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# **The Second International Congress On Sex & Gender Issues**

**June 19-22, 1997**

**Program Guide**



The Second International Congress on Sex & Gender Issues is sponsored by The Renaissance Education Association, Inc., a 501[c][3] supporting educational organization for transgendered people, their family members, professional care-givers and the general public. Renaissance has Chapters and Affiliates across the U.S.

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# **The Second International Congress On Sex & Gender Issues**

**June 19-22, 1997**

**Park Ridge Hotel**

**King of Prussia, Pa**

## **Program Guide**

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William R. Stayton, Th.D.

JoAnn Roberts, Ph.D.

### Program Committee

Sheila Kirk, M.D.

Vern Bullough, R.N., Ph.D.

### Logistics

Jessica Brandon

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### Exhibits

Dallas Denny, M.A., Vendors

Patty Klein, M.S., Hirschfeld Exhibit

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## Welcome...

...to what many of us hope will become a recurring event where both members of the transgender community and members of the professional care-giver community can exchange ideas and information.

The first International Congress was held February 22 – 26, 1995 at the Airtel Hotel in Van Nuys, California. It was the brain-child of Drs. **Vern Bullough**, **Bonnie Bullough** and **James Elias** at the **Center for Sex Research** at the **California State University, Northridge**. The event was planned to be a one-time activity. However, for many of us who attended that historic first, there were too many good things, too many fruitful dialogues, too many new understandings to just let it be the only time it would happen.

After speaking with several of my peers and receiving encouragement, I came home to suburban Philadelphia and with the support of **Dr. William (Bill) Stayton** and the members of the **Renaissance Education Association, Inc.**, we announced the **Second International Congress on Sex & Gender Issues** with the blessing of the organizers of the first congress.

I believe we've developed a program that will educate and inform on many different levels. Our goal is to explore sex and gender in all their facets; clinically, socially, medically, and psychologically. We have some very serious clinical programs and we have some lighter fare that will interest just about everyone for balance. We also expect to generate some controversy and healthy argument.

One of the highlights of this Second Congress is the **Magnus Hirschfeld Exhibit, 75 Years of the Institute for Sexual Science**, produced by **The Magnus-Hirschfeld-Gesellschaft e.V.** This exhibit contains unpublished documents, photographs and texts of Magnus Hirschfeld, the sex researcher who coined the words "transvestite" in 1910 and "transsexual" in 1912. The exhibit is composed of 65 panels in several sections telling of Hirschfeld's theories of sexuality and the effect these theories had on pre-WWII society.

I'd like to thank several people for bringing this event to reality. First is my event co-chair, **Dr. Bill Stayton** who provided encouragement, support, and guidance throughout the process. Second are the Program Co-chairs, **Sheila Kirk, M.D.**, and **Vern Bullough, R.N., Ph.D.** They did an excellent job in designing the program and Dr. Kirk deserves additional thanks for getting us Dr. Gooren's team from the Netherlands. Next, I want to thank the Renaissance team of volunteers working the event, most notably **Angela Gardner**, **Jessica Brandon**, and **Christie Hutchins**. I'm especially grateful to **Claudia Wrede** in Germany for bringing the Hirschfeld exhibit to my attention, to the partners of **3-D Communications, Inc.**, for providing the seed money, and to **Patty Klein, M.S.**, for making sure it got here to Philadelphia. Additional thanks go to Melissa Foster, Karen Adler, PPOC, and IFGE for getting the display into the country.

**JoAnn Roberts, Ph.D.**  
**June 1997**

# Thursday, June 19

Welcome Cocktail Reception - 7:00 PM to 9:00 PM

Independence 3

# Friday, June 20

Fri. 6/20	Independ 1	Independ 2	Independ 3	Freedom
8:30 - 8:45	<b>CANCELED</b>	• Niela Miller, M.S. Counseling in Genderland Part 1 Workshop	Virginia Prince, Ph.D. Sex, Gender & Object Choice, the Invisible Revolution	Univ. Mich. Team • The UMich Gender Program • Health Care Needs & Experiences of the TG Community • Violence Within & Against the TG Community
8:45 - 9:00				
9:00 - 9:15				
9:15 - 9:30				
9:30 - 9:45				
9:45 - 10:00	• M. A. Schroeder, Ph.D. A Positive Outlook For Our Patients: Transgender Health Issues		Bob Davis, MFA The History & Significance of Female Mimics Magazine	
10:00 - 10:15				
10:15 - 10:30				
10:30 - 10:45				
10:45 - 11:00	<b>BREAK</b>	<b>BREAK</b>	<b>BREAK</b>	<b>BREAK</b>
11:00 - 11:15	<b>Kate Bornstein</b>			
11:15 - 11:30	Valley Forge Ballroom			
11:30 - 11:45	Gender and the USFDA Food Group Triangle			
11:45 - Noon	<b>LUNCH</b>			
Noon - 1:30				
1:30 - 1:45	Dallas Denny, M.A. Research In Support Grp	Fincke, M.S.S.W. & Northway, M.S. Patterns & Treatment Issues in a Gender Diverse Community	<b>OPEN</b>	• Roger Millen, Ph.D. Identifying & Transforming Limiting Core Beliefs
1:45 - 2:00	Reed Erikson Influence			
2:00 - 2:15	Future of TG Politics			
2:15 - 2:30	CDing & Traditions of Carnival			
2:30 - 2:45	Subliminal CDing			
2:45 - 3:00				
3:00 - 3:15	<b>BREAK</b>	<b>BREAK</b>	<b>BREAK</b>	<b>BREAK</b>
3:15 - 3:30	Anne Lawrence, M.D. Life After SRS	Daryl Hill Critical View TG ID	L. Hubschman, ACSW Obsrv in Counseling	
3:30 - 3:45			K. Rachlin, Ph.D. 6 Stages Gender Rev'l	
3:45 - 4:00	<b>BREAK</b>		<b>BREAK</b>	
4:00 - 4:15	Holly Boswell Transgender Spirituality	Families of TSs	Midgley & McKay Overlapping Behavior Among the Sexes	• Maureen Osborne, Ph.D. Contextual Therapy with Transsexuals & Their Families
4:15 - 4:30		Gender Needs		
4:30 - 4:45		Jude Patton, CMHC FtM Concepts of Masc.		
4:45 - 5:00				

NOTE: Programs with (•) earn CECs

You are on your own for dinner tonight. Visit the King of Prussia Mall, Valley Forge Park or one of the many fine restaurants in the area

# Saturday, June 21

Sat. 6/21	Independ 1	Independ 2	Independ 3	Freedom
8:30 - 8:45	• Melanie Spritz, M.D. GID: A Diagnosis that Is a Moral & Social Judgement	T.G.White, M.D. GID: Nature/Nuture	FtM Panel Changing Climate for FtM Transition	Sandra Bem Dismantling Gender Polarization & Compulsory Heterosexuality
8:45 - 9:00		A. Kane, M.Ed. Issues for Mature CD		
9:00 - 9:15	• Prof. M. A. Gilbert The Transgender Philosopher	• Univ. Mich. Team • Working with Diversity in TG Community • Second Opinion	Alison Laing Social Awareness of TG	• Amsterdam Team • Mental Health of Adoles. Trnsxls • Side Effects of Cross-Sex Hormones
9:15 - 9:30			Louis Swartz, Ph.D. Law & Transsexualism Update	
9:30 - 9:45		BREAK	BREAK	BREAK
9:45 - 10:00				
10:00 - 10:15	<p>• Prof. Dr. Louis Gooren Valley Forge Ballroom New Insights in the Origins of Transsexualism</p>			
10:15 - 10:30	LUNCH			
10:30 - 10:45	Steven Pincus, M.D. Voice Surgery	Mariette Pathy Allen The Other Side of the Looking Glass - a slide presentation	• Jamison Green Look! No, Don't! The Visibility Dilemma for Transsexual Men	• Lesbian & Gay Community Services Center of NY Consumers & Providers: Building Partnerships for Effective Care.
10:45 - 11:00	• Holistic Psychothrp Therapy Model	Tru Capote: TG?	Carl Bushong, Ph.D. Multidimensionality of Gender	
11:00 - 11:15	Rebecca Allison, M.D. Perspectives on SOC	Lee Etscovitz Gender Chng & Self	BREAK	BREAK
11:15 - 11:30	Phalloplasty FtM	BREAK	BREAK	BREAK
11:30 - 11:45	• Joan Boonin, M.S. Speaking, Syntax & Style	Jane & Frances Fairfax Creating A Support System for Spouses of Crossdressers	Rogers & Rogers Exp TG Grp Therapy	Beth Marshall Nobody Knows I'm Transgendered & Other Myths
Noon - 1:30	• TS Physician's Panel Everything You Wanted to Know About Transsexualism That We Want to Know , Too	OPEN	• Persad Center Transference & Counter-transference Issues...	
1:30 - 1:45				
1:45 - 2:00				
2:00 - 2:15				
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4:30 - 4:45				
4:45 - 5:00				

NOTE: Programs with (•) earn CECs

Renaissance 10th Anniversary Banquet. Cocktails at 7:00 PM. Dinner at 8:00 PM.

Kate Bornstein, Guest Speaker. Music & Dancing until 1:00 AM.

# Sunday, June 22

Sun. 6/22	Independ 1	Independ 2	Independ 3	Freedom
8:30 - 8:45	Maxwell Anderson Understanding FrM Transsexuals	Dawn Wilson Strategies To Obtain and to Progress With Success On The Job	• Niela Miller, M.A. Counseling In Genderland Part 2	Carol Cobb-Nettleton, Ph.D. Problems for Therapists & Their Clients Using the Current SOC
8:45 - 9:00				
9:00 - 9:15				
9:15 - 9:30				
9:30 - 9:45	• Sandar Cole, Ph.D. The Forgotten Journey of the Female Partner	Benestad Almaas, M.D. Elsa Almaas, Psych. Being In Systems		Anne Lawrence, M.D. TS Self-Portraits
9:45 - 10:00				
10:00 - 10:15				Joan Rowe, Ph.D. Evol of Sex & Gendr
10:15 - 10:30				
10:30 - 10:45	Valley Forge Ballroom	• Stephen Levine, M.D. Revisions of the Standards of Care for the Treatment of GID		
10:45 - 11:00				
11:00 - 11:15				
11:15 - 11:30				
11:30 - 11:45				
11:45 - Noon				Closing Remarks • Congress Concludes

## About Continuing Education Credits (CECs)

This conference is approved for Continuing Education Credits from the American Association of Sex Educators, Counselors and Therapists (AASECT). The maximum number of credits that any individual may earn is 12. We have indicated in the program listing which of the presentations are approved for CECs and how many units. They are noted thus: **(0.5 hrs)**.

For each presentation approved for CECs there is an Evaluation Sheet that will be handed to you by a host or hostess as you enter the room where the presentation is held. In order to earn the CECs for the presentation, these Evaluation Sheets must be completed and returned to a Congress staff-member — either the host/hostess or turn them in at the registration desk. You must print your name legibly and sign each sheet. If the AASECT staff cannot read your name, you will not earn the credit.

In addition, if you are not a member of AASECT and are seeking to earn AASECT CECs, you must include a \$5 non-member processing fee with your Conference Evaluation form (it came in your registration package). We will not forward any CEC requests for non-members without the fee which is payable to AASECT.



## Friday, June 20

### **The Transsexual In Europe: Legal Maze**

**Jenny Sand, Sandnes, Norway**

This presentation discusses current social and legal issues for transsexual people in Europe and discusses the process of social and legal transition as well as the rise of activism among Transgendered and their organization.

**CANCELED**

8:30 AM to 9:30 AM  
Independence 1

### **Counseling in Genderland: Workshop Part 1**

**Niela Miller, M.S., LCSW, LMHC-Acton, Mass.**

The focus of this workshop is on the counselor's experience and self-exploration as well as on gaining some understanding about working with gender-exploring clients from a humanistic perspective. We look at the development of our own gender identity, prejudices and beliefs about gender, ability to shift from a medical model ("You are sick; I am here to make you well") to an educational model ("We are here to learn and to discover how you can have a happy and productive life based on well-informed choices") based on the client's goals for the future and on his or her strengths. We also explore the larger community and social context and the many resources currently available. We introduce some methods and materials from the arts and humanistic psychology for working with gender identity explorers.

8:30 AM to 10:30 AM  
Independence 2  
(1.0 hrs.)

### **Sex, Gender & Object Choice: The Invisible Revolution**

**Virginia Prince, Ph.D., Los Angeles, Calif.**

This presentation examines the revolution in the way human interpersonal relationships occur within this century.

8:30 AM to 9:30 AM  
Independence 3

### **The University of Michigan Comprehensive Gender Services Program**

**Sandra S. Cole, Ph.D., Director of Gender Services, University of Michigan**

This 3-year old University Medical Center Program is based on a holistic comprehensive health care and service delivery philosophy. Its creative and innovative structure formally integrates University medical faculty and clinical specialists with community based clinical specialists and offers comprehensive team driven services to transgendered individuals and their partners and families. A full range of primary care, medical, mental health and surgical services are provided.

8:30 AM to 9:00 AM  
Freedom  
(0.5 hrs.)

### **Healthcare Needs & Experiences of the Gender Community**

**A. E. Eyster, M.D., M.P.H., Ann Arbor, Mich.**

Transsexual, transgendered, and crossdressing persons frequently report difficulties in obtaining adequate and appropriate health care services. Specific problems encountered include bias on the part of healthcare providers, inappropriate psychological diagnosis, and the need to "educate" providers about gender issues. This program will present preliminary results from a national survey which is being sponsored by the University of Michigan Comprehensive Gender Services Program. Content areas will include experiences of the gender community in obtaining healthcare; unmet healthcare needs; the relationship between experiences of abuse or victimization and inadequate healthcare services.

9:00 AM to 10:00 AM  
Freedom  
(1.0 hrs.)

## Friday, June 20

9:30 AM to 10:30 AM  
Independence 1  
(1.0 hrs.)

### **New Women's Gynecological Index**

*Mary Ann Schroeder, Ph.D., R.N., Chicago, Ill.*

This workshop focuses on Dr. Schroeder's New Woman's Gynecological Index (NWGI), a unique clinical instrument that provides a standardized format for a gynecological evaluation of post-operative male to female transsexuals. The NWGI addresses the new woman's surgically constructed female aspects, the physical aspects of complications, and the residual internal male structures. The main components of the NWGI are: Body Habitus, Vulva, Urethra, Vagina, Ano-Rectal, and Prostate. A higher index is related to a better physical gynecological outcome.

9:30 AM to 10:30 AM  
Independence 3

### **The History and Significance Of Female Mimics 1963-1979**

*Bob Davis, M.F.A., San Francisco, Calif.*

This paper examines the editorial trends of *Female Mimics*, the first magazine to use the pictorial format in presenting crossdressers and female impersonators.

10:00 AM to 10:30 AM  
Freedom

### **Violence Within And Against The Transgender Community**

*Tarynn M. Witten, Ph.D.; Chief Information Officer, University of Michigan Gender Services*

This presentation gives information regarding the realities of violence and victimization in the transgender community as well as opportunities for incorporation of this material into the clinical practice setting.

11:00 to Noon  
Valley Forge Ballroom

### **Plenary Session: Kate Bornstein Gender and the USFDA Food Group Triangle**

1:30 PM to 2:00 PM  
Independence 1

### **Can Research Be Done In The Support Group Setting: Outcome Of 5 Cases** *Dallas Denny, MA-Executive Director, AEGIS, Decatur, Ga.*

A review of previous research with presentation of current findings and proposal of alternative source for outcome data in the management of transsexuals.

1:30 PM to 3:15 PM  
Independence 2

### **Patterns and Treatment Issues in the Gender Diverse Community**

*Gretchen Fincke, M.S.S.W., Roger Northway, M.S., Pathways Counseling Center, Wauwatosa, Wis.*

A major pattern outline observed in people who present with a gender identity issue and a discussion of major treatment issues that are important for those who are changing their gender.

1:30 PM to 3:30 PM  
Freedom  
(1.0 hrs.)

### **Identifying And Transforming Limiting Core Beliefs**

*Roger N. Millen, Ph.D., Consultancy for Change Indian Rocks Beach, Fla.*

Most of us live our lives unaware of the core beliefs and generalizations that govern our behaviors. Basically, we accept the fact that we are who we are. Yet, a very complex structure of core beliefs (including prejudices) governs the way in which we behave in the world. This core belief structure can be divided into three parts: beliefs about self, beliefs about others, and beliefs about the world.

## Friday, June 20

We will examine the behaviors of the limiting character and ask the question, "What beliefs are implied about self, others, and the world such that the behaviors are consistent?"

### **Reed Erickson-His Influence on the Early Years of Transsexualism**

*Holly Devor, Ph.D., University of Victoria, British Columbia, Canada*

A historic review of an influential Female to Male transsexual individual in the early years of transgender activism.

2:00 PM to 2:15 PM

Independence 1

### **The Future of Transgender Politics and the Transgender Community**

*Marisa Richmond, Ph.D., Nashville, Tenn.*

An analysis of current social and legal issues confronting the transgender community as we leave the 20th century.

2:15 PM to 2:30 PM

Independence 1

### **Observations In Counseling Over Twenty Five Years**

*Lynn Hubschman, A.C.S.W., Philadelphia, Pa.*

The changes in practice and attitudes while managing the transgender community over the years and the effects transgender patients can have on their counselor.

2:15 PM to 2:45 PM

Independence 3

### **Crossdressing and the Traditions of Carnival In Germany**

*Sue Saffle, English Dept., Virginia Tech, Blacksburg, Va.*

Some characteristic incidences of German Carnival crossdressing with suggestion of possible explanations for the continuance of this practice.

2:30 PM to 2:45 PM

Independence 1

### **Partners in the Journey: Psychotherapy and 6 Stages of Gender Revelation**

*Katherine Rachlin, Ph.D., New York, NY*

An exploration of how a therapist can be a partner in education and the exploration and on-going acceptance of one's unique gender identity.

2:45 PM to 3:15 PM

Independence 3

### **Subliminal Crossdressing and Rock: From Elvis to Elton John**

*Michael Saffle, Professor of Music & Humanities-Virginia Tech, Blacksburg, Va.*

A discussion of the influence of subliminal crossdressing as found in modern day performance.

3:00 PM to 3:15 PM

Independence 1

### **Life After Surgery: Data From the 1996 New Woman Conference**

*Anne Lawrence, M.D.-Seattle, Wash.*

A presentation discussing the characteristics of new woman conference attendees with specific data as reported by these participants.

3:30 PM to 4:00 PM

Independence 1

### **Transgender Photography: A Critical View of Modern Gender Identity**

*Darryl Hill, Dept. of Philosophy, University of Windsor, Ontario, Canada*

A description and analysis of contemporary transgender photography from the perspective of post-modern identity theory.

3:30 PM to 4:00 PM

Independence 2

## Friday, June 20

3:00 PM to 5:00 PM  
Independence 3

### **Overlapping Behavior Among The Sexes: A New Gender Role** *Glen Midgely, Ontario, Canada, Dee Dee McKay-Fall Creek, Pa.*

This paper argues that current beliefs associated with gender can hinder human diversity. The presenters' objectives are to show ways that transgendered people can be a part of society and accepted for being unique human beings.

3:30 PM to 5:00 PM  
Freedom  
(1.5 hrs.)

### **In and Out Of The Closet Door: Contextual Therapy With Transsexuals and Their Families** *Maureen Osborne, Ph.D., Paoli, Pa.*

Life can be particularly unjust and painful for those individuals who have spent decades confined within a transgendered closet. Self-acceptance is crucial to a successful therapy and gender transition, but it inevitably forces the transsexual and his or her family members to confront unfaced realities and unwanted choices. As much as anyone else, these folks need a therapeutic stance which lends them courage, surfaces untested resources, and catalyzes relational trust. This presentation will give an overview of the contextual approach and its application to families struggling with a transgendered member, with an emphasis on a specific case-in-progress.

4:00 PM to 4:15 PM  
Independence 2

### **A Workshop Model For The Inclusion & Treatment Of The Families Of Transsexuals** *Randi Ettner, Ph.D., Evanston, IL*

A workshop model that discusses the fine points of inclusion of families in the treatment process of transsexuals.

4:15 PM to 5:00 PM  
Independence 1

### **Transgender Spirituality: Then And Now** *Holly Boswell, Asheville, N.C.*

A reminder of our traditions and heritage and a reactivation of our full spiritual potential from the perspective of an educator and shamanistic guide.

4:15 PM to 4:30 PM  
Independence 2

### **Responding to Gender Needs At Multi-Levels** *Meral Crane, M.A., L.P.C.C., Central Ohio Gender Dysphoria Program, Columbus, Ohio*

A presentation of information intended to sensitize care providers to the various needs of the transgendered person.

4:30 PM to 5:00 PM  
Independence 1

### **The New Knights: An FtM Concept of Masculine Gender Role Expression** *Jude Patton, CMHC, CMFT-Seattle, Wash.*

A paper which aids therapists in helping FtM clients to begin to identify the options in portraying their masculine persona.

### **A Therapist/FtM Male's Experience As A Pioneer** *Jude Patton, CMHC, CMFT-Seattle, Wash.*

A paper designed to encourage others in their activism and advocacy in an "Out" participation as a professional in the health sciences.

# Saturday, June 21

**Gender Identity Disorder: A Diagnosis That Is A Moral and Sociological Judgment**  
*Melanie Erin Spritz, D.O., Brooklyn, N.Y.*

I am asking the psychiatric community to reconsider its stance on GID and to look upon it as an imposition of the morality of the society on those who are simply different than others in experiencing of gender. This presentation will inform the audience of the issues that transsexual physicians encounter treating non-transgender patients and the problems that arise with fellow house officers.

8:30 AM to 9:30 AM  
 Independence 1  
 (1.0 hrs.)

**Gender Identity Disorder: Nature, Nurture and A Common Final Pathway**  
*T.G. White, M.D., Assistant Professor of Psychiatry and Pediatrics, Creighton-Nebraska Dept. of Psychiatry, Omaha, Neb.*

This paper examines existing research regarding brain and human development in the formulation of a hypothesis for the consolidation of normal gender identity.

8:30 AM to 9:15 AM  
 Independence 2

**Changing Climate For FtM Transition: Is It Getting Easier?**

*Panel: Jamison Green, Maxwell Anderson, Jason Cromwell, Ph.D.*

The focus of this panel is the evolution of transitioning, an overview on how things have changed, a look at progression and regression and what things have become easier or more difficult.

8:30 AM to 9:30 AM  
 Independence 3

**Dismantling Gender Polarization & Compulsory Heterosexuality: Shall We Turn the Volume Down or Up?**

*Sandra Bem, Ph.D., Cornell University, Ithaca, N.Y.*

An argument that offers an effective way to undo the privileged status of the two, and only two, categories of sex/gender/desire that are currently treated in Western Culture as normal and natural. This may be to explode or proliferate rather than to eliminate them.

8:30 AM to 9:30 AM  
 Freedom

**Issues For The Mature Crossdresser: Lifestyle Options In The Senior Decades of Life**

*Ari Kane, M.Ed., Director-Theseus Counseling Services, Augusta, Maine*

This paper examines behavior patterns and factors that contribute to these behaviors in the 60 years or older male crossdresser.

9:15 AM to 9:45 AM  
 Independence 2

**The Transgender Philosopher**

*Miqqi Alicia Gilbert, York University, Toronto, Canada*

This talk deals with a professional philosopher confronting his own transgendered nature As a philosopher, I have spent many years considering the nature and cause of all sorts of natural and abstract phenomena. And certainly my membership in the tribe of the transgendered is one of those objects of consideration. But, with all the training, reading and research, the basic answers still elude me, until I must confront that a most essential fact about myself is beyond my understanding. This is, however, not the end, but the beginning, and leads me on a quest to understand the "committed cross dresser," and delve into the consequences of the facticity of my dressing.

9:30 AM to 10:30 AM  
 Independence 1  
 (1.0 hrs.)

## Saturday, June 21

9:45 AM to 10:15 AM  
Independence 2  
(0.5 hrs.)

### **Working With Patterns Of Diversity Within The Transgender Community**

**Sandra L. Samons, D.C.S.W., University of Michigan, Ann Arbor, Mich.**

This presentation will set forth observations of transgender issues with regard to level of functioning, presenting problems, recurring patterns of defenses and of adaptation as observed by a mental health clinician with extensive experience working with people who have transgender issues. This will all be done in an attempt to illuminate what is and is not characteristic of this population and with recognition that this is a representative sample of the transgender population who presents for treatment rather than of the population as a whole. Still, this may be sufficiently characteristic of that portion of the population to be useful from a clinical prospective. This sample includes clients who identify themselves across the spectrum of transgender identity and therefore does not narrowly address a single segment of that population and does not separate out subgroups.

9:30 AM to 10:00 AM  
Independence 3

### **Trends in Social Awareness of the Transgender Phenomena In the U.S.**

**Alison Laing, Exec.. Dir., IFGE, Waltham, Mass.**

The positive trend to acceptance of the transgender phenomena in the United States is supported by a review of the contributions of the media, selected writings and the motion picture industry.

9:30 AM to 10:00 AM  
Freedom  
(0.5 hrs.)

### **Mental Health Of Adolescent Transsexuals**

**Professor Doctor Peggy T. Cohen-Kettenis, Ph.D., Academisch Ziekenhuis Utrecht, Dept of Child and Adolescent Psychiatry, Utrecht, Netherlands**

An exploration of the reluctance to commence sexual reassignment procedures in post-pubertal children. Why are they not treated much earlier?

10:00 AM to 10:30 AM  
Freedom  
(0.5 hrs.)

### **Side Effects of Cross-Sex Hormone Treatment**

**Professor Doctor Louis Gooren, M.D., Director of Gender Services Academisch, Ziekenhuis Vrije Universiteit, Amsterdam, Netherlands**

On the basis of 20 year experience with cross-sex hormone treatment in 1500 transsexuals we have reviewed our clinical files with the purpose to describe side effects. In general the side effects are minor but vary with hormonal regimens. The most significant side effect in male-to-female transsexuals is venous thrombosis and pulmonary embolism In female-to-male transsexuals no serious side effects of androgen treatment have been found. Androgens induce in them, however, a shift to the male cardiovascular risk profile.

10:00 AM to 10:45 AM  
Independence 3

### **1. Law And Transsexualism: An Update**

### **2. Debate Of Full Patient Autonomy vs. The Benjamin Standards: Cautionary Legal Notes**

**Louis H. Swartz, Ph.D., LL.M, RN, School of Law and Social Work-State University of New York, Buffalo, N.Y.**

- 1) This paper updates and extends a review of the legal literature on transsexualism that was first presented at the 1st International Congress on Sex and Gender Issues, February 1995
- 2) This presentation reviews the arguments supporting hormonal and surgical treatment as



# Saturday, June 21

requested by transsexual patients/clients that run counter to the criteria of their health care providers. Three areas of legal difficulties that may occur with these decisions are presented.

## **The Second Opinion-Challenges & Opportunities**

**Dennis P. Sugrue, Ph.D., Consulting Psychologist, Univ. of Michigan, Ann Arbor, Mich.**

Given the significance of gender issues in a patient's life and the irreversible consequences of gender-reassignment procedures, the second opinion serves as an important safeguard to help insure that treatment decisions are arrived at through a thorough, reasoned decision-making process. In addition to serving as a safeguard against a possible error in clinical judgment, the second opinion evaluation can serve as a valuable intervention during the patient's ongoing process of discernment. Although often perceived as a potential barrier to a desired goal, the clinician providing the second opinion has a unique opportunity to validate the patient's gender experience, reinforce work done in individual therapy, and highlight areas for further personal growth.

**10:15 AM to 10:45 AM  
Independence 3  
(0.5 hrs.)**

## **Plenary Session: Professor. Louis Gooren, Amsterdam, Netherlands — New Insights in the Origins of Transsexualism**

Transsexualism is a mysterious phenomenon. In biomedical terms it is best conceptualized as a variation in the normal sexual differentiation process, the process of becoming man or woman. From the beginning of this century it has become clear that the sexual differentiation process is not completed with the formation of the external genitalia but that also the brain undergoes a sexual differentiation process into male or female so that future sexual behavior matches the other characteristics of sex. Transsexualism is probably a crossing over to the developmental track of the other sex, so that brain sex does not correspond anymore to the other criteria of sex. Such a crossing over to the track of the opposite sex occurs also in the earlier steps of the process of sexual differentiation, for instance in the androgen insensitivity syndrome and the congenital virilizing adrenal hyperplasia syndrome and several others. This theory is corroborated by recent findings that the bed nucleus of the stria terminalis in the human hypothalamus has a female size in male-to-female transsexuals.

**11:00 to Noon  
Valley Forge Ballroom  
(1.0 hrs.)**

## **Voice Surgery**

**Stephen J. Pincus, M.D., FACS, Marina del Ray, Calif.**

An up-to-date examination of current surgical techniques in voice modulation.

**1:30 PM to 2:00 PM  
Independence 1**

## **The Other Side Of The Looking Glass: The Evolution Of The Transgender Community In North America '78-'97**

**Mariette Pathy Allen, Photographer, New York, N.Y.**

This slide show portrays a wide-range of individuals from a variety of backgrounds and attitudes towards life in order to further the understanding and widen the perspective of those who work professionally with Transgendered people.

**1:30 PM to 2:30 PM  
Independence 2**

## Saturday, June 21

1:30 PM to 2:30 PM  
Independence 3  
(1.0 hrs.)

### **Look! No, Don't!: The Visibility Dilemma For Transsexual Men** *Jamison Green, San Francisco, Calif.*

This paper will inform the professional community on the conflicts and ambivalence faced by FtM people with regard to becoming publicly known for who they are. Issues addressed include the medical model of social transsexuality, the nature of transsexual self-expression in education, and feminist gender theory critiques of transsexual; self-definition. Primary points include: FtM people are marginalized by assimilation; confession is not the same as education; non-transsexual critiques of transsexual autobiography are equally subjective and self-serving; the burden of secrecy imposed by both the medical model of a "good transsexual" and by social intolerance for diversity contributes to low self-esteem and social dysfunction among transsexual people; transsexual men (FtM people) must take responsibility for improving our collective situation, and there are ways to do that without putting oneself at risk for violence or rejection.

1:30 PM to 3:00 PM  
Freedom  
(1.5 hrs.)

### **Consumers And Providers: Building Partnerships For Effective Care** *Rosalynne Blumenstein, B.S., Director, Gender Identity Project, NYC Barbara Warren, Psy.D., Director Mental Health/Social Services, NYC David Valentine, Ph.D c, Graduate School of Anthropology, New York University, and GIP Evaluation Consultant Lesbian and Gay Community Services Center, NYC*

This presentation will inform the audience of the issues surrounding the counseling of transsexual persons based on experience from the 1950's to the present. The presenters will discuss how the issues have changed over time and what are the important issues for today. They will also discuss the collaborative work of peer-professionals, professionals and researchers coming together for the same cause.

2:00 PM to 2:30 PM  
Independence 1  
(0.5 hrs.)

### **Holistic Psychotherapy Treatment Model: Highlights and Controversies** *Leah C. Schaeffer, Ed.D., Christine Wheeler, Ph.D., New York, N.Y.*

This workshop will discuss the complexities of gender identity disorders and conditions, coupled with the growing importance of this area of scientific inquiry and implications for clinical work. The current distinctions of interpretations for these conditions, also known as gender dysphoria, are based on the perception or awareness of self as the opposite gender of one's neonatal sex. This workshop is designed to inform professionals from all disciplines about the description of gender identity disorders and conditions, it's changing criteria, including terminology and nomenclature, and basic procedures to follow in the evaluation and treatment of this type of inner gender conflict. Learning how to live one's life safely and comfortably in our world today is a primary goal of treatment for such conditions.

2:30 PM to 3:00 PM  
Independence 1

### **Primum Nocere: A Physician/Patient Perspective on Standards of Care** *Rebecca Anne Allison, M.D., F.A.C.D., F.A.C.C., Phoenix, Ariz.*

A presentation which analyzes the standards by which transsexual patients are evaluated for medical and surgical therapy, and recommendations for modification.



# Saturday, June 21

**Truman Capote: Homosexual or Transgendered**

*David Seil, M.D., Psychiatry, Boston, Mass.*

An introspective look at a complex and often misunderstood literary genius who adopted the more familiar public persona of the gay man rather than to reveal his female gender identity.

2:30 PM to 2:45 PM  
Independence 2

**The Multi-Dimensionality Of Gender And The Myth Of Genital Determination**

*Carl Bushong, Ph.D., L.M.F.T., Tampa, Fla.*

A working model of gender based on five aspects; genetic, physical, brain sex, sexual orientation (love map) and gender identity (self map) each of which can be individually expressed as male or female.

2:30 PM to 3:15 PM  
Independence 3

**Gender Change And The Sense Of Self: A Personal Perspective**

*Lee Etscovitz, Ed.D., Willow Grove, Pa.*

The primary purpose of this paper is to explore the relationship between gender change and the overall development of a sense of self. The author presents his own poetry in discussing this relationship.

2:45 PM to 3:15 PM  
Independence 2

**Extended Groin Flap Phalloplasty In The FtM Transsexual**

*Neal Wilson, M.D., Wayne State University School of Medicine, Detroit, Mich.*

An innovative surgical technique for creation of genitalia for the FtM individual that utilizes a new donor site.

3:00 PM to 3:15 PM  
Independence 1

**Speaking Semantics, Syntax and Style: Gender-related Language Differences and Implications For Transgender Speech-Language Therapy**

*Joan M. Boonin, M.S., CCC Speech-Language Pathology Dept., Ann Arbor, Mich.*

Speech-Language therapists who have reported on their work with transgendered clients have typically reported on techniques to facilitate changes in the voice production (specifically pitch, resonance). While these features are clearly salient with regard to gender identification, there are other gender-related communication differences—i.e., language differences. Under the broad heading of “language” are multiple levels, such as sounds, words, syntax, and discourse. Sociolinguistic research continues to reveal gender-related differences at all of these levels. This presented discusses these differences and suggests the importance of incorporating this knowledge in the speech-language-communication intervention provided by Speech Language Therapists who work with transgendered individuals.

3:30 PM to 4:00 PM  
Independence 1  
(0.5 hrs.)

**Creating A Support System For Spouses Of Crossdressers**

*Jane Ellen Fairfax, M.D., and Francis Fairfax, Houston, Texas*

A presentation that proposes an individualized support system applicable to those who work with spouses and partners of crossdressers.

3:30 PM to 4:30 PM  
Independence 2

## Saturday, June 21

3:30 PM to 4:00 PM  
Independence 3

### **Our Experience Leading Transgender Group Therapy In A Rural Setting**

*David P. Rogers, Ph.D. and Helen J. Rogers, Ph.D.; Durham, N.C.*

This paper explores the needs and challenges facing therapists counseling the transgender in rural communities while offering insightful methods in conducting effective group therapy.

3:30 PM to 5:00 PM  
Freedom

### **Nobody Knows I'm Transgendered & Other Myths: Life Outside The Support Group**

*Beth Marshall, Renaissance Educ. Assoc., Philadelphia, Pa.*

This paper examines beliefs and expectations expressed as fantasy and compares them against "real-life" experience. A look at potential problems that may be encountered and how to plan for them.

4:00 PM to 4:15 PM  
Independence 1  
(0.5 hrs.)

### **Transsexual Physicians Panel: Medical And Personal Perspectives Hormones & Heart Disease**

*Rebecca Anne Allison, M.D.*

Many factors comprise the cardiovascular effects of sex hormones, including actions on vascular endothelium (the lining of blood vessels); the blood clotting mechanism, including platelets and clotting proteins; blood pressure; and effects on serum cholesterol and its components. This overview of these effects in both male to female and female to male transsexuals will inform the listeners about the issues.

4:15 PM to 4:30 PM  
Independence 1  
(0.5 hrs.)

### **Meeting The Sexual And Reproductive Needs of Transsexual Patients**

*Anne Lawrence, M.D.*

The desires to experience sexual pleasure and to have children are among the most basic of human drives. Yet these needs are often incompletely met, or even ignored, in the medical care of transsexual persons. The likelihood of a post-operative transsexual woman being orgasmic has historically been about 50%, or lower. Certain surgical techniques seem to improve these odds significantly, but better studies are needed to enable surgeons and patients to make informed choices. Turning to reproductive issues, sperm banking prior to hormone therapy is an inexpensive means of presenting future reproductive options for transsexual women (MtF). For transsexual men (FtM), the options are more limited and more expensive; but emerging technologies may soon provide additional choices. Consideration of reproductive options should be part of the Standards of Care for transsexual persons.

4:30 PM to 4:45 PM  
Independence 1  
(0.5 hrs.)

### **Identity Formation in Transgendered/Transsexual Patients**

*Cat Chase, M.D.*

Following doctor/patient encounters with TG/TS patients, physicians often comment on the "immaturity" of this population. This may be true for some individuals due to unmet goals of personality development. A brief exploration of developmental theory may enable a more empathetic response from practitioners.

4:45 PM to 5:00 PM  
Independence 1

### **The Issue of Guilt in the Transgendered Population With Special Focus on the Transsexual Person**

*Wynelle Snow, M.D.*

## Saturday, June 21

### **Transference And Countertransference Issues For A Heterosexual Therapist, A Gay Psychologist and A Transgendered Physician Working Within The Transgendered Community**

*Judith DiPerna, M.S.Ed.; James Huggins, Ph.D.; Sheila Kirk, M.D.; Phgh, Pa.*

This interactional workshop will focus on the complex alliance which develops between transgendered persons and those professionals who are involved in providing medicinal and psychological services. Particular attention will be given to the issues of transference and countertransference as they relate to sexual orientation and gender identity of the professional providing care.

4:00 PM to 5:00 PM  
Independence 3  
(1.0 hrs.)

## Sunday, June 22

### **Understanding FtM Transsexuals**

*Maxwell Anderson, Atlanta Georgia*

This presentation dispels the many myths and misconceptions which exist regarding FtM and seeks to provide better understanding within the MtF Transgender population of who FtMs are and the challenges they face.

8:30 AM to 9:30 AM  
Independence 1

### **Strategies To Obtain and To Progress With Success On The Job**

*Dawn Wilson, Washington, D.C.*

An exploration on ways the Gender Community can create, maintain and develop jobs before, during and after transition.

8:30 Am to 9:30 AM  
Independence 2

### **Counseling In Genderland Workshop Part II**

*Niela Miller, M.S., L.C.S.W, L.M.H.C., Acton, Mass.*

A continuation of Friday's workshop designed to provide the professional therapist/counselor with important methods and insights that will aid them in counseling their transgendered client.

8:30 AM to 10:30 AM  
Independence 3  
(1.0 hrs.)

### **Problems for Therapists & Their Clients In Using The Current Benjamin SOC**

*Carol Cobb-Nettleton, Ph.D., Wayne Counseling Center, Wayne, Pa.*

What happens when a person goes through the system and has SRS when, in fact, they should have been screened out? Do the SOC work? A recent case that made national news will be used to look at the issues involved.

8:30 AM to 10:30 AM  
Freedom

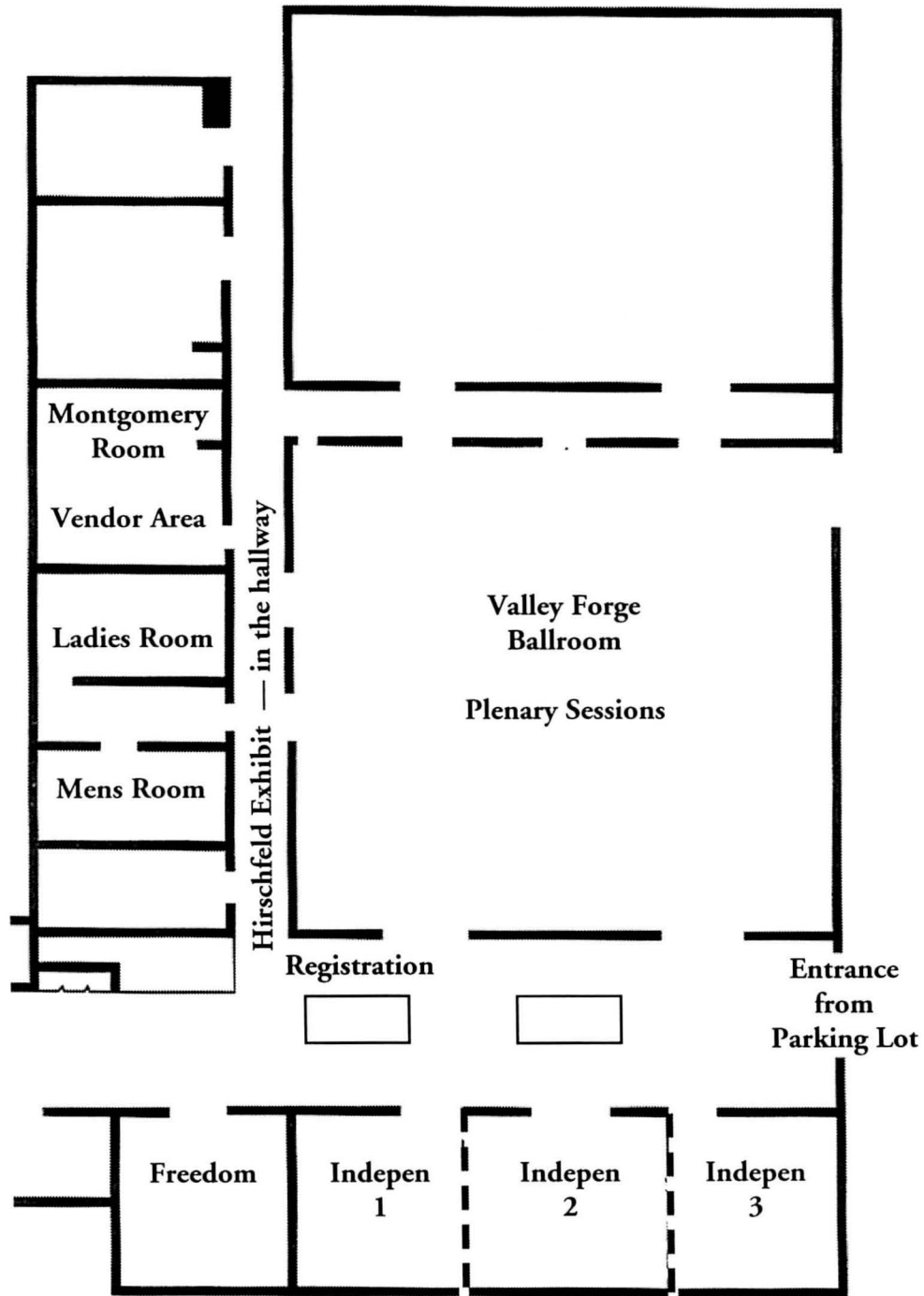
### **The Forgotten Journey Of The Female Partner: Practical Suggestions For Caregivers**

*Sandra S. Cole, Ph.D., An Arbor, Mich.*

The pivotal point for the female which dramatically influences if and how she experiences and learns to accommodate the gender uniqueness of her partner lies in the manner of her discovery. Critical ingredients of this learning experience influence her ability to understand, respond and integrate the situation, frequently experienced as emotional trauma. Significant indicators of outcome, viability of relationships, and indicative qualifiers of happiness, trust, respect and longevity for the couple will be discussed.

9:30 AM to 10:30 AM  
Independence 1  
(1.0 hrs.)

# Conference Floor Plan



## Vendors

Creative Design Services — Publications & Videos  
Univ. of Michigan Comprehensive Gender Services Program  
Mehl/Biophile — Laser-based hair removal system

International Foundation for Gender Education — Publications  
American Educational Gender Information Service — Publications  
Take One Table — Information pamphlets from various sources

# The Hirschfeld Exhibit

Visit the Exhibit in the hallway next to the Valley Forge Ballroom on the way to Vendor Room #1

## **Das erste Institut fuer Sexualwissenschaft (The first Institute for Sexual Science)**

In 1919 the German sexologist and sexual-reformer Magnus Hirschfeld (1868-1935) fulfilled his wish. He opened the world's first "Institute for Sexual Science" on July 6, 1919 in Berlin-Tiergarten. The political context of the Institute was the general reform movements at that time and the liberal political climate in the Weimarer Republik.

The scientific framework was biomedical research into human sexuality. Soon after its opening, the Institute became a gathering place for scientists, German and foreign politicians, and for the Berlin public as an advising and practicing institution.

People who suffered for physical and psychological disturbances could finally get medical help. The so-called "Sexual Transitions," i.e., homosexuals, transvestites (a term, which he coined) and hermaphrodites, got support and were able to manage their lives.

About 40 people worked at the Institute in various fields: research, sexual counseling, sexual enlightenment of the population, and medical treatment of sexual transmitted diseases. The Scientific-Humanitarian-Committee — the first homosexual organization — and the World League for Sexual Reform all had their offices at the Institute.

## **World War II Brings Trouble**

From the beginning Hirschfeld and the Institute were denounced as Jewish, social democratic and immoral. In 1933, the Institute was raided by the Nazis. Hirschfeld watched in a Parisian

cinema the burning of his books at the Berlin-Opernplatz.

Hirschfeld unsuccessfully tried to reestablish the Institute in 1935. He died shortly thereafter on May 14, 1935 at the age of 67. The original Institute buildings were bombed during the war in 1943. Since then grass grows where the Institute stood.

## **Down But Not Out**

The Nazis failed to erase Hirschfeld's contributions to sexual science with the burning of his books. His scientific methods have had a peculiarly lasting influence on American sexology. Some of his collaborators at the Institute, such as Walter Grossmann and Arthur Weil, pursued their work in the United States. Hirschfeld visited the U.S. in 1892 and again in 1931 where he influenced American researchers.

Harry Benjamin, a friend and colleague of Magnus Hirschfeld, went on with his work on transsexuality in New York. This area of research had only been resumed in Germany in the 1960s because of this "detour" in sexual science.

Pioneering sexual scientists like Alfred Kinsey use the questionnaire technique developed by Hirschfeld, between 1899 and 1925, for his research about the sexual behavior of American women and men. Moreover sexual biologists today in the U.S. uncritically refer to Hirschfeld's tradition, which will be one point of the American version of the exhibit.

## **The Exhibit**

The Magnus-Hirschfeld-Gesellschaft e.V. produced the exhibit "75 Years of Sexual Science." It shows unpublished documents, photographs and

texts from the Institute for Sexual Science. The exhibit consists of 65 panels (100 cm x 70 cm) and is structured in five sections.

## **The House**

The House illustrates the architecture and history of the Institute building, its location in Berlin-Tiergarten, the structure of rooms and their use.

## **People**

This shows coworkers of Hirschfeld, guests, visitors and tenants.

## **Theory & Practice**

This is the most comprehensive section. It provides a summary of the important works and the theoretical orientation of the coworkers. Its core is Hirschfeld's "Sexual Transition-Theory" and its effects on forensic, enlightenment and counseling.

## **Sexual Reform**

This section shows the politicization of Hirschfeld's theory in order to cancel the statutes "175 RStGB" (punishment of homosexual acts) and "218 RStGB" (punishment of illegal abortion).

## **Destruction & Exile**

The last section shows the rising denunciation of Hirschfeld from 1919 till 1933, including the vandalization the Institute and the burning of Hirschfeld's books in 1933 at the Berlin-Opernplatz. Hirschfeld's exile in France is illustrated by pictures and texts of his diary.

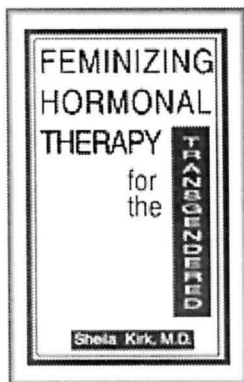
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## ◀ **Feminizing Hormonal Therapy... by Sheila Kirk, M.D.**

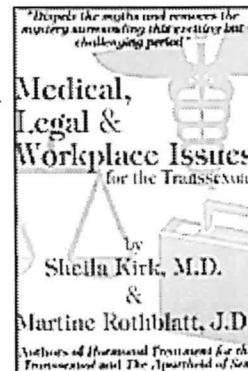
Expanded & updated fourth edition. This guide is the essential primer for those interested in hormonal therapy. Now includes information on natural hormones and self-examination guide, plus answers to the most commonly asked questions.

**84 pages, \$16.50\*, Soft bound**  
(Masculinizing Hormonal Therapy - same price)

## ▶ **Medical, Legal & Workplace Issues for Transsexuals** **Kirk & Rothblatt**

Our purpose in writing this book is to supply comprehensive and accurate information addressing the medical, legal and workplace issues encountered through every phase of the transition process.

**148 pgs, \$23.00\*, softbound**



## ◀ **All Dressed Up & No Place To Go**

You may have missed it on Cinemax, but we have it here! This documentary captures what it's like to be a heterosexual man who is a crossdresser. The film provides a provocative view at how crossdressing affects the family, friends and the women in the life of these otherwise orthodox men.

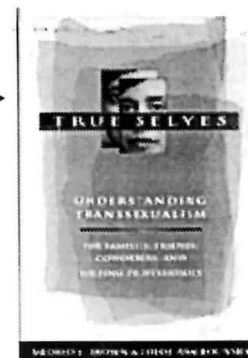
**70 minutes, VHS, \$40.00\***



## ▶ **True Selves: Understanding Transsexualism**

Brown and Rounsley have written a book that combines authoritative information with compassionate insight into the transsexual experience. Filled with wisdom and understanding, this guide paints a vivid portrait of the myriad conflicts transsexuals face on a daily basis and the courage they must summon to reveal their true essence to themselves and others.

**271 pgs, \$25.00\*, hardbound**



## ◀ **Cross Dressing, Sex & Gender** **by Vern L. & Bonnie Bullough**

This book is the culmination of thirty years of research by the Bulloughs into gender impersonation and cross dressing. The groundbreaking findings will be of interest to anyone involved in the debate of nature versus nurture... This work will be of more personal interest to anyone who identifies as a transvestite or transsexual..."

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