



INGERSOLL MESSAGE

INGERSOLL GENDER CENTER -- SEATTLE, WASHINGTON
NOVEMBER, 1997 □ VOL. THREE □ NO. 8 □ PRICE: \$1.00/EA. □ \$15.00/YR SUBSCRIPTION

HOLIDAY PARTY MOVED TO SUNDAY, DECEMBER 7, 1997

It's that time of year! Ingersoll's all-out, no-ho-ho holds barred, glitzarama:

THE HOLIDAY HAPPENING!

The theme of this year's party is "a gift of joy" in the Grand Ballroom of the Best Western Executive Inn, 200 Taylor Avenue North, near the Seattle Center.

This year, the party is on **SUNDAY, DECEMBER 7, 1997, from 6:00pm to 11:00pm.** The change in day and time come from the fact that we were unable to book the room for the usual Saturday night party-time.

See the ad in this issue of *The Ingersoll Message* for more information about this year's party and get a load of the wonderful entertainment we have booked!

Is this your first time reading *the Ingersoll Message*? Are you completely new to Ingersoll Gender Center. If so, let us tell you a little about us and what we do.

ABOUT INGERSOLL GENDER CENTER

Ingersoll Center was founded in 1977 by Marsha Botzer, MA, to offer referrals to experienced, professional counselors and offers support, education and advocacy and publications for transsexual, transgender and transvestite people, their families and significant others. Our aim is to offer support in dealing with the issues of daily living and changes in life style. We also offer support in preparation for surgery when appropriate and referral to post-operative counseling. Ingersoll Center uses the Standards of Care established by the Harry Benjamin International Gender Dysphoria Association as guidelines for its overall policies.

MISSION STATEMENT

Ingersoll Gender Center supports openness and awareness of gender identity and expression. We foster personal development, integrity of self, and interrelationships of worth and respect. We value a climate of freedom, learning, love, and wisdom.

GOALS AND OBJECTIVES

Ingersoll Gender Center provides referrals to experienced, professional counselors and offers support, education, advocacy, and publications for transsexual, transgender and transvestite people, their families and significant others to help them deal with the issues of daily living and changes in life style. We also offer support in preparation for surgery, when appropriate, and referral to post-operative counseling. Ingersoll Gender uses the Standards of Care established by the Harry Benjamin International Gender Dysphoria Association as guidelines for its overall policies. In support of its mission, Ingersoll Gender Center also has the following goals and objectives:

1. Ingersoll Gender Center seeks to advocate for the rights of the individuals it serves, and works with existing service providers to insure adequate access to services and facilities.
2. Ingersoll Gender Center does not subscribe to any one particular theory of the origin of gender identity and/or gender dysphoria, and welcomes individuals with diverse gender identity issues.
3. Ingersoll Gender Center does not discriminate on the basis of race, socio-economic status, creed, national origin, gender, sexual orientation, physical or mental handicap.
4. Because sex/gender change may involve radical surgery, Ingersoll Gender Center believes that an ongoing process including goal formation and evaluation, along with interactive individual and group therapy is essential for a person considering such a change.
5. The goal of the program at Ingersoll Gender Center is to enable individuals to have improved intrapersonal and interpersonal relationships, increased stability in employment, and self-confidence in social situations so that the person can more clearly define their sex/gender role.

BENJAMIN ASSOCIATION ELECTS NEW BOARD MEMBERS

At the recent Harry Benjamin International Gender Dysphoria Association (HIBIGDA) convention held in Vancouver, B.C., elections were held for open Board positions. For the first time, two members of the gender community were nominated and elected members of the Board of Directors of HIBIGDA. Sheila Kirk, MD and Jude Patton CMHC, CMFT, PA-C were elected to four-year terms on the Board.

The incoming president of the HIBIGDA, Richard Green, MD, JD, has asked Dr. Kirk and Mr. Patton to establish a committee to address consumer concerns. Some of the intent in establishing the consumer concerns committee is to give the trans-community a voice in HIBIGDA's activities, to support consumer advocacy for current and future proposed Standards of Care revisions, and to provide empirical data and research data supporting consumer concerns.

Patton and Dr. Kirk hope that members from the trans-community will serve on this committee along with them. Since HIBIGDA is a professional organization, they have specific membership requirements to become a voting member. Patton said that he understood that HIBIGDA's bylaws limit any committee membership to voting members. Persons who qualify for voting membership, are urged to join. Those who already hold HIBIGDA voting membership and wish to serve on the consumer concerns committee, please contact Dr. Kirk immediately. HIBIGDA members who choose not to participate on the committee at least will have a chance to vote for various items and specifically for changes in the Standards of Care. You may contact the HIBIGDA Inc. at (612) 624-8078, to leave a voice mail message, or e-mail to: robin009@gold.tc.umn.edu to obtain information and an application for membership.

EVERYONE HAS A VOICE NOW! Any suggestions for changes in proposed Standards of Care need to get directly to the committee working on them, or can be sent to Jude Patton or to Sheila Kirk to present to that committee and the HIBIGDA Board of Directors. This should be done immediately, since president Richard Green had indicated he wants the new Standards ready for a membership vote within a few months, at the latest.

Patton also thinks that those who do not qualify for HIBIGDA membership could form an Ad Hoc consumer concerns committee, and could funnel their suggestions and ideas through him and Dr. Kirk to the Board of Directors and to the HIBIGDA consumer concerns committee. The goal is for EVERY voice to be heard.

"I especially want to reach out to people who have other self-definitions than 'trans' for their gender and sexual identities," said Patton. "I also want to reach out to the world-wide community for input. We should not be USA-centric in our considerations for improving consumer welfare."

Your help is needed to disseminate this information, particularly the fact that an HBGDA consumer concerns committee is being formed, and that Dr. Kirk and Mr. Patton, as members of that committee, and as members of the HBGDA Board of Directors, welcome any suggestions that enhance consumer welfare. This might be accomplished by getting this information out to the general trans-community and to other trans-organizations by e-mail, into newsletters and on websites.

"Thanks for any help you can provide," Patton said. "Again, our goal is for everyone who wants to contribute suggestions to have an opportunity to be heard. While I do not believe we can accomplish EVERY change in the Standards that we feel is vital for the consumer's welfare, we CAN make a strong impact, now and in the future."

Those with comments or questions can send them via US mail to: Jude Patton, CMHC, CMFT, PA-C, 1812 East Madison, Suite 102, Seattle, WA 98122. You may also call Jude at (425) 787-5094. His e-mail address is JUDEPATTON@AOL.COM W#04?

FTM SUPPORT GROUPS CHANGE TIMES

The FTM Support groups have been reorganized and seven FTM's have come forward to become facilitators, reported David Schreier, Director of FTM Resources on the Ingersoll Board of Directors.

Because interest was expressed in continuing the second Tuesday support group, it has been scheduled for the second Tuesday of each month from 7:30-9:30 pm.

In order to accommodate those who wish to attend the fourth Saturday group, but felt it was too late in the day (3:30-5:30pm), it has been rescheduled from 11:00 am to 1:00pm on the fourth Saturday of each month.

Cost of each group is still the same: \$10.00 recommended and \$5.00 suggested. As always, no one will be turned away for lack of ability to pay. Check out the FTM Calendar this month for dates of this month's groups.

'HEY, GOOD COOKIN!'

Easy Christmas Cookies

I know, I know. If you want *really easy* Christmas cookies, you go to Safeway or QFC and buy them by the box! But what if you really long for the taste of home baked cookies? What if you love the smell of cookies baking, evoking wonderful memories of childhood? Well, here is an *almost* painless way of achieving the above

Ingredients:

One or two packages of prepared sugar cookie dough
(Pillsbury, Betty Crocker, etc.)

Waxed paper or plastic wrap

Colored sugar decorations to sprinkle (red, green, gold and silver)

Tubes of cake-decorating frosting

Small bowls of vanilla and/or chocolate frosting

White sugar and Cinnamon

Preparation:

Heat up the oven according to the directions on the package. There are two ways of proceeding here. You can simply leave the dough in a long tube (Make sure it's very cold so you can slice it easily) Slice it according to the directions on the package. Lay the slices on a cookie sheet. Next, decorate the raw dough with the sugar decorations. (Be sure to wait until the cookies have cooked and are cool before you put frosting on them.)

For another, more time-consuming way of making Christmas cookies. Let the cookie dough warm up to room temperature and roll it out between two sheets of waxed paper or plastic wrap until it is about ¼ of an inch thick. Place the dough, plastic wrap and all, back into the refrigerator to chill. (You can *loosely* fold the dough to get it in the refrigerator.)

When the dough is chilled, remove from refrigerator and lay out flat. Use cookie cutters or with the point of a sharp knife, cut out your cookies free-hand. Decorate and bake and then frost, and stand back and wait for the compliments!

Happy Holidays to You and Yours

REFERRAL THERAPISTS

SANDRA L. FOSSHAGE
M.A.
(206) 286-6005

SANDRA L. JOHNSON
Ph.D. Lic. #1328
(206) 322-2012

HOWARD E. LEONARD
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(206) 329-5255

JUDE PATTON
CMHC, CMFT, PA-C
(206) 787-5094

BRYANT VEHRIS
M.A.
(206) 623-5244

EASTERN WASH.
K.K. (ROBBY) ROBBINS
(509) 459-8111



LAMBERT HOUSE
1818 15th Avenue (15th and Denny)

Can you give some time to help Gay, Lesbian, Bisexual, Transgender youth as a Board member or Volunteer? If so, call Lynne at 322-0415 for further information and application materials

IMPORTANT INGERSOLL DOINGS IN

N O V E M B E R

*All Mondays in November: Amazing Changes, an AA group
for all TS, TG, and TV people 6:00-7:00 pm
This is group is closed to families and SO's*

All Wednesdays in November: TS Group (Referral Only) 7:30-9:30 PM

All Thursdays in October: Drop In Group (Open) 7-9 PM

*All Fridays in November: TV/TS Support Group (Open) 8-10 PM
Phones answered Mondays & Fridays 6-8 pm and Saturdays 10-12 noon
November 10, Ingersoll Board Meeting, 7:30-9:00 pm.*

November 11, FTM Support Group, 7:30-9:30 pm

November 22, FTM Support Group, 11:00-1:00 pm

November 25, FTM Therapy group, 7:00-8:30 pm (Ste. 103)

*November 25, FTM SO Support Group, 7:00-8:30 pm (Ingersoll)
(See FTM Calendar for specifics)*

MARK YOUR CALENDARS SO YOU
DON'T MISS THIS ONE!!!

SUNDAY, DECEMBER 7, 1997

FROM 6:00 PM - 11:00 PM

AS INGERSOLL GENDER CENTER PRESENTS:

A GIFT OF JOY

HOLIDAY HAPPENING, '97

GRAND BALLROOM

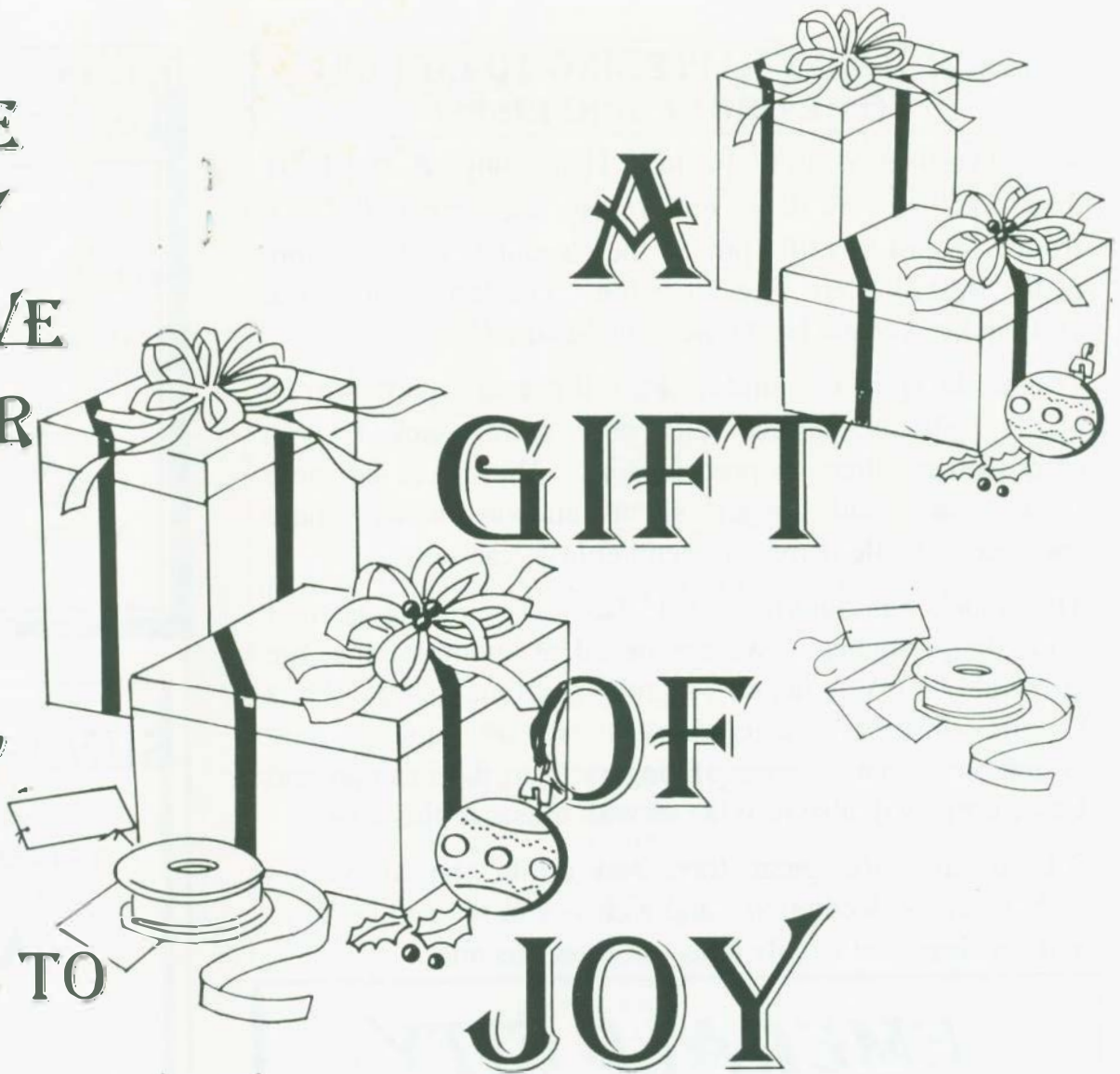
BEST WESTERN EXECUTIVE INN

200 TAYLOR AVENUE NORTH

(NEAR THE SEATTLE CENTER)



FORGET ALL THE
OTHER HOLIDAY
PARTIES YOU HAVE
ATTENDED - EVER
THIS YEAR, ON
SUNDAY,
DECEMBER 7
6:00-11:00 PM
INGERSOLL WANTS TO
GIVE YOU



BEST WESTERN EXECUTIVE INN,
200 TAYLOR AVENUE NORTH
TICKETS \$20.00 PRE-SALE, \$25.00 AT THE DOOR
PURCHASE TICKETS AT IGC MEETINGS, BAILEY-COY
BOOKS, RED AND BLACK BOOKS

**1997 HOLIDAY HAPPENING TO INCLUDE
SOME GREAT SURPRISES!**

The long-awaited 1997 Holiday Happening, **A GIFT OF JOY** will open its doors on Sunday, December 7, 1997, from 6:00 pm to 11:00 pm, in the elegant Grand Ballroom of the Best Western Executive Inn. The Inn is located at 200 Taylor Avenue North, near the Seattle Center.

True to the spirit of Holidays Past, this year's party will be bigger, glitzier, more fun, and more packed with entertainment than its predecessors. There will be more food, more and bigger silent auction items, more spectacular raffle items – remember last year's cruise?

This year's entertainment will also follow in the vein of 'more-bigger-better'. We are proud to announce that the "Emerald City Volunteers", a group from the Seattle Men's Chorus will provide entertainment. We are equally proud to announce that a group of singers from the Lesbian and Gay Chorus will also provide us with music of the season.

Add to this, the great food and drink, the marvelous ambiance, the decorations, and a chance to see and be seen, and my dear, you simply must not miss this one.

EMERALD CITY

206-827-9494

PHONES ANSWERED TUESDAYS

7:00 PM 10:00 PM

For Crossdressers. Meetings and social gatherings. Safe, discreet, and confidential. A place to be!

FTM CALENDAR

NOVEMBER, 1997

SUN	MON	TUE	WED	THU	FRI	SAT
						1
2	3	4	5 FTM PHONE LINES MSG SVC 329- 6651 **	6	7	8
9	10 IGC BOARD MTG 7:30 - 9:00pm	11F FTM SUPPORT GROUP 7:30 - 9:30pm	12 FTM PHONE LINES MSG SVC 329- Surgery 6651 **	13	14	15
16	17	18	19 FTM PHONE LINES MSG SVC 329- 6651 **	20	21	22 FTM SUPP' T GROUP 11:00 TO 1:00
23	24	25 FTM THERAPY & S.O.	26 FTM PHONE LINES MSG SVC 329- 6651 **	27	28	29
30		SUPPT GROUP*	MSG SVC 329- 6651 **			

*THERAPY AND SUPPORT GROUP MEET AT INGERSOLL AND IN ROOM 101 IN THE INGERSOLL BUILDING

**MESSAGE LINE WILL BE CHECKED AND CALLS WILL BE RETURNED PROMPTLY.

VOLUNTEERS NEEDED!!!

As we fast approach the day of the Holiday Happening, more and more folks are needed to volunteer to help. We need volunteers in the following areas:

- Donate items for the auction/raffle.
- Solicit items from others (businesses, friends, family, etc) for the auction/raffle.
- Help with folding and stuffing mailings.
- Help assemble and staple programs, etc.
- Help with set up on the day of the party
- Help with take-down on the day of the party

If you are looking for a way to 'give something back', here's your chance to do so and have a good time to boot. Those interested in any or all of the above, can either contact your facilitator and give her/him your number, or call the Ingersoll Office at (206) 329-6651, and leave a message for KEE or Kim. They will return your call ASAP.

LOW ON FUNDS?


Are you on a limited income and are looking for a way to come to the party at a reduced or O-fee rate? There are a *limited* number of scholarships available for these folks. You will be asked either to volunteer in party preparation, or to work a 1 ½ shift at the party (selling raffle tickets, answering questions about raffle and auction items. Interested parties can either contact your facilitator and give her/him your number, or call the Ingersoll Office at (206) 329-6651, and leave a message for KEE or Kim. They will return your call ASAP.

THE BUTLER DID IT! BY PAT BUTLER, EXECUTIVE DIRECTOR

Reprinted here by request


'TWAS THE NIGHT BEFORE...

(With apologies to Clement Moore)
as, Outside Ingersoll.



Not one "T" was stirring, Not one "F" at all.
The fireplace sagged with its big load of socks:
With pantyhose, knee-highs and tubes worn by jocks.
The good little "T's" were asleep in their beds,
But no visions of sugar plums danced in these heads.
The girl "T's" were dreaming of 46 C's;
While boy "T's" were hoping for working wee-wees.
The girls were all wishing for long hair on their heads,
But the boys just wanted it all over instead:
On their faces and fingers and lots on their chests:
While the girls were just trying to get rid of the pests.

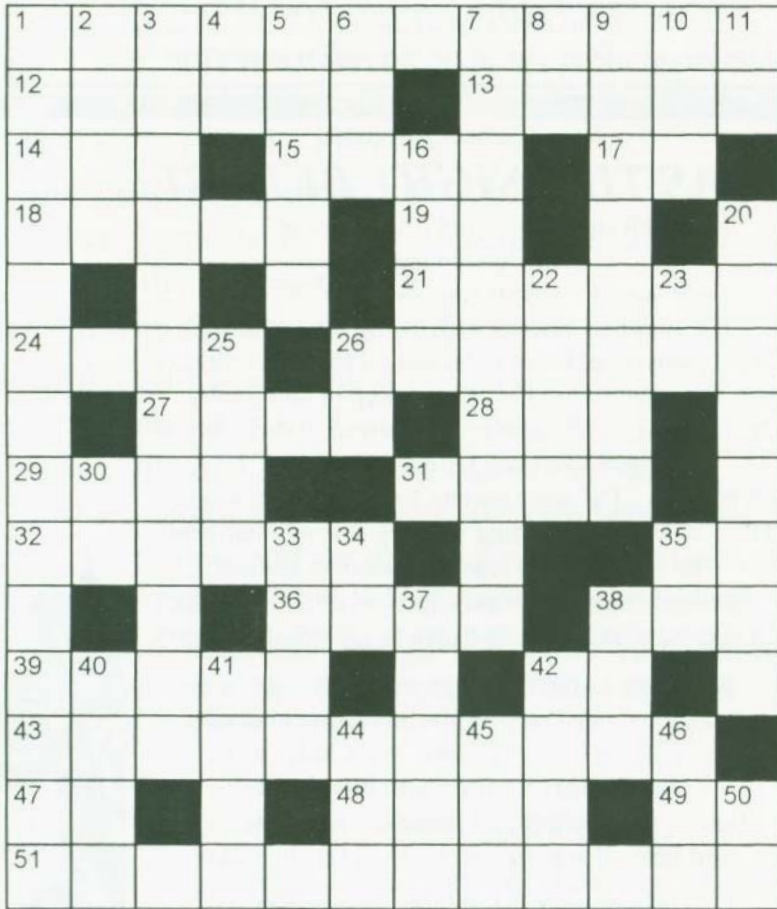
When out on the lawn their arose such a clatter;
It sounded like drag queens beginning to chatter.
I threw on a robe to cover my Teddy, while
Angrily leaving my warm little beddy.
I flew to the window and looked through the screen,
And below I was treated to the following scene:



There in my yard, as bold as you please,
Was a great big ole sleigh pulled by eight glitzy TV's.
They were dressed all in sequins, high heels and feathers
And were struggling to pull that big sleigh together.
Some were complaining, while others were "shooshing";
Still others were saying they all should be pushing.
Finally, they stopped and abandoned the sleigh
And went out for coffee, singing "Jingle all the Way."
But I heard them exclaim, 'ere they drove out of sight
"Happy Holidays to Ingersoll,
And Bringusall a Good Night!!"

CROSSDRESSERS

by Pat Butler



Across

1. Likes clothes of other.
12. 'Old MacDonald ____ a ____'
13. High energy photons.
14. Latin greeting
15. Speech impediment
17. Not you
18. Nickname for Jeanette
19. Little Rock's address
21. Classification
24. Czech river

26. Satisfactory
27. Aches and pains
28. '____ et Adeline'
29. Night flying birds
31. First part of 'Nam
32. Except on the condition of
35. Detroit's address
36. British Public School
38. Uncle's child (slang)
39. What you might cheer for
Joseph: '____'
42. Ms. Derek
43. What a starving child

- does (2wds).
47. Symbol for Radium.
48. Derriere (slang)
49. '____ tu, Brute?'
51. On top of a TV (3wds)

Down

1. When you crossdress you do this (3wds).
2. T-folk are very b_____
3. Tallahatchee Bridge figured in this.
4. Charleston's address.
5. Of the Sun.
6. Drink and drive and get this (init).
7. Crossdressing is an _____ of the other side.
8. Religious woman's title.
9. What two overweight people can do: go on the _____
10. Ocular item.
11. Bible: ____ V.
16. Epic story.
20. Order, gather together.
22. Covering all points -- but not in order.
23. Unit of measure in printing
25. Other.
26. Got some more to say
30. Two adjacent points (init).
33. Watches
34. Title of holiness.
35. Greek letter.
37. Where boats are found: _____ the _____
38. Uncomfortable bed
40. By mouth.
41. The 21st letter belongs to us.
42. Thunder and Larry.
44. Before.
45. Greek god of the woods
46. Slang possessive

50. __lk, __L, __pe, __ngo.



