The IFGE is a 501 (c) 3 non-profit organization providing outreach to and for the transgender community. Among its many other activities, IFGE publishes & distributes gender-related books, magazines and tapes.

TRUE SELVES

UNDERSEA DEFE

MILDRED L. BROWN & CHLOE ANN ROUNSLEY

Profits from all sales go toward promoting self-acceptance, public understanding, and inclusion of greater gender diversity in society at large. Our office is located at 14 Felton Street, Waltham, MA 02453-4117

I F G E PUBLICATIONS CATALOG True Selves

INTERNATIONAL FOUNDATION FOR GENDER EDUCATION

Understanding Transsexualism for Families, Friends, Co-Workers, and Helping Professionals

by Mildred L. Brown and Chloe Ann Rounsley

Simply the most complete, compassionate, accurate, and helpful book about transsexualism yet written. A "must read" for every transsexual, friend or family member, or student of transsexualism. A thorough treatment of the subject, up to date in its politics and packed with insight and wisdom.



The First Official Best-seller for the TG Community

International Foundation for Gender Education P.O.Box 229, Waltham, MA 02254-0229 (for MC/Visa orders) 781-899-2212, Fax 781-899-5703 E-Mail: Books@ifge.org or Web Site: www.ifge.org Transgender Care

> fairma () hand Marat E (String) Art ()

TRANSGENDER Care:

Recommended Guidelines, Practical Information and Personal Accounts *Gianna E. Israel and*

Donald E. Tarver II, M.D.

By empowering clients to be well-informed medical consumers and by delivering care providers from the inadequate diagnostic standards and stereotypes, this book sets out to transform the nature of transgender care. In an accessible style, Gianna Israel and Donald Tarver discuss the key mental health issues, with much attention to the vexed relationship between professionals and clients.





READ My Lips

Sexual Subversion and the End of Gender

by Riki Anne Wilchins

RANSGEN

Read My Lips is the first book from the founder of The Transexual Menace. Riki takes Judith Butler's gender theory and applies it to current-day transgender issues. The book is very entertaining and full of her sharp-edged wit and brilliant eloquence. Don't miss this one.

#445 \$**16**95



Gender Dysphoria

Interdisciplinary Approaches In Clinical Management

by Walter Bockting & Eli Coleman, PhD.

Enhance your expertise with the most upto-date writings published. Contributors include: Richard Docter, Henk Asscheman, and Louis Gooran, and others. A wealth of current information.





Dr. Richard Docter has produced one of the finest scholarly works on the subjects of TV & TS ever written.







"Gender is the most misunderstood topic of our times." Freud made a similar statement over 70 years ago and Dr. Ettner reminds us that it is still true.

CONFESSIONS OF A GENDER DEFENDER by Randi Ettner





Transgender Warriors

by Leslie Feinberg

From Joan of Arc to RuPaul

Comprehensive survey of CD and TS throughout history.



RANSG

THIRD SEX, THIRD GENDER

Beyond Sexual Dimorphism in Culture and History

edited by Gilbert Herdt

This publication addresses alternative constructions of gender, showing how societies in other times and places have included space for sexual identities diverging from our notion of what is 'normal.'





THE SPIRIT & THE FLESH

by Walter L.Williams

Historically, tribal cultures venerated the American Indian Berdache. This book brings together a wealth of information on the status of gender-variant males in a wide variety of Native American societies.

#30



Gender Shock:

Exploding the Myths of Male and Female

by Phyllis Burke

In Gender Shock, Phyllis Burke explores the many myths surrounding our rigid gender system of male and female. Analyzing the latest research in psychology, genetics, neurology, and sociology, Burke finds that gender is not the result of one's biological sex, and that gender and sexuality are separate elements of the self.

> ^{#167} \$**14**00



ROSSDR Bert & Lori



BLISS OF BECOMING ONE:

Integrating "Feminine" Feelings into the Male Psyche

by Rachel Miller

A heterosexual CD pens positive, supportive advice for CDs, partners, friends, family and society.



MIDNIGHT IN THE GARDEN OF GOOD AND EVIL #466.....\$24.50



It's time that someone put crossdressing into perspective when it comes to transvestites and their partners. Too often, a woman is expected to simply accept her partner's crossdressing without really understanding his behavior or the issues involved. That's what this book is all about.

COPING WITH **CROSS-**DRESSING



\$15.95





TO BE A SOMAN



GREAT FUN! NEW PRICE!

ROBERT I. ROWE

Bert

AND LORI

Here is the intimate autobiography of a heterosexual male crossdresser. This unapologetic, self-styled

fetishist and his femme alter ego, "Lori," reveal how his interest in female clothing began in childhood

and how it developed as he grew older. This in-

cludes a postscript by the author's wife whose can-

did reflections are the only systematic discussion

of the life and experiences of a crossdresser's wife.

#448

See. Oak

Farmer by Very E

by Robert J. Rowe

Regular Price



ian ana anta LIFE WITH VANESSA Straight Talk On Integrating TG into a Loving, Positive Relationship. by Vanessa and Linda Kay

The title says it all. A must for all TG people and their partners.

Life

WAA

essa



A collection of

letters of special

interest to wives

and significant

crossdressers

transgendered.

editorials,

others of

and the

articles, and

edited by Jan and Diane Dixon



SSD



ASPECTS OF GENDER

by Lesley Gordon

to the subject of

crossdressing for

family members.

Why do people crossdress? Here's everything you always wanted to know about crossdressing but were afraid to consider! A great aid for the CD and the ones they love. An IFGE Publication.





CROSS **P**URPOSES

ON BEING CHRISTIAN & CROSSGENDERED

by Vanessa S.

There are those persons who discover themselves marginalized and/or discriminated against, at some point and for some reason, by the larger Christian community. I certainly recognize that the subject matter of this book is anxiety-provoking and highly controversial within cultural (and certainly within mainstream Christian) circles. . . . I fully understand that this book's emphasis on being Christian and crossgendered is not "business as usual" for most persons with the church.

#440

795



THE MAN IN THE **RED VELVET** Dress

Inside the World of Crossdressing

I. I. Allen

the field and is

for any library.

REG. PRICE \$49.95

a 'must have'

FSS

A CD and community member presents insights into crossdressing, crossdressers and the gender community. Highly personal and controversial.

#174



beauty library



GENDER OUTLAW

On Men, Women & the Rest of Us.

by Kate Bornstein

Ms. Bornstein's lucid gift of humor and confrontation redefines gender in our society. Her observations on gender in gay and straight culture provide a fresh perspective on the fluidity of gender definition.



Transgender Transgender Tapestry Tapestry

ZANSCE

Regular **Subscription To** Transgender Tapestry

Includes 4 consecutive issues (USA, Puerto Rico \$40.00) (Priority Mail \$55.00) (Canada, Mexico, Overseas Surface; \$55.00) (Overseas Airmail; \$65.00)

2 Year **Subscription**

(USA, Puerto Rico \$72.00 Bulk Mail Only)



My Gender WORKBOOK

by Kate Bornstein

Has anyone ever accused you of not really being a man? Or not really being a woman? A. No. B. Yes. C. No, but I've felt that myself. D. Yes, and I've had to agree with them. From living without gender to thwarting the gender police, from uncoupling the sex/gender puzzle to finding out what you really think about yourself and other people, this is Kate Bornstein's guide to exploring the big G.

> #446 **6**95



In response to the cultural war declared upon gay, lesbian, bisexual, and transgendered people by the radical right. This book gives you an inside look at the gay community's perspective on the major issues. Gay or straight, you will truly find your eyes opened as you read.

GAY/LESBIAN/BI TRANSGENDER **PUBLIC POLICY** SSUES

by Wallace K. Swan, DPA, Editor





This presents a balanced sampling of diverse and cogent arguments by academics, politicians, journalists, attorneys, judges, and activists.

SAME SEX MARRIAGE THE MORAL AND LEGAL DEBATE

Robert M. Baird & Stuart E. Rosenbaum

#432



LEGAL **ASPECTS OF** TRANSSEXUALISM

by Sr. Mary Elizabeth, SS

Primary reference concerning legal issues and precedents.



A Question of Gender

Kim Elizabeth Stuart

THE UNINVITED **DILEMMA:**

A Question of Gender

by Kim E. Stuart

Stuart presents with compassion the condition and feelings of transsexuals with current and accurate information. A humanistic approach to this complex issue. Valuable to transsexuals and their significant others.





I AM MY OWN WOMAN

by Charlotte Von Mahlsdorf

Hailed by Der Spiegel as speaking to "the fate of a whole generation of Ger-man homosexuals," I Am My Own Woman is the exquisitely written autobiography of Charlotte von Mahlsdorf, whose lifelong pursuits of sexual liberty and antique furniture offer a unique perspective on European history.



TRANS-X-U-ALL

By Tracie O'Keefe and Katrina Fox

This amazing book covers the whole transsexual experience from start to finish, giving the facts comprehensively as never published before. Written by Tracie O'Keefe, a transsexual and Clinical Therapist at the London Medical Centre, Harley Street, and her lover, the gossip columnist/model/actress and linguist Katrina Fox, it presents everything you ever wanted to know about transsexuals.

Regular Price #181 \$12.99 NEW PRICE!





The Canadian author, twice married when male, details her transition & research for the benefit of others whose lives are touched by this phenomenon.



One transsexual's explanation of a baffling condition.



by Melanie Ann Phillips



#447



Guide for any TV, CD, TS, SO, helping professional. Terms, wardrobe, make-up, body language, voice, hormones, cueing, significant others, living full time, the operation, growth, and more.

FROM MASCULINE TO FEMININE & ALL POINTS IN BETWEEN

by Jennifer Anne Stevens #37



RANSSEXUA



THE PHYSICIAN'S **GUIDE TO** TRANSGENDERED **MEDICINE**

Sheila Kirk, MD

Transgendered Medicine is a new medical discipline, but it embraces age-old principles and ideas along with innovative and unique treatment procedures.





FEMINIZING **HORMONAL THERAPY** FOR THE **TRANSGENDERED**

Sheila Kirk, MD

Expanded and updated! The most highly read and recommended book on safe, effective contragendered hormonal therapy; hormonal regimens; features natural hormones, measurement/self exam guidelines and commonly asked questions. 78 pages

#170



MASCULINIZING **HORMONAL THERAPY** FOR THE **TRANSGENDERED**

Sheila Kirk, MD

Revised, expanded and updated with the latest information on "masculinizing" hormonal therapy and on safe, effective regimens; realistic expectations and possible complications. Based on world wide medical research. A must for all F2Ms. 60 Pages

#171



For all business leaders and upperlevel management personnel dealing with a transsexual in transition in the workplace. The author lends her expertise as an educator to explain this pertinent information.



#18





RANSSEXUALS **Candid Answers** to Private Questions

Gerald Ramsey, Ph. D

WHILE THEY LAST! #175





MEDICAL, LEGAL & WORKPLACE SSUES FOR THE TRANSSEXUAL

Sheila Kirk, MD and Martine Aliana Rothblatt, JD

The latest, legal, medical & surgical procedures for the M2F & F2M beginning, engaged in or completing the transitioning process. Recommended for health care professionals, legal advisors & employers.



Кім: A TRUE STORY

Kim Harlow & Bettina Rheims

Stunningly beautiful photos of Kim highlight the story of her personal transformation.





THE DUAL **ALLIANCE FICTION** Stephanie Castle

Transsexuals are born, not made. The roots of

SPECIAL \$

the condition are to be found in the pre-natal period of human existence. No one embraces transsexualsim as a sought-after condition, but dealing with it fully and effectively requires courage, determination, and sound medical support. When the desired gender change has been effected, it can be looked upon with a sense of relief similar to recovery from any major illness. #173



COUNSELING IN GENDERIAND:

Working with the **Transgendered** Client

Niela Miller, MS, LCSW, LMHC

A definitive introduction to counseling the transgendered person whether CD, TS or anywhere between.

Originally \$29.95 #166 Now only **00** Special Offer!



Biography of the spy, ambassador, Christian mystic, crossdresser and transgenderist whose anatomical gender was revealed only by death.



#158 HARD COVER ... \$25.00 #177



FTIM FTIM FEMALE TO-MALE TRANSSEXUALS IN SOCIETY HUSPING

FTM

FEMALE-TO-MALE TRANSSEXUALS IN SOCIETY

by Holly Devor

FTM: Female-to-Male Transsexuals in Society provides a compassionate, intimate, and incisive look at the life experiences of forty-five female-to-male transsexuals. Until now, little has been known about these individuals, and questions persist about them. Who are they? How do theycome to know themselves as transsexual? What do they do about it? How do their families cope? Who loves them? What does it mean for the rest of us?





BODY Alchemy

PHOTOGRAPHY OF LOREN CAMERON by Loren Cameron

Loren Cameron was born in 1959 in Pasadena, California, and grew up in rural Arkansas. His early love for photography was inspired by pictures of depressionera America by Walker Evans and Dorothea Lange. "Her images touched me deeply and helped me understand my father's tough attitude about living and his generation's no-nonsense work ethic, as well as the universality of the human condition of pain, strife and the will to persevere."





Gender Blending

CONFRONTING THE LIMITS OF DUALITY

by Holly Devor, Ph.D.

BRA

A major contribution to the understanding of gender. Working with a small group of females who were frequently mistaken for men the social construction of gender and its implications are examined.









by Rose Tremain

F2M Novel. "Skilled, intelligent, a sheer delight, storytelling at its best." The Washington Post.





Guilty By Gender

by Hap Hanchett

The role of transsexual has never been recognized as avaluable one. Despite the fact that transsexuals can enhance our definition of what is woman and what is man, by offering a sharper perspective than any single gender vision, we have always been seen as a burden to society as opposed to a resource.

#438

SUBSCRIBE NOW

to the **FTM INTERNATIONAL NEWSLETTER**, the world's foremost publication for the female-to-male transgendered and

transsexual. Just \$15 a year for four issues! (Please feel free to donate more if you can afford it--donations are tax deductible.) Upcoming and ongoing features include penis pumps, transfag issues, butch/FTM identities, youth issues, latest hormone research, FTMs of color, European surgeries, and more. In its twelfth year of publication, the newsletter is

now read by subscribers in 15 countries. Don't miss out! Send a check or money order for \$15 (\$20 for international orders; \$25 for professionals and researchers) to

FTM, 1360 Mission St., Suite 200, San Francisco, CA 94103. RANSGEN



Gender Blending

Bonnie Bullough, Ph.D., R.N., Vern L. Bullough, Ph.D., R.N., James Elias, Ph.D.

A new trend in human sexuality has arisen in the recent past and phenomena ranging from crossdressing to altering one's sex by undergoing everything from hormone therapy toradical surgery are becoming increasingly popular. In an effort to understand and assist in this revolution, studies are now being devoted to this fascinating area of lifestyle research.





How I Got INTO SEX

Leading Researchers, SexTherapists, Educators, Prostitutes, Sex Toy Designers, Sex Surrogates, Transsexuals, Criminologists, Clergy, and more...

Bonnie Bullough, R.N. Ph.D. Vern L. Bullough, R.N., Ph.D. Marilyn A. Fithian, Ph.D. William E. Hartman, Ph.D. Randy Sue Klein, Ph.D.





CROSSDRESSING, SEX & GENDER

by Vern L. Bullough & Bonnie Bullough

30 years of research in the field of gender dysphoria offers new groundbreaking theory as the Bulloughs search for explanations of crossdressing and female impersonation. Destined to become a classic in its field.



GENDER TALK:

EPISODES OF NANCY NANGERONI'S HIT TALK SHOW ON CASSETTE

"Transgender"-2 episodes of Nancy Nangeroni's hit talk show with Minne Bruce Pratt, Leslie Feinberg and Kate Bornstein (# 220).....\$9.95

"Crossdressing" 2 episodes of Nancy's hit talk show (# 221).....\$9.95 "Intersexuality" with Cheryl Chase & Dr. Anne Fausto-Sterling. (# 222)......\$9.95

"CDs Partners" From Nancy Nangeroni's Hit Gender Talk Program (#au224)....\$9.95

"Spirituality" From Nancy Nangeroni's Hit Gender Talk Program (#au223)....\$9.95

(#cd232) **\$12.99** (audio) TS Man James Green Cassette (#au240)...\$9.95

(audio) Girl Talk ^{Compact Disk} (#cd148)...\$19.95

(#au148)...\$14.95

New Release From IFGE Play to Win

Pamela Davis: The Best CD done in and for our community. Must have!!

CROSSDRESSING



CROSSDRESSING WITH DIGNITY

The Case for Transcending Gender Lines

by Peggy Rudd, Ed.D

"Can a man transcend gender lines and maintain self-worth and dignity?" 800 CDs surveyed by the author of My Husband Wears My Clothes. Addresses conflicts and provides solutions.





How to be a Woman Though Male by Virginia Prince #23





CROSSDRESSERS AND THOSE WHO SHARE THEIR LIVES

by Peggy Rudd, Ed.D

Indispensable insights and advice for CDs and their partners.

#159

L00

95



My Husband Wears My Clothes

by Peggy Rudd, Ed.D

"Clothes don't make the man," has never had greater meaning. Dr. Rudd, wife of a CD, writes with emotion. Her credibility comes from her educational background.









IFGE

is proud to announce that we are Now a distributor of the Sandy Thomas Novellettes.

VIDE	O LIB	BRARY
Excellent video of the MTF and FTM lower surgery.	1 VHS videocassette 30 minutes.	An Introduction to the Nature of theTransgendered; a video produced by IFGE. Through the shared experiences of individu- als in the gender community, the viewer gains understanding of the transgendered. 1 VHS videocassette 40 minutes.
\$1500	^{#V1211} \$ 30 00	^{#150} \$ 29 95
Art & Illusion: Basic Makeup Video (# 136) \$30.00	by JoAnn Roberts	Art & Illusion: Tricks & Tips Video (# 104) \$30.00
WHAT SEX AM I ? Directed by Lee Grant	Metamorphosis: Man Into Woman	HUSBANDS & WIVES, BEST FRIENDS & LOVERS Face-to-face discussions with crossdressers and their

A documentary following Gary through This film explores all aspects of gender idena two year transition into Gaby. Featured tity: male-to-female and a female-to-male on PBS. 58 min. VHS videocassette.

transsexual and cross-dressing.

VHS videocasset **#107**

Q95

#102 **Q**95 Face-to-face discussions with crossdressers and their

wives & partners as they explain how they deal with crossdressing in their relationships. 1 VHS videocassete, 83 minutes, produced by Donna Mobley.



CIRL FALLS Specific Specific

GIRL TALK

"Melanie Speaks" On Developing a Female Voice

by Melanie Ann Phillips This program provides you with all the steps needed to find your female voice. A valuable tool for improving and conditioning your new-found voice. 1 VHS videocassette 40 minutes.





GENDER IDENTITY

Variations of Expression

Thorough explanation of transgenderism, filmed in a college classroom. Noted sexologist, Dr. Jayne Thomas, herself a transsexual, and Professor Toby Green are joined by 5 "living experts" who have and are dealing with this real life adjustment problem.





Ζ

All dressed Up And No Place To Go





SPEAKING AS A WOMAN by Alison Laing

> ^{#103} \$**30**00

LADYLIKE DEPORTMENT by Paula Jordan Sinclair

> #105 \$**30**00

THE OPERATION (video) Eugene Schrang's slide presentation on the "sex change" operation. #160





Miss Vera's Finishing School for Boys Who Want to Be Girls

• • • • • Verenica Vera

* * * * *

MISS VERA'S FINISHING SCHOOL FOR BOYS WHO WANT TO BE GIRLS

Tips, Tales & Teachings from the Dean of the World's First Cross-Dressing Academy

by Veronica Vera

A thoroughly entertaining yet surprisingly wise romp through the world of cross-dressing in all of its many faces of pleasure. In this beautifully presented lovingly illustrated work (with many bold and fun photos), Miss Vera succeeds inbringing out the best and most fun aspects of crossdressing, while paying significant attention to emotional and spiritual development issues.



Mailing Information & Order Form

Name:	CODE#	P RODUCT TITLES	PRICE
Address			
Zip+4			
Member Type (if applicable)			
Student/Lower IncomeBasicSupportingBenefactorLife			
			·····
Membership #			
Discounts DO NOT apply to Shipping & Handling or Magazine Subscription		an <u>an an a</u>	
Please allow 3 to 4 weeks for delivery	Shipping and handling \$3.00 each for the		
Make checks and/or money orders payable to:	first two iten	ns \$1.50 for each additional	
IFGE, P.O. Box 229, Waltham, MA 02254-0229	International orders subject to additional shipping determined by country & zone & postage class selected (surface vs air). Prices subject to change without notice.		
Visa/MasterCard Only		Subtotal:	
#		Membership Discount	
		Shipping & Handling	
Signature		MA RESIDENTS 5% SALES TAX	
		Total Enclosed (U.S. Funds)	
Exp. Date			/