THE HUMAN OUTREACH AND ACHIEVEMENT INSTITUTE

"An Unexamined life has little meaning" Socrates



Kenmore Station Box 368 Boston, MA 02215



"Thanks for appearing on my show and sharing information about a much misunderstood topic." Phil Donahue The Donahue Show



"The Outreach Conference on Alternative Gender Lifestyles was informative and useful in my teaching program for nurses." Roslyn Gould Director of College of Nursing University of Rhode Island



"An outstanding seminar, provided much new information; will be of immense help in my work." Anne Slattery Dept. of Human Services Commonwealth of Massachusetts

The Human Outreach and Achievement Institute is a notfor-profit corporation whose purposes and objectives are educational and personal growth oriented. Established in 1975 and in continuous operation for more than 12 years, we have developed several clinical programs and workshops for Helping Professionals throughout the United States. These are presented to provide clinical tools and broaden the perspective of the health care professional, working in the general area of human sexuality and are specifically focussed on issues of Gender/Role Identity.

The Institute reaches out to the general public through invited speaking engagements to lay groups and selected video appearances on local and national talk shows (e.g., The Donahue Show). To the professional and academic community we have given many lectures, seminars and panel discussions at local and regional clinics and university graduate programs in psychology and sociology. These have been presented at major academic and urban settings of the United States, including Boston, Chicago, New York, Washington, D.C., Miami, Phoenix, San Diego, Los Angeles and the Bay Area of San Francisco. Helping Professionals from the fields of education, medicine, guidance and counseling, sex therapy, law and law enforcement, nursing and human services have attended one or more of our programs and workshops.

In addition, we offer special programs and services in the area of gender issues and realizable androgyny. Some of these are directed towards the community of crossdressers, transsexuals and androgynes (CD/TS/AN). Our on-going workshop on androgyny awareness; our lecture on the hidden minority; and The Fantasia Fair are three of a number of such programs offered by this Institute.

Through OPERN, exclusive to the Helping Professional Community, we maintain contact with many knowledgeable health care providers, who work actively with clients that present gender issues, throughout the United States, Canada and Europe.

SEMINARS AND WORKSHOPS

The Institute offers several seminars and workshops in several relevant areas of gender. These include the following:

- · Transsexualism and the Nature of Gender Dysphoria
- · Legal Aspects of Crossdressing
- · Androgyny, the Archetype and Awareness
- · Coming to Grips with Gender Role Issues in Adolescence
- Understanding and Coping Strategies for Spouses and Families
- · Counseling Strategies for Helping Professionals

These programs are available to health care professional groups, mental health centers, university graduate and professional schools, and special lay groups. For details and costs, write to the Institute.

OPERN

The Institute has organized the first nationwide Professional Evaluation and Referall Network. Its functions are to:

- Provide an exchange of information between knowledgeable professionals
- Referral for counseling and/or therapy to health care providers
- · Subscription to the Outreach Newsletter
- · Book and Reprint Services
- Attendance at any Outreach Seminar and/or Workshop at reduced rates

OUTREACH BEACON

The Institute publishes a quarterly journal which serves to inform and share with all who wish current information about the work of the Institute, its activities and items of general interest in the field of human sexuality. It also published professional articles of gender-related issues received from the academic and clinical communities. The subscription rate is \$16/annum (U.S. Funds).

THE TS PACKET

For people interested in a gender shift and/or sex reassignment surgery, the Institute has put together several relevant reprints detailing aspects of the process and STANDARDS OF CARE BOOK. Packet I is tailored to the needs of the Male- to-Female Transsexual and Packet II is expressly for the Female Transsexual. The cost for either packet is \$25 (U.S. Funds).

FANTASIA FAIR

This Outreach program is a living/learning growth experience for crossdressers, transsexuals and androgynes (male and female) who wish to explore alternative gender lifestyles, in an open, tolerant and friendly environment. Taking place on the tip of Cape Cod each fall, it is the oldest continuous program of personal growth, offered to this paraculture in the United States. The program of activities and events is designed to provide an interwoven social, practical and educational mix so that participants can truly explore relevant issues in their quest for answers to their "lifestyle conundrum." It is highly recommended for those individuals who are contemplating a gender shift. For details and costs, write to the Institute.

OUR SORORITY/DIRECTORY

This Outreach publication is designed to provide useful information about social contact groups and some of their programs. It contains a guide which includes who and where to write for specific program information and making contact with other CD Clubs, throughout the United States and abroad. It is published four times a year and the subscription rate is \$10/annum (U.S. Funds).

BOOK & REPRINT CATALOG & PUBLICATION SERVICE

Available from the Institute is an annotated Book & Reprint Catalog. Included are book selections that we have found relevant for helping professionals and for the paraculture. Ranging from such titles as Gender Dysphoria to Transsexuality in the Male, from autobiography to good fiction, we provide an ordering service from which one can purchase these hard-to-find titles. We also offer a selected list of reprints both from professional journals and magazines. The list is too numerous for us to list here. The cost for the catalog is \$7.50. "Your lecture/seminar on crossdressing and gender issues was an eyeopener for many members of my class in criminology and law enforcement." Stephanie Catalan Professor of Sociology Northeastern University



A NEW **GLOSSSARY FOR** BETTER UNDERSTANDING

NAME CITY Please send me a copy of the Outreach Book & Reprint Catalog (\$7.50) Please send me set(s) of The TS Packet; Specify I M-F or F-M (\$25) Please enter my subscription for Please include my name on your mailing list Please send the most current brochure and information about FANTASIA FAIR Enclosed is my OPERN Membership Fee (Helping Professionals Only) (\$25) Please enter my subscription for TELEPHONE ADDRESS presented. year(s) of Our Sorority/Directory (\$10/ann) year(s) of the Outreach Beacon (\$16/ann) Yes Postage and Handling (\$1.50) STATE No Total ZIP

We have long held the view that terms, categories and definitions which do not clearly describe a particular behavior should be avoided. However, we also recognize the need to bridge the gap between outmoded and misused terminology which has been used by professional people and the general public Therefore, in the interest of improved clarity and better communications and understanding, the following glossary of operational terms is

CROSSDRESSER	A person who wears articles of cloth- ing of the opposite gender. (Includes TV, Female/Male Impersonator, etc.)
ANDROGYNE	A person who can comfortably express either alternative gender role in a vari- ety of socially acceptable environ- ments. (Includes bigenderist.)
TRANSGENDERIST	A person who has decided to transmit from one gender role to a preferred alternative gender role permanently. (Includes Pre Op-Transsexual.)
TRANSSEXUAL	A person who desires anatomical con- gruence with the preferred, alternative gender role preference. (Includes per- sons wanting sex reassignment sur- gery.)
NEW WOMEN/MEN	A person who now lives in the pre- ferred alternative gender role prefer- ence. (Includes persons who have had sex reassignment surgery.)
CD/TS/AN COMMUNITY (Paraculture)	People whose general behavior pattern includes gender-related issues, an- drogyny and crossdressing.