

STANFORD UNIVERSITY GENDER DYSPHORIA PROGRAM

DATE October 17, 1979

This application form must be accompanied by a recent photograph which will remain a permanent part of your medical record. Without a photograph, your file will not be considered complete.

NAME (currently used) Sheila Sullivan (use "Lou Sullivan" among certain friends and when trying to pass)

NAME (legal) Sheila Jean Sullivan

SOCIAL SECURITY NO. [REDACTED] DATE OF BIRTH 6-16-51

ADDRESS [REDACTED] Hyde Street, Apt [REDACTED] San Francisco CA 94109
(No.) (Street) (City) (State) (Zip)

PHONE (Home) (415) [REDACTED] (Work) (415) 6 [REDACTED]
(Area code) (No.) (Area code) (No.)

HEIGHT 5'7" WEIGHT 125 lbs

GENDER OF CHOICE X Male Female

ANATOMIC SEX Male X Female

I dress exclusively as a X Male Female

I have lived exclusively as a female for all my life, though dress as male ~~many years~~.

HORMONES none - will begin hormone therapy in next few weeks
(Type) (Dose) (Frequency) (How long)

Prescribing Physician George Fulmer
(Name)

[REDACTED] San Francisco CA 94115
(No.) (Street) (City) (State) (Zip)

PERSON REFERRING YOU TO THE STANFORD PROGRAM Steve Dain / Lin Fraser

Have you ever been evaluated by another gender program? ? Yes No

If yes, please list the centers indicating the dates of treatment and the reasons you left that program.

Individual counseling at Center for Special Problems in San Francisco in 1976-77; abandoned hopes of cross-living because I had to choose between that and my lover of 10 years. Didn't feel confident enough to leave him.

Please briefly describe what you think your problem is.

I very strongly identify with men--their appearances, actions, feelings, outlooks. Somehow I cannot participate in the female role, appearance, actions, etc. I have crossdressed as a male for 6 years (3 years full-time) and have assimilated "male-ness" so well that I am increasingly uncomfortable living and working as a female. My problem is that I want to be a man, and have to deal with being a woman, and with people who don't know what I am!

Please comment on your understanding of the Stanford "program" and how you think we can help you.

Basically I am interested in taking male hormones so that I can pass well enough to work and live as a man. That way I can determine whether I can actually live as a man, or if it's just an unattainable dream. I will begin hormones in the next few weeks. If I do succeed in living as a man, I am sure I will want my body to appear more male and so will seek surgery. Stanford is reputed as one of the best.

Please write a one page autobiography describing those events in your life which you feel were most important in contributing to your development and your current feelings about yourself.

My first recollection was my 4th birthday party, the theme of which was 'Davy Crockett.' The big event was when I came out dressed like Davy Crockett and I clearly remember believing I was Davy Crockett. I mostly played with my two younger sisters and our main game was what we called "playing boys." We took on whole identities (names, families, voices, mannerisms) of our make-believe boy characters and went through the day pretending we were these boys, and the realization often came to me that "playing boys" was more important to me than to the others. I was really Bobby Cordail! In grade school I had few friends I associated with outside school. Approaching adolescence I was always very aware of my older sister, aware how different I felt from her, how I could not enjoy the feminine things she so loved. I very much identified with my older brother, and was very envious of the freedom he enjoyed solely because he was male. Had only one friend in high school (a girl with polio), a boyfriend for 3 months at age 14, and one for 1 month at age 16. High school was pure hell. I discovered that male homosexuality was extremely erotic to me and masturbation centered on these fantasies, which generated a lot of guilt. I had male heroes whom I emulated, took for models and tried to be like. Instead of trying to attract men, I would pretend I was them and found this infinitely more satisfying than trying to attract them to me as a female, especially when my sexual fantasies were all male-with-male. Got together with a male lover (Jim) when I was 17. Felt inferior as a female, wanted to relate more as one of his male friends. In his group of male friends, I was "one of the guys," and was included in their all-male outings. (Women's lib may have made some gains, but not when you get right down to male/female relationships!) Felt I was a gay male in the closet until 1973 when I began dressing as a male full-time and joined the Gay Peoples Union, carefully revealing I felt like a gay man and, for the first time, found friends therein with whom I really felt comfortable. Became very active in the organization, was elected Secretary two years in a row, did writing and typesetting for their monthly publication. Dressed as a male full-time from 1973-76; in '76 began pursuing a sex change. At that time Jim threatened to leave me if I went through with it, and so I decided to try being female again. Dressed part-time as a female from 1976 until recently; nevertheless, Jim left me for another woman. Once again I am dressing full-time as a man and am pursuing cross-living. It's the only real thing I've ever wanted for myself.

FAMILY AND PERSONAL HISTORY

Mother (Name) Nancy Louise Sullivan
 (Address) [REDACTED], Wauwatosa WI 53213
 (Occupation) order clerk at stationery store

Father (Name) John Eugene Sullivan
 (Address) [REDACTED], Milwaukee WI 53202
 (Occupation) owner, H & O Cartage Co.

Were your parents divorced? Yes No Your age at time of divorce 25 yrs old

Who brought you up? (Indicate relationship) parents (mainly mother)

Please list the names, ages and sex of all your brothers and sisters in order of birth.

Kathleen Marie - female - 31
 John Eugene, Jr. - male - 30
 --me--
 Bridget Therese - female - 26
 Mary Ellen - female - 24
 Patrick Rory - male - (killed October 1978 at age 21)

Briefly describe what it was like for you growing up in your family, e.g., to whom were you closest, who were your parents' favorites, with whom did you fight most often, with whom did you get along, who understood you the best, which parent had the most influence, etc.

Immediate family was extremely close emotionally and unaccepting of those outside the family. Parents never had outside friends, we kids played with each other and disliked any other kids. Parents fought with each other constantly and there were rarely any moments of affection between them. Never knew them to sleep in the same room, much less the same bed. Idolized my older brother. I led my younger sisters in play--my father called me "the ringleader." Watched my older sister become a young woman as though she were from outer space--loved her, but could not live up to her expectations. Don't think real favoritism went on--mother said the ones who caused the most trouble always got the most attention and that, since I was so self-sufficient, I required less attention. I tried to stay uninvolved and unbiased in my parents' fights, and tried to be on good terms with all brothers and sisters. Am known even now as a neutral member in all family squabbles.

What was the overall atmosphere in your family?

Fluctuating between a stifling closeness and commitment to each other, to highly emotional, sometimes violent fighting

Did you ever feel rejected by anyone in your family? By whom?

Not rejected--only made acutely aware by older sister that I wasn't living up to the female image; felt "left" when older brother got his own circle of friends in which I was not accepted; could not relate to younger sister who was very involved with boyfriends and sexiness
Briefly comment on the frequency with which you communicate with your parents.

They live in Wisconsin. Father phones me about once a week. Have phone or letter contact with mother about once every two months.

Do your parents know about your decision to cross-live? Yes No

If yes, how do your parents feel about your desire to cross-live and to undergo sex reassignment surgery?

Father says he's glad I'm doing something to improve my life and if I ever need anything (money, etc.) to just let him know. Mother says she only wants her children to be happy and if that's what it takes for me to be happy, that's all she
If your parents do not know, please indicate when and how you plan to tell them. cares.

What is your best guess as to their reaction?

Have you or any member of your family ever been in psychotherapy? Please indicate who and for how long.

Kathleen has been seeing a psychiatrist for over 8 years. John and Bridget both saw psychiatrists in their teenage years. Father has seen a "shrink" and should be seeing one now.

Have you or any member of your family ever been hospitalized for psychiatric reasons. Indicate who and for how long.

Kathleen hospitalized with stiff neck, said to be due to her mental state. Bridget tried to overdose on aspirin when she was about 15 and was confined to county mental institution for several months.

Is there a history of heavy drinking in your family? Yes No

If yes, please briefly describe who had the problem and indicate how you feel this drinking affected you.

EMPLOYMENT AND EDUCATION HISTORYCurrent occupation Sales SecretaryEmployer Wilson Sporting Goods CompanyLength of time employed 4 years Salary \$11,577/year

Briefly describe your feelings about this job.

Enjoy the work but am becoming bored with the company.

Would like a more responsible position.

I am employed as a male femaleMy co-workers consider me male female who dressed like a male. Am not considered "one of the girls."

If you have not yet begun cross-living, what are your vocational plans when you do make the change?

Plan to get another clerical job in the financial district of San Francisco. Once cross-living, I am sure I will have more desire and ambition to invest in vocational planning.

Assuming that five years from now you will be gainfully employed, please state the occupation you would most like to be in. Please be specific.Printing and publishing--doing graphic layout work and running a printing pressWhat occupation do you think you will actually be in five years from now?If I am not cross-living, probably same kind of work I do now. If cross-living, something involving paperwork & organization (possibly as an Administrative Asst)

Given that this is your future employment goal, how do you plan to accomplish it?

I have superior organizational skills and can be very self-confident.

From a clerical position, as a man I feel I can move up in a company to office manager or like position. My present office manager tells me I am "management material."

Please list the jobs or positions that you have held over the past five years, beginning with your most recent job.

<u>Employer</u>	<u>Position</u>	<u>Dates Employed</u>
<u>Wilson Sporting Goods Co.</u>	<u>Sales Secretary</u>	<u>March '78 to present</u>
<u>"</u>	<u>Office Secretary</u>	<u>November '75 - March '78</u>
<u>University of Wisconsin-Milwaukee</u>	<u>Secretary of Dept. of Slavic Languages</u>	<u>March '70 - July '75</u>

(If you require more space, please use the back of this page.)

Are you on welfare? ___ Yes X No

If yes, for how long? _____

Have you been on welfare in the past? ___ Yes X No

If yes, for how long? _____

How often have you found it necessary to use prostitution as a means of support? Please briefly comment.

Never

Age entered school 6 Number schools attended 2 Highest grade 12th

Describe what it was like for you in high school both in terms of your grades and academic accomplishments as well as your social life.

Was a B+ student. Accepted into an upper level journalism course because of my writing abilities. It was a Catholic school and we wore uniforms, but for "out of uniform" days I wore clothes that were very high fashion--not what other girls were wearing. I made a point of letting others know (without words) that I wasn't like them and didn't want to be. Was constantly harrassed by the boys, who'd throw pennies at me, call me names, knock my books off my desk and out of my hands. At one point a teacher changed my desk to remove me from the hecklers. Was befriended for a while by a guidance counselor who once took me out of school to a coffee shop for a few hours because I was unable to cope and was crying. Best friend was a female who had had polio and walked in crutches (her mother warned her I was a lesbian!) We were allowed to leave classes early, eat lunch in a classroom together instead of in the lunchroom with other students. Was very isolated. My social life was away from school at a "beatnik-hippie" coffeehouse among an older crowd. Worked there part-time as a waitress. Couldn't wait to get out of school, out of my parents' house and on my own!

SOCIAL AND PSYCHOLOGICAL HISTORY

Have you ever served in the Armed Forces? Yes X No
If yes, were you Drafted Enlisted

What made you decide to join the military?

N/A

Did the military experience live up to your expectations?

N/A

Did you have any significant relationships while in the service. Briefly describe.

N/A

Under what conditions did you leave the military?

N/A

If you did not serve, please indicate how you avoided military duty and why.

N/A

Have you experienced any harassment by law enforcement agencies. If yes, briefly describe.

No

Have you ever been convicted of any crime? If yes, briefly comment.

No

What, if any, problems with the legal system do you anticipate as a result of your decision to cross-live?

Anticipate none

Have you ever been involved in the use of drugs? Yes X No
Please indicate which drugs you have used and the frequency of use:

	Casual	Frequent	Addicted
Marijuana --smoke it <u>maybe once a month</u>	<u> </u>	<u> </u>	<u> </u>
Barbiturates	<u> </u>	<u> </u>	<u> </u>
Amphetamines	<u> </u>	<u> </u>	<u> </u>
Hallucinogens	<u> </u>	<u> </u>	<u> </u>

Please list your current medications and the condition for which they are prescribed.

None

Have you ever attempted suicide? Yes No

If yes, please list the attempt(s) indicating your age at the time of the attempt(s) and the method you used.

Have you ever seriously considered suicide or other self-destructive acts?

Yes No If yes, please briefly describe.

If yes, please briefly describe.

Have you ever thought about committing suicide or other self-destructive acts? Yes No If yes, please briefly describe.

Have you ever attempted genital injury? Yes No

Are you currently married? Yes No

If yes, are you married as a man woman

Briefly describe what your spouse thinks about your plans for sex reassignment.

N/A

Please list your marriages, indicating your age at the time of marriage, length of marriage, your gender role and whether you are now legally divorced. The reasons for divorce should also be noted.

N/A

Have you ever parented any children? Yes No

If yes, please list indicating names, ages, sex and with whom they live.

Please describe your current relationship with your children and the frequency with which you see them.

N/A

Describe your children's reaction to your gender problem.

N/A

If they are not aware of your plans, how do you propose to tell them and how do you plan to relate to them after making the change?

N/A

Please indicate your religious affiliation in childhood Catholic
currently none

Briefly describe what your religion meant to you growing up and what role it currently plays in your life.

Went to Catholic grade and high schools. Was very religious as a child, as an adolescent it riddled me with sexual guilt and confusion as to right and wrong. Stopped actively participating in religion at age 16, because my mother kicked

What do you think your church's attitude is toward persons who cross-live? Toward sex reassignment surgery?

my older brother out of the house. Have my own moralistic guidelines and and not currently involved in any organized religion.

Describe a typical week's activities for you.

Work 40 hrs a week. Weekday evenings and weekends spent visiting brother, sisters & their children; working as editor, typesetter, layouter of monthly publication of Bay Area TV/TS organization; am Treasurer of this organization (Golden Gate Girls/Guys); reading, letter writing, attending musical events, movies; enjoy going

With whom do you live? to gay men's bars to drink.

Alone

Do any of your friends know of your plans? Yes No If yes, what has been their reaction?

All my friends know I am involved in the TV/TS world and that I crossdress. Reactions have been very positive and supportive, even from my 'straight' friends.

Do you have any friends or acquaintances who are transsexuals? Yes No

SEXUAL AND GENDERAL HISTORY

Describe your parents' attitudes towards sex.

Mother said it was your wifely duty and you have to "just lay back and let him have his fun." She never admits to enjoying sex. Father feels dirty, guilty and never fails to tell us kids how dissatisfied and unfulfilling his sex life was. Neither of them have dated or had sex since their divorce. Recently discovered that my mother was raped by her father when she was very young. That explained a lot!

How did you find out about sexual behavior?

Discovered masturbation on my own. First recollection of masturbating at age 9. Older sister filled me in on details of intercourse, etc.

What were your earliest fantasies about sex?

Masturbated to fantasies of older man beating/whipping young man and then another older man coming to comfort young man afterwards by hugging and non-sexual stroking.

Describe in detail your first sexual encounter with a male, indicating what fantasies were associated with that encounter.

Was 17 yrs old with 10-year-duration lover. I fantasized I was him and he was the young man in fantasy described above. We masturbated each other to orgasm. We slept together 2 years before having vaginal intercourse (fearing pregnancy) but engaged in various other sexual techniques

Describe in detail your first sexual encounter with a female, indicating what fantasies were associated with that encounter.

Never had one-to-one female encounter. Had a 3-way with younger sister and a male. (Two separate times with different sisters.) I fantasized I was a second male in the 3-way and enjoyed the fact that she fulfilled the female role so I was free to act out my fantasy of being a gay man.

In general, how important a part does sex play in your life?

Very important, although I definitely prefer masturbation and fantasies to having a partner to whom I must relate as a female.

When did you first experience orgasm and how was this achieved (e.g., masturbation, with a male or with a female, etc.)

Masturbation at age 9. Did this alone, rubbing against a rolled-up bedsheet or with my finger.

How many stable (three months or longer) sex partners have you had?

Only one -- lasted 10 years (from ages 17-27)

Write a brief history of your sexual contacts, including both male and female partners. Please indicate what was pleasurable about these contacts and what was not pleasurable or not comfortable about them.

Began at age 17 with 10-year duration male lover. He was effeminate, often called a "faggot" on the streets, very gentle, open-minded. He fit right into my fantasies. When I was 22 he went to college in another state & I became involved with the gay organization--was accepted as a heterosexual female transvestite--succeeded in picking up a few gay/bi men in gay bars, though didn't like undressing myself (sometimes-didn't). Crossdressing was a big outlet for me. At age 23 lived with a man for 5 mos. who claimed asexuality. We slept together non-sexually and I found it incredibly sexual just to lay near him and fantasize. At age 25 had a 3-way with 2 hetero men who agreed to have sexual contact with each other, but didn't, so it was no fun. Few more contacts with hetero men, but all unfulfilling. Found that my wish to be the aggressor didn't go well in the heterosexual world. Have had a few recent bouts with a man who goes for total role reversal (he's the "female") and will have "gay male" (anal, oral) sex with me. I want to act as a gay man and am pleased as long as my fantasies and partner will cooperate with me.

Does your current sexual activity involve your genitalia?

Yes

Describe your preferred method of sexual contact (e.g., preferred partner; type of sexual contact; degree of activity; associated fantasy, etc.)

Prefer contact with gay or effeminate men. Enjoy any activity during which I can fantasize myself as a male. I like to be the aggressive partner. I sometimes imagine I am my male partner, thinking how he must feel having sex as a man, or fantasize I am another man and my male partner is loving me. Very much enjoy my recent sex partner, who takes the role of female, while I am the aggressive male. We engage in mild S & M (he as the passive partner), some crossdressing, anal and oral sexual activities during which we exchange in being the passive or active member. He mentioned to me that he thinks I could "get into women" and, the closer I get to cross-living as a man, the better women are looking to me.

What do you understand the term "transvestite" to mean? What are your feelings about transvestitism?

Someone who likes to dress occasionally in clothes of the opposite sex, who gains sexual satisfaction in doing so, but who is not interested in cross-living or sex reassignment surgery.

What do you understand the term "transsexual" to mean? What are your feelings about transsexualism?

Someone who wants to live forever as a member of the opposite sex. It is a commitment to the intensity of cross-gender feelings.

What do you understand the term "homosexual" to mean? What are your feelings about homosexuality?

Someone who relates to a member of the same sex on a sexual basis, and on an emotional basis, while at the same time enjoying their own sexual identity and gender.

Age at which you first cross-dressed _____ in public _____ in private. *see below

Please describe briefly the nature and frequency of your cross-dressing and your feelings when you are so attired.

Dressed full-time as a male from ages 22-25--didn't even own a stitch of women's clothes. Dressed part-time from ages 25-28. Began full-time dressing again last month and got rid of all my women's clothes. I feel much more attractive, self-confident, at ease with others (other than worrying they may think I'm a weird-o), more friendly, more assertive, "I can do anything!"

How do you currently dress? as a man ___ as a woman

Have you ever attempted to live exclusively in the role of choice? ___ Yes No

If yes, please indicate the length of time and the degree of success you experienced in passing.

Since age 22 have had brief experiences passing with casual acquaintances, although when they come to know me, they discover I am female.

Have you undergone any surgical procedures to assist passing? ___ Yes ___ No

If yes, please indicate which operations.

* As early as I can remember, wore older brother's hand-me-downs and pretended I was a boy. At my 4th birthday party I dressed as and remember feeling I was Davy Crockett.

Please indicate what operations you plan in the future to assist adjustment to the role of choice.

Want to take hormones first to assure myself I will be happier as a man. Then definitely want a mastectomy. Would have phalloplasty only with assurance as to its passability and my retaining sexual pleasure.

Have you had any hormonal therapy? Yes No, but will begin hormone therapy in a few weeks

As a result of the hormones, I have noticed these changes male to female:

breast development I feel more anxious I feel no different
 I have no erections I feel less anxious other, please describe

As a result of hormones, I have noticed these changes female to male:

reduced breasts I feel more anxious I feel more excitable
 new body hair I feel no different I feel less anxious
 voice changes other, please describe

Why do you want sex reassignment surgery?

I feel best identifying as a man and want to appear as a man so that others will relate to me that way.

What differences do you feel surgery will make in your life?

I will be past that major obstacle of always feeling I don't belong anywhere and will be able to concentrate on other improvements in my life. I relate to men, women and children a lot easier when I'm in my male self.

What does it mean to you to be a woman? (Everyone should answer both this question and the following one.)

As a woman you are (expected to be): cautious/afraid in unfamiliar places or at night; vulnerable; a victim, physically defenseless; things you do are unimportant (your creations are hobbies, your recreations frivolous); lady-like (no swearing, off-color jokes, etc) or "a slut"; assertiveness=bitch; main goal is relationship with a man who cannot relate to you as an equal.

What does it mean to you to be a man? (Please answer both this question and the preceding one regardless of your gender of choice.)

As a man you: have personal power, an authoritative presence, physical dominance; your accomplishments are judged worthy or unworthy; not an automatic secondary partner in a relationship; can be selfish, reckless, stupid, unworthy, or sweet, loving and demure, and be responsible for the kind of person you are, not just "that way" because of your gender; "a man makes himself what he is--a woman is a woman no matter what she does."

What do you feel is the most significant difference between being a man and being a woman?

A man lives for himself.

A woman lives for other people.

Please rank order all of the reasons listed below in terms of their importance to you in seeking sex reassignment surgery.

Male to female

<u> </u> sexual function	<u> </u> legal identity
<u> </u> social acceptance	<u> </u> job or vocational success
<u> </u> improved marital relationship	<u> </u> feel more complete as a woman
<u> </u> feel more complete as a female	

Female to male

<u> 3 </u> sexual function	<u> 8 </u> legal identity
<u> 1 </u> social acceptance	<u> 7 </u> job or vocational success
<u> 5 </u> improved marital relationship	<u> 6 </u> standing to urinate
<u> 2 </u> feel more complete as a man	<u> 4 </u> feel more complete as a male

After surgery, what do you anticipate your life style will be?

I will be a much more outgoing person, more apt to participate in public life; will feel freer to express my likes and dislikes without having to explain my peculiar situation. Basically, I will be more relaxed with people because, for the first time in my life, I'll feel "normal."

What is your understanding and reaction to possible complications and/or discomfort involved in surgery?

I understand phalloplasty is very painful and not very successful. I will hold off on having that done until I'm convinced of a more satisfactory surgical method. Pain of mastectomy will be worth it to free myself of something I still can't believe is there! Wearing a binder every single day is surely no more comfortable! I wouldn't seek this change unless I felt it worth the consequences.

Which of your qualities, characteristics and experiences do you feel make you a particularly good candidate for surgery?

I am incredibly stable, logical and responsible. I know myself, am self-analytical and reflective (I have kept a diary since I was 12 years old). I have been participating in the gay men's world for over 6 years and know I belong. I already pass as a very young man without any medical assistance.

What kind of adjustments do you think you would have to make after surgery?

Will probably have to adjust to being a man without a penis.
Otherwise cannot see any major changes in my present lifestyle.

Can you anticipate any problems?

No

You are required to list at least three persons (family and friends), their addresses and telephone numbers. These should be persons who always know your whereabouts and/or how to contact you in the future. Please list their names, addresses and telephone numbers.

Name Bridget Sullivan Phone (415) 552-6734

Address [REDACTED], San Francisco CA 94117

Name Mary Ellen Sullivan Phone (415) 567-2704

Address [REDACTED], San Francisco CA 94115

Name Ka t hySte riinger Phone (415) 661-6195

Address [REDACTED], San Francisco CA 94122

List all professional persons who have been involved in your efforts to cross-live.

Claire Capor, Center for Special Problems, San Francisco
Lin Fraser, psychologist, San Francisco
Steve Dain, counselor, National Sex Forum, San Francisco
Wardell Pomeroy, Director, National Sex Forum, San Francisco
George Fulmer, endocrinologist, San Francisco