___aced
- 32. Rock group: __/DC.
- 34. Medical initials.
- 35. A light in the sky.
- 37. Ma's husband.
- 38. Fibers from a worm.
- 40. Archaic word for 'soon'.
- 42. 'As needed' on a prescription.
- 44. Initials for life-partner
- 46. Military initials.
- 47. Cross-dressing group; also subgroup from Seattle Men's Chorus.
- 51. Two compass points.
- 52. Slave girl in 'Turando'.
- 54. One type of photo presentation.
- 55. What your average MTF might wear.

Down

- 1. December 7, 1997, is when the _____
- 2. One of the articles.
- 3. French Christmas song.
- 4. What to buy an FTM for Christmas: _____ course!
- 5. Peccadillo.
- 6. Initials which mean advertising.
- 7. An MTF who is attracted to women is _____
- 8. A dangerous additive for some.
- 12. At the Holiday Happening, the _____ way of buying some wonderful things, cheaply.
- 13. A German man's name.
- 16. Item used to build pioneer cabins.

- 18. Used to mean happy.
- 20. Preposition.
- 21. High's other half.
- 23. Initials of Seattle's wonderful gender organization.
- 24. Fair.
- 25. First word of Mohr's Christmas carol.
- 29. Abbr. for 'hours'.
- 30. D___, M___, H___, T___
- 31. What some folks put their ashes in.
- 33. Woman's name; also mountain from which some nuns take their name.
- 36. 12-step organization.
- 39. Lays about, lazily.
- 41. O, H___ night.
- 43. Same as 51 across.
- 45. Clouds rapidly racing across the sky.
- 48. One of the major Holiday colors.
- 49. The late princess.
- 50. Tic and Tac's other third.
- 53 B___, C___p, F___s, L___t.



7

COMING TO INGERSOLL By Linda

We arrive at the door of the Center from all over the country. Many of us started on the journey many years ago, some just last week. Some come for a visit, others find a home. We all share one thing in common: The need to express ourselves openly and without fear. Being Transgendered is not easy for most of us and the Ingersoll Center is a place that accepts and supports all of the rich diversity in the gender community.

A year or so ago, I walked up the few short steps of the walk to the secluded building, took a deep breath, muttered to myself, "What are you doing, girl?" I fixed my makeup and skirt and walked into the Friday night meeting. I had been to the meeting the night before to sort of, well, you know, check it out. Denise was the facilitator of the "rap group", a meeting with no apparent structure, which means she was there being herself. She is a warm, friendly, accepting and not pushy woman. Just the way you would like your sister to be if she isn't already like that.

Someone said "Hi" and invited me to join them. A couple of members were chatting with Denise about going "full-time," whatever that meant (maybe they were students!) and some chatted about the drive up from Tacoma, how their wives were 'dealing with it' and life in general. I am sure the topics were all very important to each person at the time, but what seems the most important to me about the night was the feeling of safety and belonging I felt with these strangers. They understood and I hadn't said anything.

Personally, I didn't get to this first meeting easily. I had been in therapy off and on since I was 24 -- A total six years attempting to deal with, avoid, rationalize, not talk about, and generally being miserable most of the time about my gender discomfort. The counselor I was seeing, a truly wonderful woman, had recognized my gender dysphoria about two years before. She had suggested that I might want to call Ingersoll Gender Center and maybe seek a gender specialist. Well, I called four times over some months and listened to the message. Finally left my phone number and someone called me back later that week. They were very helpful, answered my questions and invited me to an open meeting.

Finally, I went directly from work. I got lost and tried to call Ingersoll from a phone booth at the International House of Pancakes near the Center. Surprisingly, Marsha Botzer answered, and gave my directions and when I asked if I could come even if I was so late. She warmly said, "Of course, come on over." I have been coming to Ingersoll ever since.

That was 14 months ago. I have been to many meetings, and now talk about going "full-time" soon myself. The Center continues to amaze and support me along with so many others with a full spectrum of gender resources. I have met so many wonderful men and women who are, to some degree or another just like me. Remembering that "Birds of a feather flock together." Many of them even become like the Beautiful Phoenix, transform themselves, and fly away to new lives, self-accepting, courageous and free.

HEY, GOOD COOKIN'!

Turkey Soup

What to do with left-over turkey? Here's an easy recipe for a wonderfully hearty soup, and in the process you can use up those few veggies which would eventually turn gray-green and fuzzy before you were forced to throw them out.

Ingredients:

Left-over roasted turkey cut into large (1" square) chunks

Any left-over cooked veggies

the left-over gravy from your turkey dinner

1 ½ -2 cups of frozen veggies of your choice

One cup of pasta of your choice

2 cans of fat-free, low-salt chicken broth

Poultry spice, salt and pepper to taste

Preparation:

Using a large pan, put all ingredients (except gravy) in and put on the stove and bring to a boil. Reduce heat and allow to simmer for 20-40 minutes to make sure that all the flavors blend and 'marry' and pasta is 'al dente'.

Just before serving, add the gravy in small amounts until the liquid in the soup is thickened to suit you.

Serve with a warm loaf of French bread or some of those rolls you cooked for Holiday Dinner.

For a different taste sensation, after you ladle the soup into the bowls, put a large dollop of cranberry sauce in the center of the bowl! Try it! It's delicious!

Happy Holidays to You and Yours



THE BUTLER DID IT!
BY PAT BUTLER, EXECUTIVE DIRECTOR

ROAD RAGE

Every once in a while, a new term comes into the language which can strike terror into the hearts of all who hear it. I remember terms like "The Doomsday Clock" which showed how close we were as a world society to destroying ourselves with nuclear weapons. I remember as a young man in my twenties when the Cuban Missile Crisis moved us to within seconds of 'nuclear midnight'. I also remember how the whole world breathed easier when the minute hand of that clock moved back to ten minutes before midnight!

Lately, a new term has violently shoved its way into our vernacular. That term is 'Road Rage'. You know how it starts. Your driving along and some @*?!?! cuts in front of you. So you scream and yell in the safety of your car about his/her parents lack of a marriage license, and you go about your business. At least that's the way we used to do it - with an occasional beeping of the horn or flashing of the lights.

At least, that's how we used to do it, but with the refinement and ingenuity of the human brain, we have gone far beyond the toot of a horn or flashing to high beams momentarily to communicate dissatisfaction. Now we have such *real* statements pulling and/or using weapons (guns, hammers, axes, screwdrivers... you get the idea). Being chased down the freeway by a more or less temporarily deranged motorist who wants redress for your "gettin' in his/her face!"

Last night, on the busiest shopping day of the year, the day after Thanksgiving there was a news article about two men who wanted the same parking place at local mall. When one of them succeeded in beating the other to the place, the loser took his **Fist(!)** to break out the back window of the other car. When the police questioned him, all he could say was that he was only getting "JUSTICE!!!"

JUSTICE!!! Excuse me, but what justice? He lost a parking place, not his testicles! He further said, "It's a dog-eat-dog world out there!" Aside from his usual a terribly tired cliché, the attitude of "fuck you as long as I get mine" is *out there* if he put it, but where is it going to stop?

As a person who braves the freeways almost on a daily basis, I have a couple of suggestions to make:

1. What happened to courtesy? It costs you only 5 seconds at most, and may make the recipient a bit kinder to the next boorish driver they encounter.
2. In the grand scheme of things, you will arrive, at most, one minute earlier if you "Cut that sucker off!"

1. Say thank you with a wave of the hand when someone does you a good-road-deed. (Like letting you into a long line of cars.)
2. It takes only a split second to turn on your signal indicators. You'd be amazed at how many drivers fail to make use of this very simple courtesy. (Don't forget to turn them off!)
3. Start out slowly. Do one good-road-deed each time you're in the car. It just might catch on.
4. Finally, remember that the vehicle and the road are **NOT** the place to work out those feelings of insecurity and anger at your mother, father, boss, spouse, or Jimmy Peterson, your next door neighbor who wouldn't let you play with his G.I. Joe doll when the two of you were 11 years old.

REFERRAL THERAPISTS

SANDRA L. FOSSHAGE
M.A.
(206) 286-6005

SANDRA L. JOHNSON
Ph.D. Lic. #1328
(206) 322-2012

HOWARD E. LEONARD
Ph.D. Lic. #989
(206) 329-5255

JUDE PATTON
CMHC, CMFT, PA-C
(206) 787-5094

BRYANT VEHR
M.A.
(206) 623-5244

EASTERN WASH.
K.K. (ROBBY) ROBBINS
(509) 459-8111

EMERALD CITY

206-827-9494

PHONES ANSWERED TUESDAYS

7:00 PM 10:00 PM

For Crossdressers. Meetings and social gatherings. Safe, discreet, and confidential. A place to be!

Contents copyright: 1997

Published monthly by
Ingersoll Gender Center
1812 East Madison
Suite 106
Seattle, WA 98122
(206) 329-6651

Mail Subscriptions available: \$15.00- (includes 3.00 p/h per year)
Individual copies, \$1.00

Editorial and article contributions are welcomed.

Editor: Pat Butler

Ingersoll Office Manager: KEF, Assistant: Kim Holmes

Ingersoll Gender Center Board of Directors:

| | |
|-------------------------|---------------------------|
| Bryant Vehrs, President | Denise Ottoson, Secretary |
| Marsha Botzer, MA | Karen Shaw, Treasurer |
| Patrick Butler | Suzanne Adams, MA |
| Jude Patton | David Schreier |

Opinions expressed in the Ingersoll Message are strictly those of the writer. They do not necessarily reflect those of Ingersoll Gender Center or the Board of Directors

-----DETACH HERE-----

PLEASE ENTER MY SUBSCRIPTION FOR *THE INGERSOLL MESSAGE*. I HAVE ENCLOSED \$15.00 (check or money order) FOR A ONE YEAR SUBSCRIPTION.

NAME _____

ADDRESS _____

CITY _____

STATE _____

ZIP _____

I WOULD LIKE TO KEEP UP WITH INGERSOLL EVENTS, PLEASE ADD ME TO YOUR MAILING LIST.

PLEASE SEND ME AN INFORMATION PACKET.
(ENCLOSE \$1.00 p/h AND S.A.S.E. [#10 BUSINESS SIZE])